

**Star Gazing in Fluvanna** 

Animal Rescue Groups to Hold Creatures Great & Small Festival

Fluvanna Family Fall Festival set for Sept. 28

PAGE 10 PAGE 9

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Virginia Press Association



On the cover: Will Lambert. Photo by Derek Hammond. Cover design by Amelia McConnell.

**DEADLINE** Advertising due by Wednesday at 5 p.m. for the issue released eight days later. Submissions, letters and calendar items due by Friday at 9 a.m. for

DISPLAY AND WEB ADS For information including rates and deadlines, call Rae Alberts at 434-207-0223.

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#### SUBSCRIPTIONS

Copies will be mailed for the subscription price of \$150 per year or \$85 per six months. Please mail a check and a note with your name and address to: Subscriptions Dept., P.O. Box 59, Palmyra, VA 22963. For more information email Edee Povol at edee@fluvannareview.com.

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### The Weekly Crossword

40

45

#### by Margie E. Burke

#### **ACROSS**

- 1 Parched
- **5** World record?
- 10 Ice Follies venue 17
- **14** Command to Fido
- 15 Nonsense
- 16 Certain woodwind
- 17 Spinning toys
- **18** Paint solvent
- 20 Having doubts
- 22 Stand for a portrait
- 23 Female relative
- 24 Correct, as text
- 26 Creaks and squeaks
- 28 Very high heel
- 32 Two quartets
- 33 Whittle (down)
- **34** Release, as a single
- 35 Wax producer
- 36 Farm event
- 39 Police blotter abbr.
- 40 Like a beanpole
- 42 "Shake a leg!"
- 43 Mars explorer
- 45 Wholeness
- **47** "\_\_\_\_ you heard?"
- 48 Ancient symbol
- 49 Place for a pin
- **50** Military bigwigs
- **53** Place of
- decision **57** Study of beauty
- **59** Malarial symptom
- 60 Japanese brew
- 61 Prison-related
- **62** Make well again **63** "Anything \_\_\_\_?"
- 64 Disorient
- **65** Hotfoot it

#### DOWN

1 "Cast" anagram

- 60
  - 2 Corner chess piece
- Without remorseFind repugnant
- 5 Rooms at the top
- 6 Fighting finish
- 7 Turkish dough
- 8 Granny Smith source
- 9 Match in chips
- 10 Went around
- 11 White wader
- 12 the wiser
- 13 Bottom of a boat19 Buzz's moon-
- mate
  21 Gear features
- 25 Fizzles out
- 26 Barnes' partner
- 27 Deep blue28 Street-smart
- 29 Tourist's report
- 30 Arcade coin
- 31 Dizzying pictures

33 Sheltered

18

- **37** Prayer ending
- 38 Mouse catchers41 She played
- 41 She played Rebecca on "Cheers"
- 44 Be melodramatic
- **46** Football play
- 47 Give a hard time
- **49** From around here
- **50** Headquarters
- 51 MTV's "The \_ World"
- 52 Invites

62

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- 54 Citrus peel
- **55** Glow
- 56 Caribou kin
- 58 Clean air agcy.

#### Answers to Previous Crossword:

Α	Д	D	S			Е	L	В	Е		Т	R	Е	S
В	Е	Α	Т	S		Ν	0	U	Ν		Н	0	М	Ε
Е	L	Ι	0	Т		S	Ι	Ν	G	L	Ε	Т	0	Ν
D	_	S	Α	R	М	Ι	Ν	G		0	М	Ι	Т	S
			Т	Е	Α	┙		Е	Α	R		S	Е	Ε
0	F	F		S	Н	Α	Р	Е	L	Е	S	S		
D	R	Е	S	S	Α	G	Е		Ι	Ν	Н	Е	R	Ε
D	Ε	Α	Ν		R	Ε	Ν	Ε	Ε		Α	R	Ι	D
S	Т	R	Α	Т	Α		Α	Ν	Ν	0	Υ	Ι	Ν	G
		S	Р	1	Ν	Α	L	Т	Α	Р		Е	Κ	Ε
О	О	Т		R	Ι	D		_	Τ	Е	М			
F	Α	R	O	Е		Μ	Α	Т	ш	R	_	Α	┙	S
Т	R	Ш	Α	ם	М	_	┙	┙		Α	L	┙	0	Т
Е	<	Е	Ν		U	R	G	Е		S	L	0	Р	Ε
Ν	Е	Т	S		D	Е	Α	D			S	Е	Е	М

#### SUDOKU

#### Difficulty: Medium 1 6 1 8 7 3 6 4 2 8 9 6 2 1 9 1 8 6 4 5 3 8 4

#### **HOW TO SOLVE:**

Edited by Margie E. Burke

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

Answer to Previous Sudoku:

		6						
9	3	7	2	7	6	4	8	5
7	5	4	3	8	9	2	1	6
2	1	8	4	5	7	6	9	3
5	6	7	9	3	2	8	4	1
3	4	9	1	6	8	5	7	2
1	7	3	8	2	5	9	6	4
6	9	2	7	4	3	1	5	8
4	8	5	6	9	1	3	2	7

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#### Letters to the Editor

#### The joy of getting along

When I think about the current state of the U.S. political system, I become immediately concerned for our future. However, instead of following this statement with the type of extreme rhetoric often espoused by a talking head that favors one political party or another I'd like, instead, to shine a light on a cross-party effort, the Bipartisan Infrastructure Bill. This legislation funded better roads, bridges, water systems, the extension of broadband service in rural communities (including here in Fluvanna), and an overall boon to the economic vitality for our country.

I consider these goals so important to securing a future for not only my family, but all my neighbors, that I hope all our politicians continue to work together to produce this sort of beneficial policy.

Fluvanna will soon benefit from its own new infrastructure development: the James River Water Authority. This project is going to succeed because of a willingness to work together towards a common goal. It takes a certain optimism and pride in the diversity of our community to prioritize these beneficial projects and compartmentalize the issues that divide us.

But where did this bipartisan effort arise? At the local level, I applaud long-standing representatives on the Board of Supervisors: Tony O'Brien and Mike Sheridan. At the national level, it comes from Democrats.

Mitt Romney and several Republican leaders in the Senate voted alongside every single Democratic representative for the infrastructure bill. In the house, the margins were much slimmer and only 13 Republicans voted for the bill.

With early voting less than a month away, I hope my fellow Americans vote for cooperation instead of weird extreme "solutions" to our country's problems.

-James Schoenster, Palmyra

#### Trump is a threat

I am a graduate of West Point and was military intelligence briefing officer for the Joint Chiefs of Staff and the Secretary of Defense, as well as serving as senior aide to House and Senate members on national security issues for nearly 25 years. I believe I have a clear long-term view of the role the United States should play in the international arena and the importance of having a president who is able to guide and direct those efforts. The four years of the Trump administration graphically illustrated how a misguided and uninformed president can undercut decades of progress accomplished by working with our international friends and allies.

Perhaps most illustrative of this point is the fact that many of the most senior staff Trump appointed to the Department of Defense, the State Department, and the National Security Council fled after working with him and have now refused to endorse him for re-election. Many of them have spoken openly of their fear should he be re-elected. Many of them were ranking generals in our armed forces. Many spent countless hours in his service trying to dissuade him from reckless actions that could have destabilized Europe and the Middle East. If those who worked for him fear a Trump re-election, imagine what the rest of the world must think. And yes. It does matter what our allies think.

Many Republicans are openly backing Vice-President Harris, putting country and international stability above party and personality. I urge everyone to consider the very serious threat to U.S. national security that Donald Trump poses.

In November, we have an opportunity to elect the Harris-Walz ticket to lead the executive branch. Tim Walz served in the Army Reserves for 24 years, beginning at age 17. Both Harris and Walz are pragmatists and level-headed leaders, capable of making rational decisions about our national security. That is why I am enthusiastically supporting them.

-Marvin F. Moss, Palmyra



- No letters that have been sent to other newspapers.
- Include your name, address & phone # for verification.
- We reserve the right to edit letters.

Submit via email to: editor@fluvannareview.com or mail to: Fluvanna Review, P.O. Box 59, Palmyra, VA 22963

You will get an email confirmation that your letter has been received. If you don't, contact the editor directly.

#### Letters to the Editor

#### We can't go back

Our nation's history is a tapestry of triumph and turmoil. We endured 400 years of enslavement, followed by emancipation and the Jim Crow era. The Brown v Board of Education decision saw massive resistance. The racial reckoning after the murder of George Floyd was followed by efforts to undermine civil rights advances.

As an octogenarian born just a month and a day after Pearl Harbor, I have witnessed and actively participated in our nation's struggles and accomplishments. I was educated in a Rosenwald school for colored children. In the 1960s, I marched for civil rights as a student at Virginia Union University. I saw my best friend arrested for civil disobedience, and another classmate participated in the Freedom Rides through the South. My oldest brother served in the U.S. Air Force but was denied service in U.S. restaurants. My husband, who joined the USAF in the 1950s, had to endure travel in train compartments unsuitable for humans.

Yet significant events have also filled us with pride and hope. My husband, Jerome J. Booker, was the first African American elected to the Fluvanna Board of Supervisors. Douglas Wilder's election as the first black governor of Virginia, and, 18 years later, Barack Obama's historic presidency as the first Black president were monumental achievements. These leaders served their constituents regardless of gender, creed, race, or ethnicity; however, their lived experiences and perspectives informed how they governed.

Today, we have the opportunity to elect our first woman president. She has an impressive background and resume—she has been elected as an attorney general, senator, and vice president. As a multiracial woman of African and Southeast Asian descent, she brings an invaluable understanding of the histories, needs, and struggles of all peoples in the United States of America and the world. We need her leadership to bring us to a place of civility.

I yearn to see our nation live up to its promises of freedom and opportunity for all. We cannot go back! A vote for Kamala Harris is for liberty and democracy and a step towards a more inclusive and equitable society.

-Mozell Booker, Fork Union



#### **Community Calendar**

Community calendar items must be under 50 words and will run only once a month.



#### **Beulah homecoming**

Beulah Baptist Church in Kents Store (1633 Kents Store Way) will hold its Homecoming celebration Sept. 22. Worship service begins at 11 a.m., with lunch immediately following.

#### **Daughters to meet**

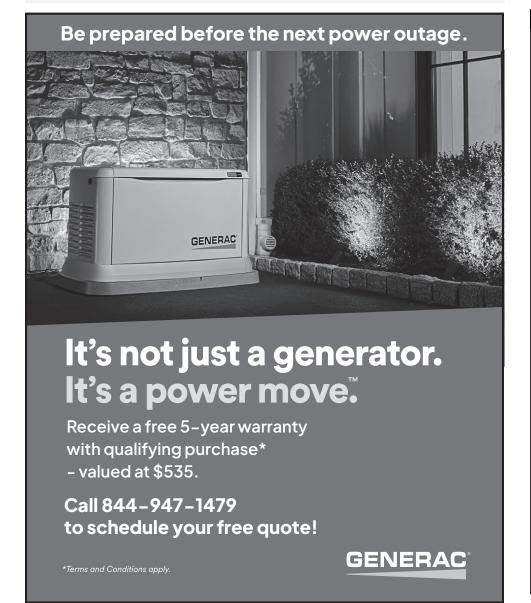
The Point of Fork Chapter Daughters of the American Revolution will meet at 3 p.m. Thursday, Sept. 5, at Lyles Baptist Church. The program will be on Fluvanna Revolutionary Heroes. All are welcome to attend. Ouestions? (434) 842-9079.

#### **Farmers market**

The Farmers Market is back! Every Sunday, 11 a.m. to 2 p.m., outside of ACE Hardware Store at 101 Crofton Plaza, in Palmyra.. Live music, food trucks, vendors. Email fluvannacountyfarmersmarket@gmail.com or contact Peggy Shanklin at 434-962-2762.

#### **Food Bank**

Fluvanna MACAA Food Bank is located in the old Carysbrook High School. To get food from the food pantry bring a photo ID as proof of Fluvanna residency. Open: Monday through Friday, 11 a.m. to 1 p.m. To donate directly to the food bank call 434-842-2521 to find out which foods are most needed. Cash and food donations gratefully accepted.





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#### Animal rescue groups to hold Creatures Great & Small Festival



Poptart the goat. Submitted photo

Caring for Creatures Animal Sanctuary in Palmyra and the Fluvanna Society for the Prevention of Cruelty to Animals (SPCA) will be joining nine other animal rescue and welfare groups from throughout Central Virginia at the Scottsville Pavilion on Sunday Sept. 15 between noon and 4 p.m. to exhibit rescued animals available for adoption or fostering, and to educate the public regarding the groups' lifesaving programs.

While the two Fluvanna groups will be featuring adoptable cats and dogs, this second annual Creatures Great & Small Festival will also have on display many other rescued animals. There will be rabbits from Bunni Lu, goats and a

CONTRIBUTED BY ALEXANDER STONE pony from Feel Better Farm, horses from Gallastar Equine Rescue, a mini-donkey from the Madison-Greene Humane Society, Shetland sheepdogs from Northern Virginia Sheltie Rescue and more. In total, 11 groups will be gathering from Lovingston, Waynesboro, Palmyra, Charlottesville, Esmont, Troy, and Ruckersville to participate in this once-a-year animal rescue showcase

> Festival visitors may bring their pets to participate in an ongoing Blessing of the Animals from noon to 4 p.m. hosted by Pastor Laura Stratton from the Scottsville United Methodist Church. There will also be numerous opportunities for animal selfie photos, as well as meet-and-greets with creatures at several petting pens.

> A Festival Mega-Raffle will be held to benefit the exhibiting groups. Prizes will be gift certificate bundles worth \$200, \$100 and \$50. The raised funds will be distributed at the end of the day to the groups based on the results of a Best-Exhibit-of-Festival contest to be decided by attendee ballot.

There will also be music and food for festival visitors to enjoy. Lunch and snack choices will include barbecue (BBQ U), veggie tacos (Zen Eats), hot sandwiches (T&M Foods), Turkish street foods (Otto's), ices (Kona Ice) and funnel cakes (T&M Foods). Partakers will be able to eat at covered picnic benches while listening to live music performed by Four Hits and a

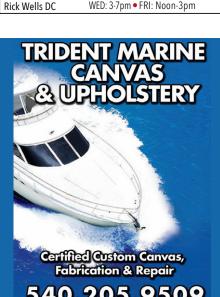
PALMYRA <sup>RT.</sup>15 & <sup>RT.</sup>53

Miss from 2 to 3:30 p.m.

The Second Annual Creatures Great & Small Festival is being organized by the Scottsville-based James River Good Works Group. "We were very happy with last year's festival results," said Group Director Kathy Arbuthnott. "We're looking forward to doing even more to help abandoned and abused animals with this vear's festival."

Admission to the festival is free, and pets are welcome. For more info, go to www. facebook.com/jrgoodworks or james-river-good-works-group.square.site.







9/9 - Monday - Adult Ed., 7:30 p.m. on Zoom

9/20 - Friday , Sit & Stitch, 9:30 to 11:30 a.m. We welcome people who can knit or crochet

Check our website for directions and previous sermons

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#### Fluco football falls to Broadway in opener

BY DUNCAN NIXON CORRESPONDENT



Photo by Derek Hammond

The Flucos opened their football season at home Aug. 31. The visiting Broadway High Gobblers jumped to an amazing 7-0 lead, scoring on their second play from scrimmage. The Gobblers took the kick-off out to their own 36 yard line. On the first play, the Gobblers broke open for a 59 yard run to the Fluco five yard line. They scored on the following play. The PAT was good and the Flucos were in a hole less than one minute after the kick-off. In the rest of the first quarter, neither team could generate offense and the teams exchanged punts.

The second quarter started with Broadway in possession and on the move. The Gobblers moved the ball down field with penalties on both teams slowing the process. With 8:24 left in the quarter the Broadway quarterback ran it into the endzone from the three. The PAT was no good and Broadway had all the points they would need, leading 13-0. After their touchdown the Gobblers tried an on-side kick, which failed. The Flucos took over on their own 44. After a three yard run, Fluco quarter back William Lambert launched a long throw down the left side and Fluco

tight end/wide receiver Ben Denby used all of his 6-6 height to wrestle the pass away from two defenders. Denby broke into the open after the catch, but was dragged down at the five. A hard four-yard run by Sam Loving took the ball to the one and Lambert scored the only Fluco touchdown on a quarterback sneak. The PAT was good and the Flucos trailed 13-7.

Late in the half the Gobblers again moved the ball steadily down-field. With the help of two encroachment penalties on Fluvanna, they scored again on a short run at 2:48. The PAT was good, and the scoring was complete. Late in the half, Broadway was looking to score again, but they were thwarted when Fluco defensive back Kyle Harris made a diving interception.

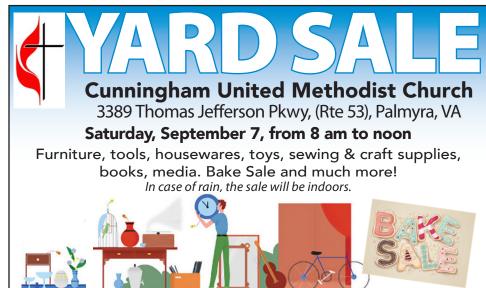
The second half featured some up and down the field, but drives by both teams failed due to penalties or foiled plays resulting in losses. Lambert completed nice passes to Denby and Loving and posted the longest Fluco run from scrimmage with an 11 yard scramble. Neither team got close enough to the end zone to

threaten to score and few plays on either side made significant gains. The Fluco defense looked very sound in the half, but it was too late.

After the game, Coach Mitchell Pace noted that "the better team won tonight." He explained that his squad needs to improve its blocking and tackling. In response to a question about Denby's catch in the first half he responded "He is our playmaker." Pace was worried about his team's kicking game in a pre-season in-

terview, but Loving punted quite well for the Flucos and had more punts than Pace would have wanted.

The Fluco football team now has an early bye week followed by three road games. They will play at Chancellor High on Sept. 13 and at Buckingham County on Sept. 20. Both are non-Jefferson District opponents. On Sept. 27, the Flucos start Jefferson District play at Charlottesville High. The Fluco will finally be back home on Oct. 4, hosting Albemarle High.







To advertise call: (434) 207–0223 SEPT 5–11, 2024 | **FLUVANNA REVIEW** | **7** 

### Join the Fluvanna Historical Society at the Palmyra Arts Fest Saturday, Sept. 14 from 10:00-3:00 as **We Celebrate the History** and Art of Fluvanna County!

Come Visit the Society's offices and archives at Maggie's House, and Research your own family or community history in our archives with our fantastic volunteer archive and genealogy specialists!

Go to the Old Stone Jail Museum and explore four exhibits on different aspects of Fluvanna history there is so much to see!

Stop by the historic 1830 courthouse to marvel at its architecture, history, and to learn about plans for its restoration!

Don't miss the Farm Heritage Museum at Pleasant Grove Park – see a truly amazing collection of antique farm equipment, and learn about agricultural practices that sustained Fluvanna farmers and their families from the mid-19th to the mid-20th centuries.

Historic Courthouse, Maggie's House and **Old Stone Jail Museum** 

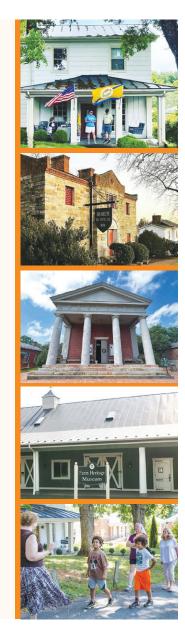
14 Stone Jail Street Palmyra

Farm Heritage Museum

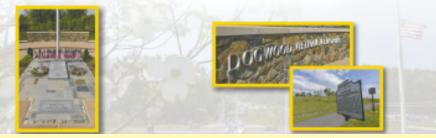
271 Pleasant Grove Drive, Palmyra

Questions? Email FluvannaHistory@gmail.com or call 434.390.1218





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#### Fluvanna County Historical Society

#### A history of Fanny Wright and Lafayette's tour of America

CONTRIBUTED BY GREG SWOPE

Frances "Fanny" Wright (1795–1852) was a Scottish writer and social reformer who accompanied the Marquis de Lafayette on much of his tour of America in 1824, including his visit to Thomas Jefferson at Monticello in November. Wright and Lafayette had met in 1821 in Paris, shortly after she and her younger sister, Camilla, had returned from a two year tour of the United States. Wright and Lafayette shared many interests, including abolitionism, which led to a close friendship that lasted for several years.

In 1824, when Lafayette contemplated returning to the United States, which he had not seen in over 40 years, the Wright sisters wanted to accompany him. Opposition from the Marquis's family, though, convinced them to travel separately and then meet him occasionally on his tour.

Lafayette began his tour in New York in August 1824. After traveling throughout New England, he arrived in Washington, D.C., and was welcomed to the White House by President James Monroe on Oct. 12. A few days later, he went to Mount Vernon to pay his respects at the grave of his great friend and mentor, George Washington, accompanied by Washington's step-grandson, George Washington Parke Custis.

From there, Lafayette traveled to Yorktown for the anniversary celebration of Cornwallis's surrender on Oct. 19, 1781. A few days later, after visiting Richmond, he left for Monticello, stopping at Wilmington in Fluvanna County on Nov. 3.

Leaving Wilmington on the morning of November 4, Lafayette and his retinue continued on to Monticello, arriving about 3 p.m.

Frances and Camilla Wright arrived at Monticello a day or two later, enjoying "one of the finest prospects I ever rememberto have seen, . . . consecrated by the residence of the greatest of America's surviving veterans." Although Jefferson was in his dotage, Fanny said that "his face . . . exhibits still ... the forms of symmetry and deep impress of character and intellect." They doubtless discussed many common interests, and she found that "Mr Jefferson is very anxious that some steps which he considers as preparatory to the abolition of slavery at least in this state should be adopted this winter." The Wrights' departure from Monticello was delayed a few days by Camilla's coming down with a bad cold, which caused them to abandon their plans to visit James Madison at Montpelier. When they did leave, the sisters made a trip to Natural Bridge and traveled from Staunton to Harpers Ferry while Lafayette paid a short visit to Madison and then attended a meeting in Maryland, after which they were to meet him in Washington for the opening of Congress in the first week of December.

In February 1825, having left Lafayette to continue his tour in the southern United States, the sisters stayed in Washington, D.C., and Frances heard reformer Robert Owen speak about his intentional "community of equality," New Harmony, in southwestern Indiana. Wright visited New Harmony later that year and formed the idea to create her own intentional community where slaves could live, work, and be educated in dignity while they earned the price of their freedom. In the fall of 1825, she purchased about 320 acres of land near the site of present-day Germantown, Tennessee, southeast of Memphis, and established her community, called Nashoba. In 1827, possibly ill with malaria, Wright returned to Europe to convalesce. During her absence, Nashoba began to fail and she turned to journalism and lecturing to raise money and spread her ideas. She and Robert Owen's son, Robert Dale Owen, purchased the community's newspaper, the New Harmony Gazette and renamed it The Free Enquirer, and Wright began to edit it in New York City.

Wright began to travel widely and speak on a wide range of reform topics, provoking continual outcry, as it was then generally considered unseemly for a woman to address an audience of mixed sex on any subject.

In October 1829, Wright and French physician Guillaume Phiquepal D'Arusmont sailed to Haiti with the slaves from Nashoba, whom she planned to free there. Wright and D'Arusmont married in 1831 and had a daughter, Francès-Sylva Phiguepal D'Arusmont, in 1832. When Wright and D'Arusmont divorced in 1850, she sought to retain custody of their daughter and control of her own personal wealth, but the legal proceedings remained unsettled at the time of her death in Cincinnati on Dec. 13, 1852. Her daughter remained in the custody of her husband, but ultimately received the bulk of her estate. Although they were estranged at the time of Frances's death, her daughter eventually had a memorial erected at her grave, and they are buried together in Spring Grove Cemetery in Cin-

(Plan to join the Fluvanna Historical Society at Lyles Baptist Church Sunday, Nov. *3 for a countywide celebration.)* 

#### Fluvanna Family Fall Festival set for Sept. 28

CONTRIBUTED BY MIKE FEAZEL

The first annual Fluvanna Family Fall Festival will celebrate families, local arts & crafts, music and food trucks, plus a beer garden, organizers said. The event is at Pleasant Grove Park will be held Sept. 28 from noon to 5 p.m.

The Family Fall Festival will feature more than 50 vendors including a farmers' market, a half dozen food trucks, master gardeners, local farmers, artists, a native plants sale, first responders, local foods, handmade crafts and jewelry. Exhibits will include an early 1900s grist mill, a farrier/blacksmith, quilt makers and a wool spinner in traditional colonial clothing

Local on-stage bands will include Jefferson Speedboat, which plays a rock, folk and blues, and Wrong Way Johnny, a blues, soul and rock band. The Fluvanna library will provide fun activities for kids.

Among the exhibitors will be John and Olivia's Bed and Breakfast from Walton's Mountain in Schuvler, in Nelson County., home of "The Waltons" creator Earl Hamner Jr., plus Fluvanna SPCA, ARTS of Fluvanna Studio Tour and the Fluvanna Historical Society. The Sacred Acres Alpaca Farm will have alpacas in the animal area, and the Fluvanna County Sheriff's Department, Fluvanna Emergency Management, and fire and rescue staff and equipment will be on display.

Festival food trucks include Sabor Latino.

Hi-D Pops, Freedom Drip, Simply Trending Foods and Valentine's Kettle Corn.

Admission is \$2 or donation of a non-perishable food item for adults, free for children

The Fluvanna Family Fall Festival is being organized by a group of unaffiliated county residents who were inspired by the lamented Old Farm Day. The group met through a Fluvanna Leadership Development Program project, began the planning there, and continued working for a year after completing the class to bring it to fruition. The group includes Carol Sorber, Steve Lindauer, Sean Brennan, Amanda Galloway and Jeff Cook.

"Vendor spots are filling up, but we are still accepting applications until Sept. 14," Galloway said. "We are especially looking for Fluvanna farmers and agriculture folks to get involved."

The festival is being sponsored the by Fluvanna Leadership Alumni Group (FLAG), Fluvanna Rotary, Pleasant Grove, "Find Fluvanna" and the county government. More information is on the Fluvanna Family Fall Festival Facebook page.

"The festival will celebrate a variety of the things that make Fluvanna such a special place," said Galloway. "This festival is the result of almost a year of hard work and planning, after completing the leadership class," said Brennan. Lindauer said "the time and effort to coordinate and develop an event like this is extraordinary, but we think it will be worth every bit of it."

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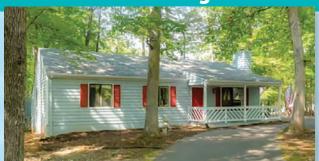
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Welcome to this month's highlights of enjoyable evening and morning sky

The later part of September marks the end of the summer astronomical season that started on June 21, at the time of the summer solstice, and finishes on Sept. 22, at the time of the fall equinox. This summer astronomical season has been one of the rarer ones because this year we encounter four full moons instead of the typical three full moons that appear within a three month season. Recall we had a full moon in June, July, and August; our last summer full moon will occur in September. A typical season has three full moons because a complete moon cycle lasts exactly 29.5 days. It takes a long time for an annual cycle to result in four full moons within an astronomical season because of the varying number of days within a different months in a calendar year. Our next astronomical season during which there will be four full moons will not occur again until August 2032!

So not only is the presence of four full moons within an astronomical season rare, there is an interesting term that is used to describe one of the full moons within this phenomenon. You have no doubt heard about there being a "blue moon" in the night sky. Well, this term has some complexities that you may find interesting. A moon can be considered a "blue moon" under two conditions. The term can be used to identify a second full moon that appears in one month; this is considered a calendar blue moon. A blue moon is a term that is also applied to the third full moon within an astronomical season; in the case of this summer's astronomical season, August was called not only a Supermoon, but also a "blue moon". We can understand how calendar and seasonal blue moons can happen by looking at the lunar cycle. A lunar cycle lasts exactly 29.5 days. Given that fact, it's quite possible to have two full moons when a month is longer than 29.5 days, and no full moon when months are shorter than 29.5 days (e.g. February with 28 days).

This month, the moon will be a key player again in our celestial calendar. Additionally, there are a significant number of planetary, and planet/star conjunction alignments as well as the start of the Orionid meteor shower that will captivate us as we gaze into the morning and evening sky to enjoy them.

BY PAT BEERS BLOCK

The Orionid meteor shower is considered a major (Class 1) shower, however there are few meteors anticipated within an hour this year. It is anticipated that this year's meteor shower will produce between 10 to 20 meteors, many of which will not be visible due to the waning moon ( American Meteor Society (amsmeteors.org).

We can expect to see another full moon phase this month that results in a Supermoon. Recall the term Supermoon, as described in Wikipedia, applies to the moon that is closest in its orbit to Earth. The result of this close proximity of moon to Earth is the appearance of a brighter and bigger full moon. This month's Supermoon marks the second Supermoon for 2024.

Finally, for those of you who like to follow rocket launches, the website Spacelaunchschedule.com provides great information about rockets and other space launches that occur throughout the month.

Now that we have some insight into major events of September, let's get ready for this month's celestial excitement by getting your star gazing equipment ready, your cell phones fully charged and linked to Sky Guide, Sky View Lite, or any other star gazing applications that you find useful, and you resting in your favorite viewing spot to witness the magic of the night and early morning skies!

Fun events to view in September: [extracted from Astronomy Calendar of Celestial Events 2024 - Sea and Sky (seasky. org); NASA's SKYCAL (gsfc.nasa.gov/ SKYCAL); In-The-Sky.org calendar; Highpoint Scientific (https://highpointscientific.com); starwalk.space/en/news; and Wikipedia].

#### Weeks 1 (Sept. 1-7)

The astronomical month starts on Sept. 1 when the moon and Mercury are in conjunction (visually close to one another) and can be viewed early in the morning. Also on this date, Uranus passes through the Pleiades in the early morning hours. It may be difficult to spot Uranus because it appears to be moving backwards (called retrograde motion) so using a telescope for viewing this event is recommended.

On Sept. 2, there will be a new moon. This phase of the moon is a a great time for stargazing since the bright side of the moon faces away from Earth and won't

overshadow celestial bodies and events. Of course, clouds and other weather patterns can always hinder sky views try to be aware of weather predictions as you prepare for your stargazing experience.

On Sept. 4, the moon will be in conjunction with Venus in the evening sky. On the morning of Sept. 5, Mercury is farthest from the Sun and can be seen in the eastern sky. Also on this date, the moon is in the apogee position, a spacial position where the moon is the farthest from Earth. The lunar apogee position reduces the moon's tidal force on Earth's tidal waters to its lowest strength.

On Sept. 6, the moon will appear in front of (termed "occultation") the bright star Spica, of the constellation Virgo, producing a temporary "disappearance" of this star. On Sept. 7, Saturn will be in opposition with Earth, meaning Saturn is at its closest point to Earth and can be seen from Earth from dusk to dawn (Sept. 8).

#### Week 2 (Sept. 8-14)

On the morning of Sept. 9, Mercury will be close to star Regulus, the brightest start in the Leo constellation and one of the brightest stars in the night sky. The moon is again in occultation with another star on Sept. 10; this time with the red star Antares, of the constellation Scorpius. The moon enters its first quarter on Sept. 11 and appears as a half-moon with the right half of the moon illuminated by the Sun's rays. This lunar position is very conducive to viewing the sky since the moon's shine won't overpower the sky with its light.

#### Week 3 (Sept. 15-21)

On Sept. 17, the moon is in occultation with Saturn so for a brief time Saturn will appear to disappear from the night sky. A full moon appears on Sept. 17. This full moon is known as the Harvest moon and is the second Supermoon this year. Recall, a moon is known as a Supermoon because it appears much larger and brighter than other lunar events. Provided the sky is devoid of clouds or precipitation, the evening sky will be delightfully illuminated with the entire face of the moon visible and smiling at us with its always friendly and inviting face.

Another lunar event on Sept. 17 is the occurrence of a partial lunar eclipse that begins around 9 p.m. and ends around 11:15 p.m. Partial lunar eclipses are sometimes difficult to see, but with the moon

being in its full state on this evening, we might be able to experience the changes in the moon light on this eve.

On Sept. 18, the moon moves into its perigee position, a spacial position where the moon is closest to Earth. The lunar perigee position produces the strongest tidal force on Earth's tidal

Completing the week, Neptune will be in opposition with Earth on Sept. 20. With Neptune being the planet most distant from Earth, it might be difficult seeing this planet, even with telescopes and sky binoculars. But do give it a try if you have more advanced sky equip-

#### Week 4 and 5 (Sept. 22-30)

At 8:45 a.m. on Sept. 22, the autumn equinox will occur. This equinox occurs when the length of the day and night are equal (well, almost). The Sun is located above the Earth's equator so the split of day and night times is almost equal.

Also on this date, the moon will be in conjunction with Pleiades (the Seven Sisters cluster, also known as Messier 45) in the constellation Taurus.

The moon moves into its last quarter phase on Sept. 23. The moon will be illuminated on the left half of its surface.

The last events of September occur on Sept. 26 when the moon will be in conjunction with the stars Castor and Pollus in the constellation Gemini; Sept. 27 when the moon will be in conjunction with the Beehive star cluster in the constellation Cancer; and Sept. 29 when the moon will be in conjunction with the star Regulus in the constellation Leo.

So ends the celestial highlights for September! Enjoy exploring the September sky and hopefully finding the treasures noted above. Keep looking up to the sky this month; the sky is always changing and it can entertain you for a lifetime. As you become more familiar with planets, stars, and constellations and their locations throughout the year, you are on your way to becoming an expert astronomer who can predict where different celestial bodies might be in the morning and night sky!

Until next month, keep your eyes facing the morning and evening sky to see the wonders of our universe as we Earthlings travel through it!



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#### Lake fire chief shares tips on reducing chances of a house fire

#### BY HEATHER MICHON CORRESPONDENT

Despite two major house fires in the Lake Monticello area in recent weeks, Lake Monticello Volunteer Fire and Rescue (LMVF&R) Chief Richard Constantino says the department is on track for an average number of structure fires.

His records indicate that the department handles an average of 32 fires yearly. To date, in 2024, they've seen 23.

Constantino, a veteran fire investigator with over 40 years of experience, investigates most of the major structure fires in Fluvanna County – and sees some trends.

According to government statistics, 44.7 percent of house fires stem from cooking, and the National Fire Prevention Association (NFPA) reports that 44 percent of residential fires start in the kitchen.

Constantino has investigated fires caused by unattended stoves, attempts to extinguish grease fires with water, a barbeque grill placed too close to the house, and combustibles stored too close to the stove.

Some fires have originated outside the home, caused by sparks from welding equipment or storing fireplace ashes in an improper container near the structure.

Electrical fires are another common problem. He had attributed some fires to faulty wiring and HVAC system failures, while others stemmed from overloading

power strips and electrical circuits.

The increased use of rechargeable devices with lithium-ion batteries has become a growing source for concern among firefighters. Overcharging, overheating, exposure to water, damage to the battery casing, and manufacturing defects can cause the battery to ignite.

Constantino has investigated fires caused by using aftermarket charging units, not using the correct charger for the device, or failure of the power pack. One was caused by "overcharging a Hoverboard."

Some simple steps to prevent house fires include:

- IN THE KITCHEN: don't leave stovetops and grills unattended and know how to safely extinguish common kitchen
- IN THE HOUSEHOLD: don't overload electrical sockets or power strips, keep flammables away from heat sources, keep space heaters away from combustible materials, and always remember that matches and lighters are tools, not toys;
- RECHARGABLE DEVICES: use manufacturer's cords and power adapters rather than aftermarket devices, make sure your lithium-ion batteries carry the Underwriters Labrotory's 'UL' marking, and don't place batteries in direct sunlight or store near anything flammable. Avoid charging your

phone on your bed or couch.

Asked for his top three tips, Constantino said every household should:

- 1. Make sure smoke and carbon monoxide detectors are operational. Any device 10 years or older should be replaced. Test detectors monthly and replace batteries twice a year. A good way to remember? When you change the clock, change the batteries.
- 2. Plan and practice escape routes from your home with all family members.

3. Use common sense, especially when it comes to cooking and use of electrical devices.

Constantino and the LMVF&R regularly work with Lake Monticello to circulate reminders and safety tips and frequently post information on their Facebook site. He also recommends the National Fire Prevention Association website as a good resource for households looking to further reduce fire safety risks.

#### Pickleball to be "In the Pink" at Lake Monticello

#### PRESS RELEASE

For the first time, pickleball will be included in the "In the Pink" fundraiser at Lake Monticello Sept. 20-21. "In the Pink" raises money to support women fighting breast cancer at Sentara Martha Jefferson Hospital, plus free cancer screenings, support and survivorship services to hundreds of women annually.

The pickleball portion will be played under the lights Friday evening (Sept. 20) at Lake Monticello, and Ladies Tennis at the Lake Saturday morning (Sept. 21). Similar events will be held the same days at eight racket clubs around Charlottesville, including Greencroft, ACAC, Forest Lakes, Boar's Head, Glenmore, Keswick and Farmington.

The Lake Monticello pickleball portion is open to all skill levels, and three certified local pickleball instructors are volunteering their time to help players. Play is round-robin style, where you have the same partner the whole time, but opponents rotate. There will be light refreshments available. The tennis portion is also open to all skill levels.

Tracey Williams, a Laker who's currently fighting breast cancer, will be playing in the Lake Monticello pickleball event, which features new regulation nets and markings, and the ability to have 16 teams playing simultaneously on eight courts under the lights.

"I think 'In the Pink' is just such a great cause," Williams said. "All the support this group provides to women's health - the free cancer screenings, the support and

survivor services, and everything else -- is critical to the health of so many women throughout central Virginia. The support of my family and friends has been incredible and the team at Martha Jefferson has also been amazing."

Players are encouraged to wear pink, and prizes will be given for "Most Pink."

Registration costs \$50 and is available at https://mjhfoundation.org/our-events/ in-the-pink/in-the-pink-registration.

Those who would rather not play can make a direct donation in support of "In the Pink" to the Martha Jefferson Hospital Foundation at https://mjhfoundation. org/give-your-way/make-a-donation.





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#### Safety experts say distracted mobility is a public health issue

VIRGINIA FARM BUREAU PRESS RELEASE

Advertising in the 1950s promoted doctor recommendations for cigarette brands. But sentiments changed. Now smoking is at an all-time low, linked to numerous negative health outcomes.

Distracted driving activities, like using a smartphone behind the wheel, should be talked about and treated as an addictive behavior—just like smoking, said Virginia Department of Motor Vehicles Commissioner Gerald F. Lackey.

"We're starting to realize we're having a major epidemic with distracted driving, and it's killing people," he said.

Traffic safety leaders discussed strategies for changing motorist behavior at Drive Smart Virginia's 11th Annual Distracted Driving Summit. Virginia Farm Bureau Mutual Insurance Co. is a summit sponsor.

Reframing public attitudes toward motorist and pedestrian distraction is a first step.

"Think about the progress we made with seat belt usage," said Rick Birt, director of the Washington, D.C. Highway Safety Office. "We started out with no seat belts. Now, over 90% of individuals changed their behavior, and are buckling up."

Birt said Americans should start thinking about distracted driving as a public health crisis that requires an all-handson-deck response. "What are the values of our community around distracted mobility?" he asked.

Distracted driving accounts for about 17% of all traffic crashes in the state, according to Virginia Crash Facts. Sixty-one fatalities and 7,200 injuries resulted from 21,528 distracted driving crashes in 2023.

Lackey quoted University of Utah research that says motorists who talk on hand-held cell phones are as impaired as drivers with a .08 blood-alcohol content, which is the minimum level that defines drunk driving in most U.S. states.

"We create diversion programs with other addictive behaviors," he continued. "But I have not seen one that does it with distracted driving—engaging it as an addiction and taking you through a process to understand that and put you back in control."

Virginia State Police Superintendent Col. Gary T. Settle shared a new tactic to promote highway safety called Operation DISS-rupt. First implemented in 2023, it focuses on the four key causes of fatal and serious injury crashes in problem areas across Virginia's interstate system.

Operation DISS-rupt stands for Distracted Driving, Impaired Driving, Speed Compliance and Seat belt Safety.

"The operation's goal is to achieve zero fatal crashes during designated enforcement periods and to reduce the total number of crashes on our interstates for the calendar year by 10%," Settle continued. "I'm proud to say since initiating our first operation last winter on Interstate 81, we had zero deaths and saw decreases in overall crashes during those enforcement periods."

Operation DISS-rupt continues to be successfully conducted on Interstates 64, 66 and 95.



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First Thurs: 8:30 am Coffee Break at Cuppa Joes

Second Tues: 11:30 am WIB Luncheon Bunker Bistro To place an ad here contact

434-207-0223 sales@fluvannareview.com FluvannaWomeninBusiness.org



To advertise call: (434) 207-0223

Contact - Edee@fluvannareview.com, or stop by the office at 106 Crofton Plaza, Suite 1, Palmyra, VA. We can not take ads over the phone. Questions? Call (434) 207-0221. **Fee for the new year** 2023 is \$10 for 40 word limit and .25 cents per word over limit. Payment may be mailed: P.O.Box 59, Palmyra, Va 22963 or Visa, Mastercard, Discover accepted. Deadline for print ads is MONDAY BY NOON.

#### **EVENTS**

PIE AUCTION AND FOOD DRIVE: Support our Palmyra Food Bank as we FEED FLUVANNA. Bid on your slice of the pie - Saturday, September 14, 2024 from 3 to 5 p.m. at Grace & Glory Lutheran Church, 683 Thomas Jefferson Pkw. (Rte 53) Palmyra, VA 22963. Bring a can! Donations to our local Palmyra Food Pantry are appreciated.

FALL FESTIVAL: St. Luke's Simeon Church, 1333 Thomas Jefferson Pkwy. (little red roofed church), Saturday, September 21, from 9 to 2 p.m. Vendors on site, with artisans, greener things, raffle gift baskets with eclectic items, perennial plantings. Baked goods using locally grown fruits. Activities for Kids! Contact Babs (434) 981-0699 or fickesdb@earthlink.net.

FLU CO AMERICAN LEGION POST 2003: is having their annual Golf Tournament on MONDAY, September 30, 2024 at the Lake Monticello Golf Course. Signup forms available at the golf Club House or at www.alpost2003.org, under Special Events. Proceeds used to support Veterans and Youth Programs.

#### **FOR SALE**

CANOE, LAWN MOWERS, LEAF **BLOWER:** Old Town Discovery Canoe, 16.9 Ft. - \$300 firm. Lawn mower front wheel drive - Craftsman model gold, 6.25 HP - \$100. Lawn mower front wheel drive Craftsman model 3.5 HP - \$75. Leaf blower Husqvarna model 125BV - \$100. Call (434) 591-6069 (Lake area) leave a message.

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#### **RENTALS**

**COTTAGE:** One bedroom cottage available October 1, 2024. Off of Rte 250, Beaver Dam Road area. Quiet location, \$1,000/mo, Plus \$1,000 security deposit, or \$1100 per mo. without deposit. Water, Septic and Electric included in rent. (434) 962-5101. No smoking inside the cottage.

**RENT THE MAPLE ROOM:** The Maple Room is located in the Lake Monticello Volunteer Fire House at 10 Slice Road, Palmyra. A lovely location to host Meetings, Birthday Parties, Wedding Receptions, Anniversaries and other events in air conditioned comfort. Parties of 100 +. Contact Eileen Monahan at 434-962-4656 or email: mapleroomrentals@lmvfr.org.

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**MONTICELLO PROPERTIES MANAGEMENT:** Long and Foster office at 3661 Lake Monticello Road, Palmyra, VA. For current home rentals: contact Genevieve at (434) 589-7653 or email: MonticelloPropertiesMgt@ gmail.com

#### SERVICES

**HELP WITH YOUR TRASH BINS:** Our service takes your tote to the curb for Lake Monticello's weekly trash removal (GFL) and brings the tote back to your home. We offer payment plan options - including discounts for senior & disabled persons. \* We also provide JUNK REMOVAL. Contact us, Tyler Tinsley @(540) 556-8890, Tyler@trashMasterServices.com, online>TrashMasterServices.com.

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#### **SPECIAL NOTICES**

VIRGINIA DEPT. OF VETERANS **SERVICES:** Need Help? Attention Veterans and Dependents! Visit us at the Fluvanna Community Center, 5725 James Madison Highway > by appointment only. Call Jeannette Flint at (434) 529-6431 to schedule your appointment. www.dvs.virginia.gov

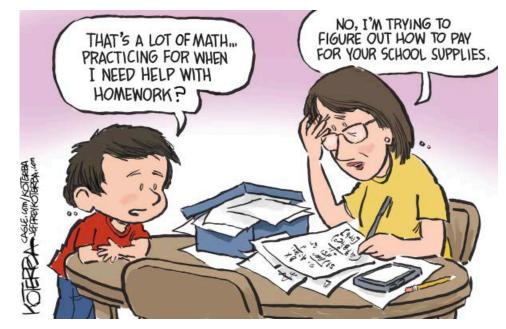
#### WANTED

2024 FSPCA SPONSORS NEEDED: Our local animal shelter sends us photos of pets every week that are waiting for adoption. The PET photo speaks volumes! Your sponsorship can help to find forever homes for a furry four-legged friend. Place your business name, phone number or special message/memorial under the photo. Let animal lovers know you care . Call Edee @ (434) 207-0221 or email: edee@ fluvannareview.com with questions/ requests. Thank you.

#### **HELP WANTED**

OFFICE/ADMINISTRATION - Caring For Creatures, (an animal sanctuary) in Fluvanna County, has opening for someone with solid computer skills and working knowledge of Microsoft Office software (Word, Excel, Publisher). Candidate must be organized, people oriented, professional, with good verbal and written skill. Tasks -phone calls, email, correspondence, working with volunteers & visitors, & assisting the Director, fundraising activities/ events & donor support. Hours: 35-40 per week, with Saturday hours. Start \$14/hour. Email resume to cfchome1@ gmail.com

**ANIMAL CARE** – Caring for Creatures (an animal sanctuary) seeking hardworking, reliable candidate. Position involves feeding tasks, cleaning animals' living areas. This position is physical and requires attention to detail. Must be an animal lover! Opportunity to take on more responsibilities & learning. Hours: 8 a.m. to 4 p.m. One weekend day required. Starting rate: \$13/hour -60 day trial period with review. This is a permanent, full-time position. Email resume to cfchome1@gmail.com





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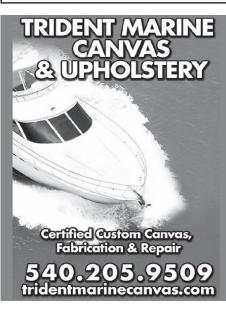






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#### **PUBLIC HEARING**

#### Fluvanna County Board of Supervisors September 18, 2024 at 7:00 pm

Pursuant to Virginia Code Sections 15.2-1427 and 15.2-2204, Public Hearings will be held in the Fluvanna County Circuit Court, at 72 Main Street, Palmyra, VA 22963 for citizens of the County to have the opportunity to appear before and be heard by the Board of Supervisors on the following items:

ZTA 24:03 - ORDINANCE TO AMEND AND REORDAIN "THE CODE OF THE COUNTY OF FLUVANNA, VIRGINIA" BY AMENDING §§ 19-9-6 AND 22-17-7 TO INCREASE CERTAIN PLAN REVIEW FEES

READOPTION OF THE 2015 COMPREHENSIVE PLAN WITH AMENDMENTS TO CHAPTER 2 (LAND USE AND COMMUNITY DE-SIGN), CHAPTER 5 (ECONOMIC DEVELOPMENT) AND CHAPTER 6 (HISTORIC PRESERVATION). THE COMPREHENSIVE PLAN IS THE COUNTY'S KEY POLICY DOCUMENT FOR LAND USE, DEVELOP-MENT, HOUSING, INFRASTRUCTURE, TRANSPORTATION AND RELATED ECONOMIC AND SOCIAL ISSUES.

Copies of the complete text of the above items are available for public review at http://www.fluvannacounty.org/ and at the Office of the Fluvanna County Administrator during normal business hours. Questions may be directed to the Planning & Zoning Department at (434) 591-1910. Interested persons may submit written comments prior to the scheduled public hearing to planning@fluvannacounty.org. All interested persons wishing to be heard are invited to attend the public hearing. VA 22963.



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#### **Public Notice – Environmental Permit**

PURPOSE OF NOTICE: To seek public comment on a draft permit from the Department of Environmental Quality that will allow the release of treated wastewater into a waterbody in Fluvanna County, Virginia.

PUBLIC COMMENT PERIOD: August 29, 2024 to September 30, 2024

PERMIT NAME: Virginia Pollutant Discharge Elimination System Permit – Wastewater/Stormwater issued by DEQ pursuant to applicable water laws and regulations.

PERMIT NAME: Virginia Pollutant Discharge Elimination System Permit Wastewater issued by DEQ pursuant to applicable water laws and regulations.

APPLICANT NAME, ADDRESS AND PERMIT NUMBER: Fluvanna County; P.O. Box 540, Palmyra, VA 22963; VA0082228

FACILITY NAME AND LOCATION: Carysbrook WWTP; 9172 James Madison Hwy, Palmyra, VA 22963

PROJECT DESCRIPTION: Fluvanna County has applied for reissuance of a permit for the Carysbrook WWTP. The applicant proposes to release treated sewage wastewaters from residential areas at a rate of 0.012 million gallons per day into Rivanna River in Fluvanna County in the Rivanna River/Carys Creek watershed. A watershed is the land area drained by a river and its incoming streams. The permit will limit the following pollutants to amounts that protect water quality: physical and chemical properties, organic matter, solids, bacteria, and inorganics. Sludge from the treatment process will be pumped and hauled to Moores Creek Advanced Water Resource Recovery Facility where it will undergo further treatment.

HOW TO COMMENT AND/OR REQUEST A PUBLIC HEARING: DEQ accepts comments and requests for public hearing on the draft permit by hand-delivery, e-mail, fax or postal mail. All comments and requests must be in writing and be received by DEQ during the comment period. DEQ must receive hand-delivery and postal mail by close of business and email and fax comments by 11:59 p.m. on the last day of the comment period. Submittals must include the names, mailing addresses or email addresses of the commenter/requester and of all persons represented by the commenter/ requester. A request for public hearing must also include: 1) The reason why a public hearing is requested. 2) A brief, informal statement regarding the nature and extent of the interest of the requester or of those represented by the requestor, including how and to what extent such interest would be directly and adversely affected by the permit. 3) Specific references, where possible, to terms and conditions of the permit with suggested revisions. A public hearing may be held, including another comment period, if public response is significant, based on individual requests for a public hearing, and there are substantial, disputed issues relevant to the permit.

CONTACT FOR PUBLIC COMMENTS, DOCUMENT REQUESTS AND ADDITIONAL INFORMATION: Name: Daniel Bradford; Address: Valley Regional Office, 4411 Early Road, P.O. Box 3000, Harrisonburg, Virginia, 22801; Phone: (804) 389-1253; E-mail: daniel.bradford@deq.virginia.gov. The public may review the draft permit and application at the DEQ office named above by appointment or may request copies of the documents from the contact person listed above.

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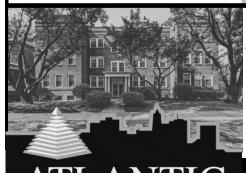
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#### State police helicopter rescues hiker in Augusta County

VIRGINIA STATE POLICE PRESS RELEASE



Helicopter rescue. Photo courtesy of Chesterfield Fire and EMS

Members of the Virginia State Police Med Flight -1 team responded to a call for a fallen hiker in Augusta County at 5:23 p.m. Saturday (Aug. 24).

The hiker, a 20-year old female, sustained serious back injuries after jumping into the Saint Mary's River from a cliff along the Saint Mary's Falls Trail.

For this rescue mission, the Med-Flight 1 crew consisted of a Virginia State Police Trooper-Pilot and four Chesterfield County Fire and EMS flight paramedics. Once on scene, the ground crew directed the helicopter into position over the scene and Med-Flight lowered a rescuer from the aircraft to the ground. Augusta Fire-Rescue personnel on scene assisted in securing the injured hiker for a hoisting operation back to the aircraft some 175 feet above. The injured hiker was placed inside the helicopter, where the

crew then transitioned from a rescue operation to a medevac transport to UVA Medical Center for further treatment.

This call was part of a busy afternoon for Med-Flight-1, as just proceeding this rescue, at 3:55 p.m., the team responded to a farm machinery entrapment in Amelia County. Med-Flight-1 also responded to an ATV incident involving a child in south Chesterfield that came in at 5:23 p.m., approximately the same time as the Augusta County call. Both the Amelia patient and the Chesterfield patient were individually transported to area hospitals before Med-Flight 1 refueled and flew the 82 nautical miles to the Augusta County rescue.

Med Flight-1 is a joint effort between Virginia State Police pilots and paramedics from the Chesterfield County Fire and EMS Department.



### Plan Your Month at Lake Monticello!

Some of the events listed below are open to Lake Monticello residents only. However, our Fluvanna County Neighbors are always welcome to visit our golf course or Bunker Bistro. Visit their websites to learn more!

| lakemonticellogolf.org | bunkerbistro.com

#### September 11 Remembrance Ceremony

This year marks the 23rd anniversary of the terror attacks on our Nation on September 11, 2001. Please join the members of the Lake Monticello Fire Department, Rescue Squad, and Water Rescue to honor and commemorate all the civilians, firefighters, police officers, and EMTs who perished on that fateful day. They will gather at the 9/11 Memorial Garden, located at 10 Slice Road, Palmyra on Wednesday, September 11, 2024, at 6 PM. Refreshments will be served following the ceremony. Open to Fluvanna County Neighbors.

#### September 14 Hygeia Wellness

Please join Kris Bonham RDN and Cynthia Moore MS, RDN for a Nourishing Resilience (NR) workshop in the Ashlawn Clubhouse from 3 PM - 4:15 PM. NR is a set of skills that improve our ability to recover faster toward high-level wellbeing after stressors and allow us to make healthier food, movement, and relationship choices. NR skills are based on EBT-Emotional Brain Training, developed at the University of California, San Francisco by Laurel Mellin PhD, RDN and colleagues. The instructors have offered this training locally, including at the University of Virginia, since 2006. During this introduction, they

will share the scientific basis and some of the key skills of the method. You'll learn at least two resilience skills! For questions or to reserve a spot, please contact Cynthia Moore at cynhygeia145@gmail.com or 434-987-1247.

#### September 15 Newcomers & Old Friends

This social club for all Lake Monticello residents has an extensive program with over 30 activities ranging from All Things British to the Genealogy Club. Membership costs just \$10 a year. The club meets once a month at the Ashlawn Clubhouse on a Sunday from 3:30 PM – 5:30 PM. The first meeting of the season is on September 15.

#### September 16 West Coast Swing

Join Kyla Miller for a free West Coast Swing practice session from 7 PM - 8:30 PM in the Terrace Rooms of the Ashlawn Clubhouse. The first 30 minutes will be a lesson on variations of the push, pass, or whip followed by an hour of beginner-friendly music for open dancing. Dancers are expected to already know their basics (push, pass, and whip). For more information, please contact Kyla at kyla.bohon@gmail.com.

## September 17 DMV Connect at Ashlawn

Can't get to the DMV? Not to worry, the DMV will come to you! From 9 AM – 4 PM, DMV staff will be at the Ashlawn Clubhouse at 41 Ashlawn Blvd. by appointment only. Please note, they will be closed for lunch from 12 PM - 1 PM. You can schedule an appointment at dmv.virginia.gov/appointments. Click Book an Appointment, choose a service, then look for DMV Connect at Lake Monticello.

## September 20 In the Pink Charity Event

'In The Pink, Tennis for a Cause' takes place in the region on September 20 - 21 at Boar's Head, Farmington, ACAC, Greencroft, Keswick, Forest Lakes, Glenmore, and Lake Monticello. On September 20, the ladies will play at Lake Monticello. All proceeds benefit Marianne's Room, a cancer resource center. For information on how to register or volunteer, please visit the event website at mjhfoundation.org/our-events/in-the-pink/

#### September 25 Free Financial Seminar

Nicholas DiGiorgio of United Brokerage Services is offering a free 4-part Financial Seminar Series at the Ashlawn Clubhouse. Part 3, Social Security Claiming Strategies, will be held at 11 AM. Please RSVP if you plan to attend by emailing ndigiorgio@united-brokerage.com.

## September 26 Regular Board Meeting

LMOA Members are welcome to speak at the association's regular board meetings which take place in the Fairway Clubhouse at 7 PM. Sign up to speak by emailing Executive Assistant Karis Rivera at krivera@Imoa.org.

## September 29 Birds of Prey

EarthQuest is coming back to the Lake! Get up close and personal with hawks, falcons, vultures, and owls while learning about these fascinating and beautiful birds! The event is sponsored by the Wildlife Committee and it starts at 2 PM on the Ashlawn Clubhouse lawn (41 Ashlawn Blvd.). Bring your own chair, unless it rains. In that case, the event will move indoors.

#### OTHER GROUPS & CLUBS NEWS

If you live at Lake Monticello and would like to know about the clubs and groups active at LMOA, please call Member Services at 434-589-8263.



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