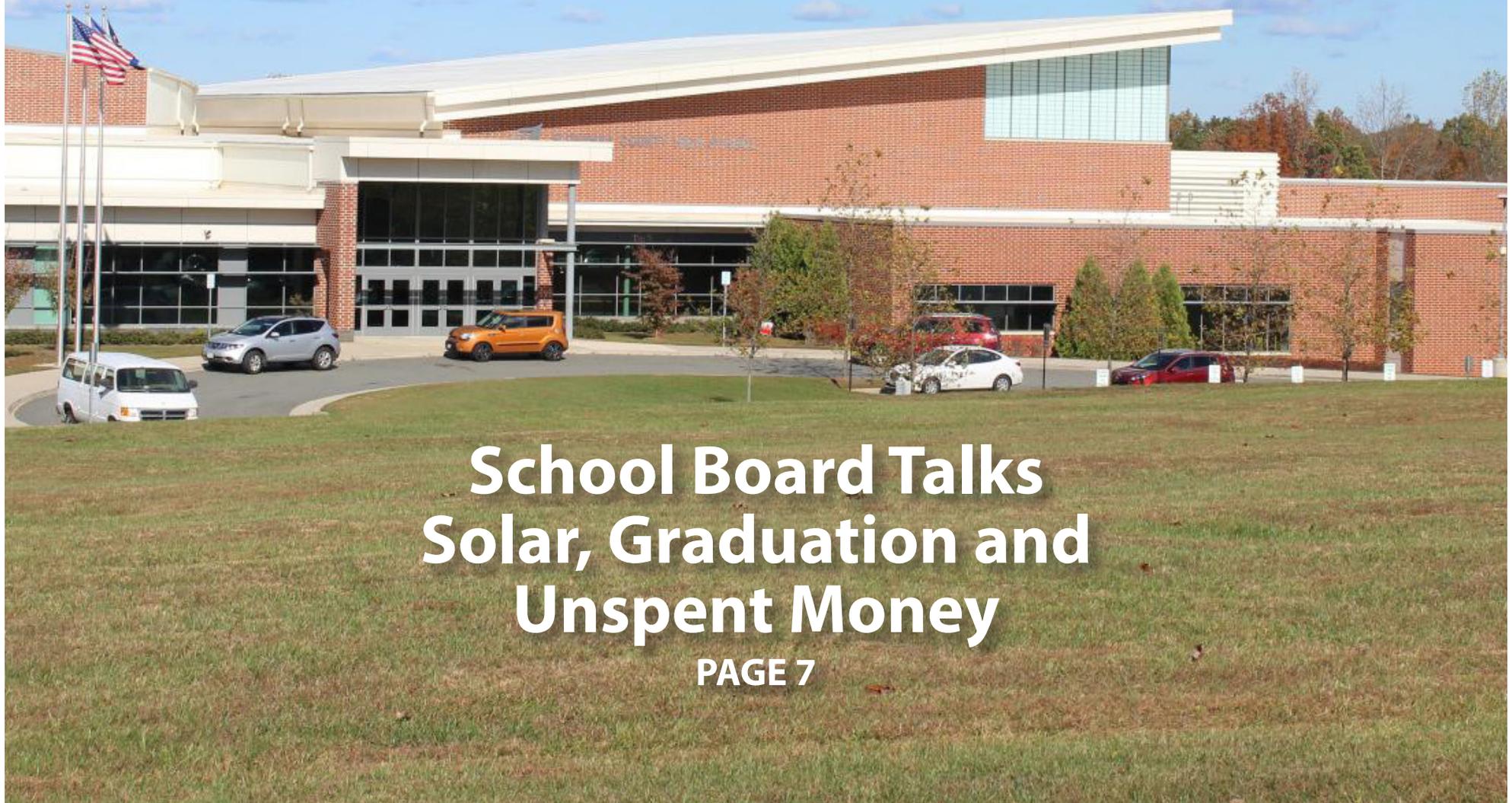


Fluvanna

REVIEW



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SUBSCRIPTIONS

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PHOTO OF THE WEEK

Snow brought a snowman last week. Photo by Marilyn Ellinger.
Cover: Fluvanna County High School. Cover design by Amelia McConnell.



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Fluvanna man charged in connection with rabid dog

BY CARLOS SANTOS
 EDITOR

A Fluvanna County man has been charged with failure to vaccinate his Pitbull, which was captured near Scottsville last month and found to be rabid.

Richard Shane Kelley also faces eight other counts of failure to vaccinate a companion animal and four counts of not having a county dog license, according to Capt. David Wells of the Fluvanna County Sheriff's Office. All the charges are misdemeanors.

Several deputies and citizens sought treatment for possible rabies exposure after encountering the dog. The rabid Pitbull, which had been running loose and showing aggression to other animals and humans, was euthanized.

According to Wells, one dog was seized from Kelley's home on Dec. 26 and was euthanized because "it had direct contact with the infected animal and safe quarantine was not possible."

Deputies returned the next day and seized five cats and another dog when Kelley failed to produce a valid vaccination record. All the animals were euthanized as they also had direct contact with the rabid Pitbull and safe quarantine was again not possible, Wells said.

None of the seized animals were tested for rabies as they were not alleged to have bitten anyone. Rabies is usually transmitted through biting.



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Rudy talks Taxes

BY RUDY GARCIA, OWNER, RIVANNA WOODS FINANCIAL / TAX SERVICES

2020 Mileage Rates

New mileage rates announced by the IRS

Mileage rates for travel are now set for 2020. The standard business mileage rate decreases by 0.5 cents to 57.5 cents per mile. The medical and moving mileage rates also decreases by 3 cents to 17 cents per mile. Charitable mileage rates remain unchanged at 14 cents per mile.

2020 New Mileage Rates

Standard Mileage Rates	
Mileage	Rate/Mile
Business Travel	57.5¢
Medical/Moving	18¢
Charitable Work	14¢

Here are 2019 rates for your reference, as well.

2019 Mileage Rates

Standard Mileage Rates	
Mileage	Rate/Mile
Business Travel	57.5¢
Medical/Moving	18¢
Charitable Work	14¢

Remember to properly document your mileage to receive full credit for your miles driven. If it isn't written down and you are audited, there is a high likelihood it will be challenged and/or disallowed! Don't take that risk. There are lots of tools available to help. We can help you sort through the options.

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Fluvanna Business Corner

How do we promote 20-20 Vision in 2020?

Bryan Rothamel
Fluvanna County Economic Development Coordinatore

Happy New Year! I can still say that, right? I recently went from 20/200 vision to 20/20 vision thanks to corrective surgery. I decided to put some of that 20/20 visioning to work and think about how the year 2020 will shape up for the Economic Development Office. Here is my quick list:

- I'm looking forward to new businesses coming to the county and to strengthening our current business community.
- I can't wait for our increased efforts in tourism and residentism including the first draft of 101+ Things to Do in Fluvanna!
- We will soon have our own LOVE sign thanks to a grant we were approved for.
- We will apply for certification of our visitor center in the Pleasant Grove House.
- We will begin a new marketing campaigns focused for residents and regional tourism.
- Our agritourism is getting stronger by the year. Our agritourism entrepreneurs are innovative and continue to develop new opportunities for residents to interact.
- Our agricultural community is finding new and exciting ways to sell product including via internet as well as direct sales.

- We are working with Go Virginia Region 9 on a blueprint for rural entrepreneurship in our area. Finding ways to directly impact this business segment in 2020 will help speed our capacity quickly.
- The Zion Crossroads Water and Sewer System construction is slated to be complete in 2020!
- Firefly is nearing completion of its first substation in Fluvanna. This affordable high-speed broadband service will help our rural businesses and enhance agritourism entrepreneurship!
- I'm looking forward to #FromFluvanna launching! This will be a fun ride to find people, things, places that are #FromFluvanna. Follow along at www.fromfluvanna.org.
- This will be Year 2 for me in the Economic Development Office and I'm excited to implement everything I took in from the first-year learning experience of 2019.
- I've enjoyed meeting with business owners in my first year and I cannot wait to meet with more business owners #FromFluvanna.

I'm sure something is omitted, if so, blame my brain and not my heart. What are you looking forward to? From Fluvanna, Bryan.

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Harris sets sights on the future

BY PAGE H. GIFFORD
CORRESPONDENT



Josh Harris, Jessica Harris, Mia LaRoche and Grace Lintecum are members of Empowered Players. Photo courtesy of Sharon Harris.

Jessica Harris is one of a growing number of young people who have been homeschooled and have excelled in college. She was not like any teenager, grad-

uating early from high school at 16, and then getting her B.A. from U.V.A. with a major, she created in drama, arts administration and youth and social innovation.

At 20, she has nearly completed her Master's in education and psychology. She is living proof that homeschooling has its advantages and parent involvement is the key.

Her parents recognized she was gifted at an early age.

"My husband and I heard her reading aloud to herself over the baby monitor when she was two and a half years old," said Sharon Harris. "The problem was there was nothing for gifted children until fourth grade." This prompted Sharon Harris to start the education process herself, guided by the needs and interests of her children (son Josh is also homeschooled) and state education requirements. "But I also had to fill in the gaps."

Sharon realized that filling in the gaps meant searching out extracurricular activities such as theater, art, music, dance, and sports to complement her children's basic academic education. Socialization was also a strong consideration and outside interests were essential in providing interaction, making friends, and preventing isolation, which is a concern with those who are homeschooled.

Jessica had been involved in sports, but it was her participation in dance, music, and theater arts that influenced her to take a different direction. It was the Missoula Children's Theater which offered Jessica opportunities form acting to stage managing that set her imagination on fire. The theater magic continued to intrigue her when she joined the Charlottesville Children's Theater and performed at the Paramount Theater. Jessica recalled seeing a back-stage wall where all the performers, like Tony Bennett, had signed it. While at U.Va. she was one of a few students working under the guidance of professors, learning about producing at Lincoln Center.

Jessica said she collaborated with others in the theater and the creative aspect, and seeing the

impact of the arts on the audience and the performers, became her passion. It also made her think about the arts differently, taking a diverse approach through education. She sees the arts not only as a form of entertainment but a way to teach many facets of life.

"My goal is to teach and engage by using the performing arts and education as part of the community." Her goal also includes awareness of social justice, something she learned from her parents, the inclusion of others and interacting with them in meaningful ways to bring about change. Jessica's view is optimistic and progressive. But she is a believer in the arts as a tool to build better relationships.

She began her theater group when she was a teenager and Empowered Players has grown and gives the youth in Fluvanna a chance to experience what Jessica experienced through her creative journey and to learn that the arts are more than entertainment.

"I wanted to serve the younger students in Fluvanna who have no opportunities if they are not at the high school and who could benefit," she said. "Also, I wanted my group to be accessible and affordable for all students regardless of socioeconomic status as well as those with special needs." Empowered Players has never been about money but about sharing a love for the theater arts.

Recently she started a Teen Arts Board under EP, a group of mentors to work with younger children. She is also putting together a talent show and working on an arts festival in the spring. Many would say it can't be done without volunteers and resources.

"Jessica sees a need and figures out how to marshal resources I never considered," said Sharon. "Some approach it creatively and some organizationally but Jessica is both creative and practical." Jessica proves this when time and money restrains her from having the kind of stage setting she could only dream about and she and her brother Josh construct

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the set from whatever materials are handy.

"In youth theater, there is no time for set-building, so we create the illusion and the actors learn to create and live in their environment," said Jessica. "Rehearsals are educational opportunities; it's about fostering a creative environment. I never sacrifice my product. The students learn the essentials of theater, working on characters, diving deeper into roles, but mostly it is seeing the world through the character or someone else's eyes; it's empathy."

Jessica has also taken her troupe

of young players on field trips to U.Va., Four County Players, and Fluvanna County High School to see different levels of theater.

"We extend outside the wall of our group," she said.

Jessica believes that the arts can build bridges and links throughout communities and this not speculation, she is living it.

"It takes a village to make the arts thrive and I am grateful to Persimmon Tree Players and the Fluvanna County Arts Council for helping me make Empowered Players possible."



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New year, new Board

BY RUTHANN CARR
CORRESPONDENT

James Kelley (Palmyra) joined the School Board at his first meeting Jan. 8.

The Board voted unanimously to elect Shirley Stewart (Rivanna) as vice chair and for Perrie Johnson (Fork Union) to remain as chair.

They also voted to keep Board meetings on the second Tuesday of each month with the public meeting beginning at 6:30 p.m.

Superintendent Chuck Winkler said Sun Tribe began work installing solar panels and expects it to be up and running at Central by April, Carysbrook by May, West Central by September, the high school by July and the middle school by November.

"They say it should all be done by the end of 2020," Winkler said. "Before, it was the spring of 2021."

High School Principal Margo Bruce addressed the Board about graduation plans.

The student-led plan to have graduation on Friday evening May 22 is going ahead.

Bruce said she realized she should have told parents right away so they could express their opinion. She vowed to not let that happen again.

Winkler reported a new bus should be delivered within a few days. They also bought a new special education bus.

He asked the Board to consider how they wanted to spend the other \$100,000 the county gave back from unspent 2019 funds.

He said that amount is enough to buy another new bus or to put air conditioning in about 10 of the existing buses that are less than five years old.

The Board will wait until the February meeting to make a decision.

Andrew Pullen (Columbia) said he wanted to do some research and "talk to some people at the garage."

Brenda Gilliam, executive director of curriculum and finance, reported spending is on track for the 2020 budget.

The Board will meet at 8:30 a.m. Jan. 16 for a seminar to get started on the 2021 budget.

About the 2021 budget, Winkler said, "My worry, truly, is the insurance piece."

Staff has not had to pay increased insurance premiums for three years.

"There is no way looking at next year's budget that we won't have to raise insurance premiums," Winkler said. "Whether we, Fluvanna County Public Schools, pays it or we, the Fluvanna County Public School employees, pay it, we're going to have to raise premiums."

Gilliam listed highlights of the governor's budget proposal:

- Additional Funding Basic Aid and Re-benchmarking;
- Compensation- 3% Increase effective July 1, 2021;
- Increased Funding- -Special Education -K-3 Class Size Reduction -Virginia Pre-School Initiative -School Counselors;
- Reduced Lottery funding offset by "Games of Skill" Funding;
- Expected Increase in Local Match- \$1,168,206.

Gilliam said enrollment will be down next year by about 45 students due to lower birth rate and people moving away. That would mean a

decrease in state funding.

In other business, the Board had a lengthy discussion about offering hunter safety training for students.

Don Stribling, executive director of human resources, operations and student services, said he would have more information about different ways to provide the training after an upcoming meeting. He'll report back to the Board and they'll discuss it again at the February meeting.

The Board again discussed ESports. Johnson reiterated her objection to the games chosen for students to play in competition.

"While I certainly see the benefits, I'm completely stuck on the fact that two of the three games have been rated by the entertainment software rating board as containing blood, violence, partial nudity, alcohol and

tobacco use and suggestive themes," Johnson said. "In no way do I think we should be promoting interactions such as these for our students. I hope we don't in any other sport and I don't see the difference with this one. The parents could sign a waiver, but that's just making a decision for their child. We are making the decision for all the students. And not just for young men who are now participating but all the young women who are the recipients of objectification exemplified in some of these games."

The coach for the team, Aaron Grubbs spoke to the Board and answered many questions.

The Board made no decision and said they would continue to discuss it at upcoming meetings.

COMMUNITY CALENDAR

65-Voice Fluvanna Community Singers

Come join the 65-Voice Fluvanna Community Singers for rehearsal of 2020 Spring concert starting **Jan. 23**, at the high school. New members welcome!. Registration for first rehearsal begins Thursday at 6:30 p.m. No tryouts required. Cost \$15 for music. Winter/spring practices held on Thursday evenings 7 p.m. to 9 p.m. Park in H/S BUS Parking lot (lower level). Questions? Call Frank (434) 589-3456

Red Rocker Candy goes wholesale

BY MADELINE OTTEN
CORRESPONDENT



Red Rocker candy is closing the factory store in Troy.
Photo courtesy of Sue Charney.

Owner of Red Rocker Candy, Sue Charney, announced back in October of 2019 that the factory was going to expand due to the wholesale business growth. This meant that on Dec/ 23 of 2019 they permanently closed the factory store, located in Troy in order to expand their production facility.

"I ran out of room to produce our products," said Charney. "I

knew at that point if I was going to stay in business, I had to choose retail or wholesale and I chose wholesale because I understand that side of the business much more than retail."

In 2002, Charney was struggling to find a job; she was laid off from her old job and could not find work. To help with the process, she made candy for relaxation in between job interviews. What

helped kick start her company was when a friend asked Charney if she could buy her candy because it was so delicious. Charney and her late husband then moved to Lake Monticello to start Red Rocker Candy; all she needed was a basement.

And how did Charney get the name Red Rocker Candy? From a very old, red rocking chair that Charney found in a thrift store.

"It had several layers of peeling paint and one of the colors was red," said Charney. "It felt right."

Since the company opened in 2002, the legal side of the food business has drastically changed in the 17 years that Charney has been in business.

"It is much more regulated and a lot more expensive to be in business. Also, the food industry, in general, has been disrupted greatly by Amazon.com," said Charney. "Many, many shops and food distributors have been negatively affected by Amazon. The shopping experience has changed and will not return to the old. But, to be fair, a lot of new businesses have been created because of Amazon.com, so it is tricky."

Currently, the company is in the process of moving the shipping department into what used to be the retail store. In the next couple of years, Charney hopes to add more products to the Red Rocker Candy brand, but for herself, she is looking forward to playing more golf now that she does not have

to work the weekends anymore.

While the retail store is closed, customers can still receive their favorite mixes and place orders online, although, only the mixes will be available since they are discontinuing production of all other products. Those customers who live near the facility in Troy and want to pick up their order can do so by making an appointment. ,

When Charney started her company, she was the sole employee for the first six years. In 2009, her husband became her first employee. Now, depending on the time of year, the company has anywhere from five to 12 employees.

In Fluvanna County, Red Rocker Candy can be found at Cuppa Joe, Jefferson Pharmacy, Cunningham Creek Winery, and Sweet Art Emporium. The Rocking Chair Mix is the most popular mix. Other mixes include Lemon Burst Pretzel Mix, Espresso Jolt Pretzel Mix, Peanut Crunch Pretzel Mix, and Peppermint Blast Pretzel Mix.

With the new expansion in process, Charney is most excited about having the time to travel to new stores and find new customers since she was unable to do so because she had to be present in the old retail store. Every day they are open they gain more customers and Charney wants to get to know all of them.

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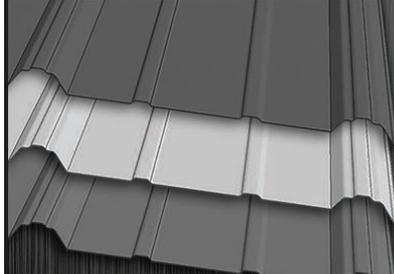
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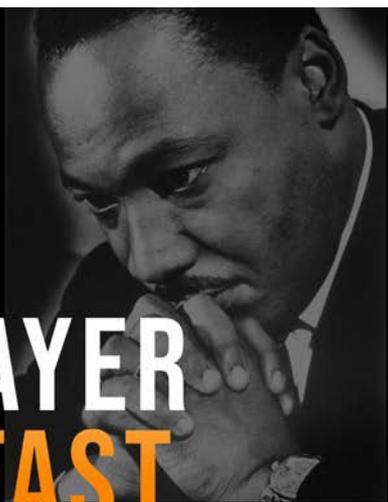
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GoFundMe page set up for Yoder family

PRESS RELEASE

A GoFundMe page has been set up for the Yoder family who were injured after a pickup truck struck their horse-drawn buggy in Buckingham County last month. The address is <https://www.gofundme.com/f/yoder-family-buggy-accidentbuckingham-va>

According to the Virginia State Police, at 3:55 p.m. Friday (Dec. 20), Virginia State Police Trooper J.P. Campbell responded to a crash involving a horse-drawn buggy in Buckingham County. The crash occurred on Rt. 60 near High School Road.

The buggy was traveling east on Rt. 60 when it was struck from the rear by an eastbound 2015 Chevrolet Silverado pickup. The buggy was equipped with flashing lights and a reflective triangle.

The driver of the Silverado, George M. Lee, 67, of Buckingham was not injured in the crash.

There was a Buckingham County family of six riding in the enclosed, two-horse buggy. John Yoder, 36, who was seated outside, was thrown from the buggy when it was struck. Four children - two boys and two girls ranging in age from 2 years to 10 years old were transported to U.Va. Medical Center for treatment

of serious injuries, though all four are home now and recovering. Sylvia Yoder, 31, was transported to U.Va. Medical Center and succumbed to her injuries Saturday morning (Dec. 21).

Lee was charged with reckless driving. Alcohol was not a factor in the crash, which remains under investigation.

One of the two horses had to be euthanized at the scene. The other horse was transported from the scene by a vet for treatment of injuries sustained in the crash.

The Buckingham Chamber of Commerce has agreed to donate \$250 to the Yoder family.

"In doing this, Buckingham Chamber is challenging local businesses to do the same in donating funds toward the medical expenses, transportation, and other needs of the family," said Chamber Vice President Thomas Jordan Miles III.

Make checks out to John Yoder and take cash or checks and mail checks to:
Wise Ridge Country Store
34 Wise Ridge Road (on 15 South)
Dillwyn VA 23936

"Most importantly, we ask you to continue to pray for the Yoder Family, the Lee Family, and others affected by this accident," Miles said.

Woods and Wildlife conferences in Culpeper and Roanoke

PRESS RELEASE

Owners of woodlands large and small can learn how to maximize their property's potential at one of two Woods and Wildlife Conferences this winter. Locations will be Hollins University in Roanoke on Feb. 15, and Germanna Community College's Daniel Technology Center in Culpeper on Feb. 29. Both events will run from 8:30 a.m. to 4:30 p.m.

"This conference addresses the latest issues and trends in forest and wildlife management," said event founder Adam Downing of Virginia Cooperative Extension. "This will be our sixteenth year in central Virginia, and the second in Roanoke."

Collaborators from public, private, and industrial entities plan the con-

ference, with sessions that are applicable to both large and small property owners. Specific topics differ by location, but they include forest health, forest products, creating and maintaining various habitats, timber sale and harvest considerations, human-wildlife conflicts, and more.

The cost of the conference is \$45 per person or \$80 per couple, which includes lunch and materials. Registration and program details for both locations can be found at <http://forestupdate.frec.vt.edu/>, under Landowner Programs. The deadline to register is Feb. 1 for Roanoke and Feb. 20 for Culpeper. For more information, contact Jennifer Gagnon at 540.231.6391 or jgagnon@vt.edu.



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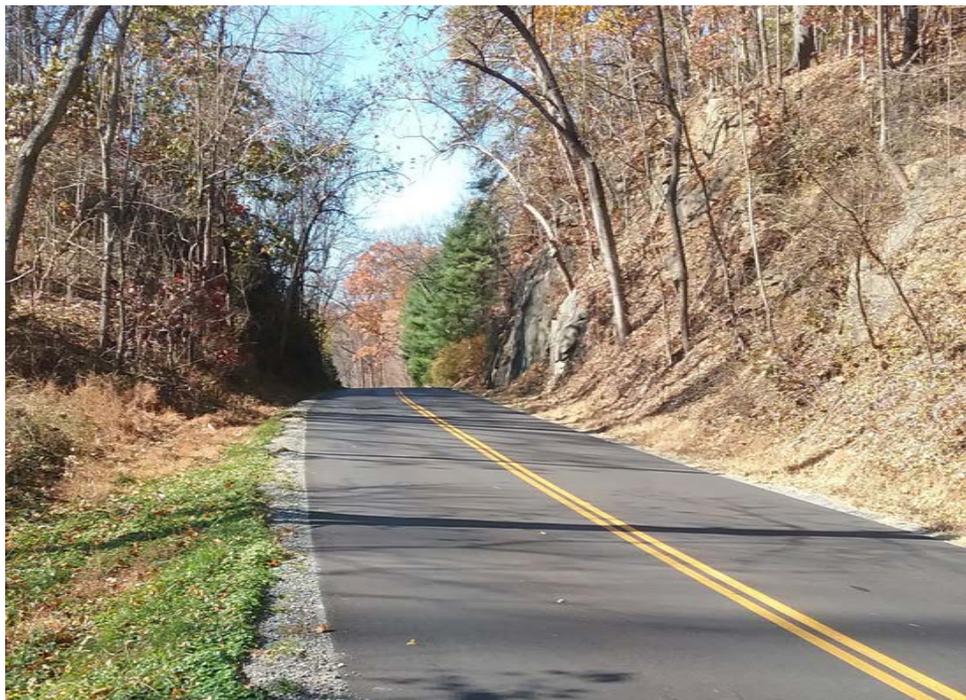
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The history behind the Staunton and James River Turnpike

BY PATRICK HEALY
CORRESPONDENT



The Notch at the crest of Israel's Gap, east of Batesville on Plank Road.
Photos by Patrick Healy.

In the decades leading up to the Revolutionary War, this sweet land around the Horseshoe Bend was still part of the frontier. West of the Blue Ridge lay an almost foreign frontier, more settled by Germans down from Pennsylvania, than by Englishmen up from Williamsburg. Beyond the Alleghenies lay wilderness. This area was simultaneously claimed by England's Virginia colony, France, and several confederations of tribes native to those lands. Shot, shell, and the 7 Years War ensued.

Back here, the area then known as Albemarle began to divide itself into the discrete political entities of Louisa, Fluvanna, Buckingham, Nelson, Amherst, and Albemarle counties. Eventually, the county seat moved from Scott's Ferry, or Scott's Landing, to Charlottesville.

In its earliest days the little settlement of Scottsville was not unlike a frontier town in an old Hollywood western. There'd be a tavern, which would serve as church or courthouse, depending on which circuit rider was present. The ferry got wagons across the river, and bateaux could get passengers or goods to the deep-water port of Richmond. Add a scattering of structures, a livery stable, and a stockyard corral and you'd pretty much have it. Nearby were small farmsteads and Monacan villages. Instead of cattle barons and cowhands, there would be planters and their slaves.

Though the colonial capital of

Williamsburg was more concerned with Tidewater Virginia, and trade with the mother country than with the colony's wild west, in 1764 the legislature authorized the county of Augusta to collect up to £150 to build a road through the Rockfish Gap. At the time, the Three Noc'd Road and Wood's (now Jarman's) Gap led travelers across the Blue Ridge and into the Shenandoah Valley. The War for Independence came, and in 1780 Virginia's government moved to Richmond. With victory in 1783, came a new nation, and with that the Commonwealth's newfound interest in its mountainous west. In 1790 the legislature approved a lottery to raise £400 to repair the Rockfish Gap Turnpike, and extend it, "...to Nichol's and Scott's Landing, on the Fluvanna." as the James River west of Point of Forks was often called back then. The funds were raised, but the new road was never built, though the Rockfish Gap Turnpike was improved, and continued to thrive. With the arrival of the new century we entered our Turnpike Era (c. 1800 - 1830).

By 1816, a long-standing issue for Virginia's western counties began to simmer. At the time there were only 4 state senators representing the 210,000 souls living west of the Blue Ridge, while the 160,000 Virginians scattered across the Piedmont and in Tidewater had 13 senators. Western business and political leaders convened in Staunton that year, then went to Richmond with their con-

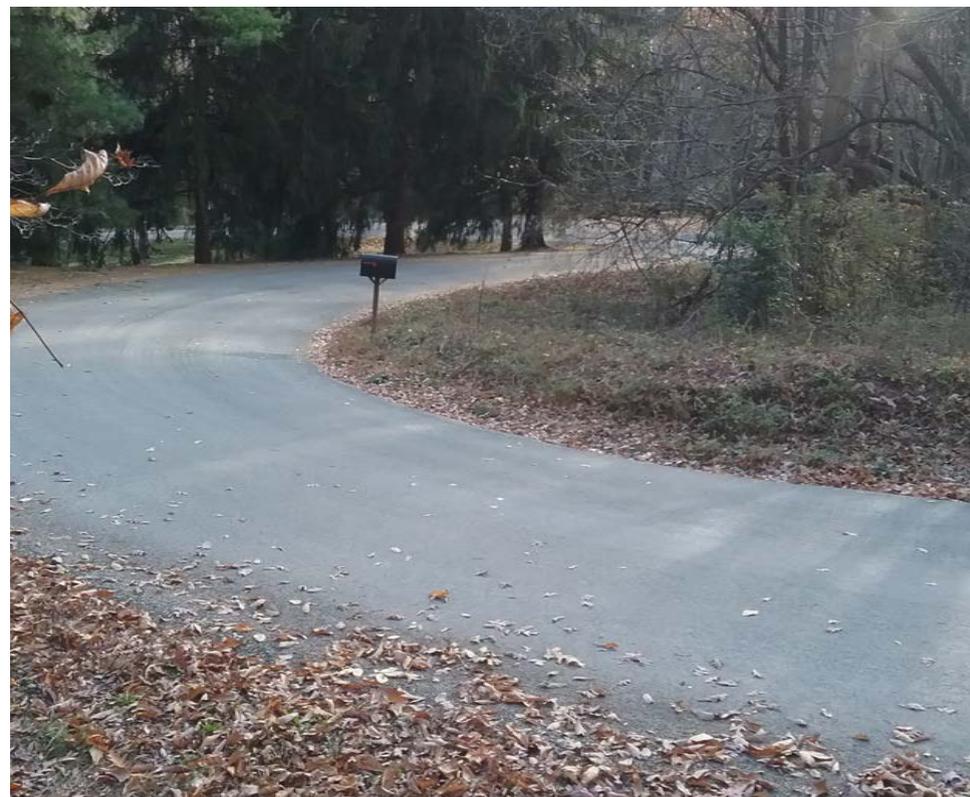
cerns. In response, the legislature created The Bureau of Public Works, which authorized the construction of the James River & Kanawha Canal to, "...improve river travel up to Buchanan." Then, in 1818, the General Assembly called for a \$200,000 subscription to build a good road connecting the hub city of Staunton to the shipping center of Scottsville. Richmond's concern was its loss of revenue from the Shenandoah Valley. Without a dependable, or even decent, way to cross the eastern mountains, western producers were sending their goods up the valley, to Baltimore or Philadelphia.

When investors didn't bite, the legislature sweetened the deal, proposing in 1818 a public/private, 40/60 split of the costs. This did the trick. By the following year, subscriptions totaled \$50,000, so the Commonwealth duly release \$20,000, which included the old, unspent lottery revenue. The Turnpike was in business. The funding legislation called for a road, "...30' wide, well graded, and paved when deemed essential..." by the project's lead engineer. On this point, the road builders were in luck. The Commonwealth's engineer at that time was preeminent. Claudius Crozet had previously drawn his pay from the likes of the Emperor Napoleon, and Czar Nicholas I. And he was already in the area, scoping out the terrain for what would become his most famous

project, the Blue Ridge Tunnel, which he would undertake a couple of decades later. By the Spring of 1826, the first tolls were being collected along the Staunton to Waynesboro stretch, and in 1827 subscribers received their first dividends.

In its particulars, Crozet didn't care much for the way the Turnpike had been built. In the Valley portion, funds had been squandered by building string-straight rather than coping with the terrain. The grades over the Blue Ridge were too steep, while the path from Brooksville to Batesville was, "...low and miry." And the road was frequently over-crowned, with its center as much as 15" higher than its edges. All and all, Crozet felt that the new turnpike was, "...not so good as it might have been...nevertheless, one of the best..." The costs varied with the topography. In the profligate valley, construction costs ran to \$700/mile. Going up to, over, and down from the Rockfish Gap ran \$5,500/mile. The stretch from Israel's Gap to Scottsville - coped, not straight - came in at a frugal \$685/mile.

The Turnpike was a rip-roaring success. Designed to draw commerce from Augusta, Nelson, and Albemarle counties, it became the route of choice for producers from Bath, Rockbridge, and Pendleton counties, among others spread across the mountain and valley portion on the Commonwealth. And no wonder. In



Sharp switch-backs climb Old Turnpike Road, on Afton village's east side.

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a study conducted in 1844, Edwin M. Taylor found that a barrel of flour cost \$.96 to ship from Staunton to Baltimore. Shipping the same barrel to Richmond, via Scottsville, cost \$.68. That \$.28 difference was an enormous boon to the western producers. Scottsville became a booming town, with thriving docks, fine homes and churches, banks and hotels. Wagons by the dozens lined the riverside streets, where they off or on loaded goods from dawn till dusk. But the Turnpike was no charity, organized for the benefit of barrel shippers. It was a highly profitable business. The same 1844 study showed that the company could enjoy a 72% gross profit margin on revenues of about \$18,000, if it improved its services. Taylor had undertaken the study to justify the added and, in his view, much need expense of Macadamizing the Turnpike; referring to John McAdams' process of paving roads with crushed stone.

But then, as now, shareholders cast a flinty eye on the expense section of the annual report. Deferred maintenance, along with the structural shortcomings initially highlighted by

Claudius Crozet, was causing problems with day-to-day turnpike operations. Several sections - most notably, the low and miry Brooksville to Batesville run - would keep an open gate policy (i.e. no tolls) for weeks at a time, due to their poor surface conditions. Competition, offered by the newly Macadamized Staunton-Parkersburg and Staunton-Winchester Turnpikes, was drawing Valley commerce to western, or northern ports. And everyone knew that railroads would be the next big thing. Once Crozet's crews punched that hole through the Blue Ridge, the Turnpike would be yesterday's news. So the investors opted for the cheap solution, which is why today we call Routes 692 and 712, from the Brooksville area to Keene, the Plank Road.

Those words might conjure a sort of wooden railroad; two parallel lines of planks, on which the wagon's wheels could roll. Indeed, back in the day, plank roads were derided as farmer's railroads. Which is correct, if the railroad was flipped over, with the rails on the ground and the wooden cross-pieces on top, like a boardwalk. Such structures are rela-

tively cheap to build, and maintain - in theory. In practice, it depends. If you and your sweetie go strolling, with cafes and souvenir stands at the one hand, sand and surf at the other, boardwalks work quite well. But yoke four iron-shod oxen to a heavy wagon with a few tons of lumber on board, and drag that over the planks and it won't be just the theory that breaks down. In the end, the cheap fix proved to be good money after bad. By 1860, the Turnpike collected only \$293.45, but reported expenses of \$80,190.64. It was over.

These days we take for granted good roads, as public facilities. But for most of our history that wasn't the case. When the Turnpike company went belly-up, nobody owned those roads. Heavy use dictated that the Commonwealth or the County - somebody! - would, sort of, maintain the Scottsville Road and the Rockfish Gap Turnpike. Even so, by today's standards those roads would be impassable. The Plank Road would be worse. The same nobody that owned it took care of it. Contemporary accounts speak of the Mud Turnpike. No doubt, a farmer dealing

with a couple of mules knee-deep in the muck might choose other, less descriptive words. Finally, on March 31st, 1860 the General Assembly passed a law permitting Albemarle County to purchase the roads. But it wasn't until after World War I, and the mass acceptance of the automobile, that the United States started to get serious about its road networks.

Today the Plank Road is beautifully paved, and shouldered by valuable Albemarle County real estate. U. S. Route 250 connects Richmond, at the fall line on the James River, to Sandusky Ohio on the western tip of Lake Erie, traversing some of the most beautiful and historic land in the eastern third of our nation. Virginia Rt. 20 meanders down the Piedmont from Wilderness to Dillwyn, passing through town on its way. Though great loads of timber still pass along, river traffic has dwindled to the occasional kayak, and the seasonal flotillas of inflated inner-tubes. We call our little patch of the old Staunton & James River Turnpike Valley Street.

Hmm...wonder which valley that is?
Production of this article relied on



The more things change: (Left) The old Tavern on East Main Street now houses Images Salon. (Right) The former Garland's Store on the corner Plank and Old Lynchburg Roads is now a private residence



Looking south, down the upper Rockfish Valley from Stagecoach Road, just west of Afton village. The southern entrance to Crozet's Blue Ridge Tunnel is about 100 feet directly below this point.

The more they stay the same: Crossroads Tavern (c. 1820) is currently The Crossroads Inn, at Plank Road and Rt. 29.

Photos by Patrick Healy.

The whiskey wars of Buckingham County

BY JOANNE L. YECK
CORRESPONDENT



A poster illustrating the vote for and against Wet or Dry in the County of Buckingham. Courtesy of Joanne Yeck.

This month marks the 100th anniversary of the enforcement of the Volstead Act, which prohibited the production and sale of alcohol across the United States. Long before the nation went dry, Buckingham County led the way, outlawing the sale of liquor within its borders.

On April 11, 1903, Maysville District, which included Buckingham's courthouse and the town of Maysville, held a vote to decide whether or not liquor would be sold there after the current licenses held by the saloon-keepers expired. Richmond's *The Times-Dispatch* covered the story, saying: "The whiskey men say they will make a fight if the temperance people do." The newspaper punctuated the notice, commenting: "More clear money has been made in the [whiskey] business here than most any other, and they are loath to give it up." Three days later, the newspaper reported the outcome of the vote: "One hundred and seventy votes were cast, and the dries won by a vote of two to one."

Meanwhile, in Marshall District, which included Arvon and New Canton, friction between the wets and the dries mounted and, following Maysville's decision, Richmond's *Times-Dispatch* announced the coming conflict:

ARVONIA, VA. April 20 – A fierce war is raging in Arvon between the dries and the wets. The former, under

the direction of Mr. A. L. Pitts, are busy with their petition seeking the signatures of the voters of Marshall District to enable them to fight for the cause of temperance, while the latter, under the leadership of Messrs. L. B. Lesueur, White and Trent, saloon-keepers in this section, are busy canvassing in opposition to the dries' petition.

In Marshall District, wets won by a majority of just one vote. Judge Moss, who apparently anticipated considerable celebrating in Arvon, appointed Mr. Lesueur a "special policeman" over his own barroom.

The contest did not end there. In July, Marshall District faced another vote to determine whether or not licenses to sell liquor would be renewed and the "dries" began a big push to convince the public that temperance was the way of the future. On June 5, *The Times-Dispatch* reported:

There are two flourishing bars in the district, one in this town (Arvon) and the other in New Canton, three miles north of here. . . . Most of the businessmen and quarry operators of this town are active in behalf of prohibition on the grounds that the bars are detrimental to their business interests. So far, the issue is in doubt, both sides claiming that they will win. If the district goes dry there will remain only one wet district in Buckingham county and that one has only one small saloon.

Slate River District was the holdout.

In mid-June of 1903, a series of anti-liquor programs was launched in Marshall District by Professor S. C. Mitchell, the president of Virginia's Anti-Saloon League, who delivered "a fine address to an enthusiastic audience" in Arvon's Williams' Hall. Mitchell was introduced by Rev. Plummer Jones of Arvon Presbyterian Church.

On July 3, 1903, *The Times-Dispatch* noted that "Mr. J. W. West, field secretary of the Anti-Saloon League of Virginia, has been in the [Marshall] district a week, speaking in churches, halls and on roadsides to large audiences of people, and has so enthused the temperance element that they claim certain victory on July 11th, when the election takes place."

West's last speech at Mt. Zion Baptist Church, near New Canton, was attended by a large audience and he was followed by Rev. James

E. Cook, of Richmond, who preached each night for a week at Arvon Presbyterian Church.

The women of Buckingham County did not yet have the power of the vote, however, they were not without influence. *The Times-Dispatch* noted:

On election day the young ladies of Arvon, belonging principally to the Presbyterian and Baptist churches, will go to New Canton, the voting precinct, in a body, floating a banner and wearing streamer anti-saloon badges. They have secured a house and ground on the principal street in New Canton, and will there serve refreshments, such as ice cream, fruits, coffee, etc. to the friends of the temperance movement. It is understood that the ladies at Gold Hill, the other voting precinct, will proceed along similar lines.

The day following the election, *The Times-Dispatch* ran the Buckingham County news on its front page:

WHISKEY WINS IN BUCKINGHAM The Wets Carry Marshall District by Three Majority. A Great Surprise.

Buckingham County citizens may have been shocked and, on July 17, the newspaper updated the story, printing: "The whiskey men carried the election in New Canton District (sic), but the election is being contested on the grounds that some voted who had not right to do so." Four days later, The Times-Dispatch expanded on the story:

. . . The election, instead of allaying, only intensified the excitement in the district, and especially in the towns of Arvon and New Canton. The fight against liquor is the sole topic of conversation upon the streets, the highways and the farms, and it is certain that on August 10th, when the case comes before the County Court, there will be present one of the largest crowds that ever went from this section of the county.

Both sides have employed able counsel and both sides are strengthening their lines.

The dries claim that there were many illegal votes cast for the wets, and that there was much irregularity and the fact that all of the judges at the New Canton Precinct were "wet" men seems to strengthen their cause.

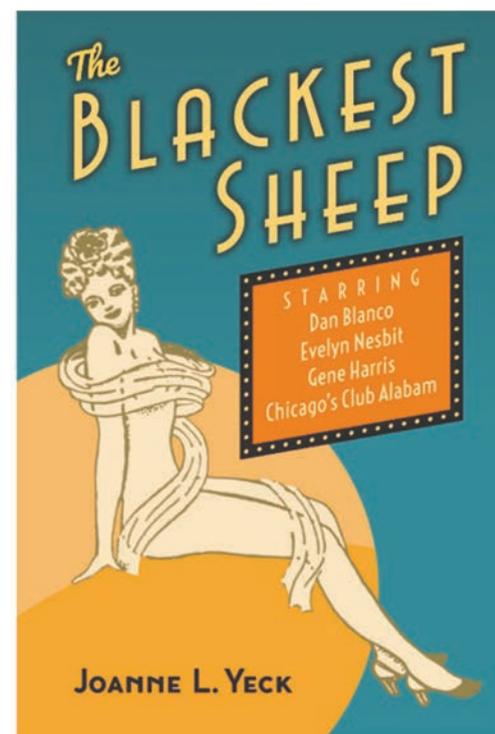
The church people and the leading business people – such as the quarry operators, merchants and physicians – are will nigh unanimously working for

local option. On election day the town of Arvon cast only 6 or 8 wet votes, the quarry people being almost unanimous against the sale of liquor here. The negro vote was cast, with a few sporadic exceptions, in favor of liquor.

Last week, when the question of contest was being agitated, the excitement became intense and Saturday at New Canton two or three dangerous rows were narrowly averted. At present the result of the fight cannot be seen, but the advocates of local option insist that the fight will never be given up until every bar in the county is closed.

The immediate outcome of this hearing is unknown, however, before 1909, Marshall and Slate River districts dried up and Virginia was completely dry by November 1, 1916—long before the national Prohibition went into effect on January 17, 1920.

In Buckingham County, it would be a long fight among the whiskey men, outlaws, scofflaws, and the revenuers until 1933, when national prohibition was repealed.



In her newest book, *The Blackest Sheep*: Dan Blanco, Evelyn Nesbit, Gene Harris & Chicago's Club Alabam, Joanne Yeck recounts how Prohibition affected one of Chicago's most popular nightspots, Club Alabam, owned by her great uncle, Gene Harris, whose family roots in Buckingham County ran deep. *The Blackest Sheep* is available locally at Baine's Books & Coffee and at many online bookstores.

College educators push for better pay, affordable tuition and press protection

BY JEFFREY KNIGHT
CAPITAL NEWS SERVICE



More than 30 educators and five students from colleges around Virginia visited almost 90 legislators' offices last week to advocate for higher education initiatives.

Higher Education Advocacy Day, held Thursday, included faculty from James Madison, George Mason, Virginia Commonwealth and Virginia Union universities as well as community colleges around the state.

Access to affordable higher education was a key talking point. Gov. Ralph Northam's proposal for the upcoming budget increases financial aid for eligible students by more than \$45 million. The governor's proposal also includes increasing support for the Virginia Tuition Assistance Grant Program (TAG), which currently provides up to \$3,400 in tuition for undergraduate students attending private, nonprofit colleges in Virginia. The grant would increase to \$4,000 per undergraduate student.

"We believe these are important investments in access to higher education and urge the General Assembly to adopt these budget proposals," organizers said in their talking points.

Another concern for educators was faculty compensation. Virginia's college faculty salaries are lower than salaries at peer institutions. Organizers said competitive salaries are key to retaining quality educators and researchers.

"If we invest in education, there will be higher returns," said Patricia Cummins, professor of world studies at VCU.

Educators also lobbied for House Bill 36, patroned by Delegates Chris

Hurst, D-Montgomery and Danica Roem, D-Prince William. This bill ensures student journalists the right to exercise freedom of speech and the press in school sponsored media. Sen. David Marsden, D-Fairfax, introduced the companion bill in the Senate, SB80.

"Journalism is not public relations for a school system," said Roem, a former journalist for the Gainesville Times and the Prince William Times. "Just because an administration official doesn't like your story does not mean they should have the ability to censor what you are trying to reveal or what you are trying to report."

Attendants also advocated for SB220 which allows individuals registered under the Deferred Action for Childhood Arrivals program to receive in-state tuition at public colleges. Meanwhile, HB 1179, gives refugees and those with Special Immigrant Visas who reside in the commonwealth the right to apply for in-state tuition at such institutions.

Educators also anticipate there will be bills to address the Virginia Supreme Court's decision in *Transparent GMU v. George Mason University* in which the court found that the university's fundraising foundation is not a public entity and therefore not subject to Freedom of Information Act requests.

"These bills would make it statutory that a foundation is 'of the public body,' and thus subject to FOIA requests," according to the talking points. "We will support this legislation!"

Event organizers also were concerned about certain bills, including

HB 228, sponsored by Del. Nicholas Freitas, R-Culpeper. The bill allows students or student organizations to sue colleges or their employees for violating laws relating to campus free speech.

"Virginia law already protects students' First Amendment rights, including the right of student organi-

zations with a religious or political mission to limit organization leadership to persons committed to that mission," stated the talking points. "Presumably students already have the right to seek legal action. Introducing specific language into Code seems to invite judicialization of internal management of student life."

25 Years **THIS WEEK'S PET**

HELLO I'M HOLLAR! APPROX. 3 YEARS OLD, MALE

Hollar is a big sturdy pit bull with a personality to match. He is so quirky and fun! He's white with the cutest black spot on his back and a black stripe around his tail. If you want a goofy guy, come meet Hollar. Hollar will need some basic training on some behavior and manners as the shelter life has him worked up. He is also dog selective, so we would recommend a meet and greet with any current canines to make sure they mesh well. *Current on all vaccinations, micro-chipped and neutered.*

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My name is Laken APPROX. 2 YEAR OLD FEMALE

I was brought to the shelter as a stray and we have looked for my family and so far no luck. I am a shy girl and the shelter stresses me out.

I am on the lonely heart club and my adoption fee is \$20.

I am current on all shots, micro-chipped and spayed.

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25 Years **THIS WEEK'S PET**

HI I'M SWIRLY! Approx. 2 years old, female. Australian Cattle dog/Hound-mix

I'm a sweet n' sassy girl in search of a loving home to call my very own. I'm super-smart, have lots of energy, and am very outgoing. I can be a bit of a bossy pants with my doggie friends, but when corrected I remember my manners. My ideal home would have adults with maybe teenage children living there because they can handle my intelligence and rambunctiousness and respect that I want to guard my fun toys. I'm micro-chipped, spayed, up-to-date on my vaccinations, and have enthusiastically waited to get adopted since 8/22/18.

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Late layup gives Fluco boys a win over Little Giants

BY DUNCAN NIXON
CORRESPONDENT



David Campbell (14) soars on opening tip.

With the seconds ticking down and the score tied 57-57, sophomore Fluco guard Isaac Rivera drove hard to the basket and squeezed between two Waynesboro big men for a lay-up that bounced and bounced on the rim before falling through the hoop. The game appeared to be over. However, after some consultation, the officials decided that 1.3 seconds should be put back on the clock. The Little Giants' subsequent long inbound pass was deflected and the Flucos had a hard-fought win over their rivals from across Afton Mountain. The game was played on Flucos home court on Jan. 9 after a one-day snow delay.

The Flucos jumped to 17-10 lead after the first quarter and led most of the game, with the Little Giants taking the lead in the third quarter followed by the Flucos grabbing the lead back. In the fourth quarter, the Little Giants again came back to tie the score and set up Rivera's heroics.

In the first quarter, Rivera had five points on a three-point shot and a two point basket. Junior forward John Rittenhouse also had five, scoring the Flucos first five points with a lay-up on a nice pass from sophomore guard Kobe

Edmonds and on a traditional three-point play on steal and lay-in on which he was fouled.

The second quarter opened with Fluco freshman guard Bobby Gardner hitting a three-point shot for a ten-point Fluco lead. After a free throw by the Little Giants, Rittenhouse also nailed a three and the Flucos had their biggest lead of the night 23-11. Waynesboro fought back scoring consistently from the inside. They won the rest of the second quarter 16-8. Seven of those Fluco points were scored by Edmonds. The Flucos led at half-time 31-27.

The third quarter started with another three-pointer by Rittenhouse, to make it 34-27. However, the Little Giants then went on a ten-point run to take a three point lead. Edmonds responded with a tough drive for a basket, and a tough drive for two free throws. Gardner hit another three-point shot and at the end of the third quarter the Flucos were back on top by six 46-40.

In the fourth quarter all of Fluvanna's points came from sophomore guards Edmonds and Rivera. Edmonds, who is a driving machine, a la James Hardin, went to the line frequently and converted five free throws in the quarter.

Rivera had two free throws and all three of the Flucos' two-point baskets in the quarter.

The Little Giants started the fourth quarter with another run. This time they had nine straight points to take a three-point lead, before the Flucos responded with two free throws by Rivera. Rivera scored on a lay-up to regain the lead for the Flucos, but Waynesboro responded with a lay-up of their own to take a one-point lead halfway through the quarter. Another lay-in by Rivera and two free throws by Edmonds put the Flucos up by three. Waynesboro scored a lay-up and Edmonds hit two more free throws. The Flucos led 56-53 with 2:21 left. Edmonds made one of two at the line for a four-point lead. Waynesboro called time-out with 1:14 left. A lay-in by one of the Little Giants good big men cut the lead in half. Waynesboro called time-out again and when play resumed a rebound basket by the Little Giants tied the score. The Fluco guards moved the ball around

looking for an open shot, and with time running out Rivera took the ball to the hoop for the winning score. Edmonds led the scoring for the Flucos with 22. Rivera had 14 and Rittenhouse scored 11.

After the game, first year head Coach Heath Bralley was understandably happy with his team's performance. He noted that he felt that his junior big men Daniel Campell and Rittenhouse did an excellent job on the inside against two talented and bigger big men from Waynesboro. The Coach also explained that Rivera is a welcome addition to the teams' backcourt, as he missed some early season games due to injury. With Edmonds, Rivera and Gardner the Flucos have a very talented and very young backcourt.

The Fluco boys played at Charlottesville on Jan. 10 and hosted Rockbridge High on Jan. 13. On Jan.15 and Jan. 17 they will be on the road at Western Albemarle and Louisa County.



John Rittenhouse shows nice form on three-point attempt.
Photos by Deborah Nixon.



NOTICE

The Fluvanna County School Board voted unanimously on January 8, 2020 that the Regular School Board Meetings for February 2020 through January 2021 would be scheduled for the second Wednesday of each month. The meetings will begin with a Closed Session at 5:30 p.m. and the Regular Meeting starting at 6:30 p.m., unless otherwise noted. All meeting information is available for review at www.fluco.org. The meetings will take place at the Fluvanna County School Board Office located at 14455 James Madison Highway, Palmyra VA.

Jeremy Armentrout earns Eagle Scout award

PRESS RELEASE



Photo by Randy Seelye.

Jeremy Armentrout, a member of Boy Scout Troop 154 and a resident of Fluvanna County, has earned the honor of Eagle Scout, the highest rank that the Boy Scouts offers. Only three to four percent of Boy Scout members ever attain this prestigious honor.

Jeremy, 18, son of Eric and Michele Armentrout, and a senior at Fluvanna County High School, achieved the 21 merit badges required to receive the Eagle Scout award. For his final project he built and installed benches for

Pleasant Grove Park's new Disc Golf Course.

Jeremy would like to thank all the volunteers who helped him with his Eagle Project, and also thanks all of the Scout leaders who volunteer their precious time to give our youth the experience and training that will help them be prepared for life.

A ceremony honoring Jeremy's achievement took place on Saturday, Jan. 11, at the Fluvanna Community Center in Fork Union.

Troop 154 is part of the Stonewall Jackson Area Council. The Scout troops of this council are very active in the Scouting program. Jeremy has backpacked over 300 miles since 2014. These treks included a 50 miler along the Appalachian Trail, from the James River to the Tye River. Jeremy was also with a crew of scouts who completed a 70 mile plus backpacking trek at Philmont Scout Ranch, New Mexico in 2015.

Jeremy has worked at the Trading Post at Camp Shenandoah for the past four seasons. Jeremy is also a Vigil Honor Member of the Order of the Arrow, Shenandoah Lodge 258. Currently, Jeremy is president of Venturing Crew 763.

VIRGINIA: IN THE CIRCUIT COURT FOR THE COUNTY OF FLUVANNA

WALLACE WELLS,

Plaintiff,

v.

Case No. CL19000829-00

ESTATE OF RANDAL WELLS, Deceased,
Address unknown Serve by publication

ESTATE OF HARRY WELLS, Deceased,
Address unknown Serve by publication

ESTATE OF JANET ESTELLE VAUGHN a/k/a JEANETTE GORDON, Deceased,
Address unknown Serve by publication

ALJOURNEY WELLS, JR., if living or if he be dead, his heirs, devisees, and successors in title,
Address unknown Serve by publication

WAYNE WELLS, if living or if he be dead, his heirs, devisees, and successors in title,
Address unknown Serve by publication

DONNA WELLS-TUCKER, if living or if she be dead, her heirs, devisees, and successors in title,
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JACQUELINE WELLS, if living or if she be dead, her heirs, devisees, and successors in title,
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MARVIN WELLS, if living or if he be dead, his heirs, devisees, and successors in title
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MARIE WELLS STEVENSON, if living or if she be dead, her heirs, devisees, and successors in title
Address unknown Serve by publication

WALTER EVANS, if living or if he be dead, his heirs, devisees, and successors in title
Address unknown Serve by publication

and

PARTIES UNKNOWN, including without limitation, the HEIRS OF RANDAL WELLS, HARRY WELLS, JANET ESTELLE VAUGHN a/k/a JEANETTE GORDON, and any other named Defendant who may be deceased, or, if said heirs be dead, their heirs, devisees, and successors in title,
Serve by publication

Defendants.

ORDER OF PUBLICATION

The object of the above-styled suit is to quiet title to that certain real property located in the County of Fluvanna, Virginia, as more particularly described as follows:

All that certain tract or parcel of land, with improvements, thereon and appurtenances thereto, situated in the County of Fluvanna, Virginia, containing 36 acres, more or less, as shown on a plat by Luther R. Payne, S.F.C., dated July 7, 1873, and recorded in the Clerk's Office of the Circuit Court of the County of Fluvanna, in Deed Book 21 (OS), page 447. LESS AND EXCEPT the off-conveyance of 5 acres, more or less, by deed recorded in Deed Book 32, page 329. FURTHER LESS AND EXCEPT that certain strip on parcel of land conveyed to the Commonwealth of Virginia by instrument recorded in Deed Book 58, page 56. The subject is further depicted on Fluvanna County Tax Map 48, as Parcel A-43 (the "Property").

This is proceeding *in rem* and the entire *res* is located fully within the jurisdiction of the Court. Further, upon exercise of due diligence, the location and addresses the named Defendants have been unable to be identified. Although Plaintiff has no actual knowledge of any additional parties claiming title to the Property, there may be other parties whose names and addresses are unknown who claim an interest in the Property, who are made parties defendant by the general description of "PARTIES UNKNOWN, including, without limitation, the HEIRS OF RANDAL WELLS, HARRY WELLS, JANET ESTELLE VAUGHN A/K/A JEANETTE GORDON, and any other named Defendant who may be deceased, or, if said heirs be dead, their heirs, devisees and successors in title."

UPON CONSIDERATION of the Plaintiff, by Counsel, moving this Court for a judicial order of publication, and

IT APPEARING by affidavits filed in accordance with Va, Code Ann. § 8.01-316 (1950) that (i) diligence has been used without effect to ascertain the location of the named Defendants and their addresses remain unknown, and (ii) there may be other parties claiming an interest in the Property identified as "PARTIES UNKNOWN, including, without limitation, the HEIRS OF RANDAL WELLS, HARRY WELLS, JANET ESTELLE VAUGHN A/K/A JEANETTE GORDON, and any other named Defendant who may be deceased, or, if said heirs be dead, their heirs, devisees and successors in title" who, after due diligence, cannot be identified and their addresses remain unknown, it is therefore

ORDERED that the defendants appear on February 13, 2020 at 1:00 p.m. in this Court to protect their interests.

And, it is further ORDERED that this Order be published once a week for four (4) successive weeks in the Fluvanna Review, a newspaper of general circulation in the County of Fluvanna, Virginia, and a copy of this Order be posted at the front door of the courthouse of this Court.

The Clerk of this Court shall cause copies of this Order to be posted, mailed, and transmitted to the Fluvanna Review within twenty (20) days after the entry of this Order. Upon completion of such publication, the Clerk shall file a certificate in the papers that the requirements of Va. Code Ann. § 8.01-317 (1950) have been satisfied.

ENTER: 12/20/19

Richard E. Moore
Judge

WE ASK FOR THIS:

Peter J. Caramanis (VSB No. 43447)
Shellie S. Taylor (VSB No. 88028)
Royer Caramanis PLC
200-C Garrett St., Charlottesville, VA 22902
(434) 260-8767, Fax: (434) 710-4061
Counsel for Plaintiff

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EVENT

WOMEN: New Year; New Beginning. Interactive and fun Life Purpose and achievable Goal Setting Workshop with Pam Rohr (author, speaker). Come on Saturday, January 18, 2020 to Effort Church (7820 Thomas Jefferson Pkwy) from 8:30 a.m. to 12:30 p.m. Sponsored by Breathe Women's Ministry. \$10 fee includes materials and snacks. Register at : breathe@effortchurch.org.

2020 SPRING CONCERT: Come join the 65-Voice Fluvanna Community Singers for first rehearsal on Thursday, January 23 at the Fluvanna High School. New Members WELCOME! Tryouts not required. Registration for first rehearsal begins at 6:30 p.m. Cost \$15 to pay for music. Winter/Spring practices continue on Thursday evenings, from 7 p.m. to 9 p.m. Park in High School BUS parking lot (lower level). Questions? Call Frank (434) 589-3456.

BINGO: Every Thursday, doors open at 5:30 p.m. Early Bird 6:45 p.m. Progressive games: \$1000 Jackpot *with 80 or more players. Serving large food menu. Located at 10 Slice Road, Palmyra VA (off of Rte 600, near CVS & Dogwood Restaurant). Questions? Call 434 591-1018.

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MONTICELLO PROPERTIES MANAGEMENT: MCR, 3661 Lake Monticello Road, Palmyra, VA. For current home rentals: contact Genevieve at (434) 589-7653 or email: MonticelloPropertiesMgt@gmail.com

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SPECIAL NOTICES

ATTENTION VETERANS AND DEPENDENTS: Do you know your Veterans Benefits? We Do ! Virginia Department of Veterans Services: www.dvs.virginia.gov. Need help? Visit us at the Fluvanna Community Center by appointment only, at 5725 James Madison Highway. Appointments are the first Wednesdays of each month from 9 a.m. to 11:30 a.m. Call Pamela Zirkle or Jeannette Flint at (434) 529-6431.

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SUDOKU

Edited by Margie E. Burke

Difficulty: Easy

5	9	3		8				
8						6		
	2					5		
	3						6	
			9	2			8	1
	7		3			4		
4					8		9	
				7				
	1		4		5			

HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

Answers to Last Week's Sudoku:

3	4	2	1	6	9	7	8	5
7	8	9	3	5	2	4	1	6
5	1	6	8	4	7	9	2	3
2	5	4	6	9	8	1	3	7
9	6	1	2	7	3	5	4	8
8	7	3	4	1	5	6	9	2
1	3	5	7	2	4	8	6	9
4	2	7	9	8	6	3	5	1
6	9	8	5	3	1	2	7	4

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The Weekly Crossword

by Margie E. Burke

ACROSS

- 1 Targeted, with "in on"
- 6 Tub toy
- 10 Gold medalist Lipinski
- 14 Immature egg
- 15 Heavy drinker
- 16 Desktop feature
- 17 Merchandise movers
- 19 Reunion attendee
- 20 Mournful
- 21 Actresses Ralston and Rolle
- 23 Guggenheim display
- 24 Not moving
- 25 Like Steve Austin of WCW
- 29 Lookout point
- 33 Sword handle
- 34 Hole-making tool
- 35 Mall attraction
- 36 Well-worn
- 37 Kristen or Patrick
- 39 Something to check
- 40 Loathsome
- 42 Indignation
- 43 Massive
- 44 H.S. students
- 45 Harvard or Columbia, for Obama
- 47 Move like a top
- 49 Cookie container
- 50 Salad ingredient
- 53 Street surface
- 57 Wrapped up
- 58 Emphasize
- 60 Gardener's spring purchase
- 61 Deck feature
- 62 Skin disease
- 63 Aardvark fare
- 64 Spot
- 65 Intense feeling

1	2	3	4	5		6	7	8	9		10	11	12	13	
14						15					16				
17						18					19				
20								21		22					
			23					24							
25	26	27				28				29		30	31	32	
33						34				35					
36						37				38			39		
40						41				42			43		
44								45				46			
						47		48				49			
50	51	52								53			54	55	56
57						58		59							
60						61						62			
63						64						65			

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- 3 Eastwood played one in 2018
- 4 Polished and posh
- 5 Covet
- 6 Coalition
- 7 1956 film, "Miss Brooks"
- 8 Move up the ladder
- 9 This one and this one
- 10 Use a torque wrench
- 11 One to grow on?
- 12 Engine sound
- 13 "No ifs, ___ ..."
- 14 Tycoons, slangily
- 22 Blue eyes or baldness, e.g.
- 24 Bitter feeling
- 25 Photo session
- 26 Diacritical mark
- 27 Any Platters platter
- 28 "I ___ you one"
- 30 Contradict
- 31 Likeness
- 32 Raring to go
- 35 Brahma, in Hinduism
- 37 Raw fish dish
- 38 Hand holder?
- 41 Moving ahead
- 43 Trackman's transit
- 45 Combat zones
- 46 Bad atmosphere
- 48 Condition
- 50 Civil Rights figure Parks
- 51 Chef's need
- 52 Get together
- 53 Trust, with "on"
- 54 007
- 55 Hence
- 56 Bucks and does
- 59 Party bowlful

Answers to Last Week's Crossword:

L	E	S	S		T	H	A	N		A	T	L	A	S		
A	M	O	K		R	A	C	E		F	A	L	S	E		
S	I	R	I		A	N	E	W		C	R	A	T	E		
S	T	E	F	F	I	G	R	A	F		A	M	I	D		
					F	I	N	E		G	R	A	N	A	R	Y
P	R	O			S	E	R	G	E	A	N	T				
L	U	N	C	H	E	O	N		T	A	U	G	H	T		
A	L	T	O		N	A	P		L	A	I	R				
Y	E	O	M	A	N		S	R	I	L	A	N	K	A		
					P	L	E	T	H	O	R	A		G	E	M
P	O	P	U	L	A	R		V	O	I	D					
A	B	E	T		P	A	L	I	N	D	R	O	M	E		
P	A	T	I	O		D	A	D	O		A	R	I	A		
A	M	E	N	D		E	V	E	R		P	A	S	S		
L	A	R	G	E		R	A	R	E		E	L	S	E		

DOWN

- 1 Firefighting aid
- 2 D.C. office

SHERIFF'S REPORT JAN. 1-9

NATURE OF INCIDENT / TOTAL

911 HANG UP	7
911 MISDIAL	8
911 OPEN LINE	2
ABDOMINAL PAIN	1
ANIMAL CONTROL CALLBACK	3
ANIMAL CONTROL FOLLOW UP	3
ADULT WELFARE/PUB SAFETY CHK	4
ANIMAL BITE	1
ANIMAL CARCASS	3
ANIMAL WELFARE	4
ANIMAL BITE WITH INJURY	1
ASSIST OTHER AGENCY	1
ASSAULT W/ NO INJURY	2
ATTEMPT TO LOCATE RECEIVED	3
BE ON LOOKOUT	6
BURGLARY PAST OCCURRENCE	1
SHERIFF'S OFFICE CELL CHECK	1
CHILD WELFARE/ABUSE/ENDNGMNT	2
CIVIL INFORMATION REQUEST	3
CIVIL PAPER RECEIVED	7
CIVIL PAPER SERVICE	50
COMMERCIAL BURG ALARM	8
COMMUNICATIONS OFC CALL OUT	1
COMMERCIAL FIRE ALARM	1
COURTESY TRANSPORT	1
DESTRUCTION OF PROPERTY	1
DIFFICULTY BREATHING	1
DISABLED VEHICLE	8
PAST DISTURBANCE	2
DISTURBANCE	4
DRUG TAKE BACK	1
ECO TDO CALL	2
FINGERPRINTS	5
FOLLOW UP INVESTIGATION	4
FRAUD	2
GUN PERMIT RECEIVED	4
HARASSMENT PHONE/OTHER	3
HOLD-UP ALARM	1
INJURED PERSON	1
LARCENY/THEFT	4
PHONE CALL RETURN	43
LOST ANIMAL	1
MAGISTRATE WALK IN	10
MENTAL WELFARE CALL NO INJURY	1
MVC WITH INJ OR UNKNOWN INJ	1
MVC WITH NO INJURY	11
MVC W/ ANIMAL	4
DRUG RELATED INCIDENTS	1
LOUD NOISE COMPLAINT	1
NUISANCE DOMESTIC ANIMAL	1
OPEN DOOR	1
OTHER LAW CALL	12
PRISONER TRANSPORT	6
LAW PUBLIC SERVICE	2
REPOSSESSION	3
RESIDENTAL BURGLAR ALARM	2
SELECT PATROL	42
STRAY DOG	9
SUSPICIOUS ACTIVITY / PERSON	17
TIPS/ INFORMATION RECEIVED	3
DIRECT TRAFFIC/FUNERAL TRAFFIC	11
TRAFFIC HAZARD	4
TRAFFIC STOP	75
TRESPASSING/HUNTING TRESPASS	1
VCIN QUERY RUN	4
WARRANT CHECK IN/OUT	7
WARRANT RECEIVED	3
OUT SERVING WARRANT	12

TOTAL INCIDENTS 455

CRASHES

MVC W/ ANIMAL	08:06:49	01/09/20
720 BLK LAKE MONTICELLO RD		
MVC W/ ANIMAL	05:53:07	01/09/20
FAIRVIEW / COURTHOUSE RD		
MVC NO INJURY	21:43:29	01/08/20
JAMES MADISON HWY & HADEN MARTIN RD		
MVC NO INJURY	00:22:49	01/08/20
470 BLK JEFFERSON DR		
MVC NO INJURY	16:27:47	01/07/20
8410 BLK THOMAS JEFFERSON PKWY		
MVC NO INJURY	13:38:27	01/07/20
2340 BLK BEAVERDAM RD		
MVC INJURY/UNK	13:11:28	01/07/20
7020 BLK THOMAS JEFFERSON PKWY		
MVC NO INJURY	13:02:11	01/07/20
20 BLK FLEETWOOD DR		
MVC NO INJURY	12:49:14	01/07/20
XEBEC RD & ZEPHYR RD		
MVC NO INJURY	12:38:28	01/07/20
3550 BLK BRANCH RD		
MVC NO INJURY	12:27:28	01/07/20
10 BLK ARAPAHO TRL		
MVC NO INJURY	12:23:56	01/07/20
180 BLK SOUTH BOSTON RD		
MVC NO INJURY	12:16:28	01/07/20
SOUTH KESWICK DR & UNION MILLS RD		
MVC NO INJURY	11:59:15	01/07/20
6970 BLK THOMAS JEFFERSON PKWY		
MVC NO INJURY	11:55:51	01/07/20
750 BLK RICHMOND RD		
MVC NO INJURY	11:54:18	01/07/20
870 BLK UNION MILLS RD		
MVC W/ ANIMAL	17:46:55	01/05/20
4400 BLK WEST RIVER RD		
MVC NO INJURY	02:42:04	01/05/20
LAKE MONTICELLO RD & RIVER RUN DR		
MVC W/ ANIMAL	00:08:40	01/05/20
3520 BLK SOUTH BOSTON RD		

TOTAL CRASHES 19

ARRESTS

- ARREST DATE: 13:57:00 01/09/20
- ADDRESS: PALMYRA
- FAILURE TO APPEAR
- ARREST DATE: 17:33:00 01/08/20
- ADDRESS: CHARLOTTESVILLE
- PETIT LARCENY
- ARREST DATE: 15:08:07 01/06/20
- ADDRESS: NONE LISTED
- DRIVING AFTER FOREITURE LICENSE
- ARREST DATE: 08:54:00 01/07/20
- ADDRESS: DILLWYN
- PROBATION VIOLATION CAPIAS
- ARREST DATE: 17:10:48 01/04/20
- ADDRESS: NONE LISTED
- MANUFACTURING/SELLING CONTROLLED SUBSTANCES

TOTAL ARRESTS 5



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Tips and tricks to help achieve New Year's resolutions

BY MADELINE OTTEN
CORRESPONDENT

The decade finally came to an end, and the New Year has begun. And with every ending is a new beginning, such as in this case: the promises known as New Year's resolutions. While the New Year is just starting, resolutions, big or small, are made by those who have hopes to make the new year better than the last.

The Babylonians were the first people to make New Year's resolutions some 4,000 years ago, according to History.com. They were also the first to hold recorded celebrations in honor of the New Year. Fast forward to today and celebrations and resolutions all around the world are made for the New Year.

According to a survey of 2,000 people by Inc., the top New Year's resolution for 2019 was to diet or eat healthier. Following in order were resolutions to exercise more, lose weight, save more and spend less, learn a new skill or hobby, quit smoking, read more, find another job, drink less alcohol, and finally spend more time with family and friends.

Statistics from a YouGov poll on new year resolutions for 2018 revealed that the most common resolutions were also to eat healthier, get more exercise, and save more money. For 2020, the predicted top resolution is still to eat healthier, but it's tied with a resolution to manage finances better.

Whether your goal is to improve health overall, better your finances, or to learn a new skill, here are a couple of tips and tricks to help achieve success.

Eat healthier/better: Science says that when eating on a large plate, it tricks your brain into thinking you have not had enough to eat, but when eating on a smaller plate, you will start to feel full quicker and avoid overeating. A tip to help with portion control is to use smaller plates which will force you to eat smaller portions.

Another way to eat healthier is to cut out sugary foods and drinks. If you regularly drink soda, sweetened teas, or coffee with cream and sugar, gradually reduce the sweetness or simply try to replace drinks with

water.

Managing Finances better: There are many ways to help you save money out there such as putting away a certain percentage of your monthly income in an emergency fund or creating and using a budget. There are also plenty of helpful mobile apps in addition to the old fashion way that can help you track and limit your spending. Sticking to your budget might be difficult at first but will help you in the long run.

A tip suggested by Forbes is to follow the 50/30/20 rule: 50 percent of your income should go to mandatory bills such as rent, cell phone, car insurance, or loans; 30 percent could be fun money which could include a night out, going to the movies or a vacation, and then 20 percent would be for savings.

Be more active: Not everyone is a morning person and can wake up before going to work or school in order to work out. And some people simply don't use a gym facility. If that is the case, a trick to help you stay active during your day is to park

further away from the entrance to your destination. This will give you more distance to walk which will help you burn more calories. An additional walking tip is to walk and talk. Grab a buddy or even your cell phone and enjoy casual conversation while getting the benefits of exercising.

Another active tip for those who are limited in their ability to walk, is to try seated leg raises. When seated, straighten one or both legs and hold in place for five or more seconds. Then lower the leg(s) back to the ground without letting your feet touch the floor. Then repeat.

Improve mental well-being: This New Year resolution pertains to each individual, but there are a couple of basic ones that can help when incorporated into your everyday life such as laughing more, being present in the moment, and taking time for yourself.

They say laughing is the best medicine and has a couple of positive physical, mental and social benefits such as relaxing your muscles, im-



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proving your mood, and enhancing teamwork. Living in the moment and being present is one way to reduce stress as well as taking time for you.

Some ideas to help take time for you: Get up 15 minutes earlier than you normally would and use that time to do what you want: make that cup of coffee in the morning, catch the weather/local news updates, or go outside and smell the fresh air. You can also use time in the evening to dedicate to yourself if the morning is busier. Either way, carve some time for yourself and it will hopefully improve your mental well-being.

Improve social connections: Putting yourself out there can be difficult, but once you take the leap, you will feel much better. Branch out into the community by volunteering at places such as FSPCA, Fluvanna Meals on Wheels, or Habitat for Humanity. Volunteering is not only a great way to improve social connections but also a great way to give back.

In addition to volunteering, check out the local calendar for events

happening in the community. The Fluvanna County library offers free movies and popcorn on the first and third Friday of every month; the Lake Monticello Owner's Association has a calendar on its website that offers plenty of activities throughout the months, and Fluvanna County Parks and Rec already has their spring 2020 program guide available for all to enjoy.

Learn a new skill: With the amount of information out on the internet including tutorials, learning a new skill is easier now than it has ever been. We are able to learn how to play a new instrument, for example without having to leave the house. We can just watch videos on YouTube on an introductory to chords. This resolution can also be as small as learning to cook something new. Trying new recipes is fun and it can be incorporated to help you eat healthier.

Fluvanna County members can learn a new language and take advantage of the free Rosetta Stone access as a library card member

through the Fluvanna County library. Under the online references tab on the Fluvanna County library's website, you can select Rosetta Stone which will direct you to another log in screen. Once you type in your library card information, Rosetta Stone will grant you access to 23 different languages in the comfort of your own home.

Become more eco-friendly: One easy way to become more eco-friendly is to continue to recycle. Recyclable materials from the municipal solid waste streams include: paper (newspapers, corrugated cardboard, high-grade office paper, mixed paper); metal (ferrous scrap, non-ferrous scrap, aluminum, tin cans), plastics, glass, yard waste (composted or mulched), waste wood, textiles, waste tires, used oil filters, antifreeze, auto bodies (Department of Motor Vehicles' Abandoned Vehicle Program), construction waste, demolition waste, debris waste, batteries, ash and non-industrial sludges (composted). The Solid Waste and Recycling Convenience

Center is located at 11206 West River Road in Fork Union and is opened on Tuesdays, Thursday and Saturdays.

Another small, but effective tip is to turn the faucets off when not using, and yes, this means as you wash dishes, hands or face, brush your teeth, or when shaving. According to the United States Environmental Protection Agency (EPA) bathroom faucets run at about two gallons of water a minute.

In the end, according to research, while about 45 percent of Americans say they usually make New Year's resolutions, only eight percent are successful in achieving their goals. However, with these helpful tips and trick in hand, Fluvanna County members can help improve the success rate and achieve their New Year's resolution(s).

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