

Fluvanna REVIEW

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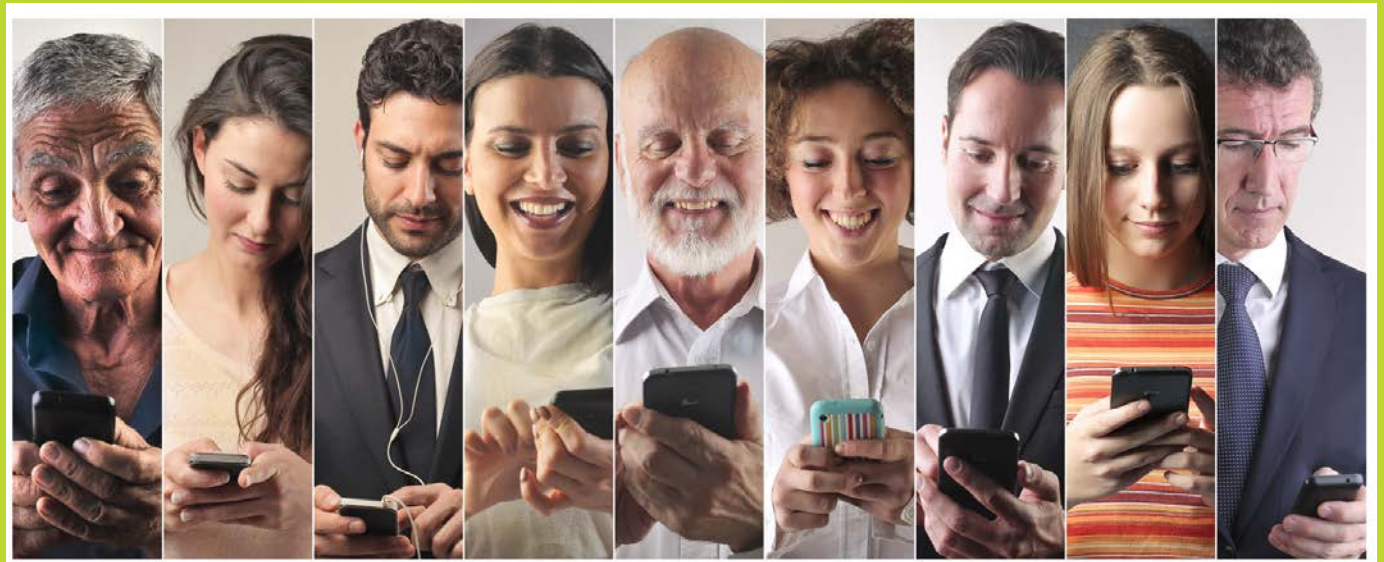
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Fluvanna REVIEW

An Award Winning Newspaper

Founded in 1979 by Len Gardner

www.fluvannareview.com



6,300 Copies

July 12 - 18, 2018 | Volume 38, Issue 28

General: The *Fluvanna Review* is published weekly by Valley Publishing Corp. and covers Fluvanna exclusively. It is printed on Tuesday afternoons. One copy is free. Additional copies are \$1 each payable in advance to the publisher.

Subscriptions: Copies will be mailed for the subscription price of \$140 per year or \$75 per six months. Please mail a check and a note with your name and address to: Subscriptions Dept., P.O. Box 59, Palmyra, VA 22963. For more information email Edee Povol at edee@fluvannareview.com.

Classified ads: \$10 for two weeks for 30 words or less. Email edee@fluvannareview.com or mail to *Fluvanna Review*, P.O. Box 59, Palmyra, VA 22963 or stop by the office at 2987 Lake Monticello Road.

Legal ads: The *Fluvanna Review* is the paper of record for Fluvanna County. Call Judi Price at 434-207-0223 to place a legal ad.

Weddings, engagements, anniversaries: Call Judi Price at 434-207-0223.

Paid obituaries: \$75 for 300 words plus photo. Call 434-207-0224 or email editor@fluvannareview.com.

Paid submissions: \$50 for 300 words. Businesses ineligible. Call 434-207-0224 or email editor@fluvannareview.com.

News hotline: 434-207-0224

If you see news happening, call us!

Letters to the editor

- Keep letters under 350 words.
- Refrain from personal attacks.
- Do not send letters that have been sent to other newspapers.
- We do not accept letters that function as advertisements
- Include your name, address and phone number (for verification).
- We reserve the right to edit letters.
- Submit via email to editor@fluvannareview.com or mail to *Fluvanna Review*, P.O. Box 59, Palmyra, VA 22963

You will get an email confirmation that your letter has been received. If you don't, contact the editor directly.

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We strive for accuracy. The policy of this newspaper is to promptly correct errors of fact brought to our attention. We encourage readers to notify us of errors or the need for clarification in any of our content. Please email the editor at editor@fluvannareview.com.

Deadline: Advertising due by Wednesday at 5 p.m. for the issue released eight days later. Submissions, letters and calendar items due by Friday at 9 a.m. for the subsequent paper.

Display and web ads: For information including rates and deadlines, call Judi Price at 434-207-0223.

Cover: Wonky Donkey by Cheryl Falkerburry. Photo courtesy of Green Dogs Unleashed.

Laelaps by Nicole Wilson. Photo by Sharon Montgomery.

State Sen. Mark Peake with Kents Store Fire Chief Andrew Pullen. Photo by Heather Michon
Designed by Jane Skaft

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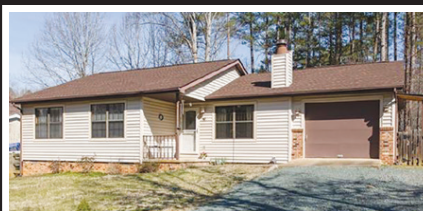
6 Powhatan, Lake Monticello



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Photo of the week:

Submit your best Fluvanna photo to editor@fluvannareview.com.



Gladys Cavanaugh holds last week's issue of the *Fluvanna Review* featuring her grandparents, Burton and Martha Turner Payne, who founded Payne Town.

Photo courtesy of Ashleigh Cavanaugh

LAKE MONTICELLO LIVING

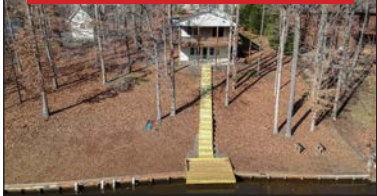


SOLD



3 MARINA POINT CONDO - \$345,000

SOLD



53 BOLLING CIRCLE
\$350,000

UNDER CONTRACT



11 BONITA ROAD
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SOLD



25 PIEDMONT LANE
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SOLD



8 LAKEVIEW CIRCLE
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UNDER CONTRACT



10 LANDSLIDE COURT
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UNDER CONTRACT



15 BOLLING CIRCLE
\$548,500

SOLD



10 LAKEVIEW CIRCLE
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UNDER CONTRACT



70 WILDWOOD DRIVE
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CAAR MLS Lake Monticello Sales Stats - January 1 - July 6, 2018



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Man sentenced in strangulation, assault case

BY HEATHER MICHON
 CORRESPONDENT



Daryl Carver. Photo courtesy of FCSO

A Palmyra man was sentenced in Fluvanna County Circuit Court Thursday (July 5) following his conviction for an incidence of domestic violence.

Daryl Carver, 33, was found guilty following a trial in March on charges of abduction, strangulation, and attempted malicious wounding in an altercation between Carver, his girlfriend, and her former boyfriend in late 2017, along with an assault and battery charge from earlier in 2017.

During his sentencing hearing, Carver told Judge Richard E. Moore that he had become addicted to heroin and moved on to smoking methamphetamine, an addiction that cost him a good-paying job in construction. By late 2017, he was using meth on a daily basis.

He said he was high and had gone without sleep for about a week when he got into a fight with his girlfriend of six months and her former boyfriend in the fall of 2017.

At trial, Carver denied strangling the victim. During the hearing on Thursday, he said he couldn't answer regarding evidence presented showing marks on the victim's neck.

"Do you really remember everything from that incident?" Moore asked. Carver admitted he may have blacked out.

He insisted that his months in Central Virginia Regional Jail (CVRJ) had reformed him. "I realized I was headed down a dark path," he said. "I acted out of proportion."

During his time at CVRJ, he had gotten clean and was continuing substance abuse counseling.

His mother, Lynda Carver, took the

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Rick Wells DC

See Assault case, page 6

Fluvanna Review launches new mobile-friendly website

BY CHRISTINA DIMEO
EDITOR

The *Fluvanna Review* is pleased to announce the launch of our new website. Modern and mobile-friendly, fluvannareview.com now delivers the news you want in a format that's intuitive and easy to use.

Find all the latest news on our homepage, and check out the various categories under the "news" tab to see stories broken down by content. In just a couple of clicks you can access coverage on government, crime, schools, business, sports, art, public safety and more.

Our paper is still posted online in its entirety every Thursday. Instead of downloading it, you can now view the paper right on our website. Hit the "full screen" button for a better look.

All of our older content will continue to be accessible. Simply click "archives" and you will be redirected to our former website, with access to all our earlier stories and publications.

Contacting us is easy. We've done away with our old submission forms in favor of a cleaner approach. Visit our "about us" page – or look in the newspaper – to find our email addresses and phone numbers. We'd like to hear from you.

The *Fluvanna Review* is the flagship paper of Valley Publishing, a small business co-owned by publisher Carlos Santos, and located right here in our community on Lake Monticello Road. Valley Publishing puts out four monthly newspapers: *Buckingham Beacon*, *Louisa Life*, *OC Magazine* and *Scottsville Monthly*. Check them out on our website to see what's going on nearby.

Advertise with us

Now is the perfect time to start advertising on our website. Take advantage of the increased web traffic and visibility to make sure that your ad is the first thing people see.

Unlike other publications, we design display and web ads for free. And that's on top of having the lowest advertising rates in Central Virginia.

The *Fluvanna Review* is the best-read paper in the county. We print 6,300 copies each week, and very few remain on the stands.

Given that each copy is typically read by two or more people, advertisements in

our newspaper easily reach over 15,000 readers each week. Our busy website further extends that reach.

We blanket Lake Monticello, Sycamore Square and Broken Island, and have copies at more than 100 key locations throughout Fluvanna, Albemarle, Louisa and Charlottesville.

We've got Fluvanna covered – but we can do more than that. Place an ad – and get a discount – in one or more of our monthly papers to multiply your reach. Taken together, our papers have a circulation of 46,000 a month.

Call Judi Price, advertising director, at 434-207-0223 or email her at sales@fluvannareview.com to jump on one of our current promotions.

We need each other

If you want to know what's going on in the county, you have to read the *Fluvanna Review*.

We are the only media outlet committed to this county. Not only that, but we cover Fluvanna with a depth and accuracy that is unsurpassed.

What if supervisors were planning a tax hike to pay for a controversial development? What if the School Board were considering a policy that runs contrary to your moral beliefs? What if an elected official were discovered to have done something illegal? Would you want to know about it?

The truth is, without the *Fluvanna Review*, you probably wouldn't.

You may hear word-of-mouth reports – but they usually don't have the facts straight.

You may read a paragraph in a newsletter or email – but they usually don't tell the whole story. There's a term for information that comes directly from an organization: public relations. Do you trust PR as your sole source of information?

The *Fluvanna Review* consistently succeeds at keeping you informed on things that matter – even things others might not want you to know about. We do a remarkable job for this county – as evidenced by our 81 Virginia Press Association awards, which compare us to similarly-sized papers across the state.

Best of all, we are completely free.

But we need your help.

We don't belong to a national syndicate with pockets millions of dollars deep. We don't get our content from other publications across the area. We don't depend upon a supply of volunteers.

We live here, work here, and raise children and grandchildren here. We want to continue our service to you – the people of Fluvanna County – but that can't happen without your support.

As a free paper, the only money we bring in is your advertising dollars. That's it.

If we have helped you in some way by:

- Publishing letters to the editor advertising your class, politics or group;

- Spotlighting your business, church or nonprofit in an article;
- Running free blurbs publicizing your event;
- Printing your submissions showcasing your children's sports team;
- Highlighting your art, your animals, or your cause; or
- Informing you of the things that happen in the county you love;

Then please consider giving back by placing paid advertisements in our newspaper and online. Your support will enable us to continue to support you in the 24 pages we put out each week.

We need you and you need us. Let's work together to keep Fluvanna open, enriched and informed.

SUMMER CONCERT

AT GRACE AND GLORY

MARK YOUR CALENDARS! INVITE YOUR FRIENDS!


Friday, July 13th at 7PM
Grace and Glory will host Drew Willson

The former pastor of Salem United Methodist Church for a concert drawing from his newest album, "Ritual Matters".

ALL PROCEEDS FROM A FREE WILL OFFERING WILL 100% SUPPORT FEEDING FLUVANNA. CANNED GOODS MAY ALSO BE DONATED AT THE EVENT FOR THE GOOD OF THE CAUSE.

Fair weather plan is outside under the pavilion. Further information is available at <https://drewwillsonmusic.com>

Grace and Glory Lutheran Church
683 Thomas Jefferson Parkway, Palmyra





Palmyra @ Rt. 15 & Rt. 53

13027 JAMES MADISON HIGHWAY
434 589-8412

~ Open ~

Monday - Saturday
6:30 AM to 7 PM
Sunday- 9AM to 5 PM

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- Essential Everyday Vanilla Wafers 11 oz. \$1.29
- Essential Everyday Mayonnaise 30 oz. \$1.89
- Essential Everyday Sweet Relish 10 oz. .69¢
- Hanover Green Beans 38 oz.\$1.69
- Muellers Elbow Macaroni 16 oz.99¢
- Special K Chewy Snack Bars..... 2/\$5
- Essential Everyday Freezer Bags 15-25 ct. .99¢

DAIRY & FROZEN

- Essential Everyday Shredded Cheese 8 oz. \$1.49
- Gold Peak Tea 89 oz. \$3.29
- La Yogurt 6 oz.39¢
- Essential Everyday Cottage Cheese 24 oz. \$1.99
- Birds Eye Peas 10 oz.79¢
- Pillsbury Toaster Strudel\$1.99
- Culinary Circle Pizza All flavors..... 3/\$10
- Popsicle 20-24 packs..... \$2.99

PRODUCE SPECIALS

- Hanover Tomatoes 1 lb. Eat them while you can! \$1.49
- Hanover Silver Queen Corn 5/\$2
- Fresh Blueberries 1 pt. \$2.99
- Washington State Cherries 1 lb. ... \$2.99
- South Carolina Cantaloupes \$2.99
- Fresh Express Spinach 8 oz.\$1.49

Boar's Head Brand DELI SPECIALS

- Boars Head Ovengold Turkey....\$7.99 lb.
- Kites Country Ham.....\$10.99 lb.
- Land O Lakes Sharp American Cheese\$4.99 lb.
- Freshly Made Marinated Vegetable Salad\$4.99 lb.
- Original Bagels..... 5/\$1.99
- Jumbo Glazed Doughnuts 27 oz.\$2.99

MEAT DEPT. SPECIALS

- USDA Choice Tenderaged Beef
- Boneless Ribeye Steaks\$9.99 lb.
 - Petite Sirloin Steaks\$3.79 lb.
 - Sirloin Tip Roasts.....\$3.69 lb.
 - Pork Boston Butts Great for BBQ.....\$1.59 lb.
 - Pork Country Style Ribs\$1.99 lb.
 - Chicken Drumsticks Previously Frozen .89¢ lb.
 - Chicken Thighs Previously Frozen......89¢ lb.

LUNCH & FROZEN

- Jamestown Sliced Bacon 1 lb. \$2.49
- Carolina Pride Smoked Sausage or Kielbasa 14 oz \$2.49
- BarS Meat Bologna 1 lb. 99¢
- Essential Everyday Boneless Chicken Breast 3 lb. \$5.99
- Philly Beef Sandwich Steaks 21 oz. \$4.99
- Arctic Shores Shrimp 26-30 ct. 2 lb. ... \$10.99

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Thursday, Friday & Saturday...Come in and stock up on Lump Crab Cakes, Fresh Salmon, Tuna Steaks, Frozen Shrimp, and Fresh Catfish.

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stand to vouch for the changes she had seen in him in recent months.

After several years of struggling with drug abuse, "I believe he has transformed himself a lot," she told the judge. She said there was a job waiting for him with her construction company whenever he was released.

Carver's attorney, Richard Harry, asked for home electronic incarceration, and his mother promised if he were released to her supervision "he will be like a child back at home. He will walk the straight line; he will work every day; he will be the man he was before."

Assistant Commonwealth's Attorney Todd Shockey asked the judge to consider imposing a sentence in the middle to upper end of the guidelines. While Carver had clearly made strides to better himself, he said, "his conduct could have killed" the victim.

In his closing argument, Harry described this as an unsurprising end of a relationship for "two meth-heads on a bender." He noted that the victim had fallen out of contact with prosecutors and hadn't submitted a victim impact statement.

He asked the judge for "something below the low end of the recommendation."

In his final statement to the judge, Carver said, "I'd like to apologize for any inconvenience I've caused. I realize what I did was wrong."

"I don't know what the right sentence is here," Moore said as he contemplated his decision. He said he appreciated Carver's candor and the steps he was making to get clean, but what he had done "was not justified."

In the end, Moore imposed a total sentence of 17 years on the charges and suspended all but three years and three months. Carver will have to serve three years on supervised probation and 12 years on good behavior.

It's not clear if Carver will stay at CVRJ or be taken to state prison. Moore said if Carver was taken to prison, he preferred him to be sent to Indian Creek Correctional Center in Chesapeake, which has a treatment center for substance abusers. If he remains at CVRJ, Moore said he might consider ordering him to work release after serving at least one year of his sentence.



FLDP provides foundational insights

As a native of Fluvanna, I left the county right after college as a youngster and am now returning as an experienced senior citizen. It seemed by fate I that I read about the Fluvanna Leadership Development Program (FLDP) last summer in the *Fluvanna Review* and decided to take the course. I have no doubt that my decision was exactly what I needed to re-orient and re-assimilate myself back into the community. The FLDP course has equipped me with current foundational insights into the various local government agencies and other offices which will help me to engage in and contribute to the enhancement of life services for the less advantaged in the county with a volunteer focus, especially on our senior citizens. For newcomers, returnees and

current Fluvannans who seek to make a positive difference in the Fluvanna community, I am not aware of any better preparatory choice than the FLDP course.

Joseph Creasy
Lake Monticello



Letters to the Editor

- Keep letters under 350 words.
 - Refrain from personal attacks.
 - Do not send letters that have been sent to other newspapers.
 - Include your name, address & phone number (for verification).
 - We reserve the right to edit letters.
 - Submit via email to editor@fluvannareview.com or mail to Fluvanna Review, P.O. Box 59, Palmyra, VA 22963
- You will get an email confirmation that your letter has been received. If you don't, contact the editor directly.*

Feeding Fluvanna again

SUBMISSION



On Saturday, Sept. 8 from 10 a.m. to 3 p.m. Grace and Glory Lutheran Church in Palmyra will host the second Feeding Fluvanna Community Day. Last year, thanks to the efforts of 10 Fluvanna congregations, two tons of food items were collected and \$4,000 in cash was received for the benefit of the Fluvanna Christian Service Society Food Bank.

The goal this year is to double both the cash and the food offerings from last year. Come join us for a day of food, games, raffle prizes, a silent auction, the opportunity to purchase unique craft and bakery items, and the highlight of the day – the pastors' dunking booth.

The price of admission is one non-perishable food item or a cash donation.

We need your help to make this day a success. Volunteers are needed to collect food at local grocery stores, make baked goods, visit local businesses for donations, and there are many other ways to contribute your talents. If you are interested in partnering or assisting in this special endeavor to provide for the "least of these," contact Dave Wirth at feeding-fluvanna@graceandglory.org, call the Grace and Glory church office at 434-589-2217, or check out our website at <http://www.graceandglory.church/feeding-fluvanna>.

Part-time Reporter Wanted

The *Fluvanna Review* is seeking part-time reporters for flexible, interesting and rewarding work



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JULY 19 Doors open at 5:30 pm.
Program begins at 5:45 pm.

Aging Famously: Follow Those You Admire to Living Long and Well



This month The Lodge welcomes award winning reporter, former lecturer at UVA and author Elizabeth Meade Howard. She'll be discussing her book *Aging Famously: Follow Those You Admire to Living Long and Well*. The book discusses her journey into her own later years and chronicles the advice she received from the experts—resourceful and resilient older men and women whom she admired for their imagination, adaptability and successful aging. Among the people she interviewed were famous people ranging from Walter Cronkite to Carol Channing and from Hal Holbrook to Mayor Ed Koch. In her presentation she'll share with us what these inspiring people had to say and how they continued to take risks and contribute their talents in their 70's, 80's and beyond. It's sure to be an extremely uplifting and fascinating evening for everyone. Make your plans for this event early. Seating is limited!

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INCIDENT REPORT

June 29-July 5

Type of incident/Total incidents

911 hang up	8
911 misdial	6
911 open line	7
Animal control callback	3
Animal control follow up	2
Adult welfare/Public safety check	3
Aggressive animal	1
Altered level of consciousness	1
Animal welfare	10
Assist other agency	1
Assault with no injury	1
Assault with injury	1
Attempt to locate received	1
Be on lookout	4
Civil information request	12
Civil paper received	10
Civil paper service	53
Commercial burglar alarm	9
Communications officer call out	2
Destruction of property	3
Disabled vehicle	8
Past disturbance	1
Disturbance	4
Fingerprints	10
Follow up investigation	13
Fraud	1
Harassment phone/other	1
Virginia Criminal	1
Information Network check	3
Larceny/theft	4
Phone call return	42
Lost animal	1
Magistrate walk in	10
Mental welfare call no injury	2
Motor vehicle collision with injury or unknown injury	2
Motor vehicle collision with no injury	2
Loud noise complaint	7
Nuisance domestic animal	2
Nuisance wildlife	2
Other law call	10
Pedestrian in road/intoxicated pedestrian	2
Prisoner transport	4
Fire public service	1
Law public service	3
Radio system issue	1
Repossession	5
Residential burglar alarm	1
Select patrol	33

Shots heard	1
Sick call	1
Stray cat	1
Stray dog	6
Suspicious person	22
Tips/information received	2
Traffic hazard	3
Traffic stop	160
Trespassing/hunting trespass	4
Unresponsive	2
Virginia Criminal Information	1
Network query run	6
Warrant received	12
Out serving warrant	12
Total incidents:	534

Arrests

Date/ Offense

June 29	Driving after forfeiture of license, DUI second offense within five to 10 years, drinking while operating vehicle
June 29	Assault and battery
June 29	Possession of marijuana
June 30	Assault and battery against a family member
June 30	DUI/driving under the influence of drugs
July 1	Assault and battery, delay electronic message
July 1	Contempt of court
July 2	DUI/driving under the influence of drugs
July 3	Driving after forfeiture of license
July 5	Damage to real or personal property

Total arrests 10

Debris at Crofton boat launch a safety hazard

PRESS RELEASE



Photos of debris taken Friday (July 6) by John Wilkinson

The Rivanna Conservation Alliance (RCA) is calling on Delegate Rob Bell and the Fluvanna County Board of Supervisors to engage with the Virginia Department of Transportation (VDOT) and the Department of Game and Inland Fisheries (VDGIF) to expedite the removal of trees and debris at the Crofton boat launch. The debris is the result of the May flooding.

RCA members and others who paddle the river have been contacting RCA to report large trees and debris that has created a hazard for paddlers coming

down the Rivanna from Charlottesville to Palmyra.

Lake Monticello Water Rescue Team has been working with VDGIF and VDOT, but there have been questions of jurisdiction – so the problem persists.

In its letter to government officials, RCA said, “We need your assistance in elevating this issue and encouraging the agencies to seek a quick solution... and we need your help in resolving this matter before someone is seriously injured.”



THIS WEEK'S PET



Hello i'm Toebeans...

I am a approx. 3 years old and I am front claw declawed, so I will need to be an indoor kitty. I can be moody sometimes when I get over stimulated, but over all I am sweet. I am current on all shots, micro-chipped and spayed.

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Funky animal art raises money for worthy cause

BY PAGE H. GIFFORD
CORRESPONDENT

Compassion Animals on Parade brings together local and area artists who use their creative flair to design items that are being auctioned off to raise awareness and funding for one of Fluvanna's many non-profit animal rescues, Green Dogs Unleashed (GDU).

"It is a grand collaboration of many incredible GDU volunteers, artists and local Charlottesville business owners," said Erika Proctor, GDU director and animal behavior specialist.

GDU is a nonprofit animal rescue that focuses on the rescue, rehabilitation and placement of animals in need, with an emphasis on helping special-needs animals.

"Our goal is to responsibly place fully-vetted and spayed and neutered animals into homes, and to train those animals with the right personalities as therapy animals, to bring joy and compassion to people in our communities," said Proctor.

GDU has training classes for puppies and adult dogs as well as training for certain behavioral problems outside the purview of the regular classes. They are also known for training therapy dogs. Dogs that are friendly, gentle, patient, confident and at ease with strangers are prime candidates to be therapy dogs.

Therapy dogs have proven to be valuable tools in our society in times of need, whether it is after a natural disaster, sitting with children during a reading session, or visiting veterans or the elderly. Through her rescue work and training, Proctor gives back to the community in so many ways.

A volunteer came up with the fundraising idea of having artists add designs to concrete statues of animals, collaborated with boutiques in Charlottesville to auction them off, and implemented the plan with the help of Proctor and other volunteers.

"Similar artwork fundraisers can be



Goat Runner 2049 by Derek Karnes. Photo by Sharon Montgomery

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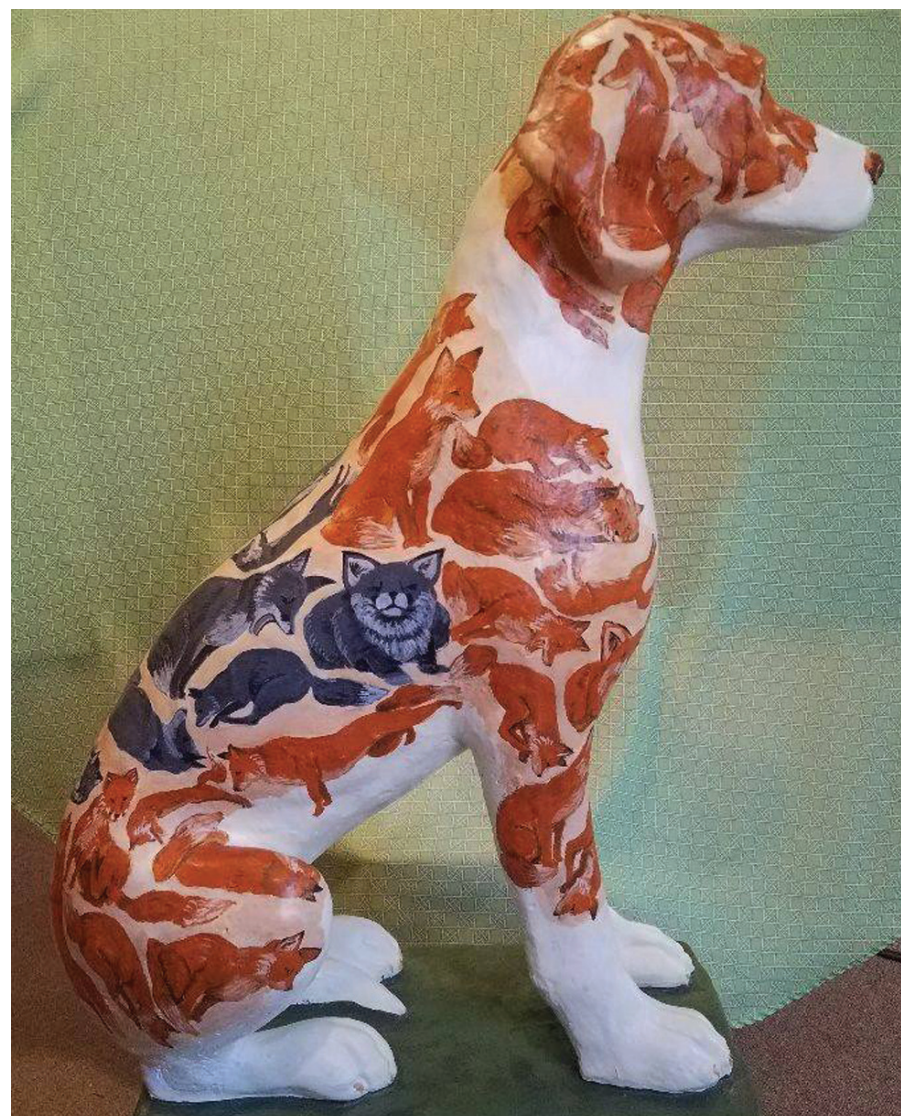
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Foxhound by Diane Greenwood. Photo courtesy of GDU

seen in other cities around the world," said Proctor.

The statues are made from concrete and all 17 have been painted by area artists – two from Fluvanna.

"Each artist used their own inspiration to create beautiful pieces of art. Many of the artists told us they were drawn to one particular statue so we accommodated requests as possible," said Proctor. The statues varied, including a couple of donkeys, a rooster, a goat, a rabbit, cats, dogs and pigs.

Local artists include Cheryl Falkenbury, who painted *Wonky Donkey*, and Diane Greenwood, who painted the *Foxhound*. Falkenbury is multi-talented, and aside from her days as a dog trainer and writer about those experiences, she also loves art.

While living in Tuscon, Ariz., she was inspired by the Mexican folk art designs she saw on her few trips over the border to Mexico. This inspiration is evident in the fun, bright colors and designs that Falkenbury applied to *Wonky Donkey*, making him stand out and intensifying the looks of this cockeyed knockout. *Wonky Donkey* would make a great addition to any garden.

Greenwood had to sift through a few thought processes to arrive at her inspiration for *Foxhound*. When her statue arrived, she was told it was a Dalmatian. Her approach would have been more

modernistic, with dots and circles. But the more she looked at the statue, the less it looked like a Dalmatian and the more it looked like a German Short-Haired Pointer. The German influence took root for a while, but then her thoughts evolved into another aspect regarding the statue itself. Statues were always associated with grand estates, rolling hills, open fields and outstretched pastures, and fox hunting. This led to her creation of the Foxhound. Her final creation looks like flawless porcelain, and its design is cleverly executed. Disguised in the hound's reddish brown and deep blue spots are foxes in a variety of poses.

Derek Karnes' *Goat Runner 2049* was less personal and more of a statement. His golden goat is decked out with computer chips and is based on the Phillip K. Dick 1968 novel *Do Androids Dream of Electric Sheep*, which was the basis for the 1982 movie *Blade Runner*. In Dick's book the animal species are dwindling or extinct, and owning an animal is all about status and empathy. Karnes' view of his work is that some things are more precious than money.

Other artists had similar inspirations, most them emanating from their own animals, including: Candice Agnello's boxer *Monk*, done in blue abstract design; Tihana Macakanja's sweet and adorable *Apple*, the puppy that survived

being hit by a car; Mary Tomasso Montecalvo's *Arrow*, a cancer survivor; and the vibrant *Laelops* by Nicole Wilson. It is only fitting that artists would think of their own animals and their inspiring stories for their creations.

Each statue can be bid on in a silent auction in the store housing it. Proctor added that there is also a scavenger hunt for children with a list of the animal art.

"We are so excited to be able to work so closely with our community to bring compassion and joy to everyone, through this beautiful artwork, this fun and free activity for kids, and by utilizing our therapy dogs to bring smiles to those around us," Proctor said.



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The goal this year is to double both the cash and the food offerings from last year. Come join us for a day of food, games, raffle prizes, a silent auction, the opportunity to purchase unique craft and bakery items, and the highlight of the day – the pastors' dunking booth. The price of admission is one non-perishable food item or a cash donation.

We need your help to make this day a success. **Volunteers are needed** to collect food at local grocery stores, make baked goods, visit local businesses for donations, and there are many other ways to contribute your talents. If you are interested in partnering or assisting in this special endeavor to provide for the "least of these". Contact **Dave Wirth** at feedingfluvanna@graceandglory.org or *Grace and Glory church office* at 589-2217 or check out our website at <http://www.graceandglory.church/feeding-fluvanna>

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Loss of firefighter leads to new laws

BY HEATHER MICHON
CORRESPONDENT

Just over a year after losing one of their own to cancer, the Kents Store Volunteer Fire Department (KSVFD) family met on Sunday (July 8) to honor his memory and to show their appreciation to those who helped shepherd two bills through the state legislature that will help monitor and possibly prevent cancers among firefighters statewide.

About 40 people joined KSVFD Chief Andrew Pullen in thanking state Sen. Mark Peake (R-Lynchburg) and Delegate Lee Ware (R-Powhatan) for their work on the bills. Gov. Ralph Northam was represented by Ryant Washington, deputy secretary of public safety and homeland security and former Fluvanna sheriff.

Victor Breeden, an 11-year veteran of KSVFD, died in April 2017 after a battle with non-Hodgkins lymphoma. He was just 27 years old.

While there's no way to know for sure, "a preponderance of evidence indicated he was diagnosed with cancer because of his career," Pullen said.

If so, he was not alone. According to the Firefighter Cancer Support Network,

research shows that career firefighters face a 9 percent greater risk of developing cancer and 14 percent greater risk of dying from cancer than the general population. Cancer is the leading cause of death among firefighters nationwide.

Firefighters face multiple potential contacts with carcinogenic materials, from the toxic contaminants released when modern homes – filled with plastics, electronics, chemicals and synthetics – suddenly combust, to inhaling diesel fumes from their trucks.

Current research shows that the risk lingers long after the fire is put out, as firefighters end up with personal protection gear and equipment covered with toxic soot.

"If I had known 27 years ago that simply washing my gear would have kept me from doing what I had to do, it would have been astronomical," Louisa firefighter Sean Barrett told the audience. Barrett has been fighting the same cancer that took Breeden.

Late last year, Pullen reached out to Peake, Ware, and other state officials to

help get three bills aimed at monitoring and reducing cancers among firefighters through the recent legislative session.

"Andrew has been one of your best advocates," Peake told the audience.

SB 346 authorizes that money from the Fire Programs Fund can be targeted towards cancer education and training, along with the purchase of additional gear.

"For small rural fire departments like ours, it's a huge deal," said Pullen. For KSVFD, it's meant a second set of turnout gear for each firefighter and better protective gear for the vulnerable head and neck. The bill had no fiscal impact for the state, "but it's helped every local rural fire department in Virginia."

SB 347 requires physicians to collect additional data for the Virginia Cancer Registry. Going forward, firefighters diagnosed with cancer will be asked for their work histories, the number of years spent on the job, the approximate number and types of incidents they've responded to over the years, and other data points.

"Everyone asks, 'What's the data?'"

Pullen noted. This bill allows them to collect it.

Another bill, SB 352, failed to pass. It would have added lymphomas and other cancers common to firefighters to the occupational diseases recognized under the Virginia Workers' Compensation Act. It also would have reduced the requirement that victims have at least 12 years on the job down to five years. This would have been a benefit for men like Breeden, who fell ill after 11 years on the job.

Given the potential fiscal impact, Pullen was not surprised it did not pass. "It got further than I thought it would," he said. Peake added that it might not pass the next session either, but they would keep introducing it in the hopes of eventually pushing it through.

Pullen handed out framed copies of the bills and other tokens of appreciation.

He also gave Ware and Peake two retired KSVFD fire helmets. "Mark, we may have to wear these in chambers," said Ware.

"I was just delighted to have a small part in the effort," he added.

Sharks bring home first place ribbons

CONTRIBUTED BY KAREN MILLER



Above: Some of the LMST swimmers, coaches and parents who participated in the Swim across the Lake event during the Lake Monticello July 4 festivities.

Photo courtesy of Karen Miller

Right: Coaches Carly Csapo, Sito Arroyo, Maria Arroyo and Fefe Nardone gear up for a home meet against Hollymead July 2.

Photo by Gladys Guzman



The Sharks of the Lake Monticello Swim Team (LMST) gave a strong showing in their second home meet of the season July 2. Despite their loss to the Hollymead Hammerheads, LMST was decked out in red, white and blue and ready to compete. The final score was close, and the Sharks brought home several first place ribbons and many time improvements during their meet against the Hammerheads.

LMST kicked off the night with the girls' 11-12 200-meter medley relay team, bringing home the first win of the night. Abbie Ford, Julia Tomaras, Emily Farist and Brenna Rea, all 12, fought hard to win that blue ribbon.

Soon after the relays, LMST was able to pick up some points during the freestyle

events, taking five first-place victories in those races. Those taking top honors were Mateo Ahmad-Guzman, 6, Gabriella Gray, 7, Cole Gustafson, 12, Luke Gustafson, 16, and Abigayle Harlow, 15.

Allyson Lounsbury, 14, and Harlow took first place in the 50-meter breaststroke, earning more points for LMST. The meet continued with backstroke events, in which LMST swimmers took top honors in four of the age categories. Those swimmers were Achmad-Guzman, Gray, Farist, and Nathaniel Smith, 15.

The swimmers, parents and spectators continued to brave the heat and humidity while watching Landon Kovarik and Lila Kate Robinson, both 8, shave seconds off their best times and win the 8 and under 25-meter butterfly events. Cole Gustafson

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also took top honors and set his personal time at 38.94 seconds for the 50-meter butterfly, while Lounsbury, in the girls' butterfly event, shaved a small amount of time off her seed time and took first place with a time of 32.10 seconds. Harlow followed suit and finished first in her butterfly event with a finals time of 31.40 seconds, which was a time improvement of 1.23 seconds. Gustafson, Lounsbury, and Harlow earned gold times in these butterfly events based on Jefferson Swim Leagues standards.

For swimmers, it's not necessarily about winning the race, but seeing improvement of their personal best times. Many of the Sharks achieved that goal last week and the coaches are proud of their continued efforts. Head Coach Carly Csapo said, "I'm proud of our swimmers for continuing to improve. With championships only three weeks away, we are working on achieving the goals we set and want to keep up the team spirit."

Speaking of team spirit, the Sharks took home another 100 spirit points for Jefferson Swim League's week three spirit competition. The theme was "determination" and the winning photo won the social media competition with 33 online votes. LMST swimmer Maddie Gifford, 10, showed determination while swimming breaststroke in the meet against Farmington Country Club.

The team has many enthusiastic and dedicated swimmers and coaches, many of whom participated in the Swim across the Lake event that took place during the July 4 festivities. The Sharks' very own Csapo was the winner for the women's division in her age group.

The Sharks took July 4 off to enjoy the holiday with family and friends, but were back in the pool full force July 5 to prepare to swim away against Key West Club Wednesday (July 11). LMST will host its final swim meet July 18 before the Sharks head into a week of practices to get ready for the Champs meet event July 27-28, held at the University of Virginia Aquatics Center.



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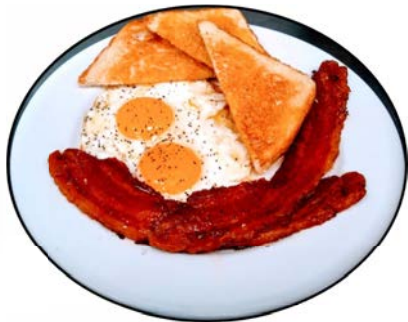


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- Gas log fireplace / Sunroom off Master
- Screened porch off dining room
- Half acre lot / Potential Bed & Breakfast

11 Brassie Terrace - \$275,500



Golf Course

New Price

- 3 Bedrooms / 3 baths / 2384 sq ft
- Great views of the 5th fairway
- Living room w/ fireplace and built-ins
- Large master with two closets
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13 Horseback Lane - \$267,500



New Price

- 4 bedrooms / 3 baths / 2800+ fin sq ft
- Open floor plan / Screened porch
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- Bamboo floors / Gourmet kitchen
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COMMUNITY CALENDAR



Drama workshops

Creative drama workshops at Carysbrook Performing Arts Center for ages 18 and up. Come learn improvisation in a fun environment, make friends and learn dramatic skills. Workshops are **July 22** from 2-4 p.m. and **July 13** from 7-9 p.m. Free. Contact Beth Sherk at beth.sherk71@gmail.com.

SPCA fundraiser

The Fluvanna SPCA will have fur-raising fun Friday, **July 13** from 7-9 p.m. at Cunningham Creek Winery. Tasty food and wine, great music by Two Wishes Trio, and a silent auction and live raffle benefitting the animals of the Fluvanna SPCA. Tickets: \$20 at the door. Contact bod@fspca.org with questions.

Vacation Bible School

Fork Union Baptist Church will hold Vacation Bible School **July 15-19** from 6:30-9 p.m. with the theme "Shipwrecked: Rescued by Jesus." Grab a friend and come explore Bible stories, games, crafts, snacks, and so much more. Call 434-842-3390 for information.

Community brunch

Sts. Peter & Paul Church will hold its first annual community brunch **July 29** from 9 a.m. to 1 p.m. Come together as a community and join in food and fellowship. Tickets: \$10 at the door, \$8 in advance. Children 3 and under eat free. Call 434-589-5201 for more information.

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A household is defined for the purposes of the Lifeline program as any individual or group of individuals who live together at the same address and share income and expenses. Lifeline service is not transferable, and only eligible consumers may enroll in the program. Consumers who willfully make false statements in order to obtain a Lifeline discount can be punished by fine or imprisonment and can be barred from the program.

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EVENTS

FLUCO GIRL'S LACROSSE CLINIC: All ages/skill levels welcome! Thursday, July 12 & Friday, July 13 from 5 to 7 p.m. at the Fluvanna High School Field House. Cost is \$10 per session. Registration form & clinic waiver to be filled out by parent/guardian on July 12. Questions? Contact Meredith Locascio: MLOCASIO@apps.fluco.org, or Ashley Lenherr: ALENHERR@apps.fluco.org.

OPEN HOUSE: The Light Academy is now enrolling for preschool through 12 grade! Join us for our Open House on Tuesday, July 17 at 6:30 p.m., 479 Cunningham Road, Palmyra, VA 22963. For more information: (434) 842-2222, or www.thelightacademy.com.

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CEMETERY SITES: Holly Memorial Gardens and Monticello Memory Gardens. Significant savings! Call (434) 295-1750

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OPTOMETRIC OFFICE: Optical/Optician for F/T or P/T. Team player with strong computer experience, EHR and Eyecare and Optical experience needed. Preference given to qualified applicants living in Fluvanna County. EOE. Fax resume (434) 591-0111, email: reception@weisseyes.com, or call (434) 591-0262.

PERSONAL ASSISTANT: 43 Year old man, partially handicap, needs Home Health Aid or CNA for daily shower, dress and driver to doctor appointments. Arvonion/New Canton area. Call (561) 779-6868.

INSTRUCTOR: Expanding School of Dance seeks experienced ballet and tap instructor. Send resume to Angell's School of Dance, 19 Centre Court, Lake Monticello, VA 22963 or email: angellhusted@comcast.net. Please, no phone calls. Studio open by class or appointment.

RENTALS

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For additional information contact Angie Duffer in our Estimating Department at (757) 487-5858 or fax (757) 487-5089.



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Monticello is currently seeking energetic and engaging volunteers to serve as friendly, informed ambassadors for guests in our Visitor Center Galleries, at our Mountaintop Activity Center (June-Sept), and in auxiliary positions inside the mansion. Volunteers for this position will be required to participate in training sessions in the form of lectures and required readings. The training sessions will begin in August on Wednesday and Sunday afternoons. (16 hours/month required, shifts vary by position, but are available 7 days a week.)

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46
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SUDOKU

Edited by Margie E. Burke

Difficulty: Easy

5	6	8						4
		9	7			2		
		7		4				
8		6			1			
	4						2	1
			6			9		
6				7				
		5				3	1	
	7	1	3					2

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HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

Answers to Last Week's Sudoku:

2	7	4	1	5	3	8	9	6
3	6	1	7	8	9	4	5	2
5	9	8	2	6	4	7	1	3
4	5	7	3	1	8	6	2	9
8	3	9	5	2	6	1	4	7
1	2	6	4	9	7	5	3	8
6	8	3	9	4	1	2	7	5
7	4	2	8	3	5	9	6	1
9	1	5	6	7	2	3	8	4

The Weekly Crossword

by Margie E. Burke

ACROSS

- Second to none
- Hurled weapon
- Like some testimony
- Fond of
- Caddie offering
- Firefighting need
- Film based on a novel, e.g.
- Teaspoonful, maybe
- U-boat, briefly
- Send out
- Weight watcher
- ___ of passage
- Black gold
- Foul
- Beauty parlor
- Hang around
- The "U" in I.C.U.
- Trusted teacher
- De Niro's, "City By The ___"
- Dermal affliction
- Part of PTSD
- Kicker's aid
- Fasten (to)
- Mark of a ruler
- Take the pulpit
- Evaluate, as ore
- Cartoon hedgehog
- Fish delicacy
- Wedding wear
- Throat soother
- Back of the neck
- "The Hundred Secret Senses" author
- Farm cry
- Type of pact
- Ship's backbone
- Supply party food
- State with conviction
- "What ___?"
- Four-legged laugher
- Smart-alecky

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17				18							19			
20				21				22	23					
	24		25			26		27		28				
29						30			31					
32					33						34	35	36	
37				38					39		40			
41				42		43	44	45			46			
				47						48				
49	50	51				52				53				
54					55		56		57			58		59
60					61	62					63			
64					65						66			
67					68						69			

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- Marathoner's trait
- Hold firm
- Lonely place?
- Emulated Spitz
- Leafstalk
- Book version
- Long ___
- Tear to bits
- Cry of dismay
- Alex Haley classic
- Strong suit
- Distrustful
- Prom attendee
- Like some gases
- Shopper's aid
- Blitzed
- Feeder filler
- Reggae great Peter
- Pal, in Perth
- Easily offended
- Moving stairway
- Grayish
- Month for some Pisces
- Bailiff's request
- Old salt
- Monkshood
- Lessen the value of
- Predicament
- State categorically
- Feed, as a fire
- Large bay window
- Canonical hour
- Carve in stone
- Medic or legal starter
- Small salamander
- Beam of light
- Keg opening

Answers to Last Week's Crossword:

I	F	F	Y		B	R	I	A	R		S	T	O	W
C	O	R	E		R	A	N	G	E		L	A	D	E
B	R	E	A	K	O	F	D	A	Y		A	K	I	N
M	A	T	R	O	N		O	R	N	A	M	E	N	T
					A	C	T		S	O	D	O	M	
C	A	S	E	L	O	A	D		L	O	N	E	L	Y
A	N	I	M	A		B	E	A	D	S		H	U	E
D	E	N	S		T	O	M	B	S		D	O	N	A
I	N	K		S	H	R	U	B		L	A	M	A	S
S	T	O	K	E	R		R	E	D	A	L	E	R	T
					R	E	C	U	R		Y	E	S	
A	S	S	E	S	S	E	E		A	S	P	E	C	T
F	A	W	N		H	E	R	E	T	O	S	T	A	Y
A	R	I	L		E	D	I	T	H		S	U	L	K
R	I	M	Y		S	Y	N	C	S		T	I	M	E

Traditional Fourth of July athletic contests held at Lake Monticello

BY DUNCAN NIXON, CORRESPONDENT



Above: The Spirit 5K is underway. Below: Men's swim winner Luke Gustafson; women's swim winner Megan Pulley.

All photos by Duncan Nixon

The Spirit Run 5K race and the Swim across the Lake are contested each year at Lake Monticello. Both are traditional Fourth of July events. This year, with July 4 falling on a Wednesday, the Lake's festivities were held on the holiday even though it was a non-weekend date.

Turn-out for the 5K run and the Swim across the Lake did not seem to be negatively impacted by the mid-week date. The Spirit 5K run that starts at the very early time of 7 a.m. had 272 runners start and finish. In 2017, 210 runners participated.

The 5K run starts and finishes at the Bunker ballfield and most of the run is conducted over the cart paths of the Lake Monticello golf course. The start is always a colorful spectacle, as at the front of the pack there is usually a large contingent of young runners in a variety of multi-colored t-shirts and running shoes. This year, before the start, an energetic series of calisthenics was led by Carly Bach and Jeanne Robinson from Spectrum Physical Therapy.

As has been the case for a number of years, the men's side of the 5K run did

not have a surprise finish. This was the 17th annual 5K – or three-mile – run, and Matt Barresi won the race again. He said that though he has not run every year, he has won every time he has run.



This year, Barresi finished the race in an impressive time of 17:06 and once again finished far ahead of the nearest competitor. However, his time this year was actually slightly off his pace from 2017



when he completed the run in a time of 16:25. Barresi is former American University track and cross-country runner. He now runs marathons, so a 5K is not a big deal for him.

In contrast to the men's side of the race, the women's side seems to come up with a new champion every year. This year's winner was Rachel Rabbitt, who completed the distance in a time of 21:21. This was her first time running in the Spirit 5K, as she said that she was visiting her father who is a new Lake resident. She also said that when she saw that the Lake was holding a 5K race with a very low entry fee, she couldn't resist signing up. Rabbitt is not new to distance running as she recently graduated from William and Mary, where she ran track. Last year's winner was then Fluvanna High senior Saige Haney, who is now off to the Air Force Academy. The second finisher on the women's side was 13-year-old Kylie Wild, from Arizona, who was visiting her grandparents, Bill and Barb Scanlon.

The 5K race was held in the morning and although it was a little muggy, the temperature was quite tolerable. In contrast, by the time the lake swim kicked off at a little after 3 p.m., it was hot. John Platt, who is the main organizer of both the run and the swim, said that 190 signed up for the swim and 180 actually competed. Naturally, the Lake police and fire and rescue made sure that all 180 who entered the water were accounted for at the finish. The swim is always conducted from Beach 3 to the main beach. It follows the patriotic water skiing exhibition. Lake boat traffic is interrupted to allow the swimmers a clear path.

As was the case in 2017, the first swimmer out of the water this year was a young woman. Megan Pulley, a high schooler from Richmond, took first place this year, winning by a comfortable margin. She is no novice at lake swimming, saying that she has completed a three-mile swim at Smith Mountain Lake. On the men's side the fastest swimmer was also a high schooler. Luke Gustafson, who swims for the Lake Monticello Sharks and is a Covenant High School student, took home the trophy.

FAST spends a week in the water

SUBMITTED BY AMY WILLIAMS



Jonah and Amy England.
Photo by Karen England

The Fluvanna Aquatics Sports Team (FAST) had a busy first week of July. They kicked off the week with a Tuesday night meet against the Culpeper Country Club (CCC), saw a number of their swimmers and coaches compete in the July 4 Swim across the Lake, faced the Louisa Gators in a Friday night meet, and capped off the busy week with a relaxing team float down the James River Saturday.

The July 3 meet hosted by CCC provided a number of challenges for FAST. Many of the swimmers were unable to make the drive to Culpeper on the night before the holiday, leaving only 32 swimmers to compete. The oppressive heat had swimmers struggling to stay cool and hydrated between races. In the end, CCC topped FAST 597-336.

Emma DiFazio won the 50-meter freestyle, and 50-meter breaststroke firsts went to James Johnson, Jacob Thurston-Wells and Brady Woodside. Leading in 50-meter backstroke were Emma DiFazio and Brady Woodside. Wins for 50-meter butterfly went to Emma DiFazio, Abby Caruso, Jackson Kinsella and Edwin Navarro. Rounding out the wins for FAST were Brady Woodside, Tyler Davis and Haley Smith, who led their respective 100-meter freestyle races.

FAST team members came together July 4 to participate in the annual Lake Monticello Swim across the Lake. Head Coach Nathan Johnson and Assistant Coach Mike DiFazio finished first and second in their age group. Jackson Kinsella led the 13-17-year-old group and Abby Caruso finished first for the 8 and under.

On Friday (July 5) FAST hosted the Louisa Gators at the Betty Queen Center in Louisa. The Gators topped FAST 513-410. Despite the loss, FAST had a great

night with many swimmers seeing significant time improvements and leading in all their races. Finishing first in all of their individual races were:

- Tyler Davis: 100-yard individual medley (IM), 50-yard backstroke, 50-yard butterfly;
- Emma DiFazio: 100-yard IM, 50-yard freestyle, 50-yard breaststroke;
- Brady Woodside: 100-yard IM, 50-yard freestyle, 50-yard butterfly;
- Abby Caruso: 25-yard freestyle, 25-yard breaststroke, 25-yard butterfly; and
- Shelby Crawford: 50-yard freestyle, 50-yard backstroke.

Johnson expressed pleasure with the performance of the team over the busy week. He made particular note of Shelby and RJ Crawford, Amy and Jonah England and Reed Williams. "The kids and their families bring unique personalities to the team and do an amazing job of adding to the positive atmosphere we try to create for the team," he said. "We are thankful for their awesome parents as well, who are always helping and making everyone's life easier."

Johnson also spoke highly of the Crawfords, saying they "are some of the most coachable kids I've ever had the chance to work with. They are both excited to get in the water, learn more and grow their knowledge of the sport."

Shelby Crawford is a 12-year-old first year swimmer. "I have loved to swim most of life, but this is the first time I have been on a swim team," she said. "My initial goal was just not embarrassing myself when I swam against other experienced swimmers in my age group. Now I focus on improving my form and time. My coaches are awesome in helping me get better each day." In addition to swimming, Shelby has been playing soccer since age 4, and has a love of studying "all things turtles," particularly sea turtles.

When asked about his experience with FAST, 6-year old RJ said that he knew he wanted to be a part of the swim team after learning about it through an after-school enrichment program. He hopes to learn to swim "super fast, like Shelby." He added: "Coaches Cos and Emma are the best and help me get better! Swimming is fun and I have made new friends, too."

Johnson praised Amy and Jonah England, saying, "The Englands are a new addition to the team but it seems like they have always been here. They just fit in so well." Amy England is a

9-year-old first year swimmer. Her love of swimming brought her to the team, and she said that she might like to be an Olympic swimmer one day. Outside of swimming, Amy enjoys crafting, her family and loving Jesus. Her brother, 5-year-old Jonah, also loves to be in the pool, and says he "wants to get fast and win all my races." He enjoys catching fireflies and being outside.

Reed Williams is a 6-year-old in his first summer swimming with FAST. "Reed has done an amazing job this summer of learning new strokes and is always in a good mood," said Johnson. Reed followed his brother into swimming and said that his favorite stroke is the breaststroke. He loves animals, solving challenging math equations, and science.

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