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DEC 5-11, 2024 | VOLUME 44, ISSUE 50 | ONE COPY FREE

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UR DATA SPEAKS VOLUM

On the cover: Varsity boys basketball. Photo by Fluvanna Sports Photgraphy. Marcie Stahl. Photo courtesy of Amy Jeanguenat. Cover design by Amelia McConnell.

DEADLINE Advertising due by Wednesday at 5 p.m. for the issue released eight days later. Submissions, letters and calendar items due by Friday at 9 a.m. for the subsequent paper.

DISPLAY AND WEB ADS For information including rates and deadlines, call Rae Alberts at 434-207-0223.

GENERAL

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CLASSIFIED ADS

Contact - Edee@fluvannareview.com, or stop by the office at 106 Crofton Plaza, Suite 1, Palmyra, VA. We can not take ads over the phone. Questions? Call (434) 207-0221. Fee for the new year 2023 is \$10 for 40 word limit and .25 cents per word over limit. Payment may be mailed : P.O.Box 59, Palmyra, Va 22963 or Visa, Mastercard, Discover accepted. Deadline for print ads is MONDAY BY NOON.

LEGAL ADS

The *Fluvanna Review* is the paper of record for Fluvanna County. Call Rae Alberts at 434-207-0223 to place a legal ad.

LETTERS TO THE EDITOR

Letters to the editor should be a maximum of 350 words and include the name, phone number and address of the author. The phone number and street address are for the paper's records only. We reserve the right to edit letters to the editor. Submit to editor@fluvannareview.com

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If you see news happening, call 434-591-1000. COMMUNITY CALENDAR

Community calendar items must be about community events, under 50 words, and will run only once a month.



The Broken Island Artists Present The Holiday Arts and Crafts Show December 7, 10-4

At The Cottage At Broken Island 173 Broken Island Road Mary Beth Pfeiffer

Embroidery Art and Jewelry Gillian Ruffa, Jewelry Mike Harrison, Pottery

Directions: From the 53/600 Traffic circle take 600 (South Boston) past Tractor Supply and take the first right onto Broken Island Road. Cottage is on the left just past Island Hills.

Shop the Arts Buy Local



Palmyra Arts Fest Saturday, December 14 • 10 AM - 3 PM Stone Jail Street, Palmyra

Rain Date December 15

LOCAL ARTISTS AND ARTISANS, PERFORMERS, FOOD TRUCKS, AND CHILDREN'S ACTIVITIES



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The Weekly Crossword

25 26

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by Margie E. Burke ACROSS 1 Like mud, in an 14 15 16 idiom 6 Can't stand 10 Takes badly? 20 14 Lustrous fiber 15 "A Prayer for 24 Meanv"

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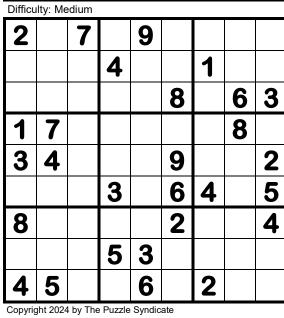
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SUDOKU



Edited by Margie E. Burke

HOW TO SOLVE: Each row must contain the numbers 1 to 9: each column must contain the numbers 1 to 9: and each set of 3 by 3 boxes must contain the numbers 1 to 9.

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Answer to Previous Sudoku:								
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9	3	6	7	1	5	2	4	8
4	5	1	3	2	8	7	6	9

Obituary

12 13

30

Connie Dombrowski



Connie Dombrowski, beloved wife, mother, and sister, died in November, surrounded by her loving family. Born in 1941, she grew up in New York with her sister.

Connie met her husband on a cross-country skiing trip in Vermont, and so began their adventurous life together. With her Master's in Education, Connie was a dedicated teacher wherever they lived. She was always involved in the community and volunteered in her children's activities and schools when they were young. Her generous spirit was always clear to anyone who met her.

In retirement, she threw herself into her new community, into gardening, and into life. In Fluvanna County Master Gardeners, she served as the president and

met many dear friends. She also volunteered her gardening skills with the Lake Monticello Beautification Corps and she guilted with the Lake Monticello Piecemakers. She enjoyed swimming laps, taking neighborhood walks with friends and family, completing jigsaw puzzles from the library, and transforming her yard with beautiful plants, trees, and flowers.

After retiring, she also was the best grandma, very loving and caring. She and her husband temporarily moved to Washington state to be near their grandchildren and help care for them in their early years. She loved baking, learning, and going on adventures around town with her grandchildren.

Connie is survived by her beloved husband of 50 years as well as her son and daughter-in-law, daughter and sonin-law, grandchildren, and sister.

Funeral services will be held Saturday, December 7, 2024, at 11am at St. Thomas Aguinas Church at 401 Alderman Road in Charlottesville, Virginia.

In lieu of flowers, donations in Connie's memory can be made to Fluvanna Meals on Wheels, Fluvanna County Habitat for Humanity, or Lake Monticello Volunteer Fire Department and Rescue Squad.

Letters to the Editor

Fluvanna Review a welcome staple

Wow what a surprise to glance at the Fluvanna Review cover and read the statement: "The Fluvanna Review to Cease Delivery to Lake Homes". Say What?

For many years I have enjoyed going to my cubby to see if the paper has arrived. Each week I read the entire paper from front to back, it may not take long but it keeps me informed about what is happening in Fluvanna County. I truly felt that I was part and partner of a bigger community and not just the Lake.

I was also shocked that there was no prior communication or open discussion about free delivery being stopped. That "some residents" inside the Lake had objections about the delivery method. I would love to know who these "some residents" are and why they are speaking and making recommendations on behalf of the "other residents" inside the Lake. This is absurd and was poorly handled.

Fluvanna Review is a welcomed weekly staple, and several residents cannot just jump in a car to go get the paper; they can barely make it to their cubbies safely. The Fluvanna Review has kept us informed on activities and forums around the county. If that group of "some residents" have nothing better to do than complain about free paper delivery and alienate our community, shame on them. Put your resources and complaints where they are needed.

For example, the speed limit does not exceed 25 miles an hour in the entire community, complain about excessive speed we encounter every time we travel our roads if safety is the concern. Complain about the stench that we smell every day on South Boston Road that lingers and makes its way into our community, forcing residents to not be able to open their windows for fresh air as there isn't any.

Next thing you know the "some residents" will get a ban on walking the dog, riding bicycles, food deliveries, FEDEX, Amazon, store deliveries, service technicians, and school bus service to name a few....Truly flabbergasted by this and scratching my head.

The "Other Resident(s)" inside the Lake. This is only my opinion, and I will truly miss looking for my paper each week.

-N.Bosworth, Palmyra

(Editor's note: We appreciate hearing from readers like this one about how important the Fluvanna Review is to Fluvanna County. In lieu of home delivery, we have expanded our newspaper pickup points both in the Lake and around the county. Pick up the paper when you're grocery shopping, getting gas or visiting the Lake clubhouse. See our pickup locations on page 15 of this week's issue. If you're interested in having a news box or rack placed at your business please email me at editor@fluvannareview.com.)

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Fluco basketball team boasts athleticism and depth

BY DUNCAN NIXON CORRESPONDENT

The two big men that Coach Heath Bralley expected to have returning won't be there for this season. He says he has good, highly coachable players for this season who are working hard, but only three returnees who had a reasonable amount of playing time last year.

Bralley expects his unit to play a fast, pressing style to take advantage of its athleticism and depth. This style of play has been a characteristic of Fluco basketball teams for years. But, the Flucos have only two players in the 6-2 to 6-3 range and some opponents will have 6-7 and 6-8 competitors. Size is not everything in basketball, especially at the high school level, and some team without big men are quite successful. But, as John Wooten said height is the one thing you can't teach.

Bralley's three returnees are junior forward Sam Loving, Senior forward DeAndre McCloud and senior forward Mason Kirby. Loving is a three-sport competitor who Bralley describes as an outstanding athlete. He was an effective running back on the football team and he is an outstanding infielder for the Fluco baseball team. McCloud was a strong defensive back on the football team. Kirby is a strong muscular player who will be a factor inside. He and sophomore Noah Washington are the players in the 6-2 to 6-3 range.

Bralley notes that eight of his players were on the Fluco football team, so they are used to competitive pressure and come in with good conditioning. Bralley said that his starting line-up is still not decided as he needs to see who works best with whom. He has a young squad as there are only three seniors on the 14 player roster. The roster lists only three players as guards and describes 11 players as playing forecourt positions. The guards are juniors Tyrell Ntenda, Kemaan Massie and Carson Melton.

The season started on Dec. 3 with a trip

Letters to the Editor

Ruined Thanksgiving

I just arrived home to what should have been a happy moment: retrieving the *Fluvanna Review* from my mailbox to keep informed of county happenings; something I've done for the past 22 years. I was saddened and angry to read the notice that we will no longer be receiving home delivery of this fine paper. And my immediate reaction is that once again Lake Monticello residents living outside the gate are screwed by the lakesiders. We pay the same dues for less services and now because of some busybodies with nothing better to do than stare out the window all day looking for something to complain about, those outside the gate are once again punished. We now must drive miles out of our way to obtain a copy. I also disagree that the "police are simply doing their job." They should have told the complainers where to stuff it. Thanks for ruining Thanksgiving!

-Jesse Sawyer, Palmyra

Thanksgiving's special time

Thanksgiving is that special time when our family gathering and traditions, generations in the making, give special meaning to our national experience and national sense of family.

From my immigrant maternal grandparents, he from Norway via South Africa and she from Ireland, who met and married in San Francisco in time to spend their second anniversary celebrating the great quake of 1906, to my paternal grandparents and hermaphrodite great aunt whose homespun origins in the Ozarks of Dogpatch, Arkansas and whose primitive faith were based upon a traditional Bible, rather than the current anomaly of an exorbitantly priced magical Chinese Bible with a former president's name stamped on the cover and political dogma appended.

Their faith, politics and multi-cultural sense of family encompassing a variety of cultures and traditions, in an equally stressful era, was reinforced, unlike our current social confusion, by a resilient confidence, reliance and mutual trust in their neighbors and government. It was a simple matter of basic character.

Finances, at least personal finances were a matter of common sense organization and management to the extent that others couldn't manipulate the playing field as in 1929. But then, we did find fair and mutually supportive solutions to restore some sense of rational fairness and stability.

Were there in these times a 'Thanksgiving Hymn' representing their sense of mutual caring and fulfillment it might be titled something on the order of, "Oy Veh Maria," or "All You Need is Love."

I'm glad my family, and our national family, continue to find fulfillment and thankfulness in the character and example of their worthy non-judgmental antecedents.

-John Neighbours, Palmyra

to Liberty Christian Academy. On Dec. 6, the Flucos will be at home against Wilson Memorial. The following week on Dec. 13 they will host Goochland. On Dec. 17 they will take on a Jefferson District rival, playing Monticello High away. On Dec 19 and 20 they will play back to back games, playing Wilson away and Louisa County at home.

On Dec. 21 the Flucos will host the Bob Johnson Classic, which is named for a legendary Coach at Emory and Henry University. Coach Bralley played for Coach Johnson at Emory and Henry and said that a number of the visiting coaches also played at Emory and Henry. The tournament was originally played in Botetourt County but was moved to Fluvanna High this year.





RUDY TALKS TAXES

BY RUDY GARCIA, OWNER, RIVANNA WOODS FINANCIAL / TAX SERVICES

Beneficial Owners Information Reporting (BOI)

Attention: All small business owners

2024 brings us new reporting requirements from the Department of the Treasury that impact just about every small business who have formally organized anywhere in the United States. These reporting requirements are administered and managed through FINCEN (the Financial Crimes Enforcement Network), https://www.fincen.gov/.

The deadline for small businesses that were organized before **1/1/2024** is the end of this year, **12/31/2024**. New businesses formed in calendar year **2024** must complete their report **within 90 days** from their company's registration becoming effective. Penalties for not filing and/or late filing are substantial.

**Be aware: there have been several court cases that have bearing on these reporting requirements, however at this time the reporting requirements for nearly all small businesses are still in place and not impacted by these court cases.

Filing information for the business include: legal name, all trade names & DBA names, current address, jurisdiction where formed (country & state), Tax ID #.

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Filing information for the beneficial owners includes: name, date of birth, residential address, copy of a picture ID (driver's license, state ID card, or passport).

*If business was registered after 1/1/2024 we also need the company's applicants (who did the registration with the Secretary of State) information as well (Name, DOB, Address, Picture ID)

RWF Tax Services is offering BOI Report filing services for US based domestic small business clients at a flat rate cost of \$150 for the first beneficial owner. We encourage you to contact us soon to get your report filed if you have not already to avoid last minute delays. If you have questions and want to research more yourself, we encourage you to visit the FAQs page at https://www.fincen.gov/boi-faqs.

Please feel free to contact us for more info or to get the process started to get your BOI report completed. If you would like assistance in filing the BOI please call or email for an appointment (434-442-4044/info@rwftaxservices. com). Time is of the essence so please contact us soon. You do not want to miss these filing deadline. The potential penalties are severe.



Hint, Hint, Hint... I want to be a

laster Gardener

Are your loved ones looking for your perfect gift this season? Let them know you'd really like to be a Fluvanna Master Gardener! Training class starts January 16, 2025. Gift certificates are available!

People's Choice Show

BY PAGE H. GIFFORD CORRESPONDENT



Bethke and Stahl winners in

Susan Lang and husband Fred looking at fellow artists' work.



Carol Sorber for Most Inventive. Photos courtesy of Amy Jeanguenat

Among the 52 diverse and creative pieces entered in the People's Choice Award Show, artist Linda Bethke won first in Masters for River Rain and for one of the two special categories, Best in Color for Chinoiserie. The winners were announced on Nov. 23.

This year the Fluvanna Art Association used three categories plus two special ones, Best in Color and Most Innovative. In the Most Innovative category, Carol Sorber won hands-down for A Bees Life, a beautiful iridescent piece forged in glass with a mosaic honeycomb and glass bees buzzing around.

The other three categories were Intermediate 1, 2, and Masters. Collage artist Marcie Stahl took first and third in Intermediate 1, for Hillside Harmony and Nestled in Nature. Both pieces were flawlessly executed, making the choice difficult. Linda Napier won second for Pond in Sunset and newcomer Linda Ficke received an honorable mention for Spring Flowers.

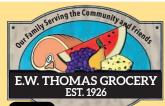
Susan Walker won first place in Intermediate 2 with the visually appealing Leo Leopard. Cindy Stenz's Christmas 2024 and Fluvanna High School art teacher Michael Morris' Sunday Afternoon on the James tied for second in the Intermediate 2 category. Deborah Nixon received an honorable mention for Owen's Gone Fishing.

The show was strong in diversity and skill, featuring the ethereal nature prints of Alyce Walcavich and a delicate botanical by Bev Bowman. Gigi Dodds' Butterfly Swirl was an eye-catching fiber art, exploding in color. Lisa Daniels' Madam Goat was cleverly created with humor. But it was newcomer Donna Lerner's perfect soapstone sculpture of Octo Man that got attention from fellow artists.

Narrowing the choices to a few in each category was difficult for anyone while surrounded by so much talent.

Set it into motion with the completion of the application form on the www.fluvannamg.org website, under the tab "Become a Master Gardener." Once your application has been successfully processed and accepted, you can direct your gift-giver to the website to complete the information under the "Give a Gift" Tab.









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Father's Table Cheesecake 16 oz \$5.99

PRODUCE LOCAL • READY TO EAT Tollhouse Cookies 16 oz. \$3.79

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Russet Potatoes 5 lb. bag	
Golden Pineapples	
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The Fluvanna County Arts Council Presents



December 7 at 7pm





For information and tickets, go to: www.carysbrook.com



Meet Clint the dapper male cat with a personality to match! Clint came from an unpleasant situation and has struggled with eye and ear issues since being in the shelter. He is better and ready to find his forever home! He would thrive in an environment where he receives lots of TLC. This boy deserves it! Come meet him today!

Also all adoptions through the FSPCA are free the entire month of December.

Fluvanna SPCA • 5239 Union Mills Road Troy, VA • 434-591-0123 • www.fspca.org

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Sarah Monceaux Realtor ®



Fluvanna County is a wonderful place to call home! If you're looking to buy or sell, Sarah can help! SarahSellsCville@gmail.com









Supporting Fluvanna Businesses While Giving Back To Our Community

We're excited to bring together our local small businesses to get together for lunch, laughs and network. This group is focused on the value of building long-lasting relationships. Look us up and join us on Facebook or Visit our new website at FluvannaWomeninBusiness.org! -Fluvanna County Women in Business

The FSPCA Joins BISSELL Pet Foundation to bring hope to shelter pets

BY DUNCAN NIXON CORRESPONDENT

During December, more than 400 shelters nationwide will reduce adoption fees and find loving homes for pets by participating in *Empty the Shelters* Holiday Hope reduced-fee adoption event Dec. 1-17. BISSELL Pet Foundation a national animal welfare organization dedicated to ending pet homelessness, is bringing holiday hope to homeless pets this holiday season. The Fluvanna SPCA is among the 400-plus shelters in 45 states involved in the event.





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Photos coutesy of the FSPCA.

To help deserving shelter pets find loving homes, the BISSELL Pet Foundation sponsors reduced adoption fees of \$50 or less per cat or dog during each nationwide event. The Fluvanna SPCA will offer free adoptions for all vaccinated, microchipped, spayed/neutered dogs and cats.

BISSELL Pet Foundation is a non-profit, charitable organization with a mission to help reduce the number of animals in shelters through pet adoption, spay/neuter programs, vaccinations, microchipping, and crisis and disaster response. Founded in 2011 by Cathy Bissell, BPF is an extension of her long-standing love for animals and commitment to their welfare. BPF has since partnered with more than 6,000 shelters and rescues across the U.S. and Canada to help pets find loving homes. The foundation is supported by generous donors and BISSELL Inc. where every purchase saves pets.

BISSELL Pet Foundation's *Empty the Shelters* event is the largest funded adoption event in the country. This lifesaving event began in 2016 to encourage more families to choose adoption. More than 300,000 pets have found loving homes since its inception. *Empty the Shelters* is BISSELL Pet Foundation's largest program, partnering with 800 animal welfare organizations in 48 states and Canada to reduce adoption fees.

"It has been an incredibly challenging year for saving lives, as our nation's shelters continue to take in more pets than they are adopting out. Tens of thousands of shelter pets—of all breeds, ages, and personalities, are desperately in need of homes," said Cathy Bissell, Founder of BISSELL Pet Foundation. "*Empty the Shelters* Holiday Hope is more than an adoption event; it's a lifeline for shelter pets. Please visit your local participating shelter to adopt or foster a pet this holiday season."

This is the first time the Fluvanna SPCA is participating in *Empty the Shelters*. They are almost at full capacity and hope this event can help them, get some of their adorable dogs and cats adopted to their forever families. Available animals for adoption can be viewed at https://www.fspca.org/ adopt. Many animals will also be available for foster to adopt. All families will receive one-on-one support from the shelter post-adoption or during foster for a successful experience for animals and families.

BISSELL Pet Foundation and The Fluvanna SPCA urge families to research the pet they are interested in adopting, as well as adoption requirements. For more information on adopting or donating to *Empty the Shelters*, visit www.bissellpetfoundation. org/empty-the-shelters and https://www. fspca.org/.

wear blue: run to remember Partnered with Allianz Partners **Richmond Marathon**

PRESS RELEASE



wear blue Circle of Remembrance. Photo by ProPhotoVA

wear blue: run to remember, a national nonprofit honoring the service and sacrifice of the American military, has announced its first partnership with the Allianz Partners Richmond Marathon. Veterans, military members, their families, and runners were warmly invited to join in a moment of reflection to honor those who made the ultimate sacrifice.

The Allianz Partners Richmond Marathon, organized by Sports Backers, featured a Circle of Remembrance led by wear blue's Chief Operating Officer Lee Yoneyama. During this tribute, participants spoke the names of the fallen, carrying their memory with every step in the marathon, half marathon, and 8k.

The Circle of Remembrance took place on Saturday, Nov. 16, just before runners crossed the starting lines. wear blue: run to remember welcomed all to this meaningful event.

"The Allianz Partners Richmond Marathon takes place around Veterans Day, so we are always seeking meaningful ways to honor the brave men and women who have served our country," said Megan Schultz, race director of the Allianz Partners Richmond Marathon. "The wear blue: run to remember Circle of Remembrance provided a poignant opportunity to pay tribute to our fallen service members and we were humbled and excited to have wear blue join us on race day."

Held just after Veterans Day, this race carried deep significance for wear blue as it creates a meaningful community and opportunities for military service members, their families, veterans and supporters to move, remember, and honor fostering reflection and mental well-being.

"We were honored to lead a Circle of Remembrance at the Allianz Partners Richmond Marathon with Sports Backers," said Yoneyama, a command sergeant major, US Army (Retired). "Thanks to their partnership, the military community and civilian supporters stood side by side and paid tribute to our fallen heroes and ensured their memory lives on."

To find a wear blue community and learn how to get involved, visit www. wearblueruntoremember.org.



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PUBLIC NOTICES

ORDER OF PUBLICATION COMMONWEALTH OF VIRGINIA FLUVANNA COUNTY CIRCUIT COURT 72 Main St., P.O. Box 550, Palmyra, VA, 22963 Case No. CL24000841-00

Commonwealth of Virginia, *in re......* GIOVANNA ROSE IRIZARRY, A MINOR v. BY CHERYL ANNE DELMONTE, MOTHER

The object of this suit is to: To change Minor's last name to Delmonte. It is ORDERED that Brandon James Irizarry appear at the above-named court and protect his/her intereston or before January 3, 2025 at 9:30 AM. David M. Barredo

Circuit Court Judge

Entered 11/7/24

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LIVESTOCK SALES

BCIA CULPEPER SENIOR BULL SALE, Saturday, December 14, Noon, Culpeper Agricultural Enterprise, Culpeper, VA. Selling 80 Angus, Charolais, Gelbvieh, Gelbvieh Balancer, Hereford, Simmental and SimAngus bulls. Catalog 540-231-9159. Sale information available at www. virginiabcia.com. Sale available online at https:// www.liveauctions.tv/

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Public Notice **PUBLIC HEARING** Fluvanna County Board of Supervisors Wednesday, December 18, 2024 at 7:00 pm

Pursuant to Virginia Code Sections 15.2-1427 and 15.2-2204, a Public Hearing will be held in the Fluvanna County Circuit Court, at 72 Main Street, Palmyra, VA 22963 for citizens of the County to have the opportunity to appear before and be heard by the Board of Supervisors for the following items:

Ordinance to amend the "Code of the County of Fluvanna, Virginia," by amending §22-22-1 to include crematoriums and pet crematoriums in the definition of "Funeral Home" and to include animal training in the definition of "Commercial Kennel."

Ordinance to amend the "Code of the County of Fluvanna, Virginia," by amending §15-4-1 and 22-26-7 to clarify the requirements of the phrase "shielded and screened from view."

Copies of the full text of the ordinance are available for public review at <u>https://www.fluvannacounty.org/</u> and in the office of the County Administrator during regular office hours. Questions may be directed to the Planning and Zoning Department, at (434) 591-1910. All interested persons wishing to be heard are invited to attend the public hearing. Authorized by Fluvanna County Department of Planning and Zoning

Hospice of the Piedmont Brings Telephone of the Wind to Charlottesville

A quiet space for healing at Darden Towe Park



Telephone of the Wind. Submitted photo

Hospice of the Piedmont (HOP) is proud to announce the installation of the Telephone of the Wind. This unique space for community members to process grief and connect with lost loved ones is now open to the public in Darden Towe Park in Charlottesville.

Inspired by a concept originating in Japan, the Telephone of the Wind is a disconnected telephone where individuals can speak freely, imagining their words carried away by the wind. Located along the Free Bridge Lane Promenade, the phone allows individuals to express their thoughts, memories, and emotions to loved ones they've lost.

"This project aligns with our commitment to meet people wherever they are in their journey of grief," said Nancy Littlefield, president and CEO of Hospice of the Piedmont. "The Telephone of the Wind offers a quiet, personal sanctuary for anyone navigating loss or seeking a moment for reflection."

"The beauty of the Telephone of the Wind is its openness," said Jordan Phillips, HOP's grief & healing manager. "There is no right or wrong way to use the phone some will find comfort in sharing specific messages, while others may simply wish to hold the receiver in silence."

The original Wind Phone was created in 2010 by Itaru Sasaki in Otsuchi, Japan, as a way to cope with the loss of his cousin. After the 2011 tsunami, it became a place of contemplation for thousands mourning loved ones. Since then, similar installations have appeared worldwide, including Hospice of the Piedmont's new offering in Charlottesville.

Hospice of the Piedmont is grateful for the support of the Albemarle County Parks and Recreation Department, which made this project possible. Their collaboration ensures that the Telephone of the Wind is accessible to everyone in the community at no cost.

For more information, visit hopva.org/ wind.

Community Calendar

Community calendar items must be under 50 words and will run only once a month.

Broken Island arts and crafts show

The Broken Island Artists Present 'The Holiday Arts & Crafts Show' on **Dec. 7**, from 10 a.m. to 4 p.m. at The Cottage at Broken Island, 173 Broken Island Rd. Embroidery art, jewelry, pottery, etc. Shop the Arts/Buy Local.

Wreath workshop

Holiday Wreath Workshop at Fluvanna County High School on Tuesday, **Dec. 10** at 6 p.m. Create a wreath for your home or for a gift. Proceeds benefit the FCHS-PTSO. Questions? email: fluvannahighschoolptso@gmail.com

QR Code provided by the Fluvanna Leadership

FLUVANNA

County Calendar

Happy Face party

FCSS Happy Face Christmas Party will be held **Dec. 14** at Central Elementary School. doors open at 9 a.m. FCSS is collecting new toys (\$15-\$30 range), stuffed animals, bikes and helmets for children infant to 13 years of age; also collecting new winter coats and pj's size infant to 18. Collection boxes are set up at various locations. End of donations is Dec 1. To volunteer or have questions email marykidd01@gmail.com

Lake home tour

Lake Monticello Holiday Home Tour, 12:30-5 p.m., **Dec. 14.** \$10 tickets are available by emailing LMBC.gardens@gmail.com.

Donations needed

FCSS Happy Face Christmas Party will be held Saturday, **Dec. 14**, at Central Elementary School starting at 9 a.m. FCSS is collecting new toys (\$15-\$30 range), stuffed animals, bikes and helmets, clothes for children. To volunteer or have questions email marykidd01@ gmail.com.

Mah Jongg players

Order your 2025 Mah Jongg cards and support Lake Monticello Fire and Rescue by participating in our group order. The National Mah Jongg League will donate \$5 per card to Lake Monticello Fire and Rescue when a group order is placed. Cost is \$15 for large print, \$14 for standard print. Orders must be received by **Jan. 31** to qualify for the donation. Call Marianne Riek, 589-9674, to place order.

Food Bank

Fluvanna MACAA Food Bank is located in the old Carysbrook High School. To get food from the food pantry bring a photo ID as proof of Fluvanna residency. Open: **Monday through Friday**, 8:30 a.m. to 2 p.m. To donate directly to the food bank call 434-842-2521 to find out which foods are most needed. Cash and food donations gratefully accepted.

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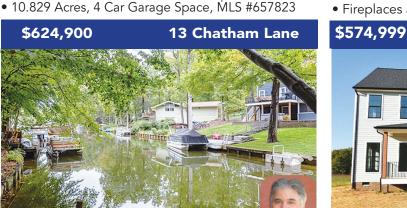


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- MOVE-IN READY! The Spacious 4 Bedroom, 2.5 Bath, Staunton • Covered Front Porch, Front Load Garage, Upgraded Siding Accents,
- 10'x16' Rear Deck • Open Kitchen w/ Granite Countertops, Island, Dining Nook, Laminate Floors
- Primary Suite w/ Paddle Fan, 5ft Fiberglass Shower & Door, Double Vanity



Bev Nash

- 4 bedroom, 3 bathroom, brick home
- 2,553 sf, plus a garage and shed
- Basement in law-suite. Deck and patio
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• MOVE-IN READY! Centre Hill Estates, Bybee Area, 2.75 Acres • Rivera Plan - 9' 1st Fl Ceilings, 2nd Fl Loft, Garage, Bonus Room •1st Fl Guest Bedroom, Flex Room, Formal Dining, Great Room • Open Kitchen, Island w/ Seating, Walk-in Pantry, Mudroom

• Gorgeous & Convenient location - 4.5mi from Zion Crossroads



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- This large 3 br 2 1/2 ba home sits on a
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limit and .25 cents per word over limit. Payment may be mailed: P.O.Box 59, Palmyra,

Va 22963 or Visa, Mastercard, Discover accepted. Deadline for print ads is MONDAY BY NOON

EVENTS

THE BROKEN ISLAND ARTISTS PRESENT – The Holiday Arts and Crafts Show, on December 7, from 10 a.m. to 4 p.m. at The Cottage at Broken Island, 173 Broken Island Rd., Embroidery Art & Jewelry, Pottery. Shop the Arts/Buy Local. From Rte. 53/600 traffic circle, take Rte. 600 past Tractor Supply, take the first right onto Broken Island Rd.,

The Cottage is on the Left. THE FLUVANNA COMMUNITY SINGERS

present 'A CHRISTMAS POTPOURI'. Friday, December 6th, at 7:30 p.m. and Saturday, December 7 at 3 p.m. at Central Elementary School, 3340 Central Plains Rd., Palmyra, VA. No Charge. Donations to MACAA/Fluvanna FOOD PANTRY appreciated.

PANCAKE BREAKFAST WITH SANTA: Sponsored by the Lake Monticello Fire & Rescue Auxiliary on Saturday December 7th. From 8:30 – 10:30 a.m. Located at 10 Slice Road , (turn at CVS Traffic Light)Lake Monticello Fire House. \$15 for 10 yr. olds and up. \$10 for 5-9 yr. olds, and 4 yr olds and under-FREE. After pancakes, take a photo with Santa in his sleigh!

KIDS CHRISTMAS STROLL at Bybee's Road Baptist Church, 4989 Bybee's Church Road, Troy, VA., on December 7, from 10 a.m. to 12 Noon. Hear the Nativity Story. Get Crafts & Gifts to take home. Visit with Santa and enjoy other activities. 434-589-2824. bybeechurch.org

LAKE MONTICELLO'S HOLIDAY ARTS & CRAFTS MARKET: will be held on December 7th. from 10 a.m. to 2 p.m. inside the Ashlawn Community Bldg. If you wish to be a Vendor at this event please email: fiveOhClub@gmail.com, for details. See you all there for unique gifts and holiday cheer.

FORK UNION CHRISTMAS BAZAAR: at Carysbrook Elementary School, Fork Union, VA on Saturday, December 7, from 10 a.m. to 5 p.m. This event supports the FLRD Community Food Pantry, located in Fork Union. Shop local: Crafts, Gift Items, Food Trucks, Live Music, Vendors and More! Sponsored by the Fluvanna Leaders for Race & Diversity.



HOLIDAY WREATH WORKSHOP: Come to the Fluvanna Co High School on Tuesday, December 10th. , at 6:00 p.m. and create a wreath for your home or give as a gift. More info on Facebook & tickets at: https://shorturl.at/XMPht. Proceeds to benefit the FCHS-PTSO. Questions? Email: fluvannahighschoolptso@gmail.com.

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SIERRA HEARTHSTOVE: Fire Place insert - Wood Burning with a glass front door in good condition. H is $25 V_2'' \times W 24 V_2'' \times Depth 20''$. It will keep your family toasty warm this winter. \$300.00 or best offer. Call 434-906-4948 and leave a message for a call back.

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MAPLE ROOM AT LAKE MONTICELLO FIRE HOUSE: The Maple Room is located at the LM Volunteer Fire House, 10 Slice Road, Palmyra, Va. It is the perfect location to host Meetings, Birthday Parties, Wedding Receptions, Anniversaries and other special events in a comfortable setting. The facility can accommodate parties of 100 or more. Call Eileen Monahan at (434) 962-4656. Email: mapleroomrentals@Imvfr.org.

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Free Master Gardener seminar



Nancy Rossnagel welcomes new trainees to the Fluvanna Master Gardener Training Program. Submitted photo

Thinking about becoming a Fluvanna Master Gardener? Learn all the details at a free informational seminar Dec. 11, 1:15 to 2:30 p.m.

Training Coordinator Nancy Rossnagel will discuss the program details, and expe-

analysis and expert advice on listing your home. Call your local Realtor: IRIS HELFRICH, 434-981-9956.

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SPECIAL NOTICES

VIRGINIA DEPT. OF VETERANS SERVICES: Need Help? Attention Veterans and Dependents! Visit us at the Fluvanna Community Center, 5725 James Madison Highway > by appointment only. Call Jeannette Flint at (434) 529-6431 to schedule your appointment. www.dvs. virginia.gov

WANTED

2024 FSPCA SPONSORS NEEDED: Our local animal shelter sends us photos of pets every week that are waiting for adoption. The PET photo speaks volumes! Your sponsorship can help to find forever homes for a furry four-legged friend. Place your business name, phone number or special message/memorial under the photo. Let animal lovers know you care. Call Edee @ (434) 207-0221 or email: edee@ fluvannareview.com with questions/ requests. Thank you.

rienced Master Gardeners will be on hand to make new friends and chat. Projects and plans for the coming year are being formulated now, and trainees can start looking forward to events for participation.

Information on the Fluvanna Master Gardener program is available on its website, www.fluvannamg.org. The training program application is available under the "Become a Master Gardener" tab.

Since we are at the time of year when folks are asking, "What would you like for Christmas," we suggest they look at "Give a Gift" under the "Become a Master Gardener" tab. There, folks who care can donate tuition and launch a fulfilling experience that lasts a lifetime.

There is only one Master Gardener Training Program per year.

The application should be submitted by Dec.16. Classes begin Jan. 11 with graduation ceremonies on May 10.





Win a Decorated Holiday Tree and Shop at Holiday Market 12/7 The Fifth Annual Festival of Trees will begin December 6, 2024, at 6 PM with dinner and dancing to live music (performed by Sh'boom) at the Ashlawn Clubhouse (41 Ashlawn Blvd). Attendees will preview the two dozen holiday trees, decorated by local businesses or groups, offering valuable gifts and prizes. The festival will continue Saturday, December 7 from 9 AM to 4 PM and is free to attend. Tour the trees, talk with Santa, and listen to holiday stories read by Mrs. Claus. Both events will be selling raffle tickets that can be used to enter to win the decorated trees of choice (including the trees' decorations, prizes, and gifts). (Winners may pick up their trees on Sunday, December 8 from 9 AM to noon at the Ashlawn Clubhouse.) Downstairs on Saturday, the Five-Oh! Club is hosting a Holiday Arts & Crafts Market. Shop for handmade gifts from 10 AM - 2 PM in the lowerlevel Terrace Rooms. Choose from unique and beautiful items crafted by local artists and vendors. Vendors will accept cash, card, Zelle, and Venmo.

Ugly Holiday Sweater Karaoke Party for Lake Residents

On December 13, the Young Residents and Families Committee is hosting the annual event at the Ashlawn Clubhouse from 6 - 9 PM. The bar will be open for individual tabs, and YRF will offer light hors d'oeuvres. Bring your best (or worst!) singing voice, and don't forget to wear your favorite ugly holiday sweater for a chance to win the Ugliest Sweater Contest. Please RSVP at yrfcommittee@gmail.com by December 12.

Shop and Sip at Jingle Mingle If you have Golf Pro Shop credit, December 12 is the time to spend it. The annual Jingle Mingle is also a great opportunity for Lake residents to discover our little store at the Fairway Clubhouse. Come sip, shop deals and LMOA merchandise, and meet neighbors from 4 - 6 PM. Everyone is welcome, even if you don't play golf. Please remember all Pro Shop Credit must be used by December 31, 2024.

Peek Inside Laker's Homes!

This year's Lake Monticello Holiday Home Tour is on December 14 and will feature five lovely Lake homes, beautifully decorated for the holiday season. The homes will be open from 12:30 - 5 PM, and the tour features an art raffle with pieces by local artists, followed by a reception at the Ashlawn Clubhouse where tickets will be drawn for prizes. Tour tickets are \$10 each and can be purchased day of at the tour sites or in advance at events held at the Bunker Bistro and Ashlawn Clubhouse, or by email at LMBC.gardens@gmail.com. The Lake Monticello Beautification Corps is a non-profit volunteer organization dedicated to creating and maintaining the common areas of Lake Monticello, including LMOA's clubhouses, all five beaches, the golf course, and playgrounds. The \$10 tickets are available at any of the tour houses at 15 Clark Ct, 9 Bonita Rd, 18 Brougham Rd, 15 Amethyst Rd, and 15 Whippoorwill Lane. Don't Panic, It's the Santa Parade!

On December 14, gather along Ashlawn Blvd. or wait at Jefferson Drive intersections to wave at Santa! The Annual Santa Parade kicks off at 2 PM sharp, starting at the Ashlawn Clubhouse, traveling up Ashlawn Blvd., turning right onto Jefferson, and looping all the way around the Lake to finish at the clubhouse. The parade lasts about 45 minutes and features local first responders in police vehicles, firetrucks, ambulances, and more - all with sirens blaring! LMOA's Facilities and Ops team will also participate featuring their bucket truck and dump truck. Please don't be alarmed by the sirens, and thank you for supporting the fun!

Financial Seminar: "Discovering the Truth of Long-Term Care" The fourth and final part of the

free financial seminar series at the Ashlawn Clubhouse is on December 18 in Terrace Room A at 11 AM. Please contact Nicholas DiGiorgio at ndigiorgio@united-brokerage.com to sign up for this seminar.

Holiday Cancellations & Closures

There will be no regular LMOA Board Meeting in December. The Board of Directors will resume its meetings on January 23, 2025, at 7:00 PM in the Fairway Clubhouse. Also, LMOA Administrative Offices will be closed on December 24 & 25 as well as January 1, 2025.

"Explore Loving Kindness" Class with Cynthia Moore

On December 21, join Cynthia Moore RDN for a look, see, & (optional) practice of a time-tested method for enhancing your own well-being and the peace of those around you. There are many kinds of meditation; this is a method that is brief, guided, and easy to do. This is a free Hygeia Wellness workshop. She looks forward to sharing this practice in the community with you at 3 - 4:15 PM in Terrace Room B.

Three Ways to Use a Mat at the Ashlawn Clubhouse

1. Lake resident Renata Miller is offering three yoga classes. She and Cynthia Moore give a Tuesday yoga class from 8:45 to 10 AM, chair yoga from 2 - 3 PM on Wednesdays, and a flow yoga class on Thursdays from 8:45 - 9:45 AM and 7 - 8 PM. All you need is a yoga mat!

2. The Functionally Fit class meets on Tuesdays from 11:30 AM -12:30 PM. It focuses on agility, strength, balance, flexibility, and cognitive fitness. Janelle wishes to train others to be able to perform Active Daily Living in order to care for themselves and to continue enjoying activities such as gardening, playing pickleball, golfing, and any other daily activity. Get functionally fit and have fun! All you need is a mat and enthusiasm! All questions and registration (not required) can be sent to Jnkpfitness@gmail.com. **3.** Strength Training Circuit is a new 45-minute class on wednesdays that meets in the Cove Room from 10 - 10:45 AM. It incorporates free weights, tubing, and body weight exercises that will help you tone your whole body and feel energized. Contact strengthcircuit@yahoo.com to join. Participants should bring their own weights and a mat.

Lake resident helps plant seeds of change in Haiti

BY HEATHER MICHON CORRESPONDENT



Photo courtesy of Raising Haiti Foundation.

Deep in the remote mountains of northern Haiti, roads are passable only by foot or by mule. Residents of the region have no electricity, no running water, and almost no access to the outside world by phone or internet.

It is about as different from Lake Monticello as a place can be.

But one Lake resident has long been on a mission to improve life for the people of these rugged mountains.

Dr. Sue Carlson is the executive director of the Raising Haiti Foundation, a volunteer organization based in Arlington that partners with Haitians to bring economic and educational resources to the nearly 40,000 people who live in and around the small town of Medor, about 30 miles north of the capital of Port-au-Prince.

Carlson became involved with the region in the late 1990s, when her church, Our Lady Queen of Peace in Arlington, joined a 'parish-twinning' program with St. Joseph Church in Medor. Over the next 20 years, she made more than two dozen trips to the region. She helped coordinate the medical and education programs that would eventually form the nucleus of the Raising Haiti Foundation.

"I didn't think this is what I'd be doing in retirement," she said. "But it's become the most fulfilling work of my life."

Raising Haiti

Carlson was no stranger to the international relief community, having brought her skills as an ophthalmologist to medical missions in Africa, Asia, and South America throughout her career. Over the years, she performed at least 800 surgical procedures that restored sight to impoverished cataract sufferers.

The Raising Haiti Foundation has a broader scope. Its goal is to "empower communities to help [people] lift themselves up through something we call the 3LEGS program," she explained. "There's a proverb in Haiti that a stool can't stand up without three legs. The 'three legs' of sustainable development are community organizing, education, and economic development."

Tree currency

This includes a robust slate of agricultural training programs, livestock sharing programs, a seed collection program, and a tool library that allows farmers access to simple tools like hoes and shovels – tools they would not otherwise be able to afford. "Sometimes people would have to sell their only goat to get a tool, or sometimes they can't even do that, and they're trying to dig with their hands or a stick," she said.

They also sponsor a "tree currency" program to combat one of the region's most critical issues: deforestation. Lack of tree cover leads to soil erosion that reduces crop yield and to destructive landslides during tropical storms.

"Haiti's deforestation issue goes back to slavery when French plantation owners forced slaves to cut down trees for their plantations," Carlson explained.

The Tree Currency program allows farmers to earn credits for planting and nurturing trees. The credits can then be exchanged for seeds, livestock, tools, and educational programs. Facilitators also teach best practices for pruning so families can access firewood without damaging the young trees.

At last count, 287,000 trees have been planted under the program.

Microcredit yields maximum returns

Raising Haiti's microcredit program, inaugurated in 2020, has also seen significant success.

Microcredit generally benefits women, who often have limited access to funding through other sources. Small loans of \$25 to \$50 can allow a woman to buy equipment or supplies that allow them to offer goods or services that bring in much-needed income.

Under the foundation's program, loan recipients are given money and training in business basics. They are formed into "families" of 5-15 to provide support and encouragement, with an elected "mother" who helps coordinate activities.

Carlson tells the story of one mother who routinely spent hours collecting sea salt for sale at the local market – but couldn't make a profit on such a low-value product. With her microloan and some market research, she could purchase higher-value products like sugar and rice and began seeing a real profit.

The impact of this small loan and the support of her "family" was life-changing for this young woman. She gained status within her community. Her abusive husband began to respect her, and the abuse stopped. Best of all, she was able to send her children to school, where they can gain skills that will help them build their own futures.

Recipients have maintained a 100 percent repayment record. In fact, when one recipient unexpectedly died, the other women in her group gathered their own money and posthumously repaid her loan.

Future

Carlson hasn't been able to visit Medor since before the pandemic. Between the rigors of the journey and the danger from the country's gang violence and political instability, she is not sure she will be able to make the trip in the future.

Now retired, she admits she misses being an ophthalmologist, a career that gave her enormous pleasure over many years in practice.

But now, her work with Raising Haiti "has become the work of my lifetime. It's just so fulfilling to see the impact it has had in the communities we work with."

To learn more about the Raising Haiti Foundation and ways you can support their mission, visit their website at https://raisinghaiti.org/.





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