

Fluvanna REVIEW



School Board Recognizes Teachers and Staff of the Year Recipients

PAGE 9



LMOA Lake Views | PAGE 8

A Look at the World of Orphaned Bear Cubs

PAGE 4

New Officers Elected for Master Gardener Volunteers

PAGE 5

Shop Local Farms and Farmers Markets for the Holidays

PAGE 5

Cifers Wins Republican Nomination for McGuire Seat

PAGE 6

Planning Commission Recommends 'Parent Tract' to Limit Land Subdivisions

PAGE 7

The Fluvanna Review Pickup Locations

PAGE 14

Wishing Our Advertisers And Readers A Joyous Holiday & A Prosperous New Year!

From The Staff
at the
Fluvanna Review



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PUBLISHER & EDITOR **CARLOS SANTOS**
434-591-1000 / editor@fluvannareview.com

ADVERTISING DIRECTOR **RAE ALBERTS**
434-207-0223 / sales@fluvannareview.com

ACCOUNTS MANAGER **EDEE POVOL**
434-207-0221 / edee@fluvannareview.com

ADVERTISING DESIGNER **LYNN STAYTON-EURELL**
sales@fluvannareview.com

EDITORIAL DESIGNER **AMELIA McCONNELL**
amelia@fluvannareview.com

DESIGNER **MARILYN ELLINGER**

REPORTERS **PAGE GIFFORD, HEATHER
MICHON, DUNCAN NIXON AND
HARVEY J. SORUM**

Mailing Address
P.O. Box 59
Palmyra, VA 22963

Physical Address
**Crofton Plaza Building 106, Suite 1
434-591-1000**

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On the cover: Teachers and support staff Members of the Year for 2024-2025. Photo courtesy of Fluvanna County Public Schools Cover design by Amelia McConnell.

DEADLINE Advertising due by Wednesday at 5 p.m. for the issue released eight days later. Submissions, letters and calendar items due by Friday at 9 a.m. for the subsequent paper.

DISPLAY AND WEB ADS For information including rates and deadlines, call Rae Alberts at 434-207-0223.

GENERAL

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Letters to the editor should be a maximum of 350 words and include the name, phone number and address of the author. The phone number and street address are for the paper's records only. We reserve the right to edit letters to the editor. Submit to editor@fluvannareview.com

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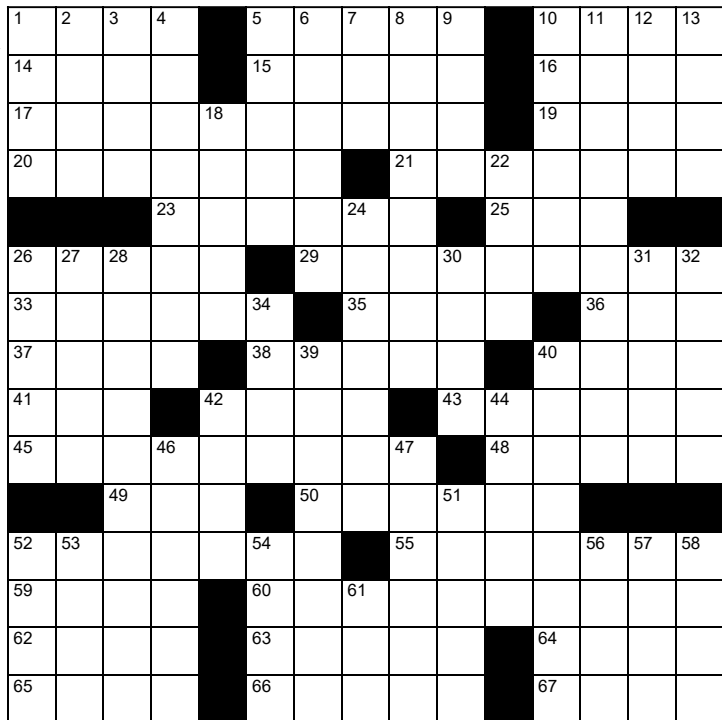
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The Weekly Crossword

by Margie E. Burke

ACROSS

- 1 Neuter a neigher
- 5 Clip, as wool
- 10 Airport lineup
- 14 Mishmash
- 15 Way off base?
- 16 Light greenish-blue
- 17 Part of AP
- 19 Pipe problem
- 20 Take away
- 21 Overly optimistic
- 23 Treadmill settings
- 25 Skirt's edge
- 26 Kind of test
- 29 Stress, in a way
- 33 Different ones
- 35 Nixon's pardoner
- 36 Potter pal Weasley
- 37 Straddling
- 38 Offer one's two cents



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- 40 Pub order
- 41 Quick swim
- 42 Tehran's land
- 43 One on the payroll
- 45 Dispersed
- 48 Rundown
- 49 Color shade
- 50 Conforms (to)
- 52 One of Marvel's Avengers
- 55 Stew ingredient
- 59 Poker play
- 60 Meet half-way
- 62 Weather word
- 63 Library listing
- 64 Tolstoy heroine
- 65 Village People classic
- 66 Pitcher's stat
- 67 Trawling gear
- 4 Place for a welcome mat
- 5 Pizza serving
- 6 Fastball, in slang
- 7 Absorb, as a cost
- 8 Strong dislike
- 9 Modernize, as decor
- 10 College grad's goal
- 11 March birthstone
- 12 Go over 21, in blackjack
- 13 Apt anagram for "eats"
- 18 Escapade
- 22 Shake off
- 24 Clearly set out
- 26 Warty creatures
- 27 Storage room
- 28 Compulsive buyer
- 30 Ring site
- 31 Muscularly fit
- 32 Way in
- 34 Ticked off
- 39 Irrational distrust
- 40 Newspaper worker
- 42 Agenda entry
- 44 The Jetsons' dog
- 46 Toyota pickup
- 47 Mark with spots
- 51 Peels
- 52 Up in the air
- 53 Not stay put
- 54 Plays a part
- 56 Supreme Court count
- 57 George Harrison's "It a Pity"
- 58 Pod veggies
- 61 "The Challenge" network

Answers to Previous Crossword:

C	A	S	T		P	L	E	A	D		P	I	E	S
O	N	T	O		L	I	N	D	A		O	N	C	E
L	I	E	U		A	D	D	O	N		O	S	H	A
O	S	P	R	E	Y		U	L	T	E	R	I	O	R
R	E	S	I	S	T		S	E	E	M	E	D		
					S	L	I	C	E	S		B	R	I
S	O	F	T		M	A	R	C	I	E		O	N	E
W	H	I	S	P	E	R		E	N	R	O	U	T	E
A	I	R		A	S	C	E	N	T		U	S	E	D
P	O	S	T	S		I	N	T	E	N	T			
					T	I	T	A	N	S		N	O	R
P	E	N	T	A	G	O	N		S	T	E	A	D	Y
O	V	A	L		A	G	A	V	E		A	M	E	N
L	A	M	E		P	E	R	I	L		C	I	A	O
O	L	E	S		E	N	E	M	Y		H	E	L	D

DOWN

- 1 Spur
- 2 Besides
- 3 Shopper's aid

SUDOKU

Edited by Margie E. Burke

Difficulty: Easy

6			7					
							5	
			3		1	4	2	
		7			3		1	2
8				9				
	9		6					
				5	2	3		
3		1			9			
2							4	9

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HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

Answer to Previous Sudoku:

9	7	2	1	3	5	4	6	8
6	4	5	8	7	2	9	3	1
8	1	3	9	6	4	2	5	7
1	5	9	7	2	6	3	8	4
4	2	6	3	8	1	7	9	5
7	3	8	4	5	9	6	1	2
2	8	4	6	1	3	5	7	9
5	6	7	2	9	8	1	4	3
3	9	1	5	4	7	8	2	6

An inside look at the world of orphaned bear cubs

BY PAGE H. GIFFORD
CORRESPONDENT



Black bear. Photos courtesy of the Wildlife Center of Virginia

The Lake Monticello Wildlife Committee presented a program Nov. 23 on orphaned bear cubs, two of which the committee sponsors while at the Wildlife Center of Virginia (WCV).

A total of seven bear cubs were admitted to WCV in February for various reasons including three that were in a den destroyed by construction and the den of another two cubs destroyed by wildfire. Others were abandoned by their mother.

Discussing the process the orphaned bears go through until they can be released back into the wild were Conservation Biologist and Outreach Coordinator Alison Meredith and Wildlife Rehabilitator and "bear mom" Kavya Parsa. For those unfamiliar with the Virginia Wildlife Center, located in Waynesboro, it is a non-profit hospital, rehab, and teaching hospital for wildlife.

The Department of Wildlife Resources determines if bears need medical treatment and rehab and they will contact us," said Meredith. "Three bear cubs whose den was destroyed by construction were brought to us and weighed only about two pounds and no bigger than large potatoes." The bears are sedated and then examined. One cub had a fractured leg and a severe laceration. Unfortunately, his condition worsened and he was suffering and the prognosis was not good. The medical team decided that the only humane option was to euthanize the cub.

"This is a last resort, we never want to euthanize unless it is necessary," Meredith added. The two remaining cubs were young enough to be placed into wild fostering. The DWR locates a suitable foster den and checks whether the mother and cubs are healthy. They found two but the first was not a good candidate with older

cubs. At the second den, the mother accepted the cubs. It helped that all the cubs were all the same age.

If unable to go into wild fostering, they stay at WCV for rehabilitation. Parsa explained that humans do not directly play with them and keep contact to a minimum. They set up play areas mimicking a natural environment, such as throwing leaves around for them to play with or having things to climb on to encourage navigating in what will be their natural world when they are released. Even bubble baths help them to become acclimated to water.

"Being omnivores, these cubs love melon and lettuce and we make mush bowls with fruit when they are weaned off formula," said Parsa.

As the cubs grew older, they began to slowly and cautiously meet one another through a mesh fence. They are quarantined for 14 days and afterward, they can interact with each other while being monitored. All of them have become friendly and playful, both males and females.

For these cubs, each phase of rehab leads them closer to being released into their natural environment. As they grow bigger, they are given free range in a fenced-in half-acre land which is all-natural for exploration with trees for climbing and areas to forage for food.

During the winter months, contrary to the belief that bears hibernate, in Virginia they do not hibernate because the winters are too warm. Therefore, these cubs will continue rehab until spring when they are released.

When the time comes, the DWR finds suitable habitats for each one throughout Virginia. The team at WCV does not witness the release but the DWR continues to monitor them after the release.

New officers elected for Master Gardener volunteers

2025 membership classes begin Jan. 16

PRESS RELEASE



Incoming officers Kathleen Brunke, left, and Nita Forgnone, right, thank outgoing President Carlene Gischel, center, with a commemorative photo signed by members. Photo courtesy of E. Dianne Campbell

New Officers have been elected to lead the Fluvanna Master Gardeners for 2025, as the volunteer organization prepares for the next year's horticultural activities.

Kathleen Brunke has been elected president; Nita Forgnone as vice president and chair of community education; Mary Watt Bowers as secretary; Bob Eckman as treasurer; and Vicki Buffmire as chair for continuing education. The officers will lead and coordinate the volunteer organization's efforts through the end of 2025.

During the course of the year, Master Gardeners contribute many hours to educate and increase appreciation of the unique horticultural ecosystem of Fluvanna County. At the recent year-end meeting, several members were recognized for providing milestone record hours of service: Rich Muccia, Claire Waters, and Nancy Busche Rossnagle have volunteered 500 hours of service to date, and Sue Tepper has provided a total of 2,000 hours. They are sincerely honored for their ongoing leadership and guidance.

Numerous Events and Hours

Fluvanna Master Gardeners offers an array of activities and events directed to both youth and adults, and members participate at times that are convenient and for topics that interest them.

Many member hours are required for

the success of the Annual Plant Sale, May 3, which is an event marked on all wise home gardeners' calendars. Many service hours are dedicated to the Butterfly Garden at Pleasant Grove Park which is carefully maintained and open year-round to the public. Adjoining it is a new greenhouse where members are coordinating seasonal projects. Other member teams tend to the Community Garden at Pleasant Grove where area residents grow produce and flowers for home use as well as providing contributions to the area food bank.

An ongoing youth education program is coordinated with Carysbrook Elementary School. And throughout the summer months, Master Gardeners lead weekly educational hands-on projects for youngsters through the Fluvanna County Public Library. There are weekly wilderness hikes, plus special events for Earth Day. Then, every Tuesday afternoon, April through October, homeowners commiserate and find solutions at the Master Gardeners help desk in the library. To top off the summer, there's a Master Gardener tent with special activities at the Fluvanna County Fair. And, with special requests, Master Gardeners also provide special presentations at groups' requests.

Membership Requires Volunteering

Volunteered hours are a requirement

for membership in Fluvanna Master Gardeners. New members begin accumulating them following a training program, which is offered once a year only, scheduled Jan. 16 through April 17, and taught online and with field experiences by experts recognized in their subjects. The course subjects are extensive, beginning with basic botany and continuing through pests, diseases, and propagation, and covering the range from ornamentals to shrubs, trees, and grasses. Overall, there is a consistent eye to protection and conservation of the environment.

Full information on the activities and a membership application for Fluvanna Master Gardeners is available at the website, www.FluvannaMG.org.

A promotional advertisement for Food Lion's 'Folly Savings' program. It features a woman and a child smiling while looking at a menu. The text reads: 'Folly Savings You Can Count on! Be this Season's MVP. Be the hero of your family's holiday traditions with our festive recipes and savings. Get Details at foodlion.com. FOOD LION 264 Turkeysg Trail # A • 434-589-5538 OPEN: Sun-Sat: 7:00 am - 11:00 pm'.

Shop local farms and farmers markets for the holidays

VIRGINIA FARM BUREAU PRESS RELEASE

This holiday season, shoppers looking for fresh ingredients and unique gifts can find plenty of options at their local farms and farmers markets.

Of Virginia's 265 farmers markets, 54 stay open throughout the winter months with an additional 49 staying open during December for special holiday markets before closing for the remainder of the winter, according to the Virginia Farmers Market Association.

For those hosting this holiday season, winter farmers markets are brimming with fresh, high-quality ingredients. Customers can find apples, hardy greens like spinach and kale, winter squash, sweet potatoes and other root vegetables, Brussels sprouts, and fragrant herbs to enhance holiday recipes. Producers also sell locally raised meats like turkey, pork, beef, lamb and artisanal products.

"Many farmers utilize techniques like hydroponic systems, hoop houses and high tunnels to extend their growing seasons," noted Tony Banks, senior assistant director of agriculture, development and innovation for Virginia Farm Bureau Federation. "This lets shoppers find produce that might normally be out of season."

If you're checking off a holiday gift list, farmers markets offer an assortment of value-added farm-fresh products. Local

honey, jams, prepared foods, cheeses, baked goods, spice mixes and sweet treats can make thoughtful and delicious gifts.

Local artists and makers also shine at markets during the holiday season, selling handmade wares like jewelry, candles, soaps, wooden crafts and more.

Need to spruce up the home for the holidays? Some vendors sell Christmas trees, festive wreaths and centerpieces crafted from locally sourced greenery for decking the halls.

Shopping locally during the holidays has benefits beyond the dinner table or gift exchange. Research shows that supporting nearby farms and farmers markets has a significant impact on the local economy and helps sustain small businesses. According to the Farmers Market Coalition, growers selling locally create 13 full time jobs for \$1 million in revenue earned.

"A greater share of the money spent at farmers markets will likely remain in the community and support local jobs and services," Banks explained. "Additionally, shopping local helps strengthen the connection between consumers, nearby producers and their food."

To find local farms and farmers markets near you, visit virginiagrown.com or use the Virginia Farmers Market Trail map at vafma.org/find-market.

An advertisement for Piedmont Virginia Community College (PVCC) featuring a young woman smiling. The text includes: 'GAIN MOMENTUM', 'PVCC PIEDMONT VIRGINIA COMMUNITY COLLEGE Opportunity. Access. Excellence.', 'To gain momentum, you have to start!', 'REGISTER NOW FOR SPRING SEMESTER', 'STAY ON TRACK OR COME BACK AND EARN YOUR DEGREE • SKILL UP AND LEVEL UP • ACHIEVE QUALITY EDUCATION WITHOUT HIGH COSTS • PREPARE TO TRANSFER TO A FOUR-YEAR COLLEGE OR UNIVERSITY.', 'CLASSES BEGIN JANUARY 21', and the website 'pvcc.edu/spring-momentum'.

An advertisement for Safe Step Walk-In Tub. It features a photograph of a walk-in bathtub with a showerhead. The text reads: 'Call today and receive a FREE SHOWER PACKAGE PLUS \$1600 OFF', 'SAFE STEP WALK-IN TUB', '1-877-591-9950', and 'With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445'.

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Cifers wins Republican nomination for McGuire seat

Special Election Jan. 7; Early voting begins Dec. 27

BY HEATHER MICHON
CORRESPONDENT

A mass meeting of Republicans in Goochland on Friday night (Dec. 13) continued into the early hours of Saturday. It resulted in a surprising nominee for the state seat recently vacated by Congressman-elect John McGuire.

Seven candidates were vying for the nomination, including Duane Adams (Louisa), Amanda Chase (Appomattox), Bryan Hamlet (Cumberland), Jean Gannon (Powhatan), Luther Cifers (Prince Edward), recent college graduate Alex Chatham, and former Chase legislative aide Shayne Snavelly.

Going into Friday's convention, Adams and Chase were seen as the most likely winners. Hamlet had the support of Fluvanna School Board chair Andrew Pullen.

A total of 1,034 credentialed voters from across the 10th District's ten counties assembled at the Goochland Sports Complex starting at 6:30 on Friday night. The district includes Fluvanna County. Voting took place in rounds, with those receiving the lowest votes winnowed out in each round.

At the end of the first round, Cheatham, Hamlet, and Snavelly were bumped from contention, and Gannon withdrew. Chase was knocked out in the second round, leaving only Adams and Cifers.

When the votes were totaled after midnight on Saturday morning, Cifers - a political newcomer - defeated Adams, a longtime Louisa County supervisor.

Cifers, 50, founded Farmville-based YakAttack in 2009. The company, which Cifers launched with just \$2,000, now sells around \$6 million in fishing and kayaking equipment annually.

He will face off against Democratic challenger Jack Trammell in a special election on Jan. 7. He is expected to win the conservative-leaning 10th District, where Donald Trump took 62.8 percent of the vote in November.

Early voting begins on Dec. 27 and ends on Jan. 4, 2025. Voters can cast their ballots at the registrar's office at 265 Turkeysag Trail in Palmyra during the early voting period. (The office will be closed from Dec. 29 to Jan. 2.) Those voting on Jan. 7 will need to go to their usual polling place.

For more information or questions, contact the registrar at 434-589-3593.

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Planning Commission recommends "parent tract" to limit land subdivisions

BY HEATHER MICHON
CORRESPONDENT

At its final meeting of 2024, the Planning Commission recommended amending county zoning to limit multiple land subdivisions for housing development.

In November, the Board of Supervisors approved a zoning change that eliminated rural cluster subdivisions as a by-right use in A-1 zoning districts. The only by-right uses on A-1 land are family subdivisions, where a landowner can divide their land as individual parcels for extended family members, or minor subdivisions of five homes or fewer.

The text amendment under consideration on Tuesday night (Dec. 10) would limit how many times a parcel can be divided. Under the current county code, parcels can be divided every five years, "which, in effect, creates major subdivisions over time," said Director of Planning Todd Fortune.

Under the proposed amendment, a "parent tract" could only be divided into five parcels. Divisions of six or more parcels from a parent tract would be considered a major subdivision and be required to go through that regulatory process.

County Attorney Dan Whitten said the parent tract definition is used in many Virginia counties, including Goochland, Greene, and Louisa. If approved by the Board of Supervisors, it would likely go

into effect on Jan. 22.

The change would not impact family subdivisions. "There's no limit on that," said Fortune.

Some property owners raised concerns during the public hearing.

Cabell Hatchett owns two properties in Fluvanna and said it seemed "very restrictive."

"I don't really get how that's going to help me with economic development on my 20-acre tract or my 100-acre tract, depending on what I want to do," he said.

John Alexander said he had spoken to a land appraiser, and the change had the potential to "be a huge rip in the value of landowner on every level," he said.

For example, "if somebody wanted to take a piece of land and put it in a conservation easement and you change it this way and you give somebody five division rights on 400 or 500 or 300 acres, that land does not have the same conservation value," he argued. "So that going to be less incentive for a large landowner into a conservation easement."

"It seems there are more and more restrictions on by-right development," said local property attorney Nicole Scro.

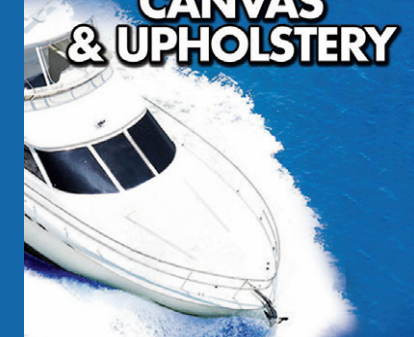
She wondered if the commissioners would consider raising the number of houses allowed in a minor subdivision to something greater than five homes or

lowering the acreage for large subdivisions from 60 acres down to 10 acres.

After some discussion, the commissioners voted to approve the recommendation for the text amendment without adding any changes. It will go on to the Board of Supervisors for a final vote.

Commissioners also approved a minor amendment to the county code that lowered the threshold for the number of children in a licensed family daycare facility from six down to five to align with state law and corrected an error in the definition of a "front yard."

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LAKE VIEWS

NEWS FROM YOUR LAKE MONTICELLO NEIGHBORS

Lake Community Donates \$50K to Fire and Rescue

At the Lake Monticello Volunteer Fire and Rescue end-of-year celebration on December 14, the Lake Monticello Board of Directors presented the community's annual donation. This year held special significance as they celebrated LMVFR's incredible 50th anniversary with a one-time donation of \$50,000! LMOA has received many heartfelt emails demonstrating how much the Lake community values having dedicated fire and rescue volunteers nearby. The annual donation, which totaled \$35,000 in 2023, is consistently supported by LMOA Members as a gesture of gratitude for those who dedicate their time to saving lives.

Safety Tips From Chief Richie

As always, Fire Chief Richie Constantino is deeply concerned for your safety and has requested that we share tips on preventing fires during the holidays. Unattended candles, overloaded outlets, decorations not approved by the Underwriter's Laboratory (UL-listed), and dry trees can all devastate a household. Following these tips can save lives:

- Make sure you only purchase artificial trees and lighting that is UL-listed.
- If you buy a live tree, cut 2 inches off the bottom of the trunk and place it in a stand with plenty of water, giving it at least one gallon every couple of days. Check the needles; the tree is too dry if they snap or fall off easily.
- Place your tree strategically

away from heat sources like candles, space heaters, vents, radiators, and fireplaces - do not block stairways or exits!

- Use LED lights. They do not get as hot, and the plastic casing is less likely to break than a glass bulb.
- Electrical problems cause about 1/3 of Christmas tree fires. Check last year's decorations for damage.
- Do not overload outlets and power strips.
- Turn lights off when you leave the house.
- The Chief discourages the use of real candles; however, if you do use them, never leave burning candles unattended. Always avoid burning candles in the bedroom, where it's easy to fall asleep with one still lit. Keep candles at least 12 inches away from anything that can burn.
- Finally, always remember to call 911 in an emergency; do not call the Main Gate. Thank you!

LMOA Utilizes Everbridge to Communicate Via Text

LMOA is excited to announce that we will launch Everbridge for community text alerts next week. Everbridge is a cloud-based platform used by various government agencies to send messages, including emergencies, announcements, reminders, and community updates. Next week, we will send an email inviting you to opt into using Everbridge. You can customize your account to receive messages from the categories of your choice. We encourage you to update your LMOA profile with

your cell phone number if you wish to participate. As you update your profile, please also revise your email address before we issue billing statements in January.

LMOA Holiday Closures

Please note that many of our staff and volunteers will be taking time off to enjoy the holidays with friends and family, limiting our services during the week of Christmas:

- The Main Office will be closed on December 24, 25, and January 1.
- The Residential Standards, Marina, and Barcode Offices will be closed on December 23 - 27, and January 1.
- The Board of Directors and many of our committees do not meet this month.
- Project and construction applications will not be reviewed again by the Environmental Control Committee until January 7.
- Bunker Bistro will be closed December 24, 25, and 31, but will host a New Year's Eve Party in the Ashlawn Clubhouse. They will have details soon on their Facebook page.

Trash Tips for Lake Residents

As winter approaches, our trash and recycling partners at Green For Life (GFL) ask for our community's help with the challenges of winter weather. Please put your totes out the night before your service day unless notified of a delay. This small step ensures your totes can be serviced, weather permitting. On snowy or icy days, GFL suggests

not setting extra bags of yard debris out to enable drivers to work safely. For backdoor service, make totes accessible to protect GFL crew from icy spots or obstacles. If reaching the totes safely is difficult, GFL may skip service and will contact you to find a safer access point.

Job Opportunities at the Lake

LMOA is excited to announce openings for a Field Inspector and an IT Specialist! Both of these roles come with great opportunities and a wonderful work-life balance. If you're interested, we invite you to check out the CAREERS section on lmoa.org for all the details. Additionally, Bunker Bistro is on the lookout for a friendly person to manage breakfast sales each weekday from 6:30 AM to 10:30 AM. They're also hiring part-time servers and bartenders! If you're interested in joining the team, please reach out via email at 51bunkerbistro@gmail.com for more information!

Safety & Security Committee Seeks New Members

This committee seeks Lake homeowners who are eager to contribute to the safety and enhancement of our community. Members provide guidance to the Board on safety and security tasks, evaluate the effectiveness of safety services, and suggest policies that address the community's needs. If you wish to join this committee, please request the application link by emailing krivera@lmoa.org.

School Board recognizes teachers and staff of the year recipients

BY HEATHER MICHON
CORRESPONDENT

The School Board's final meeting of 2024 on Wednesday night (Dec. 11) began by honoring this year's recipients of teacher and staff awards.

Teachers of the Year included Kristen Pittman (Central), Julie Carrier (Carysbrook), Melanie Kennedy (FMS), and Carol Rich (FCHS). Staff of the Year were Jon Lane (Central), Chuck Taylor (Carysbrook), Angela Hall (FMS), and Gerald Martin (FCHS).

Josh Bowser of Crabtree, Rohrbaugh & Associates gave an update on the Abrams Academy renovations. This project will fix structural issues with the building and create a more modernized interior space. Final drawings will be completed in January, and work is expected to be completed over the summer of 2025.

The conversation briefly turned to the Fiscal Year 2026 (FY26) budget. To bring teacher's salaries up to the median for the region, members are tentatively looking at a six percent increase in teacher salaries, with three percent coming from the state. Health insurance costs are expected to increase by 12 percent, and a dozen full- and part-time positions are losing federal grant funding as COVID-era programs expire. Work on the final budget will resume in January.

The Learning Resources Review Committee (LRRRC) wrapped its work on more

than a dozen challenged library books in November. Superintendent Peter Gretz said they would be making recommendations for how to handle any future challenges in the coming weeks.

Of 16 books reviewed, the committee recommended 15 of them stay on the FCHS Library shelves. Only one book, Elana K Arnold's award-winning *What Girls Are Made Of* was recommended for removal from the library to the counselor's office due to sexually explicit content.

"This book has been removed from the general library shelves, and therefore, it has been banned," Cunningham resident Georgianna Joslin said. "And for the teens who may have wanted or needed to read this book in the safety of the school library without having to check it out. I am so sorry that that option has been taken away from them."

"Let's talk about the slippery slope we're on because it's not just about this one book. Book bans don't stop at a single title. They metastasize like a cancer," said Ashleigh Crocker. Today, it's an award-winning novel about a teenage girl. Tomorrow, it's biology textbooks because evolution is controversial."

Two members referenced the issue in their closing remarks.

"I appreciate all the work the Learning Resource Committee did," said Charles

Rittenhouse (Cunningham). I'm proud of the work they've done."

"I've looked at some of the information. Some of the books are so disgusting that they won't read them in the group themselves," Rittenhouse added. "They have to take them individually and read them."

It is not clear what Rittenhouse was referencing. The LRRRC broke into small groups and were randomly assigned titles to expedite the review process. No member declined to read a title because of its content.

"I just fundamentally believe that it sets a bad precedent and says something about who we are and what we want for our community and for our students," said James Kelley (Palmyra). "I do thank the committee for their work. I know that reading all of those books and grappling with some of the difficult subject matter, to be honest, even for adults, this is difficult subject matter. It's a difficult job."



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Community Calendar

Community calendar items must be under 50 words and will run only once a month.



Bybee Christmas eve

Bybee's Road Baptist Church will have Christmas Eve candlelight service at 6 p.m. Its live nativity will be held on Friday, Dec. 20, and Saturday, **Dec. 21**, from 6 p.m. to 8 p.m. at 4989 Bybee's Church Road, in Troy. All are Welcome.

Beulah candlelight service

Bybee's Road Baptist Church will have Christmas Eve candlelight service at 6 p.m. The live nativity will be held on Friday, **Dec. 20**, and Saturday, **Dec. 21**, from 6 to 8 p.m. 4989 Bybee's Church Road, Troy.

Qigong workshop

Holly Chen will provide a workshop on "Qigong for Better Mind and Body Health" on **Jan. 10** at 10:30 a.m. at the Ashlawn Club House, Lake room. The event is open to the public and free of charge. During the workshop, participants will learn the fundamentals of Qigong, the differences between Tai Chi and Qigong, the health benefits of practicing Qigong, why they are beneficial, and the method and tips for learning and practicing. In addition, they will have an opportunity to learn various Qigong exercises.

Mah Jongg players

Order your 2025 Mah Jongg cards and support Lake Monticello Fire and Rescue by participating in our group order. The National Mah Jongg League will donate \$5 per card to Lake Monticello Fire and Rescue when a group order is placed. Cost is \$15 for large print, \$14 for standard print. Orders must be received by **Jan. 31** to qualify for the donation. Call Marianne Riek, 589-9674, to place order.

Food Bank

Fluvanna MACAA Food Bank is located in the old Carysbrook High School. To get food from the food pantry bring a photo ID as proof of Fluvanna residency. Open: **Monday through Friday**, 8:30 a.m. to 2 p.m. To donate directly to the food bank call 434-842-2521 to find out which foods are most needed. Cash and food donations gratefully accepted.

Toast a time-honored tradition with homemade eggnog

VIRGINIA FARM BUREAU PRESS RELEASE

The season of enjoying eggnog is here—inviting reunited friends and family to savor the flavors of tradition with a few safety tips in mind.

Central to holiday reunions for centuries, eggnog has enhanced countless jolly seasonal celebrations. The creamy, spiced beverage is believed to have originated from an early medieval "posset," which was a mixture of eggs, milk and ale or wine.

American colonists enjoyed the drink of the Old World in the new, incorporating readily available rum and bourbon into their recipes. Many braved the winter weather to visit loved ones during the holidays and warmed up to a cup of rejuvenating eggnog after their journeys, according to the Virginia Egg Council.

Eggs were in short supply then and stored to last through the winter, so sharing this beverage was likely a sign of friendship and affluence.

Long praised for their nutritional value, eggs contain eight essential nutrients. The American Egg Board reminds consumers that eggs also serve as a good source of high-quality protein.

Today, almost 110 billion eggs are produced in the U.S. annually. About 743 million are laid by Virginia hens, ranking the state at No. 24 in national egg production, per the Virginia Egg Board's 2022

Annual Report.

Smithsonian Magazine reported last year that Americans consume more than 15 million gallons of eggnog annually.

Families can honor the holiday beverage on National Eggnog Day, Dec. 24, or enjoy homemade creations throughout the year.

Homemade eggnog can be customized with milk, sugar and spices of choice, but incorporating its star ingredient requires careful preparation to achieve the right consistency and eliminate food-safety concerns.

Eggnog can be safely made at home by using whole, liquid or pasteurized eggs. Pasteurized eggs are found next to regular eggs at the store. Egg substitutes also can be used without further cooking, according to University of Minnesota Extension.

To pasteurize raw eggs, cook with sugar and milk to a minimum temperature of 160°. The egg mixture should thicken enough to coat a spoon.

The Centers for Disease Control and Prevention recommend refrigerating foods containing eggs promptly after cooking. If making a large batch of eggnog, separate it into smaller containers for faster chilling.

Eggnog and other recipes can be found here: virginiaeggcouncil.org/recipes.

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EVENTS

CENTRAL VIRGINIA VETERANS BREAKFAST will NOT be scheduled in December due to the holiday season. The first breakfast in the New Year 2025 will be on January 25. Usual time of 8:15 a.m. at Wahoo BBQ & Grill, Slice Road Gate, Lake Monticello. Cost is \$12 per person (cash only please). Veterans and spouses/friends are welcome. Questions? Contact Paul Bethke (703) 965-8363.

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MAPLE ROOM AT LAKE MONTICELLO FIRE HOUSE: The Maple Room is located at the LM Volunteer Fire House, 10 Slice Road, Palmyra, Va. It is the perfect location to host Meetings, Birthday Parties, Wedding Receptions, Anniversaries and other special events in a comfortable setting. The facility can accommodate parties of 100 or more. Call Eileen Monahan at (434) 962-4656. Email: mapleroomrentals@lmvfr.org.

FIRST VIRGINIA HOMES: We provide Property Management services in Central Virginia Region. Also House Watch services. Call us at 434-589-3958. Look us up: www.firstvirginiahomes.com

MONTICELLO PROPERTIES MANAGEMENT: Long and Foster office at 3661 Lake Monticello Road, Palmyra, VA. For current home rentals: contact Genevieve at (434) 589-7653 or email: MonticelloPropertiesMgt@gmail.com

SERVICES

AFFORDABLE TREE SERVICE: Our professional tree service includes tree removal, trimming, stump grinding and more! Flexible service options, discounts for senior citizens, retired and active military, and neighbor bundling. Locally owned. Serving Fluvanna County and

surrounding areas. Insured. Free quotes. Wilber Tree Service (434) 308-TREE.

HELP WITH YOUR TRASH BINS: Our service takes your tote to the curb for Lake Monticello's weekly trash removal (GFL) and brings the tote back to your home. We offer payment plan options - including discounts for senior & disabled persons.*We also provide JUNKREMOVAL. Contact us, Tyler Tinsley @ (540) 556-8890, Tyler@trashMasterServices.com, or online>TrashMasterServices.com.

HOME HELPER/COMPANION CARE: for LM Residents. I provide non-medical visiting/helping with aspects of daily life (ADL). Grocery Shopping, errands, laundry, light housekeeping, cooking/meal prep., etc. Neighborhood drives. Excellent references. Low Hrly. Rate. Call Susanna (757) 955-0589.

PAN PIPER TRAVEL: National and International Tours, Ocean and River Cruises. 25 years Experience. WHY TRAVEL? For Children's Educational Experiences, Adventure, Explore New Cultures, for Relaxation. Phone (434) 510-7121.

CENTRAL VIRGINIA WELDING: Specializing in Wrought Iron Railings, Ornamental Iron, equipment repair, etc. Mobil Service available. All fabricating includes stainless, aluminum & mild steel. Veteran owned - 20 years' experience. Licensed & Insured. Call 434-249-1541.

SEW WHAT? Designer and Wedding Consultant-colors/fabric, etc. Specializing in Wedding gowns, Bridesmaids and everything for the Bridal Party. Prom dresses and dress making. Alterations. Pillows. Call Ms. Wallace for appointment at (434) 842-2860.

YOUR LAKE MONTICELLO REALTOR: Offering 20+ years experience, with over 650 homes sold. Providing free market analysis and expert advice on listing your home. Call your local Realtor: IRIS HELFRICH, 434-981-9956.

SERENITY COMPUTERS: Onsite computer repair for your home or business. Wireless setup, networking, troubleshooting. Phone and Tablet help, Tutoring, data backup & more. Reasonable rates. Over 15 years' experience. Call (434) 825-2743

CARPENTER: Over 40 years' experience! Furniture Repair work. Table legs wobbly? Chair back/seats need reinforcement? Dresser drawers not closing? Call me for FREE estimates. Tom Maschi (434) 981-3707.

PEGGY SHANKLIN REALTOR: Your lady at the Lake. Proudly serving Lake Monticello and surrounding areas. Contact for a FREE Comparative Market Analysis of your home's value! Local, Dedicated, Knowledgeable, Dependable. (434) 962-2762 or email: peggy.shanklin@longandfoster.com, or https://www.facebook.com/Peggy-Shanklin-Realtor.


CLIMATE CONTROLLED SELF STORAGE: at Lake Monticello across from Food Lion Grocery Store. Jefferson Centre Self

Storage features 24/7 Access, On-Site Kiosk, Security Cameras and Month-to-Month Availability. Call (434) 906-4030, email: Jeffersoncentre@cbsrentals.com, or visit: jeffersoncentreselfstorage.com today!

SPECIAL NOTICES

VIRGINIA DEPT. OF VETERANS SERVICES: Need Help? Attention Veterans and Dependents! Visit us at the Fluvanna Community Center, 5725 James Madison Highway > by appointment only. Call Jeannette Flint at (434) 529-6431 to schedule your appointment. www.dvs.virginia.gov

PUBLIC NOTICE



PUBLIC HEARING

Fluvanna County Planning Commission

January 7, 2025 at 7:00 pm.

Pursuant to Virginia Code Sections 15.2-1427 and 15.2-2204, a Public Hearing will be held in the Morris Room in the County Administration Building at 132 Main Street, Palmyra, Virginia 22963 for citizens of the County to have the opportunity to appear before and be heard by the Planning Commission for the following items:

AFD 24:01 Withdrawal from the North 640 Agricultural and-Forestal District-A request to withdraw a parcel from the North 640 Agricultural and Forestal District in accordance with County Code Section 3.1-13. This parcel located on 6.78 acres and known as Tax Map 30 Section 12 Parcel 3A. The Parcel is located on James Madison Hwy (US 15) in the area of Haden Martin Rd (SR 640) and is located in the Rural Residential Planning Areas and the Fork Union Election District.

Copies of the complete text of the above ordinances are available for public review at <https://www.fluvannacounty.org/> and at the Office of the Fluvanna County Administrator during normal business hours. Questions may be directed to the Planning and Zoning Department, at (434) 591-1910. All interested persons wishing to be heard are invited to attend the public hearing.

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GENERAC

*Terms and Conditions apply.

WANTED

2025 FSPCA SPONSORS NEEDED: Our local animal shelter sends us photos of pets every week that are waiting for adoption. The PET photo speaks volumes! Your sponsorship can help to find forever homes for a furry four-legged friend. Place your business name, phone number or special message/memorial under the photo. Let animal lovers know you care. Call Edee @ (434) 207-0221 or email: edee@fluvannareview.com with questions/requests. Thank you.

FUMA celebrates successful completion of the 125 for the 125th Campaign

PRESS RELEASE

Fork Union Military Academy has successfully completed its 125 for the 125th Campaign with the receipt this week of the 125th gift. The campaign commemorated the Academy's 125th anniversary by securing 125 special gifts in an amount of at least \$12,500.00 that were designated to Fork Union's endowment or specified capital projects that enhance the campus. The gifts could be structured as a gift in immediately available funds or stock, a completed gift with a residual interest, such as the transfer of property with a retained life estate, or a planned gift.

"The goal of this campaign was to celebrate Fork Union Military Academy's first 125 years by taking positive steps to attract and retain talented cadets, faculty, and staff who will lead us into the next 125 years," said Cpt. Mark Black, the Academy's president. "Today, we celebrate the generosity of our alumni, parents, and friends whose contributions have ensured this campaign's success."

David Barrett, chairman of the 125 for the 125th Campaign and Board of Trustees Member since 2010, added "It is wonderful to see the wide-ranging support from the Fork Union community for the 125th Campaign to ensure the generations to come will benefit from our Christian environment."

The 125 for the 125th Campaign has received 125 gifts and counting. Among the campaign's highlights were several contributions that supported campus improvements, such as the Alfred H. Koeller III Memorial Press Box, funded by Nancy Koeller to fulfill the promise of her husband Ken Koeller (FUMA '52), who sought to honor his brother. Through the Campaign, donors supported many efforts, including the Chain Fund, the Academy's unrestricted endowment fund. The Campaign engendered the establishment and support of numerous scholarships, including a scholarship created in honor of CSM Glenn Sidwell who, after a storied military career, came to the Academy in 1989 and who has impacted the lives of thousands of young men. The 125 for the 125th Campaign also saw the notable expansion of the endowment to include the establishment of endowed accounts to support faculty positions and Academy programs, including the establishment of the H. M. "Micky" Sullivan (FUMA '67 PG) Chair of Excellence for Prep Football announced by Eddie George (FUMA '91, Board of Trustees) as well as the endowment of the Academy's storied PG Football program in honor of legendary coach John Shuman. The Campaign also resulted in the Ashby Family Endowed Chaplaincy Fund to ensure the solid bib-

lical foundation and spiritual leadership is communicated to the cadets which is an integral part of Fork Union. Finally, the Campaign showed a commitment to our faculty by endowing new faculty chairs and establishing the Jeffrey J. and Margaret Jones Family Foundation Faculty Professional Development Award, an endowed fund designed to attract and retain top-tier educators, ensuring the Academy's legacy of academic excellence given by Jeffrey J. Jones II (FUMA '86 PG), CEO of H&R Block and his wife, Margaret.

The Academy cannot reference the

125 for the 125th Campaign without extolling the transformative planned gift that was announced by Frank Brewster (FUMA '64) at the keynote event associated with the 125th celebration. Brewster pledged an extraordinary future gift, approximately \$52 million, undoubtedly the largest planned gift in the Academy's history.

For information about Fork Union Military Academy, the 125 for the 125th Campaign, or ways to support its mission, please visit www.forkunion.com or contact the Advancement Office at 434-842-4207.



Fluvanna REVIEW

NEWSPAPER PICKUP LOCATIONS

SERVING LAKE MONTICELLO, PALMYRA, ZION CROSSROADS, COLUMBIA, KENTS STORE, TROY, FORK UNION, FERNCLIFF, PANTOPS AND DOWNTOWN CHARLOTTESVILLE

FLUVANNA COUNTY

Ashlawn Clubhouse 41 Ashlawn Blvd.
Fairway Clubhouse (both entrances) 51 Bunker Blvd.
Pool House (Summer Only) 35 Edgewater Dr.
Lafayette Park 19 Lafayette Dr.
Bunker Park 14 Bunker Blvd.
Marina 962 Jefferson Drive

Fluvanna Review Office (inside & outside)
Long & Foster Realtors
Monticello Country Realtors
Fluvanna Ace Hardware
BP Gas Station
Detail Me Now
Orme Fitness Center
Meals On Wheels
Shell Gas Station/Dunkin Donuts
Tucker Griffin Barnes
Mailbox Express
Mailboxes/Jefferson Center
Jefferson Pharmacy
Salon DeShano & Spa
Gia Italian Restaurant
T-Mobile
Food Lion
Pleasant Grove House
Fluvanna Sheriff's Office
Fluvanna County Library
E.W. Thomas Grocery
Cuppa Joe
Lake Centre Mailboxes
Tractor Supply
Beautiful Gate Church
Broken Island Mailboxes
Wahoo BBQ

Kidds Store & Deli
Route 6 Market
Family Dollar
Raceway Gas
Town & Country Comm. Market
Sal's Italian Restaurant, Fork Union
Fork Union Pharmacy
Fork Union Village Shopping Center
Fork Union Post Office
Fluvanna Community Center
Columbia Store
Columbia Post Office
Central Elementary School
Fluvanna Middle School
Fluvanna High School
Carysbrook Elementary
Fluvanna Courthouse
Fluvanna Chamber of Commerce
Fluvanna School Board Office
Campbell Tire
Troy Post Office
Royals of Troy
Green Dogs Unleashed
REMAX
Kents Store
Kents Store Post Office

ALBEMARLE COUNTY

Keswick Post Office
Tip Top Restaurant, Pantops
Rivanna Gear & Apparel
Bodo's Bagels, Emmett St.
Bus Station/Water St., C'ville
Bus Station 3rd. St./Water St.
Trailway Station
UVA Hospital Bus Stop/JPJ
C'ville Water St. Parking Garage

LAFAYETTE PARK
19 Lafayette Dr.

C'VILLE DOWNTON MALL

Post Office
Whiskey Jar
Landmark Hotel
Firefish Gallery
Hamiltons
Bus Station
Timberlakes
LaTaza Restaurant, Belmont
Lee Park Market Street
LOUISA COUNTY
Louisa Post Office
Food Lion
Dollar General
Spring Creek Subdivision
Spring Creek Dentistry
Burger King/Exxon
Beaver Dam Market
Zion Crossroads Laundry
Zion Crossroads Store
Burruss Store
Ferncliff Exxon
Ferncliff Market, Rte. 250

POOL HOUSE
35 Edgewater Dr.
Summer Only

ASHLAWN CLUBHOUSE
41 Ashlawn Blvd.

MARINA
962 Jefferson Dr.

FAIRWAY CLUBHOUSE
51 Bunker Blvd.

BUNKER PARK
14 Bunker Blvd.

QUESTIONS?

fluvannareview.com/Tel: 434.591.1000
email: sales@fluvannareview.com
P.O. Box 59 Palmyra, VA 22963
Office: 106 Crofton Pl., Ste 1, Palmyra, Va22963
ADVERTISING DEADLINE: EVERY WEDNESDAY BY NOON ONE WEEK PRIOR TO THE ISSUE DATE
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Human Trafficking? NOT IF I CAN HELP IT

You have the power to stand up to abuse in Virginia. Call **#77** to report suspicious behavior and be a human-traffic hero.



The Number 1 Real Estate Office in Fluvanna County!

NEW PRICE



3 Overlook Circle Lake Monticello \$269,000



- Remodeled
 - Unfinished Basement
 - Wooded back Yard W/ Stream
- Diane Miller 434-960-5856
DianeMiller@earthlink.net

NEW PRICE



9 Fairwood Place Lake Monticello \$329,000



- Four Season Sun Room
 - Single Level Living
 - Lots Of Upgrades
- Genevieve Reilly 434-414-4453
genevievearlinereilly@gmail.com

4 BEDROOMS



702 Jefferson Dr. Lake Monticello \$400,000



- Remodeled
 - 2 Primary Suites
 - Screened In Porch
- Pat Arndt 434-981-2650
Patricia.Arndt@LNF.com

REMODELED



33 Brougham Rd Lake Monticello \$349,900



- Remodeled
 - Finished Basement
 - Open Floor Plan
- Gunnels Group 434-361-4987
Maggie@GunnelsGroup.com

WATERFRONT



B2 Marina Point Lake Monticello \$479,000



- Remodeled
 - First Floor Primary Suite
 - All eason Room With Waterviews
- Gunnels Group 434-361-4987
Maggie@GunnelsGroup.com

CUSTOM BUILT



5 Thrush Ct. Lake Monticello \$669,900



- 5 Bedrooms 3 Baths
 - Over An Acre
 - Gourmet Kitchen
- Peggy Shanklin 434-962-2762
Peggy.Shanklin@lnf.com



NO HOA



4 Carriage Hill Rd. Fluvanna \$379,900



- Fresh Paint
 - Fenced Yard
 - No HOA
- Jen Sample | 434-989-9246
Jen.Sample@longandfooster.com

6 PLUS ACRES



5985 Union Mills Rd. Fluvanna \$569,000



- Over 6 Private Acres
 - Large Primary Suite
 - Great Location Minutes To I64
- Diane Miller 434-960-5856
DianeMiller@earthlink.net

In Today's Market You Need To Call An Experienced Long & Foster Agent!



LAKE MONTICELLO SALES OFFICE | 434-589-7653 | 3661 LAKE MONTICELLO ROAD, PALMYRA 22963 | VISIT WWW.LAKEMONTICELLOHOMES.COM



Ryan E. Schuett
Mortgage Consultant

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