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PHOTO OF THE WEEK

The Wilberger family from Fluvanna on Lincoln Financial Field celebrated the Virginia Men's Lacrosse team winning the 2019 National Championship on May 27th.

Cover: LMST coaches prepare the youngest LMST swimmers before their session at JSL Champs on July 26. Photo by Brittany Shields.

Cover design by Amelia McConnell.

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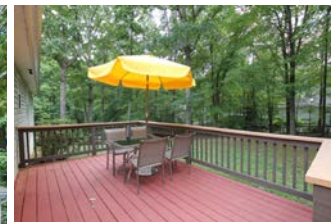
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School Board discusses testing data, discipline

BY RUTHANN CARR
CORRESPONDENT

The Fluvanna School Board met Tuesday (July 30) for a seminar to discuss testing data, discipline, budget, and strategic priorities.

Testing

Accreditation standards have been revised by the state and will no longer be just based on overall student achievement on state tests, Superintendent Chuck Winkler told the Board.

The revised standards measure performance on multiple school-quality indicators and are rated at one of three levels:

- LEVEL ONE: Meets or exceeds standard or sufficient improvement
- LEVEL TWO: Near standard or making sufficient improvement
- LEVEL THREE: Below standard. All schools must develop a multi-year plan to support continuous improvement on all indicators.

Any level below Level one triggers required local and state actions and interventions to improve performance.

At every one of Fluvanna's schools, black, economically disadvantaged and students with disabilities are performing below Level one in English.

Chronic absenteeism is another quality indicator. It's at Level two for Central. At both the middle and high schools it is currently at Level one but projected to

reach Level two.

Winkler said all administrators are working with teachers to close those gaps in English achievements and absenteeism.

Discipline

In the staff survey, those who added comments often said discipline is inconsistent, administration isn't supportive of teachers when it comes to discipline and aren't in the hallways or at lunch where much of the bad behavior happens.

Many teachers commented on the survey that even when a punishment is administered, parents come in and complain. The result of their complaints is too often the punishment is lessened. This, teachers say, undermines their authority.

In a 4-year comparison of all recorded discipline referrals (in-school and out-of-school suspension, bus incidents and Department of Education reportable, 2018/2019 was the lowest with 3,306. The highest year was 2016/17 with 4,758.

A DOE reportable offense is "any incident that results in more than 0.5 days with in-school suspension, any out-of-school suspension, and any incident that could be perceived as a criminal act (i.e. weapons, drugs, assault, etc.)," Winkler said.

Andrew Pullen (Columbia) said too often the numbers don't reflect reality. It could be teachers and administrators just

make fewer referrals.

He said he heard that the Florida school shooter was allowed back in school despite multiple discipline problems that led to suspensions, "because they were concerned about chronic absenteeism numbers."

He read from the school handbook on dress code violations and said students know they have five infractions before suffering any real repercussions.

"(They could think) I've got five times. I'm not really going to get punished," he said.

Perrie Johnson (Fork Union) said often teachers have already tried good behavior and punish bad before referring the student to the administration.

"Too often the administration starts from step one and they need to move on from the point the teacher left off," Johnson said.

She also said when a student is disciplined fairly, it makes all students safer.

Superintendent Chuck Winkler agreed discipline needs to be fair and consistent.

"When you have an abuser, you punish the abuser," Winkler said.

In other business, Winkler asked the Board to consider hiring a part-time trainer to shore up the full-time position.

"It's a matter of safety – it's summer and athletes are at risk of heat stroke...it's an accident waiting to happen; a lawsuit

waiting to happen," Winkler said. "I'm in favor of trying to find one and there is money in the budget."

The Board voted to move the August meeting to Aug. 13 at 6:30 p.m.

Budget

After Board questions about technology spending in the July meeting, Winkler and Executive Director for Instruction and Finance Brenda Gilliam presented answers.

"I felt horrible after the June meeting and I shouldn't have," Winkler said. "There are no smoke and mirrors. There is nothing dishonest about this."

Winkler said the Board agreed in October to move money from the technology budget into the instructional category with the understanding it would buy technology needed for instruction: Chrome books for students, teacher laptops, software, etc.

In June, Winkler told Director of Technology Josh Gifford to spend his appropriation because that money cannot be carried over.

Winkler said both he and Gilliam struggled after the last meeting because try as they might, they didn't have the answers at their fingertips which appeared as if they were trying to hide something.

"I told you in June I was going to instruct Josh to spend the money in his budget," Winkler said. "We did not spend \$500,000 more in June. We just didn't. I didn't do anything wrong or unethical"

He said the Board's questioning where the money came from to buy the technology took him and Gilliam by surprise.

Winkler wondered how much spending oversight the Board wanted.

"I don't know how many pencils you want me to buy, but they have to be bought. Do you want to know every time I need to buy something? I'm talking big-ticket items over a certain amount. We need a new tractor."

Pullen said, "You just bought one."

"Yes," Winkler said. "And we need another. Do you know how many fields we have to cut? I'll do my best to find a used one."

As of July 30, the district has \$859,303.31 of local funding leftover that can be returned to the county.

When that number is final, likely in September, the Board can vote on what to do with it.

As he has in the past, Winkler pleaded with the Board for direction in planning the budget, wanting them to express their priorities.

He gave them an inch-thick copy of the line-by-line budget.

"Please take a look at that," he said. "Jot down your questions. Let me know what your priorities are. I'd like to start planning the FY 2021 budget as early as next month."

Because the Board was scheduled to meet new teachers at 1 p.m., there wasn't time left to spend time discussing strategic priorities.



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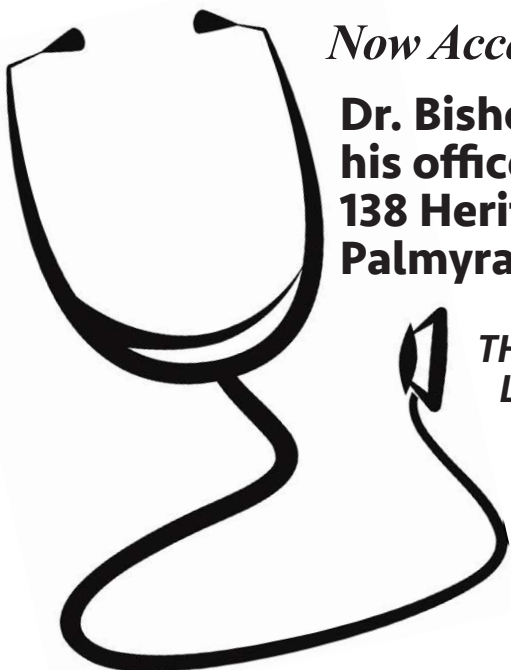


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Our aim is to have this a successful market and we need your help. We envision a market with a family friendly environment that everyone can feel comfortable coming to. Not only to shop but to spend time together, catch up & just enjoy the day!

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PAID ADVERTISEMENT

New assistant county administrator is a fixer and helper

BY MADELINE OTTEN
CORRESPONDENT



Belanger Harris since she was the senior program administration assistant in the Planning Department in 2014 as well as clerk to the Board of Supervisors in 2015. But now, community members can learn more about her through her new role as assistant county administrator.

In her role, Belanger Harris works with community engagement and public information. She wears many hats by working as the Freedom of Information Act (FOIA) Officer, public information officer, website and social media manager, and internal controls. She is also the primary assistant to the county administrator.

"This position gives me some creative freedom," said Belanger Harris. "I still have to color in the lines, but I get to pick the colors!"

Her day-to-day responsibilities are never the same and she responds as much as initiates. For example, for the FOIA requests, she approaches each request for records with the same level of attention and responsiveness. She does not want community members to wait longer than it takes to research and

respond, and she wants the requestor to receive the records they have requested, if the records exist. While some records take a little longer to be reviewed for legal and appropriate exclusion, Belanger Harris will make sure the job is done.

"I love people. I'm a fixer and a helper," said Belanger Harris "Requests for records can be challenging, but I like knowing that I have done the best I can do, as the law requires, and hopefully to the satisfaction of the requester. The most rewarding thing I do is help. Help citizens, help colleagues. I think one of the most powerful things we can do is ask, 'How can I help?' And then listen."

Over the next couple of years, Belanger Harris is excited to continue to improve the county's transparency and accessibility and finding and implementing more ways for citizens to be involved and understand the workings of the county. For her personal goal within her new role, she wants to use her accumulated knowledge and skills to reach the goals that are set for the county. She also hopes to help with the 2020 Resident

Survey and the 2020 Report to Citizens.

"I'm a behind-the-scenes person – this position has the potential to put me front and center a bit more," said Belanger Harris. "Even though I'm an absolute extrovert, I'm much more comfortable leading from behind and letting others stand out."

Belanger Harris grew up in Louisa County and then moved to and lived in Florida for 15 years. Due to job scarcity in north Florida in 2013/ 2014, Belanger Harris and her husband, Clark, decided to expand their search. When her husband found a job in Charlottesville, it made the move easier knowing they would be closer to family. A week after their move, she started working for the county in the Planning Department.

Belanger Harris also earned her graduated degree in organizational leadership with a focus on servant-leadership from Gonzaga University. Before working for the county, she also worked as a massage therapist, and assistant inn keeper, and veterinary assistant. She even stumbled into non-profit management and congregational management.

In her free time, she enjoys gardening, reading, listening to music, being in nature, and travelling. She lives just over the line in Louisa County and has two daughters, Aine - 19 and Gigi - 11. Since Belanger Harris grew up in Louisa, she has a lot of family in both Louisa and Fluvanna County whom she can visit and spend time.

The job of assistant county administrator has been vacant in Fluvanna County's government for over eight years. It was not until recently that the position was filled on June 10 by Kelly Belanger Harris. Residents might already know of

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Twenty-two teams compete in Member-Member golf tournament

BY DUNCAN NIXON
CORRESPONDENT



The weather was hot and mostly dry for the Lake Monticello golf course's annual Member-Member tournament on the weekend of July 27-28. The competition was tight as 22 two-man teams shot it out over a round of 18-holes each day. On Saturday each team had a separate tee time, while on Sunday there was a shotgun start. The format was the best ball (i.e. the lowest score on each hole) of the two team members in both gross and net score.

In the gross score competition, the winners were Stan Leap and Brian Shu-

maker who recorded rounds of 70 and 69 for a score of 139 that is five under par. Leap noted that his team "played well, with only three bogies over two days." Very close behind, in second place, was the team of Bob Lamb and Larry Cormier. They shot 72-68 for a score of 140. In third place was the team of Jim Darlington and Steve Goodwin. They came in at 142, with rounds of 74 and 68.

The net score competition takes into account the handicaps of the team members and the scores are therefore

much lower since a bogie can become a par or even a birdie after the applicable handicap is applied. The winners of the net score competition were Jerome Heiser and Chris Heiser. They shot 113 with scores of 59 and a very impressive 54. The second-place team was three strokes off the pace. Chet Senig and Phillip Scott shot 56-60 for 116. Third place in the net score competition went to the team of David Reed and Steve Wilson. They recorded a 117 on rounds of 61 and 56.

Sophia Kershner goes to World Rowing Championships

BY DUNCAN NIXON
CORRESPONDENT

Sophia Kershner was an outstanding multi-sport athlete at Fluvanna County high school, competing in volleyball, softball and swimming. She was also an excellent student, who decided to matriculate at nearby University of Virginia.

Kershner did not expect to participate at the college level in any of the sports that she excelled in at the high school level. Now, as a rising junior, she has

been selected to compete at the World Rowing U-23 Championships. Kershner made a name for herself in rowing as she competed this year from mid-season on as a part of the U.Va. first varsity eight that won the AAC rowing title this spring.

U.Va. rowing coach Kevin Sauer once told this reporter, that since very few high schools have rowing programs, he

is always on the lookout for tall, strong and athletic young women who can be recruited into rowing. Kershner, who is listed on the U.Va. rowing roster as 5' 11", fits the bill perfectly, and has obviously been working very hard to excel in her new sport. (Based on material from the U.Va. and *Daily Progress* websites)

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Letter to the Editor

Register for leadership program

I am writing to encourage county residents to take advantage of a wonderful opportunity that is available to each of us: the Fluvanna Leadership Development Program (FLDP).

My wife and I recently moved to Virginia from out of state to be near our children and grandchildren, which we are fully enjoying. But we soon realized that we wanted to know more about our new community, meet people and make new friends. We signed up for the Fluvanna Leadership Development Program, which met all of our needs. We learned about our community, the county government and all it has to offer, and met many new interesting and exciting people whom we continue to see.

I encourage you to register for the program.

Roger A. Burns
Lake Monticello

THIS WEEK'S PET

My name is Angelica!

I am approx. 1 year old

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It's time to get comfortable.

Lake swim team stays competitive

CONTRIBUTED BY KAREN MILLER



LMST Coaches Hunter Strickland, Austin Fairbanks, Sito Arroyo, and Fefe Nardone took 3rd place in the coaches relay at JSL champs on July 27. Photo by Olivia Strickland

The Lake Monticello Swim Team (LMST) competed in the Jefferson Swim League (JSL) Championship Swim Meet July 26-27 at the UVA Aquatics and Fitness Center.

The JSL is composed of over 1,800 swimmers on 17 teams in three divisions from Charlottesville and surrounding areas. The results from the JSL Championship Swim Meet determine which division a team will swim in the next season.

LMST had an amazing swim season this year. Its team has a total of 168 swimmers and is led by head coach Sito Arroyo. LMST has become extremely competitive and keeps improving year after year. With a total of 1,394.25 points, LMST placed tenth out of 17 swim teams and maintained a solid hold on their place in Division II of the JSL for the fifth year in a row.

The weeks before championships, LMST swimmers worked extra hard on their swim stroke technique, starts, finishes, and turns. Relay teams also had their own practice to perfect timing. This paid off for LMST as they brought home many time improvements and great finishes during each session of the four sessions.

Many LMST swimmers placed in

the top five or top 10 in their events. This is quite an accomplishment as there can be many swimmers competing in a single event. As a team, LMST also brought home the Division II Sportsmanship Award. What an honor to achieve this award and LMST is very proud of all the swimmers who had shown excellent sportsmanship all season. To close out the two day long event, Coaches Fefe Nardone, Sito Arroyo, Austin Fairbanks, and Hunter Strickland were on fire as they took third place out of 16 teams participating in the 100-yard coaches' relay race. What an exciting end to two full days of championship swimming.

LMST has become a competitive Division II team over the past few years and the swimmers proved that once again at JSL champs this year. LMST swimmers worked incredibly hard to prepare for the championship meet which resulted in many swimmers achieving personal best times and overall performing incredibly at this level. Great job Sharks! Thank you to the coaches, pool staff, and Lake Monticello community for all your support during our 2019 swim season!

Photo by Fluvanna Sports Photography.



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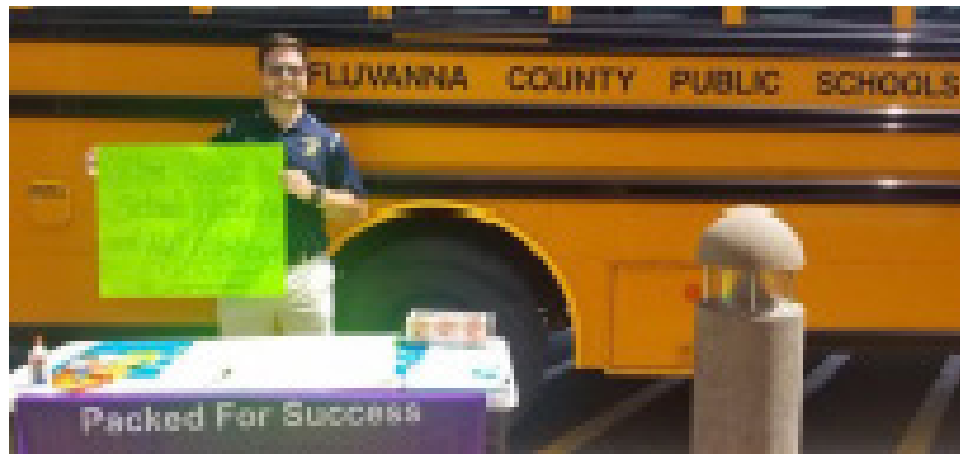
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Mazella appointed middle school assistant principal

PRESS RELEASE



The Fluvanna County School Board unanimously approved the appointment of Chris Mazella as the new Fluvanna Middle School (FMS) assistant principal, according to a press release.

The division and FMS organized a school-based panel of team leaders which received 16 applications and

conducted 16 interviews before selecting Mazella at its board meeting on July 11.

"I am truly excited about Mr. Mazella's transition as the Fluvanna Middle School assistant principal," said Dr. Meagan Tenia, the FMS principal. "Chris brings a solid foundation of both academic and leadership experiences to this position. He will be a wonderful asset to both Fluvanna Middle School, our division, and the community as a whole. I know that Mr. Mazella will continue to help us grow and move forward together for all of our students."

Mazella comes to Fluvanna from Richmond City Public Schools with seven years in education; most recently, as a history teacher and special education teacher at Albert Hill Middle School. Prior to working at Albert Hill, he served as a history teacher and special education teacher at Thompson Middle School in the City of Richmond. He grew up near Buffalo, NY, and attended Keuka College for both his undergraduate (2011) and masters (2012) degrees. He completed his graduate certificate in Educational Leadership at the University of Richmond in 2018.

He has been married to Emily Bowles, for two years. They have a nine-month-old golden-doodle puppy named Turner. He is an avid fan of both the Buffalo Bills and Buffalo Sabres. "I am truly honored to serve as the new Assistant Principal at Fluvanna Middle School. I look forward to working with staff, students, and the community to reach every student's potential and create lasting relationships with them," Mazella said.

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National Health Center Week Celebration and Rod Manifold Memorial 5K



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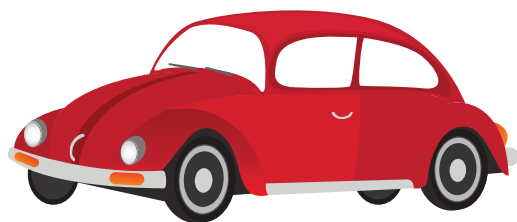
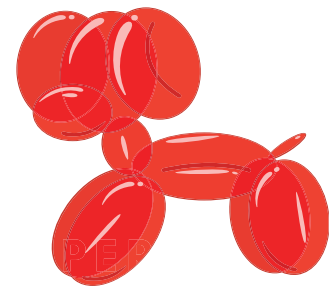


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Photo by Bruce Buckley.

Robyn Avril Hightman

On Monday, June 24, 2019, Robyn Avril Hightman was involved in a fatal accident while working as a bike messenger in New York City. Robyn is survived by her mother, Kymberlee Goldfeld; father, Jay Hightman; sister, Rachel Hightman; and grandmothers Carolyn Young and Lee Miller.

Robyn began life as an artist and musician. She loved to draw and paint, always asking for art supplies at Christmas. In second grade she started learning the flute. In fourth grade, after a special audition, she was allowed to join the fifth grade band. Thus ensued many years of band practices, culminating in her becoming a Marching Fluco and, later, a Marching Knight. Additionally, she played with the Stonewall Brigade Band in Staunton. Dance and movement were also a part of her life as she started contra dancing under her own power at about age four, and later joined the guard when not playing for the Marching Knights. Community service played a large role in Robyn's life as well, as she joined the Girl Scouts at age 6 as a Brownie and continued throughout her school years, finishing as an Ambassador. Robyn was also involved with

community theater, working with Persimmon Tree Players as well as participating in school productions. When she graduated from Charlottesville High School in 2016 she went on to study Art Education at Virginia Commonwealth University. It was at this time that she became involved in cycling – joining DFL in Richmond, working at Quickness RVA and volunteering at Rag & Bones Bicycle Co-op. After volunteering for the Bicycle Film Festival in 2018 she joined Spin Peaks Racing, a track cycling team based in New York City. During this time she also became an ambassador for Hagens Berman | Supermint. In order to continue with Spin Peaks she decided to move to New York City. As a part of her move she secured a position with Time In, an organization that would have helped Robyn continue on her life path of art and community service.

If you knew and loved Robyn (who didn't?) please join us in celebrating her life on August 17, 2019 at 1 p.m. at Fluvanna County High School, 1918 Thomas Jefferson Pkwy. In lieu of flowers, please donate in her name to Time In (<http://timeinkids.org/donate/>).

You Are Invited to Join Us

for a homecoming celebration at Bybee's Road Baptist Church Sunday, August 18th at 10 am.



Bybee's Road Baptist Church will celebrate their 187th anniversary on Sunday August 18 with special guest speaker, Rev. Jennifer Mullins, at 10:00 AM followed by lunch in the church pavilion. Revival services will be Sunday August 18 through Wednesday August 21 at 7:00 PM each evening. The community is cordially invited to all services.



Rev. Mullins serves as the associate pastor and youth pastor of New Highland Baptist Church in Mechanicsville, VA. She served 9 years as the Baptist Collegiate Minister at Radford University where that ministry, The LifeHouse, thrived in student leadership, baptisms, and mission trips. Her husband Rusty is pastor of NHBC and they have one son and two daughters.

The church is located at:
4989 Bybee's Church Road Troy, VA
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Bring donations to Effort Baptist Church
 Mon, Aug 19th – Thurs, Aug 22nd
 9am – 3pm & 6pm – 8pm

CAT gets non-profit status and donation for work

BY PAGE H. GIFFORD
CORRESPONDENT



Cat Action Team (CAT) was recently Awarded 501(c)(3) Nonprofit Status and a matching gift opportunity of \$5,000 from Jessica Beath Foundation, a respected and influential animal-rights group. Jessica Beath established The Beath Foundation in 1991 with the mission to provide for charitable causes, particularly to support the general welfare, care and rescue of animals and to improve the lives of those less fortunate.

CAT is located in Charlottesville and 12 counties throughout central Virginia, including Fluvanna. Its mission is to improve the quality of life for cats through programs such as trap, neuter, and return (TNR), pet-retention and colony management, fostering, adoption and education. Like many animal welfare groups and animal sanctuaries, CAT shares the same view that spaying or neutering a cat is a responsible course of action that not only improves it's well being but also helps curb feline overpopulation.

CAT has already TNR'd approximately 110 cats from 15 colonies and assisted 30 people by helping cats with various medical issues. Also, CAT has provided food for more than 40 people to feed their colonies monthly. Much of CAT's

early work started behind the scenes and without public financial contributions.

Securing our 501(c)(3) status is a necessary milestone for CAT," said President Betsy Ballenger. "This opens the door for us to grow awareness, expand fundraising opportunities and realize our goals as both a charitable and educational organization." She added that the twelve-county area served by CAT covers an enormous amount of territory and there is a compelling need to alleviate the suffering of felines in these counties. CAT can always use volunteers regularly for TNR, transportation to and from veterinary visits, food drives, event organization, taking resources to pet owners and helping to find foster and permanent homes.

Ballenger the current president of CAT and one of four founding board members has been working at this goal for nearly a year. They were a group of cat-rescue volunteers in central Virginia incorporated in August 2018, taking over from a rescue organization that was no longer able to focus on cat rescue and the time-consuming Trap/Neuter/Return process.

Ballenger moved to Virginia in 2012, and immediately sought out animal-welfare groups who were involved in cat rescue.

"I have been trapping feral cats to get them spayed, neutered and vaccinated since the mid-80s, starting in Connecticut and continuing in California when I moved there in 2004. I feel very strongly that someone has to advocate for these animals who are often left behind by people who cannot or will not be responsible pet owners."

CAT's goal is to reduce and stabilize the feral cat population in central Virginia by a minimum of ten percent while concurrently providing needed medical care and rescue of non-feral cats and kittens.

"Spaying a young female cat is estimated to prevent the births of 420,000 kittens in seven years. Neutering a young male cat is estimated to prevent

the births of 420,000 kittens in five years. Some estimates are lower, but all are large," she said and added that exact numbers have not been scientifically verified. "Additionally, multiple health benefits are described in many sources. The point is that we are helping to reduce needless suffering. We offer financial support and physical help, transporting cats to and from vet offices, providing food and shelters, etc. for people who want to do the right thing but can't afford it."

"This also prevents people from dumping cats in rural areas, leaving them behind when they are forced to move, or taking them to a shelter where they could be euthanized." She encourages anyone seeing a homeless kitten or cat, to contact them. It could be a stray.

"If it is a friendly cat, we will take it to the vet and foster it until it can be rehomed. Kittens will be socialized, treated for any medical issue, spayed or neutered and vaccinated, then adopted out to responsible homes," she said. "Don't just walk away. That just means more kittens will be born and live short, miserable lives. With your help, we can put a stop to that."

To further public awareness CAT has flyers in vet offices, pet food stores, post offices, and community bulletin boards about what they do. They have flyers looking for barn homes and foster homes. They have a Facebook page and an up-to-date website.

CAT's vision is every cat has a right to a pain-free life with sufficient food, shelter, and medical care.

"A compelling need exists for those felines who currently fall between the cracks of well-meaning but underfunded caretakers. Without our intercession, many kittens and adult cats will starve, suffer or die from injuries, illness or exposure," she said. "The standard of living for feral cats should be just as high as for house cats when it comes to food, medical care, and shelter. Working effec-

tively and efficiently, we will liaise with other animal rescue and welfare groups to fill a vital niche for the cats in our area."

CAT will advocate for and support felines whose caretakers cannot provide for them, as well as for those cats living in counties with inadequate or non-existent low-cost clinics or shelters.

"Our work will greatly reduce the numbers of cats brought into shelters who would otherwise be euthanized, by helping them remain in place. All cats deserve to live in peace in their colonies with appropriate care. All that said, we are a non-profit run solely by volunteers. We need donations and volunteers to carry on our work. If you think you can help, please contact us."

To contact Betsy Ballenger, email: CatActionTeamVA@gmail.com or call (434) 738-2228. Donations can be made via catactionteam.org/donate or P.O. Box 7722 Charlottesville, Virginia 22906. Visit catactionteam.org/get-involved to volunteer.



Betsy Ballenger and Tango.



Join the Fluvanna Historical Society Sunday, August 11 2:00 – 5:00 PM to celebrate Historic Churches of Wilmington!

Visit **Evergreen Baptist Church** and **Lyles Baptist Church**, and learn about the history of faith in this charming community. Church members will be on hand to discuss the history of the congregations, their church buildings, and their cemeteries. Lyles Baptist Church, called the "Mother of Churches" in Fluvanna, is the county's earliest established church - in fact, Lyles Church was formed in 1770 - seven years before Fluvanna County itself was established! Evergreen Baptist Church was formed shortly after the Civil War. Many African American members of Lyles Church left Lyles to form a new church in Kents Store called Byrd Grove Baptist. Just a few years later, Evergreen Baptist Church was formed from Byrd Grove - largely because the distance was too great for some of the former members of Lyles to travel.

AS ALWAYS, OUR MUSEUMS WILL BE OPEN, AND THE HISTORIC VILLAGE OF PALMYRA WILL BE BUSY!

We are delighted to announce that local historian Overton McGehee will return to hold his beloved walking tours of the Historic Village of Palmyra. Genealogists and archive volunteers will be on hand at Maggie's House to help you trace the history of your own family, or to research local history. Local artisans and craftspeople will be in the Historic Village of Palmyra and at Holland Page Place - be sure to stop by to be amazed by their talent and creativity!

Evergreen Baptist Church, 452 Evergreen Church Road, Palmyra, VA | **Lyles Baptist Church**, 92 Lyles Church Lane, Palmyra, VA | **Holland Page Place Museum**, 2705 Courthouse Road, Palmyra, VA
Maggie's House & Old Stone Jail Museum, 14 Stone Jail Street, Palmyra, VA | **Farm Heritage Museum at Pleasant Grove Park**, 271 Pleasant Grove Drive, Palmyra, VA

Admission is FREE. Email fluvannahistory@gmail.com or call 434.390.1218 for more information



Whatnot and Whimsey and even clowns

BY CAROL BARFIELD
CORRESPONDENT



Luke Purcell clowns around at the Louisa Arts Center clown camp.

Louisa Art Center Youth Camps provide opportunities for our local youth to grow in many ways—some of which are quite unique.

One camp in particular has been remarkably fun: Camp Whatnot and Whimsey, directed by Steve Smith featured the “art of clowning.” In this class, filled with physical comedy and laughter, the students learned circus comedy to include pie-throwing and spit takes. Using Warner Brother’s cartoons to capture the kids’ attention, he incidentally taught them comedic timing in the process. The post-camp performance on Friday evening was charming, touching and of course, funny. It was amazing what the students were able to learn from Steve during these short camp sessions.

As a former Ringling Barnum and Bailey Circus Clown, you can bet Steve

takes his clowning seriously. Steve was invited to lead this unconventional educational opportunity by his friend LaVahn Hoh, former interim director of the Arts Center. As Ringling’s Circus Goodwill Ambassador and Dean of the Ringling Clown College in Florida for ten years, Steve is a wealth of information and talent. He directed the 123rd edition of “the Greatest Show on Earth,” as well as co-created and directed four original productions for Big Apple Circus in New York. He cruised through more clowning by leading Krooze Komics, a clowning program for the Royal Caribbean Cruise Lines, for nine years. You can also catch Steve in the 2010 PBS television documentary “CIRCUS.” As a five-time Emmy Award Winner in children’s television and a member of the Clown Hall of Fame, his love for the craft of clowning and his desire to pass on this passion was readily apparent in his enthusiastic teaching. If we are lucky, Steve may return next summer to teach another class at the Art’s Center...perhaps expanding to teach older youth and adults. (Give me my big red nose and a huge pencil to sign on the dotted line please....HONK! HONK!)

The Louisa Arts Center summer camps provide great opportunities for growth, and the numbers have reflected the community’s growing enthusiasm; enrollment has increased 135% this summer, to include 75 children across six camps. Director of Programming Meagan DuBois, explains that besides the curriculum, students learn much more: respect for one another, expectations for behavior in the space of an art center and how to build relationships with children from different schools and

backgrounds. “Campers come in shy and unsure on the first day, but throughout the week, they learn who they are. They grow in their abilities and are motivated to embrace future possibilities. They learn joy and pride and leave with friends, peers and supporters.”

These summer camps are possible in part by strong partnerships with the Louisa Rotary Club, Louisa Jr. Women’s Club, and the LaVahn and Mary Frances Hoh Scholarship Fund. Fourteen students have been recipients of such scholarships this summer.

Meagan would like to reach a goal of having 100 campers in the 2020 summer session, as well as solve an ongoing need for providing transportation for student participants. Other summer programs reach out to more children. Public school teachers Rodrick Rhodes and Kaitlin Mull have partnered with LAC to provide mobile art camps. Area children have enjoyed several of these art camps at Jouett Square Town Homes, Mineral Trailer Park and 605 Trailer Park. Another ongoing LAC program teams with Louisa High School to offer a career and technical education apprenticeship in Graphic Design. Meagan said, “We have already taken on both an apprentice and an intern for the 2019-2020 season.”

The Louisa Arts Center continues to be a beacon of culture, education, and entertainment for residents of Louisa County. Look for opportunities to enjoy and support the Center by visiting their website at <https://louisaarts.org>, calling the box office at 540-967-5200, or stop by and pick up a brochure showcasing the new stellar season of programs planned for the 2019-2020 season.



Steve Smith prepares for a performance.



These students learn the art of pie throwing at clown camp.



The cast of Camp Whatnot and Whimsey perform at the Louisa Arts Center. All photos by Kat Withers.



Students learn comedic timing at the clown camp.

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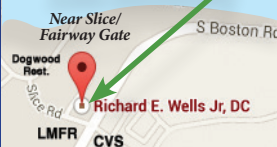
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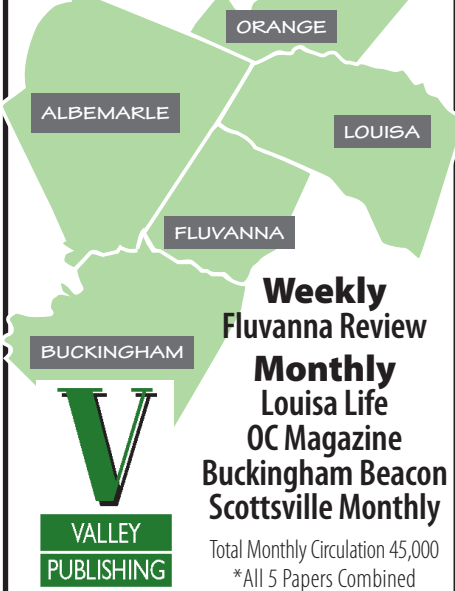
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Enjoys spending time with her family and younger siblings. Victoria plays volleyball and is excited to learn new sports while in America.



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Nutritionist talks about functional medicine

BY PAGE H. GIFFORD
CORRESPONDENT



Nutritionist Kerri Rachelle's interest in a healthy lifestyle came early in life, beginning at the age of six when she and her brother would sit at the breakfast table with the cereal box between them.

"He was older, so guess who got the fun side of the box to read while I was stuck reading the nutrition labels on the other side of the box," Rachelle said. "Nutrition and composition of food became very interesting to me as I was also a gymnast and interested in improving my performance. Hence, my peaked passion for nutrition."

Besides being a gymnast, Rachelle's passion for fitness instruction came by accident. While at her first job as a nutritionist at the Boar's Head Sports Club, she was asked to teach a water aerobics class because they didn't have any instructors.

"I had never taught any sort of fitness class before, and asked the women in the class – mostly all over 60 – what to do next. They were so nice and helpful, and believe it or not, they asked me to continue teaching," she said. "Because I felt so

completely inept, I began collecting every fitness certification known to man."

Rachelle has degrees in human nutrition, foods and exercise from Virginia Tech, nutrition from James Madison University, functional medicine and evolutionary health from Kresser Institute, and completed her dietetic internship at the University of Virginia.

The combination of nutrition, fitness, holistic solutions to health, and her extensive clinical background and experience led her into a functional medicine practice.

"Functional medicine is the art of discovering the root causes of health concerns and addressing them without a Band-Aid medication," she said. The process involves an intensive whole-body-whole-life health interview, with possible testing of blood, urine, and other areas related to the gut and bodily fluids.

Rachelle may include sleep hygiene, stress management, supplements and standards of fitness when writing a protocol for a client.

"If you don't find the root cause, conventional medicine – as it applies to chronic conditions – only continues to treat and manage symptoms," Rachelle said. She believes that knowledge is power. The more one knows about what they are eating, the more prone they are to make better decisions, she said. When people become familiar with how wonderful their body feels when they are eating, sleeping and recovering the way they should, and have in place stress management techniques, it becomes very difficult to fall back into old habits.

"I call it the clean windshield theory," she said. "If you have a dirty windshield, and you hit a bug or get an additional speck of mud on it, you won't even notice, and it will continue to be extremely difficult to see through. However, how easily do you notice a speck of dirt on a clean windshield? Our bodies are just like this. Treat it with care in every aspect, and it will return the favor."

She also believes stress management is key in functional medicine.

"Each person is different, so what works for person A may not work for person B," she said. "It is my job to help them find ways that specifically help them." Techniques people find most helpful are journaling, yoga, meditation, breathing, massage, reiki, reading for pleasure and self-help, and any ritual which helps the body to relax, such as a warm bath or aromatherapy. Other important factors in well-being include planning to create more space in their day and simplifying their life – which takes time and coaching, setting boundaries, and incorporating leisure or play into their lives.

Rachelle understands that finding the time to do all these things can be stressful, but that is why she said it's important to find what works for the individual and dedicate time for that daily.

Her favorite stress-reducing activity is practicing yoga. Other practices she incorporates into her life are playing with her 11-year-old son, which for her is creative

and fun. She admitted that though she has set the standard to meditate, journal and read nightly, she hasn't accomplished that yet.

"What's important is that I sure do try and I'm not hard on myself when I don't do it," she said.

Rachelle's take-away is that everyone has the right to feel good – even those people who have normal lab results and are told their "sickness is just in their head...everything is fine."

"Not true," she said. "You know your body best and if you don't feel good, there is absolutely a root cause for that feeling. Start small with diet changes." She chooses organic grass-fed, free-range, and wild-caught when possible, but varies by the individual and specific diagnosis. She also follows an unrestricted Paleo template including fruits and vegetables, lean protein, healthy fats, and starchy vegetables like sweet potatoes and winter squashes to replace grains like pasta and bread. She also recommends nuts, organic dairy in moderation, and 80 percent dark chocolate. She limits grains, and on occasion uses gluten-free oatmeal, basmati or Jasmine white rice, and quinoa. She suggests limiting bread, artificial sweeteners, soy, sugar and preservatives, including "ingredients you either can't pronounce or don't know what they are, anything in a package that contains more than five ingredients."

But Rachelle also recommends flexibility. "Life isn't all about diet and following rules," she said. "That's why there is the 80-20 ratio: 24 out of 30 days doing what's healthy and the other six of those 30 days, letting loose a little and enjoying life without strictness."

Rachelle is a lover of quotes, saying they help her to focus on maintaining balance in the physical and the spiritual world and lessen the stress that bogs people down. One of her favorites is Mahatma Gandhi's "Live as if you were to die tomorrow. Learn as if you were to live forever."

For more information contact Kerri Rachelle at kerrirachelle.com.

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EVENT

DANCE! OPEN HOUSE at Angell's School of Dance, at 19 Centre Court, LM on Mon., August 19, from 5 to 7 p.m. Tue., August 20, from 5 to 7 p.m., Thur., August 22, from 5 to 7 p.m. and Sat., August 24, from 9 to 11 a.m. REGISTER by Saturday, Aug. 24 and SAVE \$20 tuition. Classes begin week of August 26-31. www.angellsschoolofdance.com for class schedule/descriptions/tuition. Questions/concerns: email Director: angellhusted@comcast.net

BINGO: At Lake Monticello Fire & Rescue building, 10 Slice road (off of Rte 600, turn at traffic light), Palmyra, VA, every Thursday. Doors open at 5:30 p.m. Early Bird 6:45 p.m. \$1000 Jackpot (with 80 or more players). And Progressive Games! Food Menu available. Questions? Call (434) 591-1018.

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PUBLIC NOTICES



PUBLIC HEARING
Fluvanna County Planning Commission
 Tuesday, August 13, 2019, at 7:00 p.m.

Pursuant to Virginia Code Section 15.2-2204, a public hearing will be held in the Morris Room of the Fluvanna County Administration Building in Palmyra, Virginia for citizens of the County to have the opportunity to appear before and be heard by the Planning Commission for the following items:

SUP 19:06 Green Thumb Landscaping – A request for a special use permit for a landscaping materials supply business, with respect to 1.631 acres of Tax Map 20, Section A, Parcels 8. The property is located on Bybees Church Road (State Route 613), 0.4 miles from the intersection with Barnaby Road (State Route 608). The parcel is zoned A-1 Agricultural, General and located within the Rural Residential Planning Area and the Columbia Election District.

SUP 19:07 Howard T. Brown – A request for a special use permit to establish a restaurant and gas station, with respect to 2.587 acres of Tax Map 18, Section 3, Parcel 2. The property is located along Thomas Jefferson Parkway (Route 53), approximately 0.1 miles north of the intersection with Ruritan Lake Road (State Route 619). The parcel is zoned A-1 Agricultural, General and located within the Rural Residential Planning Area and the Cunningham Election District.

ZTA 19:02 – Fluvanna County Zoning Ordinance – Temporary Signs: An Ordinance To Amend Chapter 22 Of The Fluvanna County Code In Sec. 22-15-2(2) And Sec. 22-22-1 Regarding Time Limitations For Certain Temporary Signs.

Copies of the complete text of the above ordinances and associated plans are available for public review at the Office of the Fluvanna County Administrator during normal business hours. The public is invited to attend these hearings at which persons affected may appear and present their views. Questions or comments may be directed to Planning & Community Development Department, at (434) 591-1910.



PUBLIC HEARING
Fluvanna County Board of Supervisors
 Wednesday, August 21, 2019, at 7:00 p.m.

Pursuant to Virginia Code Section 15.2-2204, a public hearing will be held in the Circuit Court Room at the Fluvanna County Courts Building in Palmyra, Virginia for citizens of the County to have the opportunity to appear before and be heard by the Board of Supervisors for the following items:

SUP 19:06 Green Thumb Landscaping – A request for a special use permit for a landscaping materials supply business, with respect to 1.631 acres of Tax Map 20, Section A, Parcels 8. The property is located on Bybees Church Road (State Route 613), 0.4 miles from the intersection with Barnaby Road (State Route 608). The parcel is zoned A-1 Agricultural, General and located within the Rural Residential Planning Area and the Columbia Election District.

SUP 19:07 Howard T. Brown – A request for a special use permit to establish a restaurant and gas station, with respect to 2.587 acres of Tax Map 18, Section 3, Parcel 2. The property is located along Thomas Jefferson Parkway (Route 53), approximately 0.1 miles north of the intersection with Ruritan Lake Road (State Route 619). The parcel is zoned A-1 Agricultural, General and located within the Rural Residential Planning Area and the Cunningham Election District.

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NATURE OF INCIDENT / TOTAL

911 HANG UP	18
911 MISDIAL	6
911 OPEN LINE	1
ANIMAL CONTROL CALLBACK	7
ANIMAL CONTROL FOLLOW UP	5
ADDRESS SIGN REQUEST	1
ADULT WELFARE/PUB SAFETY CHK	6
ANIMAL CARCASS	1
ASSIST OTHER AGENCY	3
ASSAULT W/ NO INJURY	1
ATTEMPT TO LOCATE RECEIVED	1
BE ON LOOKOUT	11
SHERIFF'S OFFICE CELL CHECK	2
CHILD WELFARE/ABUSE/ENDNGMNT	1
CIVIL PAPER SERVICE	71
COMMERCIAL BURG ALARM	5
COURTHOUSE SECURITY CHECK	7
DESTRUCTION OF PROPERTY	2
DISABLED VEHICLE	8
PAST DISTURBANCE	1
DISTURBANCE	5
ECO TDO CALL	1
FINGERPRINTS	9
FOLLOW UP INVESTIGATION	12
FRAUD	1
GUN PERMIT RECEIVED	5
LARCENY/THEFT	2
PHONE CALL RETURN	46
LIVESTOCK CALL	3
LOST ANIMAL	1
MAGISTRATE WALK IN	2
MISSING ADULT	1
MISSING JUVENILE	1
MVC WITH INJ OR UNKNOWN INJ	1
MVC WITH NO INJURY	3
LOUD NOISE COMPLAINT	1
NUISANCE DOMESTIC ANIMAL	1
OTHER LAW CALL	12
OVERDUE BOATER	1
PEDESTRIAN IN ROAD/INTOX PEDES	1
PRISONER TRANSPORT	2
PROJECT LIFESAVER RELATED CALL	1

REPOSSESSION	2
RESIDENTAL BURGLAR ALARM	4
SELECT PATROL	156
SHOTS HEARD	1
STRAY CAT	1
STRAY DOG	4
STRUCTURE FIRE	1
SUSPICIOUS ACTIVITY / PERSON	22
TIPS/ INFORMATION RECEIVED	3
TRAFFIC HAZARD	6
TRAFFIC STOP	34
VCIN HITS RECEIVED	2
VCIN QUERY RUN	6
WARRANT CHECK IN/OUT	3
OUT SERVING WARRANT	6

TOTAL INCIDENTS 521

CRASHES

MVC INJURY/UNK	18:34:03 07/31/19
13680 BLK JAMES MADISON HWY	
MVC NO INJURY	16:37:56 07/30/19
5750 BLK ROLLING RD S	
MVC NO INJURY	18:47:55 07/29/19
3970 BLK JAMES MADISON HWY	
MVC NO INJURY	20:53:51 07/26/19
6390 BLK JAMES MADISON HWY	

TOTAL CRASHES 10

ARRESTS

JULY 27 AT 5:09 P.M.
HOME ADDRESS: SCHUYLER
POSSESS CONTROLLED SUBSTANCE, DUI/DUID
JULY 30 AT 2:12 P.M.
HOME ADDRESS: FORK UNION
PROBATION VIOLATION

TOTAL ARRESTS 2

COMMUNITY CALENDAR

Community Announcement

Come join the 60 – Voice Fluvanna Community Singers as they prepare for 2019 Christmas Concert. First rehearsal starts on Thursday, Sept. 5, at the Fluvanna high school. New chorus members are welcome and try outs not required. Park in the H/S BUS parking lot (lower level). Registration for the first rehearsal begins at 6:30 p.m. Cost is \$15, to help pay for the music. Remainder of fall practices will continue on Thursday evenings from 7 to 9 p.m. For questions call Frank (434) 589-3456.

Byrd Homecoming

Byrd Chapel Methodist Church is having their Homecoming on Sunday, Aug. 11, at 11 a.m. The speaker will be Gary Ziegler from the Shenandoah Valley. After the service there is a potluck lunch. Byrd Chapel is located at 5371 Venable Road (Rt 601) Kents Store. For more information call 434-589-2142.

Meals on Wheels yard sale

Meals on Wheels Fluvanna will hold a yard sale on Aug. 23 from 8 a.m. to 2 p.m. and on Aug. 24 from 8 a.m. to noon. Bring donations to Effort Baptist Church on Aug. 19 through Aug. 22 from 9 a.m. to 3 p.m. and 6 p.m. to 8 p.m. For more information call 434-589-1685.

SUDOKU

Edited by Margie E. Burke

Difficulty: Easy

		2	6		8			
			3					
6			9	5	7		2	3
5	1				2		8	
	6					5		
	2				4		7	
								6
			2			9		
4		9		3				5

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HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

Answers to Last Week's Sudoku:

1	7	8	9	2	4	6	3	5
6	4	2	5	3	7	8	9	1
3	9	5	1	6	8	2	7	4
9	3	6	2	4	5	7	1	8
2	1	7	8	9	3	4	5	6
5	8	4	7	1	6	9	2	3
7	5	1	6	8	9	3	4	2
4	6	9	3	5	2	1	8	7
8	2	3	4	7	1	5	6	9

The Weekly Crossword

by Margie E. Burke

ACROSS

- 1 Place for a massage
- 6 Chowder morsel
- 10 Highway exit
- 14 Teach one-on-one
- 15 "Unfaithful" star
- 16 Burn soother
- 17 Make amends (for)
- 18 Gambler's concern
- 19 Overabundance
- 20 Like summer school classes, often
- 22 Bone brace
- 24 Hook, line and
- 26 Worse for wear
- 27 Informant
- 30 Express a thought
- 32 Track down
- 33 "Cheers" regular
- 34 Kind of race
- 37 State with certainty
- 38 No ____ or reason
- 40 Corduroy ridge
- 41 Cooking fuel
- 42 Italian import
- 43 Furnace, for one
- 45 Ungraceful one
- 47 Favor
- 48 Case opener?
- 50 Wear away
- 53 Dot above the i
- 55 Priest's helper
- 59 Anagram for "beat"
- 60 70's hairdo
- 62 Delve into
- 63 Elvis movie, " ____ Happy"
- 64 Pixar movie set in Mexico
- 65 Prop for Picasso
- 66 Ill at ____
- 67 Follow, as advice
- 68 Gas additive

1	2	3	4	5	6	7	8	9	10	11	12	13	
14						15				16			
17						18				19			
20					21				22	23			
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27	28	29					30	31					
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59					60	61				62			
63					64					65			
66					67					68			

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DOWN

- 1 Hollywood sighting
- 2 Adorable
- 3 Kind of bomb
- 4 Country group with the #1 song "Amazed"
- 5 Do a meteorologist's job, say
- 6 Dagger's companion
- 7 Big dipper
- 8 Here-now link
- 9 State of disorder
- 10 Type of sleeve
- 11 Repeat starting letters, as in "good as gold"
- 12 Everest or Ararat
- 13 Tom who sang "I Won't Back Down"
- 21 Get what was left?
- 23 Stiffly formal
- 25 ____ and board
- 27 Refinery residue

- 28 Exploding star
- 29 Some Winter Olympians
- 31 Warm up, in the kitchen
- 33 WSJ alternative
- 35 Sheltered, at sea
- 36 School session
- 39 Confusion
- 40 "The Wind in the Willows" critter
- 42 Roll up, as a flag
- 44 One that got away
- 46 Pint-sized
- 48 Theater platform
- 49 Fibula's neighbor
- 51 Ludicrous show
- 52 Biblical disaster
- 54 Inventory unit
- 56 Nonsense
- 57 Follow orders
- 58 Holler
- 61 Friend's opposite

Answers to Last Week's Crossword:

S	L	O	E	A	D	O	B	E	A	C	M	E	
O	O	P	S	C	A	B	A	L	L	O	A	D	
F	R	E	T	C	R	E	D	I	T	C	A	R	D
T	E	N	A	C	I	T	Y	C	O	O	L	L	Y
	S	T	U	D	S	M	I	T	H				
S	L	E	E	P	E	R	O	T	T	O	M	A	N
H	I	S	S	N	E	A	R	E	L	I	D	E	
O	V	A	S	T	A	R	T	E	R	C	A	W	
R	E	M	I	T	S	T	A	Y	A	R	M	S	
T	R	E	M	O	L	O	L	E	P	R	O	S	Y
	P	L	A	N	S	L	A	S	S				
T	I	T	L	E	D	W	H	I	T	E	C	A	P
A	D	M	O	N	I	T	I	O	N	N	O	G	O
M	E	N	D	D	E	N	S	E	A	P	E	S	
P	A	T	E	A	N	G	E	R	L	E	S	T	

JUNE PROPERTY TRANSFERS

PROPERTY TRANSFER DEEDS ARE PROVIDED BY THE FLUVANNA COUNTY CIRCUIT COURT. THE FLUVANNA REVIEW IS NOT RESPONSIBLE FOR ERRORS.

6/03/19

Wright, William T & Effie M to Gobble, John Ray III & Marsh 15 Woodridge Rd Palmyra VA 22963. Lot 202 Phase Three Montpelier Addition One LM \$258,000.

Bryam, Willie Mae to Bosch, George A & Chandra G 24 Chatham Lane Palmyra VA 22963. Lot 356 Section 1 Ashlawn LM \$325,000.

Castleberry Homes, Inc. to Equity Shelter, LLC P.O. Box 6156 Charlottesville VA 22906. Lot 29 Phase 10 Cherokee LM \$30,500.

Quigley, Marian McNiel to Ferguson, Duane A & Lisa A 410 Way Station Lane Kents Store VA 23084. See document for full description \$365,000.

6/04/19

Zyderveld, Christopher & Tab to PMB Property Investors, LLC Box 184, 265 Turkeysag Trail Suite 102 Palmyra VA 22963. Lot 122 Phase Eleven Falcon Hills LM \$122,908.

Derden, Jonathan Paul to Tinsley, Tamara N & Tyler 1 Dogleg Rd Palmyra VA 22963. Lot 46 Phase Three Montpelier LM \$175,000.

Henderson, Michael D & Lenin to Wilson, Walter Clark III & 12 Chickasaw Place Palmyra VA 22963. Lot 259 Phase Ten Cherokee LM \$240,000.

Johnson, Michael R & Stacey to Caretsky, William & Valarie 15 Out of Bounds Rd Palmyra VA 22963. Lot 46 Phase Four Fairway LM \$300,000.

6/05/19

Mills, Scott J & Laura J to Brandt, Kevin 58 Broad Street Rd Manakin Sabot VA 23103. Fork Union Magis Distr. 15 AC \$42,000.

Service Dogs of Virginia, Inc to Selinger Homes, Inc 3115 Lyfarne Lane Keswick VA 22947. Lot 11 Phase 2 Meadow Brook Sub \$40,000.

6/06/19

Liberty Homes, Inc to Shifflett, Benjamin J & Step 1043 Deep Creek Rd Palmyra VA 22963. 2.352 AC \$219,250.

Schutte, Michael & Sadie J to Robinson, Michael Francis & N 14 Axle Tree Rd Palmyra VA 22963. Lot 132 & 133 Phase Three Addition 1 Montpelier LM \$314,500.

Porter, Grace & Ashton to Reaves, Sharon 86 Villa Circle Palmyra VA 22963. Lot 125 Villas Sycamore Square \$159,900.

6/07/19

Hendricks, Jane Elizabeth to Stover, Connie Faye Lamb & S 389 Thomas Jefferson Pkwy Palmyra VA 22963. Cunningham Magis Distr. 1.209 AC \$50,000.

Butler, Patrick J & Nicole to Hancock, Evonne M 15 Mechunk Terrace Palmyra VA 22963. Lot 237 Phase Six Riverside LM \$177,000.

Pendergrass, Jennifer to Camp, Catherine McKenna 85 Pine Ln Fork Union VA 23055. Fork Union Magis Distr. 0.97 AC \$185,000.

Baier, Richard H & Laurie B to ALINC Properties, LLC 6948 Welbourne Ln Crozet VA 22932. Cunningham Magis Distr. 2.00 AC \$375,000.

Schiff, Donald D to Lazar, Charles D, jr & Donna 5 White Bluff Court Palmyra VA 22963. See document for full description \$470,000.

6/10/19

Cedar Homes Investments, LLC to Homes,

Eric C 8034 Venable Rd Kents Store VA 23084. Columbia Distr. 1.557 AC \$214,900. Loft Realty & Investments, LLC to Williams,

John G 18 Wildwood Dr Palmyra VA 22963. Lot 335 Phase Three Montpelier Addition One LM \$234,900.

Kerrigan, Joseph K & Carloyn to Burkey, Donna Marie & Ronald 4 Out of Bounds Rd Palmyra VA 22963. Lot 56 Phase Four Fairway LM \$337,000.

Wickman, Charlene D to Mcauley, Robert W & Laura 424 Fenton Court Keswick VA 22947. Lot 474 Phase Five Tufton Addition One LM \$144,900.

Hawkes, Keith H, jr. TR to Bogue, Patricia A 6 Barefoot Ln Palmyra VA 22963. Lot 183 Phase Three Montpelier Addition One LM \$281,000.

Kirby, Braden A & Sarah C to Massie, Brandon M & Whitney 43 Partridge Berry LN Troy VA 22974. Lot 3 Sycamore Landing \$275,000.

6/11/19

Carr, George A & Ana V to Menna, Joseph III & Dawnmari 162 Highview Dr Calverton NY 11933. Lot 29 Scenic River Ranches \$38,000.

Decker, Mark Anthony & Michele to Utteweiler, Christian E & K 1821 Dogwood Drive Kents Store VA Lot 19 Clark Mountain Sub \$410,000.

Bisson, Mark T & Judith J to Maros, William & Deborah 86 Old Spring Hill Scottsville VA 24590. 10.00 AC \$275,000.

Thornton, Karen & Tyler to Willett, Preston & Shannon 775 Jefferson Dr Palmyra VA 22963. Lot 411 Phase Two Shadwell LM \$174,000.

Hughes, Morgan Marie to Tomlinson, William Corey 635 Jefferson Dr Palmyra VA 22963. Lot 104 Phase Five Tufton LM \$179,500.

Carney, Todd S & Patricia L to Graham, Zachary L & Monica J 13 Xebec Rd Palmyra VA 22963. Lot 381 Phase Eight Nahor LM \$234,900.

6/12/19

Herndon Farm, LLC to EKM Properties, LLC PO Box 220 Scottsville VA 24590. See document for full description \$500,000.

House, Savannah L to Davis, Dennis W 2247 Payne Mill Rd Troy VA 22974. Palmyra Magis Distr. 2.00 AC \$225,500.

Schulteis, Margaret W to Wheaton, Charles H 1382 Ruritan Lake Rd Scottsville VA 24590. Cunningham Distr. 3.130 AC \$50,000.

6/13/19

Cady, James D to Burt, Lawrence 10 South Bearwood Dr Palmyra VA 22963. Lot 441 Phase Twelve Edgewood LM \$179,000.

Brown, Stacie L to Carter, Kevin Lewis & Stephani 3 Bunker Boulevard Palmyra VA 22963. Lot 163 Phase Four Fairway LM \$247,000.

Matics, William T & Margueri to Rivas, Gabriel Rosa & Ingrid 9 Morewood Place Palmyra VA 22963. Lot 85 Phase Twelve Edgewood LM \$224,000.

Connell, William J to Collier, Bobby James 251 Thessalonina Rd Brems Bluff VA 23022. Fork Union Magis Distr. 2.856 AC \$38,900.

Wright, William Thomas & Eff to Jewell,

Shawn P & Nicole S 21281 Hidden Pond Place Ashburn VA 20148. Lot 155 Phase Two Shadwell LM \$440,000.

Thompson, Kellie P to House, Savannah & Wiley 27 Marwood Drive Palmyra VA 22963. Lot 256 Phase Twelve Edgewood LM \$230,000.

Mead Construction, LLC to Matics, William Thomas & Mar 434 Rosewood Dr Scottsville VA 24590. Lot 14 Rosewood Manor Sub \$290,870.

6/14/19

Barredo, Joel to Couchman, Max 252 Jordan Store Rd Kents Store VA 23084. 7.535 AC Columbia Magis Distr. \$215,000.

6/17/19
Webber, Debra A to Weber Land Trust 3445 Seminole Trail #291 Charlottesville VA 22911. Lot 22 Phase Two Shadwell LM \$118,000.

Browning, Jon Michael to Thomas, Judith F 24 Spruce Dr Palmyra VA 22963. 3.670 AC \$43,000.

6/18/19

Fluvanna Co Habitat For Humanity to Glasgow, Patrice 291 Charney Way Palmyra VA 22963. 0.449 AC \$132,000.

Fannie Mae to Cracchiolo, Giacomo 34 Colonial Rd Palmyra VA 22963. Lot 258 Phase Three LM \$168,000.

6/19/19

Aldridge, Thomas & Paula to Aldridge, Seth H 2857 Rolling Rd South Scottsville VA 24590. 2 AC \$135,000.

West Homes of VA, LLC to Mann, John & Kathryn 142 Rosewood Drive Scottsville VA 24590. Lot 2 Rosewood Manor Sub \$267,000.

6/20/19

Oljar, Edward Jr to Goodson, Gregory D & Ann S 716 Blueberry Hill Dr Scottsville VA 24590. 10.00 AC \$25,000.

Palis, David S & Patricia A to Williams, Ashley Dawn 21 Chippewa Lane Palmyra VA 22963. Lot 87 Phase Ten Cherokee M \$179,900.

Cofer, Josephy G & Karen R to Todt, Brian A & Katherine 14 Club Lane Palmyra VA 22963. Lot 186 Phase 1 Ashlawn LM \$210,000.

Maplevale, LLC to White, Anne Lushpinsky 19 Bernardsburg Rd Palmyra VA 22963. Lot 479 Phase Five Tufton LM \$178,500.

Atlantic Trustee Services, LLC to Freedom Mortgage Corporation 10500 Kincaid Dr Ste 300 Fishers IN 46037. Lot 181 Phase Six Riverside LM \$142,200.

6/21/19

Williams, Evelyn to Jankowski, Adam M 7 Riverwood Court Palmyra VA 22963. Lot 77 Phase Seven Crofton LM \$205,000.

Monger, Karen to Andersen, Jennifer K 21 Overlook Circle Palmyra VA 22963. Lot 22 Phase Seven Crofton LM \$233,000.

Lynn, Terri to Boyd, Lindsay & Tommy 2720 Cedar Lane Rd Kents Store VA 23084. Columbia Magis Distr. 11.56 AC \$191,000.

Nurre, Louisa Ellen to Lowe, Michael F & Ann M 32 Barrett Street Palmyra VA 22963. Lot 478 Phase Four Fairway LM \$295,000.

6/24/19

Hubert, Signora C to Cavanaugh, D Burdell, Sr 11889 James Madison Hwy Palmyra VA

22963. 14.586 AC \$15,000.

Marks, Michael W & Herman to Morris, Pamela Dawn 111 Jefferson Drive Palmyra VA 22963. Lot 21 Phase Three Montpelier LM \$202,000.

6/25/19

Lofton, Rebecca to Gibson, William Craig 56 Woodlawn Drive Palmyra VA 22963. Lot 241 Phase Eight Nahor LM \$205,000.

STM, LLC to Cormier, Larry & Paula 19 Fairway Dr Palmyra VA 22963. Lot 12 Forest Glen Sub. 4.53 AC \$59,500.

Recknagel, Glenn P to Varrin, Bonnie J, TR 115 Jefferson Dr Palmyra VA 22963. Lot 23 Phase Three Montpelier LM \$188,000.

Loving, Thomas Joel & Betty to Kittel, Barbara 31 Begum Road Palmyra VA 22963. Lot 398 Phase Five Tufton LM \$189,900.

6/26/19

White, David D & Annmarie A to Perkins, Gery W & Joann B 6008 Andros Lane Murrells Inlet SC 29576. Lot 364 Phase Twelve Edgewood LM \$269,900.

Boniface, Holly A to Kirk, Susan A & K

Thomas 3800 Island Drive Topsail Beach NC 28460. Lot 503 Phase Three Montpelier LM \$251,000.

Povilts, Meredith to Griner, Matthew James & Geo 415 Hillcrest Ave Colonial Heights VA 23834. Columbia Magis Distr. 25.728 AC \$90,000.

Campbell, Marielle & Jean F to Bourne, Jonathan Scott 25 Long Leaf Lane Palmyra VA 22963. Lot 234 Phase Three Montpelier LM \$149,000.

6/27/19

Cooper, Clara W to Douglas, Michael L & Loren J 23 Sand Trap Terrace Palmyra VA 22963. Lot 261 Phase Four Fairway LM \$300,000.

Branch Banking & Trust Company to Holiday, Nadene Fields 436 Westham Drive Murrells Inlet, SC 29576. Fork Union Magis Distr. 3.0 AC \$100,000.

Cropp, Brian M & Kirsten S to Crossan, Matthew C & Ariel E 882 Jefferson Drive Palmyra VA 22963. Lot 232 Section 1 Ashlawn LM \$240,000.

6/28/19

NVA Properties, LLC to Southern Development Homes 170 South Pantops Dr Charlottesville VA 22911. Lot 94 Nahor Village Sub \$40,000.

Vansbatelaer, Sheila Annto Lu, Wenjen, & Lingjauan Zheng 71 Rosalyn Way Palmyra VA 22963. Lot 15 Phase 4 Sycamore Square \$303,000.

Wisniewski, B H & Waltraud to Liberty Homes VA, Inc 8249 Crown Colony Pkwy #100 Mechanicsville VA 23116. Lot 124 Phase Eleven Falcon Hills LM \$14,000.

Nuckols, Jeffrey Sterling to Young, Peter A & Anita D 1650 Hunters Lodge Rd Troy VA 22974. 22.649 AC \$160,000.

Via, Ryan to Harmon, Justin L 2656 Georges Mill Road Palmyra VA 22963. Palmyra Magis Distr. 2.5 AC \$155,000.

Clark, Michael J to Mourie, Michael Ryan 294 Moonstar Drive Columbia VA 23038. Lot 16 Lovin Ridge Sub. 3.106 AC \$207,000.

Radzville, James J to Leck Turn Enterprises, LLC 67 Rollins Lane Louisa VA 23093. See document for full description \$136,000.

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- 2) Model # 203 Georgia \$49,500...BALANCE OWED \$19,950
- 3) Model # 305 Biloxi \$36,825...BALANCE OWED \$14,500
- 4) Model # 403 Augusta \$42,450...BALANCE OWED \$16,500

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- Comes with Complete Building Blueprints & Construction Manual
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- NO TIME LIMIT FOR DELIVERY!

BBB
A+ Rating

OFFER NOT AVAILABLE TO AMERICAN LOG HOME DEALERS

SERIOUS ONLY REPLY. Call (704) 602-3035 ask for Accounting Dept.



THIRD THURSDAY

at The Lodge at Old Trail



AUGUST 15

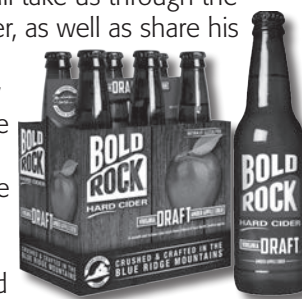
Doors open at 5:30 pm.
Program begins at 5:45 pm.

OPEN TO THE PUBLIC!

ALL FOR THE LOVE OF APPLES



This month The Lodge welcomes Brian Shanks co-owner of Bold Rock Hard Cider, presenting **All For The Love of Apples**. Brian will take us through the history of Bold Rock Hard Cider, as well as share his own personal story. Brian's journey actually began in New Zealand, where he was a cattle and sheep farmer, as well as a wine grower. He'll take us through the remarkable set of events that lead to the creation of Bold Rock Hard Cider and how they turned an empty but beautiful parcel of land in Nellysford into the second largest producer of Hard Cider in the United States. In their first year alone they sold a whopping 102,000 cases! Be sure and join us for this fascinating and in depth look into Bold Rock Hard Cider. Make your plans and reservations today. Seating is limited.



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- THE STAFF OF
THE FLUVANNA REVIEW



Fluvanna athletes, coach honored

COURTESY OF THE DAILY PROGRESS



Central Virginia Baseball: Player of The Year:

Jacob Critzer, Fluvanna County senior. Critzer had a storybook ending to an outstanding career at Fluvanna County High School. The senior batted .471 with 10 home runs and 35 runs batted in. He had 40 hits, including 24 extra-base knocks, and finished with a 1.117 slugging percentage. The VHSL Class 3 Player of the Year hit a walk-off home run in the state semifinals and added another long ball in the championship game to lead Fluvanna County to its first state title. He will play collegiately at Lincoln Memorial University.

Coach of the Year:

Joel Ward: Fluvanna County. Ward guided the Fluvanna County baseball team to its first VHSL state championship in program history. After reaching the state tournament for the first time in 2018, the Flucos responded with a 23-win season to earn another trip to the state tournament. Fluvanna County clinched its first state title with a dominating victory over Tabb in the championship game.

Player of the Year Boys Track & Field

Will Stupalsky: Fork Union Military Academy, senior. The senior earned all-state honors in a combined 11 events during indoor and outdoor track seasons. During the VISAA indoor meet, he cleared the high jump bar at 6 feet, 4 inches to win the event. He took Second place in the Triple Jump (46-7), and the pole vault (14-6), before capping the meet with fifth-place effort in the 55-meter hurdles (8.24 seconds) and sixth in the long jump (21.2 1/2). He placed in six events at the VISAA outdoor state meet, including a state title in the pole vault (14.0). He garnered runner-up honors in the high jump (6.4) and was third in the long jump (22.0) and triple jump (46.5). Stupalsky closed out the meet with a fourth-place finish in the 300 intermediate hurdles (41.47) and eighth place effort in the discus (122.6). He will complete collegiately at South Dakota.

RE/MAX Realty Specialists The 2017 Leader in Fluvanna Real Estate Sales

Private • Gated • 5 Beaches • USGA Golf Course • Tennis • Clubhouse • Marina • Pool • Fishing • Playgrounds

399 Justin Drive - \$429,900

Sycamore Square



- 4 bedrooms / 4 baths / 4700+ fin sq ft
- Home Office / Fireplace / Sunroom
- Vaulted Great Room / Loft / Home theater
- Terrace level Family Room / Warranty
- In-ground pool / Trex decking / Garage

48 Jennings Drive - \$239,900

New Listing



- 3 bedrooms / 2 baths / 2400+ fin sq ft
- Ranch on a full walk-out basement
- Two woodburning fireplaces / New deck
- Roughed in bath in basement / New paint
- Huge Great Room / Home warranty

9 Loving Terrace - \$307,400

Under Contract



- 3 bedrooms, 2 baths, 2100+ fin sq ft
- Gorgeous hardwood floors / Fireplace
- Gourmet kitchen with granite counters
- 2 car garage AND one car detached
- Sunroom / Walk to the golf course!

124 Sydney Way - \$289,900

Sycamore Square



- 3-4 Bedrooms, 3.5 baths, 2400+ fin sq ft
- Cul-de-sac location / Great rear deck
- Open floorplan / Gourmet kitchen
- Spacious Master with attached bath
- Private fenced back yard / Home Warranty

29 Turkeysag Trail - \$249,900

Move-in Ready



- 3 Bedrooms / 2 baths / 1722 finished sq ft
- NEW heat pump / NEW water heater
- NEW roof and rear deck / NEW windows
- NEW kitchen cabinets w/ granite counters
- NEW hardwood and tile floors / NEW paint

6 Loblolly Road - \$279,900

New Price



- 4 bedrooms / 3 full baths / 2444 fin sq ft
- Soaring ceilings / First floor guest room
- 2nd floor master w/ luxurios attached bath
- Hardwood floors throughout / Both formals
- Paved driveway / Unfinished bonus room

7 Hawks Place - \$264,900

Open Sunday, 8/11, 1-4:00



- 4 bedrooms, 3 full baths, 2300+ fin sq ft
- Beautiful finished terrace level / Fireplace
- Large master with his and hers closets
- Tankless water heater / New stainless apps
- Screened Porch / Shed / Private rear yard

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NEW LISTING



48 Bolling Circle, Lake Monticello \$295,000



- Year Round Water Views
 - 4 Season Sun Room
 - Close to Main Gate & Amenities
- Genevieve Reilly 434-414-4453
genevievearlinereilly@gmail.com

NEW LISTING



216 W Jefferson Dr, Lake Monticello \$239,999



- Vaulted Open Floor Plan
 - Master Suite with Sitting Room
 - Mature Landscape
- Patty Arndt 434-589-7653
Patricia.Arndt@LongandFoster.com

NEW LISTING



579 Jefferson Drive, Lake Monticello \$229,900

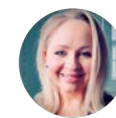


- Open, Sunny Vaulted Great Room
 - Spacious Kitchen w/ many cabinets
 - Large Back Deck and Fenced Yard
- Genevieve Reilly 434-414-4453
genevievearlinereilly@gmail.com

NEW PRICE



6 Snead Court, Lake Monticello \$264,900



- Ranch On A Finished Basement
 - Fenced Yard
 - Large Kitchen
- Gunnels Group 434-960-8987
Maggie@GunnelsGroup.com



1368 Rivanna Woods Rd, Fork Union \$495,000



- Pristine River Front Property
 - Australian Cypress Flooring Throughout
 - Two Oversized Master Suites
- Tom Morace & Diane Miller 434-962-1625
Morace@sprintmail.com

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3661 Lake Monticello Rd Next To Monticello Mulch

AGENT ON DUTY MONDAY THROUGH SATURDAY 9am-5pm



16 Out Of Bounds Rd, Lake Monticello \$279,000



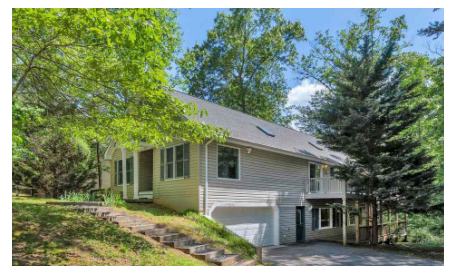
- Golf Front
 - Single Level Living
 - Spacious Eat In Kitchen
- Tom Morace & Diane Miller 434-962-1625
Morace@sprintmail.com



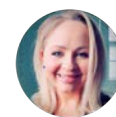
454 Jefferson Dr, Lake Monticello \$272,000



- Updated Gourmet Kitchen
 - First Floor Master
 - Large Formal Living Room
- Diane Miller & Tom Morace 434-960-5856
DianeMiller@earthlink.net



4 Baskin Ct, Lake Monticello \$269,900



- 2 Large Wrap Around Decks
 - Large Master With Study
 - New Roof And Skylights
- Gunnels Group 434-960-8987
Maggie@GunnelsGroup.com



64 Lafayette Dr, Lake Monticello \$249,900



- Vaulted Master Suite
 - Hardwoods
 - Wooded Private Back Yard
- Jen Sample 434-989-9246
Jennifer.Sample@LNF.com



1167 Johnson Ridge, Mineral \$185,000



- One Level Living
 - Two Plus Acres
 - Full Country Porch
- Sandra Collins 434-222-6645
Sandra.Collins@lnf.com



Forest Glen, Palmyra From \$50,000



- The Country Is Calling You!
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- Mike Himes 434-960-4407
michael.himes@lnf.com

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Saturday, August 24th - 8 am to noon

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Mortgage Consultant

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