

Fluvanna

REVIEW

Hundreds Gather in Support of Second Amendment Sanctuary Status

Special Public Hearing Scheduled

PAGE 4



Supervisors Hear Budget Requests
PAGE 12



Flucos Win Home Opener
PAGE 14



Instructor Extols the Benefit of Yoga
PAGE 16



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Hundreds gather in support of Second Amendment sanctuary status

Another public hearing slated for Dec. 11

BY HEATHER MICHON
CORRESPONDENT



William Eubank spoke in favor of a Second Amendment sanctuary for Fluvanna. Photo by Tricia Johnson.

More than 250 people assembled at the Fluvanna County Courthouse on Wednesday (Dec 4) to give public comments to urge the Board of Supervisors to join dozens of Virginia counties in declaring Fluvanna a "Second Amendment Sanctuary."

The movement for county governments to declare "sanctuary" status has grown since Democrats won majorities in both chambers of the General Assembly in early November. Legislation that opponents say would essentially outlaw private gun ownership has already been

drafted for introduction when the new session starts in January.

By Wednesday's meeting, more than 35 Virginia counties had passed resolutions vowing to defy any new gun-control laws handed down by Richmond.

No resolution was on the agenda on Wednesday. After completing some business, supervisors opened the floor to public comments.

"There's no way we're going to hear everyone," Chair Mike Sheridan (Columbia) warned at the top of the comment period. He said they would hold an additional comment period on Wednesday, Dec. 11 at West Central Elementary.

Nearly two dozen people spoke over more than ninety minutes of comments. The courtroom was filled to capacity, with an overflow crowd watching the meeting on a video feed in the nearby County Administration Building.

Speakers were almost unanimous in decrying what they saw as an assault on their fundamental rights by Governor Ralph Northam and a group of mostly

northern Virginian Democrats.

"What I'm most concerned about is what our governor with his majority is threatening to do to change our Constitution," said Susan Morris. "I mean, what part of 'infringe' does he not understand?"

Karl Partner of Palmyra said a resolution would "send a strong message to Richmond that we here in rural Virginia will not fold to the whims of more damaging Second Amendment laws, imposed from the left, to chisel away our constitution Second Amendment Bill of Rights."

"Here in the United States," Partner added, "we hold the right to be citizens, not subjects."

Several speakers were survivors of trauma or violence.

Karen Hutchinson of Palmyra told the audience about an incident in her childhood where armed gunmen broke into the family home and held them at gunpoint. Her mother was eventually able to drive them off with a shotgun. "The fear that I felt that day will never leave me," she said. "But I know I will always be pro-

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tecting myself from this point forward.”

Retired Fluvanna County Sheriff Jackie Gillespie, who was involved in a shootout with armed robbers off Lake Monticello Road in 2016, said, “I’m here today because of the Second Amendment.”

Some were concerned that proposed laws would turn them into overnight felons by outlawing common types of firearms or put in place age restrictions that would prevent them from teaching their children to hunt. Others felt limiting magazines to a maximum of ten rounds would put them at a disadvantage in an attack.

Self-protection was a common theme.

Laura Painter of Palmyra said “I don’t believe that the sheriff’s department or the Lake Monticello police are tasked with my personal safety. It’s just not possible to individually protect every resident in the county. I’m asking you to please vote in a manner that will allow me to continue to have the ability to defend myself.”

“I’m not some raving maniac sitting in the bushes waiting to hurt anyone,” said William Eubank, a retired Marine living in Scottsville. “Quite the opposite. I sincerely believe that anyone is with me is the safest person in the world. Because I will do whatever I can, whatever I’ve been trained to do to help and save that person.”

With a somewhat isolated home, he believed the ability to defend himself was vital. “A lot of people believe that law enforcement is there to prevent crime. And that’s a good idea, but it doesn’t

happen that way, it doesn’t work. Law enforcement is not to prevent crime. Law enforcement is to investigate crime,” he said. “I am there alone. I have nothing to defend myself with except for my handgun.”

Nobody spoke in opposition to a sanctuary resolution, although several submitted written comments before the meeting.

After public comments, supervisors shared some thoughts on the issue.

Sheridan shared a story about a frightening incident when his wife received a threatening phone call while she was home alone. Before racing home, “I told her ‘go to the gun safe, get the shotgun out and load it,’” he said. It turned out it was a hoax call, but “I’m telling you right now, that put the most fear in me that has ever been in my body.”

Supervisor Mozell Booker (Fork Union) said she wanted to know more about the laws being proposed because she had been hearing several things that didn’t sound accurate to her.

She said one constituent had recently told her that this was just the beginning and that the state was going to stop people from hunting, because, they said, “Northerners don’t want us to hunt.”

“The challenge here is the process, right?” said Supervisor Tony O’Brien (Rivanna). “We don’t write the bills, we don’t pass the bills, we don’t decide if they are constitutional. That’s not our job. And I think that inherent in the oath is that we abide by the laws that are presented by

the people who pass those laws.”

“I fundamentally find this a very challenging slippery slope,” he continued, “not because I don’t have respect for the concerns that you’re sharing with regarding the Second Amendment— as with all the amendments in the Constitution, as with all of our duties that we swore to defend the constitution—but you can’t cherry-pick an individual item in the fear that this might happen. There’s a process that defines what happens if it is unconstitutional.”


“I think I see it in a little bit of a different way,” said Supervisor Patricia Eager (Palmyra). Those in Richmond “are breaking the law by taking away, by changing the Constitution.”

Late Friday night (Dec 6), the county released a draft of the resolution they will consider on Wednesday, December 11.

The key passage states that the Fluvanna County Board of Supervisors “wishes to express its intent to oppose, within the limits of the Constitutions of the United States and the Commonwealth of Virginia, any efforts to restrict or infringe the rights of its law abiding citizens of sound mind as guaranteed by the above-referenced provisions of those Constitutions and to use lawful means at its disposal to protect the right of those citizens to keep and bear arms, including, among others, through legal action, the power of appropriation of public funds, and the right to petition for redress of grievances.”


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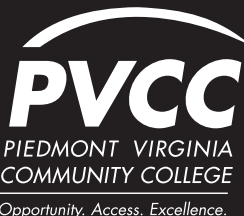
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Letters to the Editor

Second Amendment sanctuary a terrible idea

There are some good reasons to resist a move to declare Fluvanna and other local Virginia jurisdictions “gun sanctuaries”.

For a couple centuries now, we have generally accepted the wisdom of allowing state, federal, and local governments to have the responsibility of looking out for the safety of all our citizens.

As the Constitution suggests, an armed citizenry should be “well-regulated.” Many states and localities are looking at ways to stem what appears to be an obscene number of gun related deaths and injuries. The government reports nearly 40,000 such deaths across the country in both 2017 and 2018.

In the interest of public safety, some state and federal legislators may act to ban automatic weaponry, insist on background checks, provide gun safety courses, and other measures. If such laws are enacted and we don’t like them, we still are

obligated to obey them.

Pressure on local governments and law enforcement agencies to defy the laws of the state, as the sanctuary resolution seems to suggest, could create a serious threat to our system of representative democracy. Either we have faith in the people we choose to represent us in the making of laws, or we don’t. Either we respect the law, or we don’t. When we dislike laws, we have time honored ways to choose and persuade lawmakers to change them.

The arena for Second Amendment enthusiasts (and Second Amendment detractors) to see the gun control laws or lack of gun control laws they want is in the General Assembly and Senate of the Commonwealth. To pressure local boards and law enforcement agencies to promise not to honor any laws of the state, whatever they are, is a terrible idea that the Board of Supervisors should reject.

-Bill Davis, Palmyra

Sanctuary proposal flawed

The sanctuary proposal to be decided Wednesday by the Fluvanna County Board of Supervisors is flawed in many respects. Here are a few:

The draft sanctuary proposal is not legally binding as the county is bound by state law (Dillon Rule). It has unconstitutional language including use of tax funds for political support of issues in the future, and is vague and over drawn. Secondly, it proposes ignoring legislation passed by the state and approved by state court as constitutional. This is lawless. Third it asks that each of

the county officials ignore their oath of office. This is dishonorable. It also burdens office holders to choose an illegal path, resign, or reject the rule of law. Support of the subject resolution would show lack of respect and support for professionals in all fields who serve this county. Support the rule of law and the honor of the citizens and employees of the county by rejecting this proposal. Let us live as one under the law of the Commonwealth of Virginia.

-Colin Hunter, Palmyra

Reject pro-gun resolution

Gun owners often cite the Second Amendment as the reason why they advocate lose control of their weapons. I urge them to look at both the federal and Virginian constitutions to find the clause that allows local governments to ignore or circumvent laws passed by the duly elected legislatures in Washington and Richmond. To save them time, neither have such a clause. Yet the resolution to make Fluvanna a “sanctuary” for gun owners does just that.

Passing this resolution would set a dangerous precedent regarding legal rulings made by state and federal legislators. If passed, what is to stop other laws of the land being challenged locally, perhaps on other controversial topics such as abortion rights, gay marriage, or drug use? With its passage even common-sense gun reform, favored by most Americans, can be willfully ignored by county officials. Opening this Pandora’s box is at best risky, and at worst reckless. The role of local government is to run essential services and amenities locally, not to reinterpret or circumvent the laws of the land.

Financially, while Fluvanna lags behind its neighboring counties in regards to commercial development, new infrastructure is making it a viable destination for businesses. There would therefore be inherent value in rejecting a pro-gun resolution that our rival counties have already passed. If companies with an anti-gun preference had to relocate to central Virginia, rejecting the resolution could be beneficial to Fluvan-

na. Also, state and federal funding could also be withheld if Fluvanna adopted the resolution.

America as a nation is rooted in principles of democracy and the rule of law, as detailed in the constitutions of its federal and state governments. This resolution attacks the fundamental right of all Flucos to live under the rule of law as created by elected legislators, thus undermining the very foundations of constitutional government – ironically the very thing supporters of the resolution claim to be trying to protect. The resolution is a knee-jerk reaction to non-existent laws that if passed would negatively affect all Fluvanna by showing a complete disregard for the democratic process and fundamental American political values.

-Gary Sellick, Palmyra

This year's White House ornament marks first presidential helicopter ride

BY DANA GRAY
CAPITAL NEWS SERVICE

This year's White House Historical Association's 39th official White House Christmas ornament honors a precedent that, to later generations of Americans, became routine.

That precedent was a president of the United States riding in a helicopter. The first president to do it was Dwight D. Eisenhower.

This year's ornament takes the shape of a helicopter, representing Eisenhower as both an innovator and the first president to have flown in that aircraft while in office.

"It was sort of by happenstance that Eisenhower took his first helicopter ride," association president Stewart McLaurin told First Coast News in November.

Following Eisenhower's presidency, the use of helicopters has become a standard feature of presidential travel.

Flight crews from the United States Army and the United States Marine Corps provided flights for the president. However, to show impartiality, Eisenhower (even though he was a

former five-star Army general) alternated between the two helicopters and respective military personnel.

To highlight this, the official White House ornament does not represent the helicopter in the specific designs from either military branch.

One side of the American-made ornament features the presidential seal marking Eisenhower's two terms as the 34th president from 1953 to 1961. The other side honors Eisenhower's five-star rank as General of the Army.

The inside of the ornament packaging depicts the South Lawn where the presidential helicopter lands when arriving at and departing from the White House.

The Lockheed Martin Co. has built the presidential helicopter since 1957 and has flown every president since Eisenhower. The White House Christmas ornament is supported by Lockheed Martin and celebrates that legacy.

Following their commission in 1981, the annual ornaments have become

a long-standing tradition to celebrate American presidents and historical White House milestones.

Past ornaments have highlighted different achievements of the presidents. Last year's ornament, which was a tribute to President Harry Truman, highlighted three major changes made to the White House during his presidency.

These changes included the addition of the Truman Balcony on the south side of the White House, the renovation of the Blue Room, and alterations made to the presidential seal.

The White House Historical Association was founded in 1961 by First Lady Jacqueline Kennedy. The nonprofit, nonpartisan organization has worked to preserve and honor the history of the White House as well as the country.

First Lady Nancy Reagan introduced the tradition of the annual ornament in 1981, 20 years after the association's founding.

Since then, the official Christmas ornaments have become collectors' items,

having sequentially honored each president from George Washington through Eisenhower as well as celebrating the bicentennial of the presidency, the bicentennial of the White House cornerstone and the 200th anniversary of the White House.

"Mrs. Reagan was very wise in deciding that we would feature president's sequentially so we don't have to decide who it will be each year," Stewart said.

Profits from the yearly Christmas ornaments assist in supporting the association's work with "acquisition, preservation, research, and education efforts," according to the association's website.

The 2019 ornament is available for \$22.95 online at the White House Historical Association's website, on Amazon or in person at the White House Visitor Center in Washington.

Previous years' ornaments are still available for purchase, accompanied by detailed brochures highlighting the historical significance of each ornament.

Rumors of War statue unveiled in Richmond

BY MARIO SEQUEIRA QUESADA
CAPITAL NEWS SERVICE

A monumental, contemporary statue of an African American man on a horse rode into Richmond this week via truck from New York.

On Tuesday, the Virginia Museum of Fine Arts will hold the official welcoming celebration for the arrival of the statue *Rumors of War*, created by the artist Kehinde Wiley. The sculpture was first unveiled on Sept. 27 in Times Square in New York City, and was on display on Broadway Plaza, but now the monument will permanently remain in Richmond.

The local reveal will take place at Mary Morton Parsons Plaza outside the VMFA along Arthur Ashe Boulevard, at 3:30 p.m. Wiley, Gov. Ralph Northam and Richmond Mayor Levar Stoney will be among the speakers.

Rumors of War is Wiley's first public sculpture. According to the VMFA, the piece commemorates African American youth. The museum said the statue is the artist's response to the Confederate monuments found on Richmond's

Monument Avenue. Wiley conceived the idea in 2016 when he visited Richmond for an exhibition of his paintings at the VMFA.

Wiley is most well known for his body of work that draws inspiration from classical European paintings of noblemen, but is remixed with a contemporary view. In most of his pieces, he portrays young African American men and women in defiant poses wearing modern clothing in front of colorful backgrounds.

Former President Barack Obama chose Wiley to paint his official portrait for the Smithsonian's National Portrait Gallery, which was unveiled in 2018. Loyal to his style, Wiley painted Obama sitting on a chair, crossing his arms, in front of a bright green foliage with symbolic, vivid flowers in different colors. The chrysanthemums, according to the gallery, reference the official flower of Chicago, the jasmine signifies Hawaii, where Obama spent his childhood, and the African blue lilies represent Obama's

late Kenyan father.

"In these toxic times, art can help us transform and give us a sense of purpose. This story begins with my seeing the Confederate monuments," Wiley said in a quote posted on VMFA's website. "What does it feel like if you are black and walking beneath this? We come from a beautiful, fractured situation. Let's take these fractured pieces and put them back together."

Wiley's inspiration was based on the statue of Confederate Army Gen. James Ewell Brown "J.E.B." Stuart. The Stuart statue, located at the intersection of North Lombardy Street and Monument Avenue, was created by artist Frederick Moynihan. *Rumors of War* features a young African American dressed in streetwear sitting on top of a horse, the pose mirroring J.E.B. Stuart in Moynihan's statue.

"He saw the Confederate past parading down Monument Avenue on horseback, and then he saw the future in the diverse faces and energy and possibility

of our people," said Stoney at the unveiling in New York. "And this monument, *Rumors of War*, is a symbolic battle cry. It will be our guide, right on our newly renamed Arthur Ashe Boulevard, riding boldly and fearlessly into the future."

Residents of Richmond have used social media to express their enthusiasm, according to VMFA representative Lillian Dunn.

"There has been a lot of positive feedback from the press and the public, and the excitement at the Sept. 27th unveiling in New York was palpable," Dunn said, via email.

The statue is made of bronze with a stone pedestal. The entire monument is over 27 feet tall, 15 feet wide and 25 feet long. The VMFA purchased the sculpture with money from private donors, according to the museum's website.

The museum is located at 200 N. Arthur Ashe Blvd.

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Augusta County tree lights up annual Capitol Christmas event

BY MORGAN EDWARDS
CAPITAL NEWS SERVICE



Gov. Ralph Northam kicked off the holiday season with the annual Capitol Tree Lighting Ceremony on the Capitol steps Thursday evening. First lady Pamela Northam and Virginia Secretary of Agriculture Bettina Ring joined Northam in front of the Capitol's south portico.

To open the event the Maggie L. Walker Governor's School string orchestra played "Silent Night" and other Christmas standards to a crowd of about 150 assembled in front of a podium and 20-foot-tall tree.

"It really takes a village whenever we do something like this, especially when we are looking at a very large tree," Ring said. "And to know the many hands at the Department of Forestry that actually touched this tree, helped identify and find the tree and then helped make sure that it got here."

After remarks from Ring, the governor stepped up to the podium

and wished the crowd and citizens of Virginia a happy holiday. Once he finished speaking about his family's Christmas traditions, Northam took a moment to talk about the tree and the farm that provided it. The 19-year-old Colorado blue spruce came from Friendly Forest Farm in Augusta County, according to the governor.

The tree was donated by Helen Braunworth and her daughter and son-in-law, Cindy and Wayne Crickenberger. It was donated in honor of Braunworth's late husband William "Bill" Braunworth, according to the Virginia Department of Forestry. It was delivered Monday, along with a wreath, and the governor proclaimed December as Virginia Christmas Tree Month.

"Are you all ready to light the tree?" the governor asked the audience. Loud shouts of "yes!" came back in response.

The crowd chanted the countdown

along with the governor, and suddenly the Augusta-grown tribute was shining.

"Please join us at the mansion for some cider, hot chocolate and cookies. I appreciate y'all being here tonight," Northam said, standing in front of a now illuminated tree.

A long line formed outside the governor's mansion where families and groups waited to be let in to gaze at the decorations. Richmond native Andrew Riddle and his mother came together to see the celebration. Riddle said that he had visited the Capitol before, but had never attended an official event until that evening.

"I enjoyed having them there," Riddle said about the Maggie Walker string orchestra. "I actually use to play in the band, so it was good to hear them."

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At 3:00 Sandy Hopkins will teach a class on wheat weaving - and you will leave with your own ornament!



Joyful music will fill the air in Palmyra as the **Special Edition Christmas Choir** sings familiar carols from 3:00 - 4:00 at Palmyra Methodist Church - and you are invited to come sing along!

From 4:00 - 5:00 the **Evergreen Baptist Church Choir** will perform a gospel music concert. If weather permits - there will be caroling through the streets! Email Linda Staiger at lstaiger@centurylink.net for more information about the choral events.

Come & enjoy the festive lights & holiday spirit! We will light the Christmas tree on the porch at Maggie's House at 5:00.

This is a FREE event, rain or shine.

**Please note* contrary to previous advertising, there will be NO horse-drawn carriage rides at this event and no re-enactors. We apologize for any disappointment this may cause.*



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Supervisors hear budget requests

BY HEATHER MICHON
CORRESPONDENT

While public comments surrounding the Second Amendment sanctuary issue took up the bulk of Wednesday's (Dec. 4) Board of Supervisors meeting, there was time to pass a couple of important budget requests.

Because she did not have to hold a primary in June of 2019, County Registrar Joyce Pace had about \$46,000 in unexpended budget money. She asked to carryover about \$40,000 to fund the purchase of a new voting machine and for the hire of an additional part-time staffer.

Carryover requests are commonly granted when a project or purchase scheduled for one fiscal year seems to be running into the next year; this is often more expedient than making departments go back and re-request the same funding in the new fiscal year.

Pace's request didn't fall exactly into that category. However, supervisors do sometimes step outside these guidelines based on need.

Supervisor Don Weaver (Cunningham) said he had looked at the registrar's budget from 2015 to 2020. Over those five years, the department's budget had climbed from \$216,000 to \$257,000, or about 3.6 percent.

But he added that it had climbed 7 percent between 2019 and 2020 alone, and was set to increase again in fiscal year 2021. "Now we're asking for an additional increase, which would go from \$240,000 to \$297,000, which amounts to a 23 percent increase in one year."

He suggested deferring any funding discussion to "say, six weeks before the end of the fiscal year, so we can get a better look at things. And I'm not saying that they don't need it, or they can't use it, I just want a better look at it."

"Elections cost," said Pace.

While nothing is set in stone, new rules from the state may require her to allow voting to begin 45 days before the November elections. This means she will need one or more voting centers set up and staffed as early as mid-September.

The \$40,000 would cover the cost

of one Americans with Disabilities Act-compliant vote scanner, poll books, and one part-time staffer. Getting equipment ordered now and a staffer hired and trained would help her plan for whatever new rules came down from the state.

Supervisors Patricia Eager (Palmyra) and Tony O'Brien (Rivanna) felt Pace should apply for the funds during budget season. This would allow for better accounting of expenditures year by year.

"I really think that this is unusual," said Eager

"What are we looking for?" asked Supervisor Mozell Booker. "Are we looking for this amount to be less? Why are we delaying?"

Pace added, with climbing costs and growing needs, "my next year's budget is going to look enormous."

Chair Mike Sheridan (Columbia) said he felt Pace needed the money for personnel now, but that the voting machine should be deferred.

The motion passed 3-2, with Weaver and Eager voting against.

There was less debate over a carryover request by Fluvanna County Public Schools of \$250,000.

County Administrator Eric Dahl explained that when it looked like FCPS might have unexpended funds of about \$900,000 to return to the general fund, "it was kind of a pinky swear" that \$250,000 would be carried over to help repair and replenish the department's aging fleet of school buses.

Superintendent Chuck Winkler said they have 62 buses on the road on any given school day, and of those, 29 are 15 years or older, 21 are 20 years or older, and 9 are 24 and 25 years old. The recommended replacement is at 15 years.

The motion passed 5-0.

Local cooperative gives back \$1.2 million to its member-owners

PRESS RELEASE

The Board of Directors of Central Virginia Electric Cooperative (CVEC) authorized \$1.2 million in capital credit refunds to Cooperative member-owners. Refunds are being issued this month, making 2019 the tenth consecutive year that CVEC has issued capital credit refunds reaching a total of over \$19 million returned to members.

CVEC is a not-for-profit cooperative that allocates any revenues above expenses to its member-owners in the form of patronage capital. Patronage capital represents the members' ownership and investment in the Cooperative for each year the member received electric service. This patronage capital is eventually returned to members in the form of capital credit payments. Vice President and CFO Tina Mallia explained that, "One of the many benefits of belonging to a Cooperative is that all profits are allocated to its members each year. These profits are invested in Cooperative plant and eventually refunded to

members in the form of cash or a bill credit."

The refunds this year will be used to retire the remaining 50% of the 1991 patronage capital allocations, 100% of the allocations from 1992, and 10% of the allocations from 2018. Those funds will be distributed to members by mailed check if the refund is \$100 or above, or as a bill credit for refunds below \$100.

Members may learn more about this feature of the cooperative business model at <https://www.mycvec.com/my-account/capital-credits-estate-refunds>. The site also includes a list of unclaimed capital credit refunds, the result of previously mailed checks that were not cashed or were returned to the Cooperative due to an outdated mailing address.

Central Virginia Electric Cooperative is a member-owned, not-for-profit, electric utility serving almost 37,000 homes, farms and businesses in the rural portions of 14 Virginia counties. CVEC is proud to be a Four-

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Fluco boys win home opener

BY DUNCAN NIXON
CORRESPONDENT



The Fluco boys' basketball team under first year coach Heath Bralley hosted the Warriors from Spotsylvania High on Dec. 3. The Flucos managed to lead through the first half, but not by much. They were up 19-16 at the end of the first quarter and they were ahead 37-35 at the half. In the first quarter the Fluco led by a small margin most of the way. The highlights included a nice pass from senior forward John Rittenhouse to freshman forward Jaden Ferguson for an easy lay-in and a three-point play by junior forward Christopher Whittle.

The second quarter started with a three-point basket by the Warriors to tie the score at 19-19. Sophomore combo guard Kobe Edmonds made a three-point shot and a three-point play in mid-quarter to give the Flucos a seven point lead. A big defensive play for the Flucos also came in mid-quarter when Ferguson blocked a corner jump shot into the seventh row to a roar from the crowd. The Warriors did battle back though to trail by only two at the half.

The Warriors got a basket on a rebound put back to start the second half and tie the score. However, Coach Bralley put his team into a

smothering full court zone press and Flucos made multiple steals and forced multiple turnovers.

The Flucos scored sixteen points in a row to go ahead 53-37, before the Warriors scored again on a three-point shot with three minutes left in the quarter. The Flucos followed with a fifteen-point run and ended the third quarter with a 68-40 lead. The score for the third quarter was an astonishing 31-5. The game was effectively over at that point and Coach Bralley was able to get some playing time for his bench, as seven Flucos scored in the final quarter and the Warriors closed the gap to 20 for a final score of 85-65.

Coach Bralley commented after the game that he has a very athletic team and explained that he held off on utilizing the full court zone press until the second half to avoid the possibility of the opposing coach working out a half time remedy to the pressure. In upper level college basketball, and in the pros, a sudden unexpected press is not often all that effective, as the players know by then, without input, what to do to counter the pressure. That is often not the case, in the first game of the season, at the high school level.

The Flucos were led in scoring by

Kobe Edmonds who had 23 for the game including ten in the second quarter and nine in the third. He converted on several impressive driving lay-ups and nailed two three-point shots. Second in scoring for the Flucos was Rittenhouse who finished with 19 points with four three-point shots, two of which were back to back in the wild third quarter. Whittle had 11. In addition to these three, Coach Bralley also praised the contribution of freshman point guard Bobby Gardner who settled the offense when the Flucos were running their set offense. The Flucos had ten players break into the scoring column and the team looks to be quick and deep, but not terribly tall.

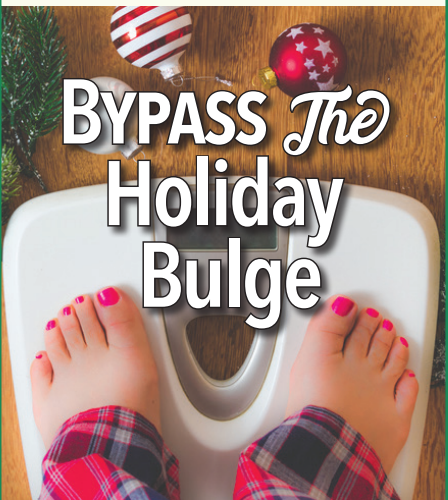
The Flucos played their second game of the year on Dec. 5 at Goochland. They played at home again on Dec. 10 against William Monroe and on Dec. 11 against Goochland again. On Friday the 13th they will have their third home game in a row hosting the always tough Louisa Lions. The more December games will be on the 18th at Waynesboro, on the 20th hosting Orange County and on the 30th at Madison County.





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Instructor talks about the benefits of yoga

BY PAGE H. GIFFORD
CORRESPONDENT



Dawn Umland has been teaching yoga for over 20 years. She started with Armstrong, Orme Family Fitness, and now Spectrum. She said she likes the new Spectrum center, incorporating physical therapy and fitness under one roof along with a growing variety of classes. She views this as a good model for the future of fitness.

Umland's contribution to fitness and well-being is through yoga. Her passion is evident when she describes yoga in all its forms and demonstrates poses.

"Mostly I love the energy of working with people," she said. She began by discussing the 5,000-year-old ancient Asian practice, which caught on in the U.S. and Australia in the 1970s. The practice originated in India and was developed by the Indus-Sarasvati civilization. Yoga is mentioned in the oldest sacred texts of the Rig Veda, which contains songs, mantras, and rituals used in religious practice.

Umland said there are many forms of yoga, including asana, ashtanga, and others, like "hot" yoga, which has very little to do with the ancient practice.

"The forms of yoga are based on the poses. I have studied and spoken with people who teach yoga, and the true meaning of yoga is mind, body, and spirit." A registered nurse, Umland can state first-hand the physical as well as mental benefits of the yoga. She has often witnessed the transformation of people who believed they could never reach their goals or succeed with certain poses. But with practice, they were surprised by their flexibility and strength.

"I am laid back in my approach to yoga, I am not strict and we don't chant or engage in lengthy meditation," she said, referring to some forms that do incorporate these methods.

As a nurse, she can spot the problem

areas just by looking at participants in her classes. She cites the spine as key to better physical health and the culprit of many physical problems.

"Most people do not know how to stand up straight. Knowing how to get yourself back into alignment, to fix the problem yourself before resorting to medication and surgery. Medication, in particular, is only a short-term fix with no long-term benefits."

She believes physical therapy is the best remedy to show people why and where there is pain and how to combat it with good exercise.

"Some people believe yoga is just stretching but the muscles that are tight can be loosened by stretching but the side that is loose still needs to be strengthened," she said. "It's all about neural plasticity and finding new neural pathways. What I teach can make a difference and make someone feel better. The challenge is I have so much to teach and each pose takes time to learn and practice."

Yoga integrates mind, body, and spirit which is why so many swear by its benefits.

"Breathing or pranayama (breath or breathing in Sanskrit) is so important. Breathing techniques incorporate so many voluntary muscles. Breathing effects oxygen and circulation," she said. "Breathing is the best way for you to connect with your body and take control and gives you awareness of your body as well."

Yoga has proven to improve balance, particularly in older adults.

"You learn to engage the muscles for better balance and bones are malleable over time and you can strengthen both muscles and bones. If you see people who are in their 80s and 90s who have been doing it for a lifetime, they are living proof." She adds the spine can be lengthened and alignment restored through yoga practice.

"You cannot build cartilage but you can lengthen and decrease compression which can be a common cause of back pain."

Regarding the mind part of yoga, Umland says it builds new pathways in the brain and a better sense of well-being, accepting who you are and what you are capable of being able to do.

"Yoga sneaks up on you when you don't feel you can do something and then discover you can."

Umland had some thoughts on the future of yoga since its popularity in the

U.S. has never diminished but continues to grow and flourish in new ways.

"It isn't about commercializing yoga, certifications, money, and just learning different poses, it is about integrating the mind, body, and spirit and continual learning, understanding your body and making modifications that work for you." She sees fitness as a healthy way of life and yoga as part of that fitness regimen. "You have to push yourself to the next level and some will say 'I'm too old' or 'I'm in too much pain' never challenging themselves."

She mentioned other forms of yoga that are less strenuous, including restorative yoga, using pillows and bolsters and yin yoga, a slower paced yoga, combining restorative and regular yoga. A stretch would be held for six minutes while the body is supported during the stretch.

"Yoga can be a path to enlightenment as long as you are living and growing. You are either living every day or dying. It's a mindset rather than age."

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NOVEMBER PROPERTY TRANSFERS

PROPERTY TRANSFER DEEDS ARE PROVIDED BY THE FLUVANNA COUNTY CIRCUIT COURT.

11/01/19
Miller, Kyle & Erin Miller to Campbell, Ronald Floyd & Cat 864 Jefferson Dr Palmyra VA 22963. Lot 241 Phase One Ashlawn LM \$180,000.
Pugh, Larre M to Drake, Virgil Ray Jr & Debor 174 Jefferson Dr Palmyra VA 22963. Lot 26 Phase Four Fairway Section LM \$217,500.
Hess, Charles D to Geyer, Wesley 4 Sherwood Drive Palmyra VA 22963. Lot 323 Phase Twelve Edgewood LM \$199,900.
Bucher, Jacob C & Rebecca L to Flowers, Giles O IV & Melind 4 Kingswood Rd Palmyra VA 22963. Lot 318 Phase Twelve Edgewood LM \$225,000.
Bereley, Jane T to Moore, Anne Haskins 807 Abbey Village Cir Midlouthian VA 23114. Lot 543 Phase Three Montpelier LM \$20,000.
Bates, Luther & Portia Brigh to Fairchild, C Hunter & Michael 4916 Parsons Walk Place Glen Allen VA 23059. Lot 307 Phase Nine Knollwood LM \$155,000.
Herndon, Cynthia L to Johnson, Waltyne Y & Ricky L 5 Goldfinch Court Palmyra VA 22963. Lot 152 Phase sic Addition One Riverside LM \$255,000.
Emmert, Bernard E & Kimberly to Fahrni, Robert Raymond & Kim 471 Jefferson Dr Palmyra VA 22963. Lot 277 Phase Five Tufton Addition One LM \$230,000.
11/04/19
Brown, Justin & Amanda to Mateo, Jasmine 25 Overlook Cir Palmyra VA 22963. Lot 24 Phase 7 Crofton LM \$175,900.
11/05/19
Liberty Homes, Inc. to Gellings, Jonathon Michael 434 Cunningham Meadows Drive Palmyra VA 22963. Lot 9 Cunningham Meadows \$270,938.
Defelice, Fred to O Day, Timothy B & Mary S 49 Oak Grove Rd Palmyra VA 22963. Lot 417 Phase Four Fairway LM \$360,000.
11/7/19
Chandler, Paul E & Donna L to Martin, Thomas Oliver Jr & S 3 Chatham Lane Palmyra VA 22963. Lot 336 Part Two Section One Ashlawn LM \$193,000.
11/08/19
Liberty Homes to Vogel, Kyle P & Kelsi Anne R 31 Trillium Lane Troy VA 22974. Palmyra Distr 0.483 AC \$275,000.
Panorama Land, LLC to Porter, Ashton Michael & Gra 228 Panorama Court Palmyra V 22963. 0.29 AC \$ 271,082.
Southern Property, LLC to Scott, Jame E & Lori C 14 Patriot Way Glenwood VA 07418. Lot 24 Nahor Village Sub \$415,010.
11/12/19
Comer, Thomas J, Jr & Kara L to Sandlin, Robert O, Jr & Marga 267 Taylor Ridge Way Palmyra VA 22963. Lot 5 Taylor Ridge Estates Phase 1 \$405,000.

Child, Robert E & Melissa to White, Kathryn G 10 Tobacco Terrace Palmyra VA 22963. Lot 333 Phase four Fairway LM \$184,700.
Hershock, Benjamin & Elizabeth to Allen, Edward Lee & Diane Mc 7 Snead Court Palmyra VA 22963. Lot 374 Phase Four Fairway LM \$297,999.
11/14/19
Sterling, Mitchell & Lindsey to Feliciano, Frank & Susan 769 Jefferson Dr Palmyra VA 22963. Lot 408 Phase 2 Shadwell LM \$265,000.
11/15/19
Wilhelm, Daniel Thomas to Mattson, Stephen L & Lisa A N/A N/A, XXX OOO. Lot 254 Phase Nine Knollwood LM \$317,500.
ALG Trustee, LLC, Sub Tr to US BANK NA , N/A N/A XX OOO Lot 272 Phase One Ashlawn LM \$206,963.76
Gullo, Anthony & Doreen to Cruden, Harry A & Louisa M 360 Cunningham Meadow s Dr Palmyra VA 22963. Lot 6 Cunningham Meadows \$316,000.
Secretary of Housing & Urban Dev to Mormann Properties, LLC PO Box 1093 Mc Lean VA 22101. Lot 50 Phase five Tufton Section LM \$213,000.
Fields, Dwayne E & Tammy L to Tucker, Daniel a & Carissa M 3955 Kidds Dairy Rd Scottsville VA 24590. 3.795 AC \$268,000.
Patricia Bentz Eager Revocable to Hornung, William & Kristin 462 Two Rivers Dr Troy VA 22974. Palmyra Mgis Distr 0.63 AC \$54,900.
Professional Foreclosure Corp to Donlon, Deborah Lynn N/A N/A XX OOO. Lot 420 Phase Five Tufton Addition One LM \$87,500.
Tyler, Russell & Joanne to Warrick, Bryan & Jacqueline 70 Woodlawn Dr Palmyra VA 22963. Lot 234 Phase Eight Nahor LM \$404,000.
Thornton, Thomas W & Ida M to comer, Kara L & Thomas J, Jr 238 Justin Dr Palmyra VA 22963. Lot 31 Phase 2 Sycamore Square Sub \$458,500.
11/13/19
Best, Caroline H to Walroth, Scott Michael & Ken 712 Jefferson Drive Palmyra VA 22963. Lot 247 Phase Two Shadwell LM \$232,500.
Gunter, James E & Lori to Dahl, Jill D & Eric M 615 Cross Creek Way Palmyra VA 22963. Lot 8 Seven Oaks \$456,750.11/14/19
Gorski, Thomas Andrew Trustee to Smith, Gregory Scott & Wife 11 Kanawha Court Palmyra VA 22963. Lot 253 Phase 2 LM \$517,000.
11/18/19
Matin, Frances K, Tr to Nasca, Jacquelyn 3 Trout Point Palmyra VA 22963. Lot 312 Part Two Section One Ashlawn LM\$525,000.

11/19/19
Beasley, Sarah P to Snoddy, Phillip & Elizabeth 1639 Kidds Dairy Rd Scottsville VA 24590.
8.441 Acres \$365,000.
Meyers, Jacqueline Ann to Peaceful Passings, Inc 2856 Cloverdale Road Bremo Bluff VA 23022. 10.00 Acres Lot 1 South Creek Farms \$122,668.
11/20/19
Bennington, Shirley Mae to Gentry, Jessica & Christophe 1961 Oliver Creek Rd Troy, VA 22974. 3.91 AC \$150,000.
Borden, Anna Catherine & Gail to Johnson, William R & Judith 2016 Sycamore Creek Drive Manakin Sabot VA 23103. Cunningham Magis Distr 91.092 AC \$382,500.
White, Sandra H to Parmenter, Thomas A, Jr 5661 Rolling Road Scottsville VA 24590. Cunningham Magis Distr 7.378 \$299,000.
Southern Property, LLC to Gregory, Wesley W & Deborah 271 Villiage Boulevard Palmyra VA 22963. Lot 62 Nahor Village Sub \$345,851.
Willis, Leroy 111 & Nancy G to Jones, Christopher Allan & J 18 Turkeysag Trail Palmyra VA 22963. Lot 90 Phase Eight Nahor Section LM \$240,000.
11/21/19
Payne, Marian Rosson to Reaves, Randal M & Ellen C 9500 Pine Shadow Drive Richmond VA 23238. See Document For full Description \$275,000.
Lane, Chester Robert & Wilma to Hammers, Eddie L, 11 & Tina G 34 Colonial Road Palmyra VA 22963. Lot 9 Phase Four Fairway LM \$24,500.
Knight, Blanca S Diaz to Bauer, Abe 54 Carriage Hill Road Palmyra VA 22963. Lot 16 Needham Village \$185,000.
Wagner, Suzette J to Ahearn, David L, Jr & Donita 44 Maplevale Drive Palmyra VA 22963. Lot 139 Phase Twelve Edgewood LM \$ 460,000.
11/22/19
ALG Trustee, LLC to US Bank National Association 205 W 4th. Street Cincinnati OH 45202. Palmyra Magis Distr 2.593 AC \$209,285.
Southern Property LLC to Boyter, Linda Daidone 27 Crape Myrtle Dr Palmyra VA 22963. Lot 94 Nahor Village Sub \$304,571.
Fitzgerald, Bernice L to Saga Homes, LLC 675 Peter Jefferson Pkwy Ste 290 Charlottesville VA 22911. See document for full description with plat. \$38,000.
Movendi Properties LLC to Mozingo, Michael J & April D 20307 James Madison Wwy Troy VA 22974. 1.88 AC \$227,500.
Lyons, Jeromy & Emmy to Chidester, Jennifer & Darin 49 Kiowa Lane Palmyra VA 22963. Lot 309 Phase Ten Cherokee LM \$277,000.

Payne, Carol to Aspiring Developments LLC 5061 Poindexter Road Louisa VA 23093. See document for full description \$60,000.
Denniston, Adam R & Nicole A to Stepniowski, Elizbieta Worwa 6 haversack Road Palmyra VA 22963. Lot 306 Phase Five Tufton LM \$199,900.
Ball, George D & Martha to Walcavich, Alyce Elizabeth 89 Sydney Way Palmyra VA 22963. Lot 53 Phase Three Sycamore Square \$332,000.
Hottinger, Howard E, Jr & Amy to Lyne, Fred Coleman 111 63 Woodlawn Drive Palmyra VA 22963. Lot 289 Phase Eight Nahor LM \$192,000.
SouthernProperty, LLC to Haas, Robert T & Jane M 91 Crape Myrtle Drive Palmyra VA 22963. Lot 76 Nahor Village Sub \$330,991.
11/25/19
Patterson, Linda Sue Miller to Smajlovic, Nermin 394 Kathys Lane Troy VA 22974105.594 AC \$380,000.
Pardee Virginia Timber 2, LLC to Shane O Mac, Inc 133 Scenic River Drive Columbia VA 23038. See document for full description \$75,000.
Mead Construction, LLC to Boucher, Justin P & Gloria 586 Rosewood Dr Scottsville VA 24590. Lot 20 Rosewood Manor Sub 0.591 AC \$307,319.44
Pennymac Loan Services, LLC to Heiken, Jennifer 2746 Ridge Road Charlottesville VA 22901. Columbia Magis Distr 2.456 AC \$127,000.
Bibb, Carlton, Jr to Lawrence Baddorf, Leigh Ann 4 Nutwood Circle Palmyra VA 22963. Lot 353 Phase 12 Edgewood LM \$202,000.
Mead Construction, LLC to Parker, Michael W & Kathleen 458 Rosewood Drive Scottsville VA 24590. Lot 15 Rosewood Manor Sub \$259,900.
11/26/19
Secretary of Housing & Urban Dev to Bialkowski, George R & Donna 316 Crossing Drive Bremo bluff VA 23022. Fork Union Magis Distr 8.395 AC \$75,000.
Sanders, Nell Stevenson to Worley, Michel S & Deborah J 1034 Broken Island Road Palmyra VA 22963. Lot 14 Phase Three Broken Island Sub \$505,000.
Wagner, David to Ruhlman, John D 11173 West River Road Palmyra VA 22963. 2.024 AC \$160,000.
Doshier, Ralph K, Jr & Pamela to Belew, Stefani Doshier & Ken 3507 ridge Road Palmyra VA 22963. Lot 1 Section One Bybee Estates Sub 2.574 AC \$186,000.
11/27/19
Pace Builders LLC to Hamilton, Catherine Randolph 2240 Jacks Shop road Rochelle VA 22738. Fork Union Magis Distr 1.059 AC \$90,000.

NATURE OF INCIDENT / TOTAL

CRASHES

911 HANG UP	7
911 MISDIAL	10
911 OPEN LINE	4
ANIMAL CONTROL CALLBACK	11
ADULT WELFARE/PUB SAFETY CHK	1
ANIMAL BITE	1
ANIMAL CARCASS	2
ANIMAL WELFARE	11
ATTEMPT TO LOCATE RECEIVED	2
BE ON LOOKOUT	7
SHERIFF'S OFFICE CELL CHECK	1
CHILD WELFARE/ABUSE/ENDNGMNT	1
CIVIL PAPER RECEIVED	4
CIVIL PAPER SERVICE	42
COMMERCIAL BURG ALARM	6
COMMUNICATIONS OFC CALL OUT	1
COURTHOUSE SECURITY CHECK	1
DESTRUCTION OF PROPERTY	2
DIFFICULTY BREATHING	1
DISABLED VEHICLE	9
DISTURBANCE	6
ECOTDO CALL	2
FALL FRACTURE	2
FINGERPRINTS	3
FOLLOW UP INVESTIGATION	5
GUN PERMIT RECEIVED	11
HARASSMENT PHONE/OTHER	1
LARCENY/THEFT	2
PHONE CALL RETURN	47
LIVESTOCK CALL	3
LOST ANIMAL	1
MAGISTRATE WALK IN	3
MISSING ADULT	1
MISSING JUVENILE	1
MVC WITH INJ OR UNKNOWN INJ	9
MVC WITH NO INJURY	1
MVC W/ ANIMAL	5
NUISANCE DOMESTIC ANIMAL	2
OTHER LAW CALL	9
PROJECT LIFESAVER RELATED CALL	2
RADIO TOWER SITE LOG	3
REPOSSESSION	1
RESIDENTIAL BURGLAR ALARM	4
SELECT PATROL	42
SEX OFFENDER REGISTRY	1
SHOTS HEARD	1
STRAY CAT	3
STRAY DOG	5
STRUCTURE FIRE	1
SUSPICIOUS ACTIVITY / PERSON	10
DIRECT TRAFFIC/FUNERAL TRAFFIC	14
TRAFFIC HAZARD	4
TRAFFIC STOP	30
TRESPASSING/HUNTING TRESPASS	1
WARRANT CHECK IN/OUT	4
WARRANT RECEIVED	3
OUT SERVING WARRANT	10

TOTAL INCIDENTS 377

MVC W/ ANIMAL	19:38:05	12/05/19
MOUNTAIN HILL RD & WEST RIVER RD		
MVC INJURY/UNK	18:49:31	12/05/19
THOMAS JEFFERSON PKWY & MERRY OAKS LN		
MVC INJURY/UNK	17:57:38	12/05/19
2490 BLK UNION MILLS RD		
MVC W/ ANIMAL	05:52:27	12/05/19
16110 BLK JAMES MADISON HWY		
MVC W/ ANIMAL	21:23:56	12/04/19
HADEN MARTIN RD & SHILOH CHURCH RD		
MVC INJURY/UNK	20:06:31	12/03/19
7280 BLK THOMAS JEFFERSON PKWY		
MVC INJURY/UNK	19:47:07	12/03/19
7060 BLK THOMAS JEFFERSON PKWY		
MVC W/ ANIMAL	17:36:48	12/03/19
16070 BLK JAMES MADISON HWY		
MVC NO INJURY	09:54:08	12/02/19
250 BLK MAIN ST		
MVC INJURY/UNK	08:21:16	12/02/19
1030 BLK BREMO RD; BREMO POWER STATION		
MVC INJURY/UNK	17:02:59	12/01/19
740 BLK WEST RIVER RD		
MVC INJURY/UNK	10:39:04	12/01/19
16120 BLK JAMES MADISON HWY		
MVC INJURY/UNK	11:59:45	11/30/19
THOMAS JEFFERSON PKWY & MARTIN KINGS RD		
MVC INJURY/UNK	22:46:54	11/29/19
11950 BLK WEST RIVER RD		
MVC W/ ANIMAL	17:21:08	11/29/19
2650 BLK CEDAR LANE RD		

TOTAL CRASHES 15

ARRESTS

ARREST DATE: 22:41:24	11/30/19
ADDRESS: SCOTTSVILLE	
DUI/DUID	
ARREST DATE: 23:55:21	12/01/19
ADDRESS: BUCKINGHAM	
DUI/DUID	
ARREST DATE: 17:50:00	12/03/19
ADDRESS: FORK UNION	
POSSESS CONTROLLED	
SUBSTANCE; MARIJUANA LESS THAN 5LBS	
ARREST DATE: 16:57:00	12/02/19
ADDRESS: TROY	
ASSAULT BATTERY FAMILY MEMBER	
ARREST DATE: 17:03:00	12/02/19
ADDRESS: PALMYRA	
DELAY ELECTRONIC MESSAGE	
ARREST DATE: 22:46:54	11/29/19
ADDRESS: NEW CANTON	
DUI/DUID	
ARREST DATE: 14:50:07	12/03/19
ADDRESS: SCOTTSVILLE	
IMPERSONATING OFFICER	
ARREST DATE: 08:52:19	12/02/19
ADDRESS: CHARLOTTESVILLE	
VIOLATE PROTECTIVE ORDER	
ARREST DATE: 10:35:00	12/02/19
ADDRESS: NEW CANTON	
DUI/DUID; DRIVING W/O LICENSE;	
REFUSE BLOOD/BREATH TEST	

TOTAL ARRESTS 5

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Edited by Margie E. Burke

Difficulty: Easy

		8				7	5	
		9				3		8
			5		4		9	
		3	9		6			2
5	4		7	1				
3		2		9				1
		5				8		7
							6	

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HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

Answers to Last Week's Sudoku:

4	2	3	5	6	8	1	7	9
9	5	7	3	1	2	6	4	8
8	1	6	9	7	4	3	2	5
1	8	4	2	9	7	5	6	3
6	7	9	4	3	5	2	8	1
2	3	5	1	8	6	4	9	7
3	4	1	8	2	9	7	5	6
5	6	8	7	4	3	9	1	2
7	9	2	6	5	1	8	3	4

The Weekly Crossword

by Margie E. Burke

ACROSS

- 1 Type of bag
- 5 Like some cheddar
- 10 Ho-hum
- 14 Throw, as dice
- 15 Coke's bear
- 16 Unsophisticated sort
- 17 Not being used
- 18 Wind instrument
- 20 Trucker in a union
- 22 Linen closet items
- 23 Kind of boom
- 24 Scouting group
- 26 Remote location?
- 29 Consumer
- 33 Part of TKO
- 37 Indonesian island
- 38 "Without further ..."

1	2	3	4		5	6	7	8	9		10	11	12	13	
14					15						16				
17					18						19				
20				21					22						
23							24	25							
			26		27	28		29				30	31	32	
33	34	35						36				37			
38				39					40	41		42			
43			44			45						46			
47				48	49			50							
			51					52			53		54	55	56
57	58	59					60	61	62						
63						64						65			
66					67							68			
69					70							71			

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- 39 Boastful person
- 42 Hightailed it
- 43 Small stream
- 45 Day of _____
- 47 Armchair companion
- 50 Pitchfork part
- 51 Lightweight wood
- 53 Gentle push
- 57 Seward's state
- 60 College age
- 63 Cold season
- 65 Smallest pup
- 66 Hathaway of Hollywood
- 67 Tablelands
- 68 Something to build on
- 69 Vintage designation
- 70 Appears
- 71 Salacious look

- 3 Haggard's hero
- 4 Flaw
- 5 Squabble
- 6 Fine-tune
- 7 Open-eyed
- 8 Pro-footballer in L.A.
- 9 Part of an atom
- 10 It creates drafts
- 11 Pear-shaped instrument
- 12 Genesis brother
- 13 His partner
- 19 State of mind
- 21 Biscuitlike pastry
- 25 Surviving organism of old
- 27 Pudding fruit
- 28 Squirrel's cache
- 30 Rani's wrap
- 31 Enthusiasm
- 32 Saturn feature
- 33 Edible root
- 34 Anagram for "tide"
- 35 Stable youngster
- 36 Absorbed, as a loss
- 40 Enjoy Aspen
- 41 Heavy metric weight
- 44 Maine entree
- 46 On the fence
- 48 Put together
- 49 Burglar deterrents
- 52 Licorice-like flavor
- 54 Tennis tie
- 55 Horror or sci-fi, e.g.
- 56 Sign above a door
- 57 Not at home
- 58 Pickup shtick
- 59 Oscar winner
- 61 Mosque leader
- 62 Bitter end?
- 64 Pipe fitting

Answers to Last Week's Crossword:

G	A	F	F		L	U	N	A	R		U	S	E	D			
A	C	A	I		A	N	O	D	E		L	A	V	A			
S	H	I	N		P	A	S	S	M		U	S	T	E	R		
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S	P	R	I	N	G					I	N	D	I	R	E	C	T
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R	O	U	T		S	N	E	E	R		D	E	L	I			
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F	L	U	E		R	I	N	S	E			I	R	O	N		
S	L	E	D		D	E	T	E	R			A	Y	E	S		

DOWN

- 1 Southern staple
- 2 Where to see chaps

CLASSIFIEDS \$5 per Week

Contact Edee - edee@fluvannareview.com 434-207-0221 or stop by our office at Crofton Plaza Building 106, Suite 1. Payment: In advance. We accept: Visa, Master Card, Discover, checks & cash.

For \$10 your ad will appear in the next two issues of the *Fluvanna Review*. Deadline for print ads is MONDAY BY NOON.

EVENT

PICTURES WITH SANTA: This year on Sunday, December 15, from 2 to 4 p.m., Grace and Glory Lutheran Church, 683 Thomas Jefferson Pkwy, Palmyra (Rte 53) will offer a time for pictures with Santa. Bring your families, your grandkids, your pets and come and enjoy some fun and fellowship!

NATIVITY on the SQUARE: A Christmas play featuring a humorous character with a message of love and redemption being presented at Bybee's Road Baptist Church, 4989 Bybee's Church Road, Troy, VA on Friday, December 20 at 7:00 p.m. You don't want to miss this play! All are invited.

WILMINGTON CLUB: Invites you to our Annual Christmas Party and Caroling at 1083 Wilmington Road in Palmyra, VA, this December 21, at 6 p.m. Fellowship, with Dinner at 6:30 p.m. and 7:30 Christmas Caroling. For more information email: WilmingtonClub@gmail.com or phone (434) 373-0985 or text.

BINGO: At Lake Monticello Fire & Rescue Building at Slice Gate (off of Rte 600/traffic light). Every Thursday doors open at 5:30 p.m. Early bird 6:45 p.m. \$1000 Jackpot * with 80 or more players! Progressive Games. Food menu available. Questions? (434) 591-1018.

FOR SALE

CEMETERY SITES: Holly Memorial Gardens and Monticello Memory Gardens. Significant savings! Call (434) 295-1750

DRIVEWAY STONE: Slate: 10-Ton Crush Run @ \$ 200., 10-Ton #57 @ \$265. Other stone/rock also available. Pricing includes local delivery and *tailgate spread. Call (434) 420-2002.

HELP WANTED

FLUVANNA SELF STORAGE: Part-time, 20 hours per week; Reliable; Both office and outdoor tasks; Strong customer service, both in person and on phone; Computer skills; Call (434) 589-2222 or email: manager@storeFSS.com

OPTOMETRIC OFFICE COORDINATOR F/T: Energetic team player for busy Optometric office. Strong Computer experience needed. EHR and/or eyecare, medical office experience, Optical experience a plus. Potential to advance to Office Manger. Preference given to qualified applicants living in Fluvanna or near LMOA. EOE. Fax resume (434) 591-0111 or email: reception@weisseyes.com or call(434) 591-0262.

REAL ESTATE

MAGGIE GUNNELS: Your Local Fluvanna Realtor. Connect with Maggie Gunnels at (434) 960-8987 or Email: Maggie@gunnelsgroup.com, or online at www.GunnelsGroup.com & www.Facebook.com/GunnelsGroup - Owner, Gunnels Group and Associate Broker, Long & Foster Real Estate.

RENTALS

WILMINGTON CLUBHOUSE: Looking for a venue to host your party or event? Wilmington Clubhouse is available for rent at 1083 Wilmington Road, Palmyra, VA 22963. For more information email: WilmingtonClub@gmail.com or phone (434) 373-0985, or text.

MONTICELLO PROPERTIES MANAGEMENT: MCR, 3661 Lake Monticello Road, Palmyra, VA. For current home rentals: contact Genevieve at (434) 589-7653 or email: MonticelloPropertiesMgt@gmail.com

SERVICES

PERSONALIZED PET CARE: Experienced, dependable, lifelong animal lover to handle ALL pet needs. Daily, weekly, overnights. Ellen: e.volet@gmail.com or (434) 327-2977

GREG'S LANDSCAPING AND TREE SERVICE: offering mulching, leaf removal, fertilizer/reseeding grass/mowing, Tree pruning/planting, removal of storm damage: tree limbs, branches, etc. on grounds. Call (540) 556-2029 or (540) 556-0794.

CONTRACTOR: For all your home repairs, dry wall, door locks and dead bolts installed, Furniture repair(s). Call me for FREE estimates. Tom Maschi (434) 293-9058.

FULL SERVICE SELF STORAGE: Fluvanna Self Storage on Lake Monticello Road (Rte 618) offers 2 convenient locations with both Climate Controlled and Regular month-to-month rentals (24/7 availability),also locks, moving supplies, U-Haul Trucks, and ON-SITE manager. (434) 589-2222, email: manager@storeFSS.com, or visit: storeFSS.com, today!

CLIMATE CONTROLLED SELF STORAGE: at Lake Monticello across from Food Lion Grocery Store. Jefferson Centre Self Storage features 24/7 Access, On-Site Kiosk, Security Cameras and Month-to-Month Availability. Call (434) 906-4030, email: Jeffersoncentre@cbsrentals.com, or visit: jeffersoncentreselfstorage.com today!

SPECIAL NOTICES

ATTENTION VETERANS AND DEPENDENTS: Do you know your Veterans Benefits? We Do! Virginia Department of Veterans Services: www.dvs.virginia.gov. Need help? Visit us at the Fluvanna Community Center by appointment only, at 5725 James Madison Highway. Appointments are the first Wednesdays of each month from 9 a.m. to 11:30 a.m. Call Pamela Zirkle or Jeannette Flint at (434) 295-2782.

SUPPORT LOCAL BUSINESS: Monticello Country Realtors supports local businesses. www.monticellorealtors.com (434) 589-3539.

WANTED

COINS: I buy old coins. Call (434) 466-7968.

2020 FSPCA SPONSORS NEEDED: 2019 schedule closed for "Pet of the Week" ads in the Fluvanna Review. Year 2020 scheduling now open for sponsors to help find forever homes for our shelter pets. Your business name with phone number and/or email address or an individual's special message/memorial may be printed under the pet photo. Call Edee at (434) 207-0221 or email: edee@fluvannareview.com, with questions/requests.

YARD SALE

ESTATE SALE: on Saturday, Dec. 14 and Sunday, Dec. 15, from 8 a.m. to 1 p.m. at 595 Jefferson Drive, inside Lake Monticello. Household/kitchen items, small kitchen appliances, dishes/glassware/utensils. Armoire, rugs, dining set for 6, w/claw foot table, twin trundle beds, cabinets, shelving unit, small tools, outdoor bistro table with umbrella/chairs. Plant boxes on wheels, Christmas Tree, bathroom vanity in box, and more! Bring ad to Main Gate for admittance.

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SERVICES

DIVORCE-Uncontested, \$395+\$86 court cost. No court appearance. Estimated completion time twenty-one days. Hilton Oliver, Attorney (Facebook). 757-490-0126 Se Habla Espanol. BBB Member. https://hiltonoliverattorneyva.com.

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You're A Good Man Charlie Brown

December 13-15, \$10 Youth & \$20 Adults

Charles Schulz's beloved 1967 classic comic strip comes to life in Clark Gesner's musical, You're A Good Man, Charlie Brown, and the entire Peanuts gang is here! Witness this charming revue of vignettes and songs as the "Peanuts" navigate the joys and pitfalls childhood with chaotic baseball games, unrequited valentines, World War I flying beagles, and five cent psychiatry.

www.tamswitmark.com

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540-967-5200 LouisaArts.org

LOUISA Arts CENTER

212 Fredericksburg Ave, Louisa

Theater Auditions



The King and I Auditions: Casting All Ages December 19 & 20 at 6:30pm

(Participants only need to attend one audition date)

What to prepare: 30 seconds (or 16-32 bars) of a performance piece that showcases vocal strength and acting ability.

Music by RICHARD RODGERS

Book and Lyrics by OSCAR HAMMERSTEIN II

Based on "Anna and the King of Siam" by Margaret Landon. Original Choreography by Jerome Robbins

540-967-5200 LouisaArts.org

COMMUNITY CALENDAR

Byrd Chapel UMC Christmas Potluck

Byrd Chapel UMC will hold its Pot Luck Christmas Dinner on **Dec. 12** at 5 p.m. Children's program to follow. Byrd Chapel UMC is located at 5371 Venable Road (Rt. 601), Kents Store. If any questions please call 434-589-2142.

Fluvanna SPCA holds fundraising drive

The Fluvanna SPCA is kicking off its 12 Strays of Christmas fundraiser with an evening of good company and fun at the annual 12 Strays Soiree. The event will be held on Saturday, **Dec. 14**, from 6:30-9:00 p.m. at Cunningham Creek Winery in Palmyra. Each ticket includes a complimentary glass of wine, hors-d'oeuvres catered by Troy Market, and 3 door prize tickets, as well as access to raffle items and a 50/50 Raffle. Tickets are \$25 and are available in advance at the Fluvanna SPCA, through their Facebook page, or at Happy Tails Pet Supply in Palmyra. A limited number of tickets will also be available at the door. All proceeds will go directly to the lifesaving work of the Fluvanna SPCA.

FROZEN Jr.

Empowered Players present FROZEN Jr. Join Anna, Elsa, Olaf, and the whole Arendelle crew this Sunday, Dec. 15, at 3 p.m. at the Carysbrook Center for the Performing Arts, 8880 James Madison Hwy, Fork Union. Featuring show-stopping favorites and tunes straight from the movie, FROZEN Jr. Admission \$5 at the door.

Candlelight Service

Beulah Baptist Church in Kents Store (1633 Kents Store Way) will hold its annual Christmas Eve Candlelight Service on **Dec. 24** at 7p.m. 434-589-2245.

The Rescuers

BY PAT WILSON
CORRESPONDENT



As rescue groups and animal shelters struggle to find homes for unwanted or abused animals, individuals can also be credited with opening their hearts and their homes. The dog that wanders the neighborhood, the cat that hides in a barn hayloft or the pet that an older person must give up because of living or health concerns are often lucky

enough to find caring persons to take in them. Over this and future issues of Louisa Life, people will share their stories of compassion.

Karen Donnelly and Teagan

Having been rescued by a dog as a toddler, I believe it must be in my psyche to return the favor. For years,

my father told the story which occurred on the farm just outside of the town of Louisa, where my mother grew up. My grandparents, H. Ryland and Mary Hester, had a mule, and I can still envision my grandfather plowing a field with the animal.

One weekend, when I was about two-and-a-half, my parents, a newborn sister, our dog Blaze and I were visiting from our home in Northern Virginia. Numerous relatives including my mother's siblings and spouses greeted us. In the excitement of the usual oohing and aahing over the new baby, as well as catching up on local gossip, I had wandered out a screen door and toward the mule's enclosure.

At the moment my father realized I wasn't in the house, Blaze bolted through the door and headed in the direction of the pasture, as my father and many of the folks from the house ran behind. I had apparently ventured toward the mule's enclosure which was a ways off and beyond a number of outbuildings. My father said that, as he approached the field, he heard braying and peals of laughter. He could see the mule's rear heels, kicking up into the air. Just beneath those heels, I sat with my back against the barn, laughing at the spectacle occurring a few inches above my head.

My father stopped, frantically thinking how to pull me away from danger. Suddenly, as the mule's head came down to execute its next kick, Blaze, with perfect timing, leapt up and bit into the mule's nose. The mule shook his head but the dog held on and the kicking ceased. Only when my father grabbed me and moved us to safety, did Blaze let go of the mule's bloodied nose. Perhaps, Blaze's action engrained in me that love of dogs.

As a result, I have owned numerous dogs - all of them rescues. While a teen, I worked for a veterinarian. One day someone brought in a young, scrawny, pitiful dog they'd found on the road. Unable to locate the owner, the veterinarian offered to spay, immunize and worm her, if I was willing to keep her. I named the skittish and fearful puppy, Gretchen. She soon learned to trust me and blossomed into a beautiful dog with a collie's tan body and white neck.

Gretchen would be the first of several rescue dogs with varying personalities that my husband Steve and I have welcomed into our family. Nanna was a nurturing and tolerant large bearded collie mix. Mickey was a small border collie/terrier mix with a cock-of-the-walk, impulsive personality that we all found hilarious. Our children grew up reading James Herriot's books and the

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stories of the animals that the British veterinarian encountered in his practice. So, they shared our enthusiasm in caring for and loving dogs.

Now, as empty nesters, we have Laddie who is a small border collie/setter mix and our most recent rescue Teagan, an Australian shepherd mix we adopted from a North Carolina rescue group earlier this year. Teagan, too, was shy and skittish and bore a very thin, sparse coat with a large scar down her back. Our vet believes the scar was the outcome of a flame or chemical burn.

In Gaelic, Teagan means "perfect" or "beautiful." We take great joy that in having brought Teagan's diet up to speed, and, with lots of tender loving care, her coat has grown thick and beautifully over the scar. She, like all our rescued pups, has blossomed into happy, healthy dog.

Richard Hinde and Priscilla

I have to admit that I was always a lab/shepherd person, but that ended when the first Jack Russell Terrier entered my life. I've been raising and rescuing them since I retired from the Navy in 1986. Over the years, I've had as many as five living with me on a farm in Louisa County.

In April 2017, I lost KC (Kinda A Cute) at the age of 15.5 years. Then, in September

Riley-Moose passed at the age of 16. Although the house was empty without them, I didn't feel I was ready for another one.

Finally, in January 2018, I started to search for another companion. Pet Finders was the search engine of choice and, of course, Jack Russell Terrier was the breed of choice. I visited the website periodically for several weeks, but none of the available JRTs seem like a perfect match.

Then, a photo of a 10-year-old tri-colored female JRT was posted by Lizzy's Lodge, a nonprofit rescue organization in Silver Spring, Maryland. But, I even had my doubts about her. After about four times of passing over her, I asked for more information. Priscilla, then called Pinkus, and her sister Mulva were living with their second family which included three kids and a German Shepherd. Fans of "Seinfeld" will recognize the names.

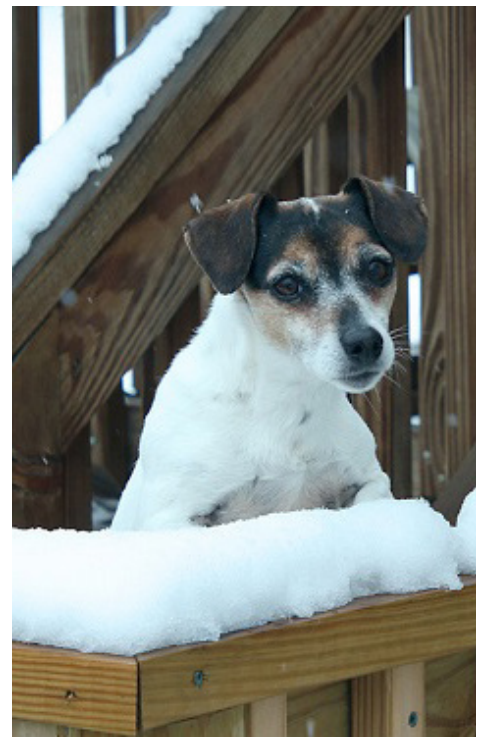
Unfortunately, the two Jack Russells were starting to fight with each other, even to the point of vet visits. So, before either dog or the children got seriously hurt, putting both of them up for adop-

tion in separate forever homes was the chosen option.

I sent my JRT application, including the name of my veterinarian and personal references, to the rescue organization. The response from the owner was that "I was just the type of person she was looking for to adopt the dog."

We arranged a meet and greet at Wolf Trap in Northern Virginia. As I was filling out the adoption papers, I was told Pinkus might not go home with me. I guess I was still being evaluated. Then, as I was signing the final documents, I glanced over and noticed the family was taking her stuff out of their truck and putting everything in mine. Obviously, they considered me suitable.

Needless to say, the Jack Russell came home with me and promptly adjusted to her new name Priscilla, or Ms. Pris, so called because she thinks she owns me! She has settled in quickly, loves being a lap dog with no other canine competition and accepts her status as a full fledge family member.



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Patricia.Arndt@LongandFoster.com



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Morace@sprintmail.com



Our Lake Monticello Office Is a drop off point for toys again this year. We will be collecting toys through 12/13.

3661 Lake Monticello Rd Palmyra VA 22963 434-589-7653

Friday DEC 6 4-8pm and Saturday DEC 7 11-4pm

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